RHA 1 East

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities	**2** 10:00am Exercise 10:45am Bingo (GR) 2:30pm Board Games	**3** 9:30am News & Views **10:45am Music Therapy with Sam** 11:00am Italian Social Group **2:30pm BINGO**	**4** 9:30am Noodle Ball 11:00am Church (GR) 3:00pm About Jamie Lee Curtis	**5** 9:30am Exercise 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:30pm Target Practice 2:30pm French Social Group	**6** 9:30am Chair Yoga 11:00am Name 10 2:00pm Laundry Folding 2:30pm Tovertafel!	**7** 9:30am Rick Steves Travelogue 10:15am Exercise **1:30pm Movie Matinee (GR)**
8 9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities	**9** 10:00am Exercise 10:45am Bingo (GR) 2:30pm Board Games	**10** 9:30am News & Views 10:30am Euchre (GR) 11:00am Remeberance Day Craft **2:30pm BINGO**	**11** 9:30am Noodle Ball 11:00am Church (GR) 3:00pm Canada Remembers REMEMBRANCE DAY *Lest We Forget*	**12** 9:30am Exercise 11:00am Virtual Chapel **2:30pm Men's Club (GR): Sanding and Staining** 3:00pm Wheel of Fortune **Happy Birthday Catherine!**	**13** 9:30am Chair Yoga 11:00am Drum fit! 2:00pm Laundry Folding 2:30pm Tovertafel!	**14** 9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Travelling Activities
15 9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities	**16** 10:00am Exercise 10:45am Bingo (GR) 2:00pm Knit & Sew Group 2:30pm Dice Games	**17** 9:30am News & Views **10:00am Bus Trip to the Pen Center** 2:30pm Hymn Sing with Germaine (GR)	**18** 9:30am Noodle Ball 11:00am Church (GR) **2:00pm Music with Mendelt (GR)**	**19** 9:30am Exercise 11:00am Virtual Chapel **2:30pm Karaoke (GR)**	**20** 9:30am Chair Yoga 11:00am Family Feud 2:00pm Laundry Folding 2:30pm Tovertafel!	**21** 9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Travelling Activities
22 9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities	**23** 10:00am Exercise 10:45am Bingo (GR) 3:00pm Crystal Pinecone Ornament Craft	**24** 9:30am News & Views 11:00am Walks & Talks **2:30pm BINGO** **2:30pm November Birthday Party (GR)**	**25** 9:30am Noodle Ball 11:00am Church (GR) 2:30pm Decorating the Christmas Tree **Christmas Decorating**	**26** 9:30am Exercise 11:00am Virtual Chapel 2:30pm Fit Minds Group (GR) 3:00pm Jeopardy **Christmas Decorating**	**27** 9:30am Chair Yoga **11:00am Catholic Mass** 2:00pm Laundry Folding 2:30pm Tovertafel!	**28** 9:30am Rick Steves Travelogue **10:00am Ladies Auxiliary Christmas Bake Sale & Tea Room**
29 9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities	**30** 10:00am Exercise 10:45am Bingo (GR) 2:30pm Board Games 2:30pm Dutch Social Group					

Programs subject to change.

GR- Great Room

RHA 2 East

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	**2** 9:30am Exercise 10:45am Bingo (GR) 2:30pm Horse Races	**3** 9:30am News & Views 11:00am Card Games 11:00am Italian Social Group 2:00pm Baking	**4** 10:00am Church Service (GR) 11:15am Colouring Group **2:30pm Bingo!** 6:00pm Tovertafel Time!	**5** 9:30am Heart Beats Club 10:15am Residents Council (GR) 11:00am Virtual Chapel 1:30pm Laundry Folding 2:30pm French Social Group 2:30pm November: Picture This	**6** 9:30am Balloon Ball 11:00am Crokinole 2:30pm Reading Group	**7** 9:30am Chair Yoga 11:00am Rick Steves Travelogue! **1:30pm Movie Matinee (GR)** Happy Birthday Helen & Louise C!
8 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	**9** 9:30am Music Therapy with Sam 10:45am Bingo (GR) 2:00pm Manicures Happy Birthday Renata!	**10** 9:30am News & Views 10:30am Euchre (GR) 11:00am Autumn Stroll 2:30pm Wheel of Fortune	**11** 10:00am Church Service (GR) 11:15am Colouring Group **2:30pm Bingo!** 6:00pm Card Games Rememberance Day	**12** 9:30am Heart Beats Club 11:00am Virtual Chapel 1:30pm Laundry Folding **2:30pm Men's Club (GR): Sanding and Staining** 2:30pm Travelogue: Aviation Happy Birthday Michael!	**13** 9:30am Balloon Ball 11:00am Tovertafel Time! 2:30pm Snack & Show!	**14** 9:30am Chair Yoga 11:00am Rick Steves Travelogue! 2:00pm Travelling Activities!
15 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	**16** 9:30am Exercise 10:45am Bingo (GR) 2:00pm Knit & Sew Group 3:00pm What in the world?	**17** 10:00am Bus Trip to the Pen Center 2:30pm Hymn Sing with Germaine (GR)	**18** 10:00am Church Service (GR) 11:15am Colouring Group 2:00pm Music with Mendelt (GR) 6:00pm Reading Group	**19** 9:30am Heart Beats Club 11:00am Virtual Chapel 1:30pm Laundry Folding 2:30pm Karaoke (GR)	**20** 9:30am Balloon Ball 11:00am November Pondering Prompts **2:30pm Bingo!**	**21** 9:30am Chair Yoga 11:00am Rick Steves Travelogue! 2:00pm Travelling Activities!
22 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	**23** 9:30am Exercise 10:45am Bingo (GR) 2:30pm Crazy Quilt	**24** 9:30am News & Views 11:00am A to Z: Words in Flight 2:30pm November Birthday Party (GR)	**25** 10:00am Church Service (GR) 11:15am Colouring Group **2:30pm Bingo!** 6:00pm Tovertafel Time! Christmas Decorating	**26** 9:30am Heart Beats Club 11:00am Virtual Chapel 1:30pm Laundry Folding 2:30pm Fit Minds Group (GR) 2:30pm All About Jellyfish! Christmas Decorating	**27** 9:30am Balloon Ball **11:00am Catholic Mass** 2:30pm Nuts about Peanut Butter!	**28** 9:30am Chair Yoga 10:00am Ladies Auxiliary Christmas Bake Sale & Tea Room 2:00pm Travelling Activities!
29 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	**30** 9:30am Exercise 10:45am Bingo (GR) 2:00pm Manicures 2:30pm Dutch Social Group					

GR- Great Room

RHA 2 West

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities **Happy Birthday Harvey!**	**2** 9:30am Balloon Ball 10:45am Bingo (GR) 3:00pm Name 10 6:00pm One to One Visits	**3** 9:30am Music Therapy with Sam 11:00am Baking 11:00am Italian Social Group 2:00pm Laundry Folding 2:00pm Snack and Show	**4** 10:00am Church (GR) 11:15am Walk and Talk 2:30pm Bingo!	**5** 9:30am News and Views 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:30pm Family Feud! 2:30pm French Social Group	**6** 10:00am Tovertafel Time! 11:00am Trivia! 2:30pm Travelogue: An Aviation Where in the World?	**7** 9:30am Rick Steves Travelogue 11:00am Balloon Ball **1:30pm Movie Matinee (GR)**
8 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	**9** 9:30am Balloon Ball 10:45am Bingo (GR) 3:00pm Target Practice 6:00pm One to One Visits	**10** 9:30am Exercise 10:30am Euchre (GR) 11:00am Poppy Craft 2:00pm Laundry Folding 3:00pm Crazy Quilt	**11** 10:00am Church (GR) 11:15am Canada Remembers 2:30pm Bingo! **Remembrance Day**	**12** 9:30am News and Views 11:00am Virtual Chapel **2:30pm Men's Club (GR): Sanding and Staining**	**13** 10:00am Tovertafel Time! 11:00am Scattergories 2:30pm One to One Visits	**14** 9:30am Rick Steves Travelogue 11:00am Balloon Ball 2:00pm Travelling Activities
15 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	**16** 9:30am Balloon Ball 10:45am Bingo (GR) 2:00pm Knit & Sew Group 3:00pm Wheel of Fortune 6:00pm One to One Visits	**17** 9:30am Exercise 10:00am Bus Trip to the Pen Center 2:00pm Laundry Folding 2:30pm Hymn Sing with Germaine (GR) **Happy Birthday Nicole!**	**18** 10:00am Church (GR) 11:15am Walk and Talk 2:00pm Music with Mendelt (GR)	**19** 9:30am News and Views 11:00am Virtual Chapel 2:30pm Karaoke (GR)	**20** 10:00am Tovertafel Time! 11:00am Trivia! 2:30pm Bingo!	**21** 9:30am Rick Steves Travelogue 11:00am Balloon Ball 2:00pm Travelling Activities
22 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	**23** 9:30am Balloon Ball 10:45am Bingo (GR) 3:00pm Target Practice 6:00pm One to One Visits	**24** 9:30am Exercise 11:00am Baking 2:00pm Laundry Folding 2:30pm November Birthday Party (GR)	**25** 10:00am Church (GR) 11:15am One to One Visits 2:30pm Making Christmas Ornaments **Christmas Decorating**	**26** 9:30am News and Views 11:00am Virtual Chapel 2:30pm Fit Minds Group (GR) 2:30pm Decorating the Christmas Tree! **Christmas Decorating**	**27** 10:00am Tovertafel Time! **11:00am Catholic Mass** 11:00am Scattergories 2:30pm Bingo!	**28** 9:30am Rick Steves Travelogue 10:00am Ladies Auxiliary Christmas Bake Sale & Tea Room 11:00am Balloon Ball 2:00pm Travelling Activities
29 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	**30** 9:30am Balloon Ball 10:45am Bingo (GR) 2:30pm Dutch Social Group 3:00pm Alphabet Game 6:00pm One to One Visits					

GR- Great Room

RHA 3 East

November 2026

Programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	**2** 9:30am Exercise 10:45am Bingo (GR) 2:30pm What am I?	**3** 9:30am Exercise 11:00am Italian Social Group 11:00am Wheel of Fortune 3:00pm Puzzles & Ponderings	**4** 9:30am Exercise 11:00am Church (GR) 1:30pm Laundry Folding 3:00pm Family Feud: Autumn Themed	**5** 9:30am Exercise 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:30pm Manicures 2:30pm French Social Group ***Happy Birthday Lois!***	**6** 9:30am Balloon Ball 11:00am Jeopardy **2:30pm BINGO** 6:00pm Tovertafel Time ***Happy Birthday Beth!***	**7** 10:00am Balloon Ball **1:30pm Movie Matinee (GR)**
8 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	**9** 9:30am Exercise 10:45am Bingo (GR) 1:30pm Virtual Reality 3:00pm Crazy Quilt	**10** 9:30am Exercise 10:30am Euchre (GR) 11:00am Travelogue-Destination: An aviation where in the world 3:00pm Card Games	**11** 9:30am Exercise 11:00am Church (GR) 1:30pm Laundry Folding 2:30pm Painting	**12** 9:30am Exercise 11:00am Virtual Chapel **2:30pm Men's Club (GR): Sanding and Staining**	**13** 9:30am Balloon Ball 11:00am Name 10 **2:30pm BINGO** 6:00pm Rummy! ***Happy Birthday Erna!***	**14** 10:00am Balloon Ball 3:00pm Travelling Activity Cart
15 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	**16** 9:30am Exercise 10:45am Bingo (GR) 2:00pm Knit & Sew Group 3:00pm Finish the Line	**17** **10:00am Bus Trip to the Pen Center** 2:30pm Hymn Sing with Germaine (GR)	**18** 9:30am Exercise 11:00am Church (GR) 1:30pm Laundry Folding **2:00pm Music with Mendelt (GR)**	**19** 9:30am Exercise 11:00am Virtual Chapel **2:30pm Karaoke (GR)**	**20** 9:30am Balloon Ball 11:00am Reading Group **2:30pm BINGO** 6:00pm Uno	**21** 10:00am Balloon Ball 3:00pm Travelling Activity Cart
22 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	**23** 9:30am Music Therapy with Sam 10:45am Bingo (GR) 3:00pm Board Games	**24** 9:00am Exercise 11:00am Baking **2:30pm November Birthday Party (GR)** ***Happy Birthday Ann!***	**25** 9:30am Exercise 11:00am Church (GR) 1:30pm Laundry Folding 3:00pm Decorating the Christmas Tree **Christmas Decorating**	**26** 9:30am Exercise 11:00am Virtual Chapel 2:30pm Fit Minds Group (GR) 3:00pm Finish the Line Bingo **Christmas Decorating**	**27** 9:30am Balloon Ball **11:00am Catholic Mass** **2:30pm BINGO** 6:00pm Dominoes	**28** **10:00am Ladies Auxiliary Christmas Bake Sale & Tea Room** 3:00pm Travelling Activity Cart
29 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	**30** 9:30am Exercise 10:45am Bingo (GR) 2:30pm Dutch Social Group 3:00pm Random Trivia					

GR- Great Room

RHA 3 West

November 2026

*Programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	**2** 9:30am Exercise 10:45am Bingo (GR) 2:00pm Laundry Folding 3:00pm Bean Bag Toss	**3** 9:30am Exercise 11:00am Word Games 11:00am Italian Social Group 2:30pm Crazy Quilt	**4** 9:30am Exercise 11:00am Church (GR) 3:00pm P.A.N.T	**5** 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:30pm French Social Group 2:30pm Travelogue 6:00pm Trivia	**6** 9:30am Exercise 11:00am Reading Group! 2:30pm Bingo	**7** 9:30am Exercise **1:30pm Movie Matinee (GR)** 3:00pm Travelling Activity Cart!
8 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	**9** 9:30am Exercise 10:45am Bingo (GR) 10:45am Music Therapy with Sam 2:00pm Laundry Folding 3:00pm Manicures	**10** 9:30am Exercise 10:30am Euchre (GR) 11:00am Family Feud: Autumn Edition 3:00pm Hockey	**11** 9:30am Exercise 11:00am Church (GR) 3:00pm Canada Remembers	**12** 9:30am Exercise 11:00am Virtual Chapel **2:30pm Men's Club (GR): Sanding and Staining** 3:00pm Colouring Group! 6:00pm Tovertafel!	**13** 9:30am Exercise 11:00am Reading Group! 2:30pm Bingo	**14** 9:30am Exercise 3:00pm Travelling Activity Cart!
15 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	**16** 9:30am Exercise 10:45am Bingo (GR) 2:00pm Knit & Sew Group 2:00pm Laundry Folding 3:00pm What Am I? Happy Birthday Irene!	**17** 9:30am Exercise **10:00am Bus Trip to the Pen Center** 2:30pm Hymn Sing with Germaine (GR) Happy Birthday Tina!	**18** 9:30am Exercise 11:00am Church (GR) **2:00pm Music with Mendelt (GR)**	**19** 9:30am Exercise 11:00am Virtual Chapel **2:30pm Karaoke (GR)** 6:00pm Uno!	**20** 9:30am Exercise 11:00am Horse Races 2:30pm Bingo	**21** 9:30am Exercise 3:00pm Travelling Activity Cart!
22 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	**23** 9:30am Exercise 10:45am Bingo (GR) 2:00pm Laundry Folding 3:00pm Trivia	**24** 9:30am Exercise 11:00am Pondering Prompts **2:30pm November Birthday Party (GR)** 2:30pm Crazy Quilt	**25** 9:30am Exercise 11:00am Church (GR) 3:00pm P.A.N.T Happy Birthday Eric! **Christmas Decorating**	**26** 9:30am Exercise 11:00am Virtual Chapel 2:30pm Fit Minds Group (GR) 3:00pm Name 10! 6:00pm Name That Tune **Christmas Decorating**	**27** 9:30am Exercise **11:00am Catholic Mass** 2:30pm Bingo	**28** 9:30am Exercise **10:00am Ladies Auxiliary Christmas Bake Sale & Tea Room** 3:00pm Travelling Activity Cart!
29 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	**30** 9:30am Exercise 10:45am Bingo (GR) 2:00pm Laundry Folding 2:30pm Dutch Social Group 3:00pm Word Games Happy Birthday Barbara!					

GR- Great Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Saving Time Ends	**2** **10-10:45** Table Games (AV Lounge) **11:00** Connections (AV Lounge) **2:30** Target Practice (OV Chapel)	**3** **9:30** Bean Bag Toss (OV Chapel) **11:00** Scattegories (AV Lounge) **2:00** Bible Study (OV Chapel) **6:00** Dominoes (AV Lounge)	**4** **10-10:45** Table Games (AV Lounge) **11:15** Jeopardy Trivia (AV Lounge) **2:30** Poppy Craft (Creekview Link) **6:00** Bingo (OV Chapel)	**5** **11:00** Chapel Service (OV Chapel) **2:00** Bowling (OV Chapel) **7:00** Memorial Service (LTC Great Room)	**6** **10-10:45** Table Games (AV Lounge) **11:15** Travelogue: An Aviation Where in the World? (AV Lounge) **2:30** Travel Café (OV Chapel) **6:00** Games Night (OV	**7**
8 Diwali (Hindi)	**9** **10-10:45** Table Games (AV Lounge) **11:00** Who Are We? (AV Lounge) **2:00** Bingo (OV Chapel)	**10** **10:00** Computer Questions (CV Link) **2:00** Bible Study (OV Chapel) **6:00** Dominoes (AV Lounge)	**11** **10-10:45** Table Games (AV Lounge) **11:15** A Time to Remember (AV Lounge) **2:30** Family Feud (AV Lounge) **6:00** Bingo (OV Chapel) Veterans Day Remembrance Day (Canada)	**12** **11:00** Chapel Service (OV Chapel) 2:30 Mini Golf (OV Chapel) **Flu Clinic**	**13** **10-10:45** Table Games (AV Lounge) **6:00** Games Night (OV Chapel)	**14**
15	**16** **10-10:45** Table Games (AV Lounge) **2:00** Bingo (OV Chapel)	**17** **9:30** Tabletop Hockey (OV Chapel) **11:00** Name That Tune (AV Lounge) **2:00** Bible Study (OV Chapel) **6:00** Dominoes (AV Lounge)	**18** **10-10:45** Table Games (AV Lounge) **11:15** Trivia **1:00** Music with Mendelt (OV Chapel) **6:00** Bingo (OV Chapel)	**19** **11:00** Chapel Service (OV Chapel) **2:30** Ballon Tennis Tournament (OV Chapel)	**20** **10-10:45** Table Games (AV Lounge) **5:30** Pizza & Games Night (OV Chapel)	**21**
22	**23** **10-10:45** Table Games (AV Lounge) **11:00** Ring Toss (AV Lounge) **2:00** Bingo (OV Chapel)	**24** **9:30** Would You Rather (AV Lounge) **11:00** Christmas Wreath Decorating (CV Link) Sign up on CV Link bulletin board **2:00** Bible Study (OV Chapel) **6:00** Dominoes (AV Lounge)	**25** **10-10:45** Table Games (AV Lounge) **10:00-12:00** NOTL Pop up Visit (CV Link) **2:30** Christmas Decorating **6:00** Bingo (OV Chapel)	**26** **11:00** Chapel Service (OV Chapel) **2:30-4** Pleasant Connections (CV Link) Thanksgiving Day (U.S.)	**27** **10-10:45** Table Games (AV Lounge) **11:00** Catholic Mass (LTC Great Room) **2:30** Cozy Cups & Conversation **6:00** Games Night (OV Chapel)	**28** **10:00-12:00** Ladies Auxiliary Christmas Bake Sale and Tea Room **6:30** Birthday Party (CV Link)
29	**30** **10-10:45** Table Games (AV Lounge) **11:00** Sorting Relay (AV Lounge) **2:00** Bingo (OV Chapel)					

November 2026

Pleasant Manor Tenant Activity Calander