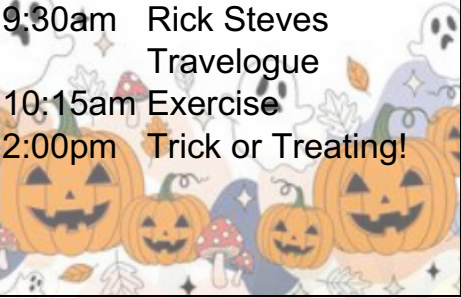


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:30am Exercise 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:30pm Oktoberfest Social	9:30am Chair Yoga 11:00am Drum fit! 2:00pm Laundry Folding 2:30pm Tovertafel!	9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Travelling Activities
4	5	6	7	8	9	10
9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities	10:00am Exercise 10:45am Bingo (GR) 2:30pm Board Games 3:00pm Euchre (GR)	9:30am News & Views 10:45am Music Therapy with Sam 2:30pm BINGO 2:30pm Craft with Sheila (GR) 6:00pm Reading Group	9:30am Noodle Ball 11:00am Church (GR) 2:30pm Italian Social Group 3:00pm About Kate Winslet	9:30am Canning Black Current Jam 11:00am Virtual Chapel 2:30pm Men's Club (GR): Sanding and Staining 3:00pm Jeopardy	9:30am Chair Yoga 11:00am Name 10 2:00pm Laundry Folding 2:30pm Tovertafel! Happy Birthday Jane!	9:30am Exercise: Hand Eye Coordination 1:30pm Travelling Activities
11	12	13	14	15	16	17
9:30am Sunday Sing Along 10:00am TV Church	10:00am Exercise 10:45am Bingo (GR) 12:00pm Thanksgiving Lunch! 2:30pm Board Games 4:00pm TV Sing Along Happy Thanksgiving!	9:30am News & Views 11:00am Walks & Talks 2:30pm BINGO Happy Birthday Helen!	9:30am Noodle Ball 11:00am Church (GR) 2:30pm Fall Fair Festival (GR)	9:30am Exercise 11:00am Virtual Chapel 3:00pm Travelogue: Czech Republic	9:30am Chair Yoga 11:00am Drum fit! 2:00pm Laundry Folding 2:30pm Tovertafel!	9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Movie Matinee (GR)
18	19	20	21	22	23	24
9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities	10:00am Exercise 10:45am Bingo (GR) 2:00pm Knit & Sew Group 2:30pm Board Games	9:30am News & Views 11:00am Pumpkin Decorating Contest 2:30pm Hymn Sing with Germaine (GR) 6:00pm Dominoes	9:30am Noodle Ball 11:00am Church (GR) 2:30pm Bingo	9:30am Exercise 11:00am Virtual Chapel 2:00pm Music with Mendelt (GR)	9:30am Chair Yoga 10:30am Painting Lesson! (GR) 11:00am Name That Tune 2:00pm Laundry Folding 2:30pm Tovertafel!	9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Travelling Activities
25	26	27	28	29	30	31
9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities Happy Birthday Jean!	10:00am Exercise 10:45am Bingo (GR) 1:30-5:00 Election Voting Station (GR) 2:30pm Board Games Spooky Week	9:30am Halloween Around the World 11:00am Ghost Toss 2:30pm Birthday Party! (GR) 6:00pm Uno! Spooky Week	9:30am Zombie Pass 11:00am Church (GR) 2:30pm BINGO Spooky Week	9:30am Monster Mash Workout 11:00am Virtual Chapel 2:30pm Dutch Social Group (GR) 3:00pm Spooky Trivia Spooky Week	9:30am Chair Yoga 11:00am Catholic Mass (GR) 2:00pm Laundry Folding 2:30pm Special Music with Kimberely (GR) Spooky Week	9:30am Rick Steves Travelogue 10:15am Exercise 2:00pm Trick or Treating! 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:30am Heart Beats Club 10:15am Residents Council (GR) 11:00am Virtual Chapel 1:30pm Laundry Folding	9:30am Balloon Ball 11:00am Tovertafel Time 2:30pm Travelogue: Checking out the Czech Republic	9:30am Chair Yoga 11:00am Rick Steves Travelogue! 2:00pm Travelling Activities!
4	5	6	7	8	9	10
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	9:30am Exercise 10:45am Bingo (GR) 2:00pm Manicures 3:00pm Euchre (GR) Happy Birthday Lorna!	9:30am News & Views 11:00am Fall Word Games 2:00pm Tissue Paper Pumpkin Craft 2:30pm Craft with Sheila (GR)	10:00am Church Service (GR) 11:15am Colouring Group 2:30pm Italian Social Group 6:00pm Tovertafel Time!	9:30am Heart Beats Club 11:00am Virtual Chapel 1:30pm Laundry Folding 2:30pm Men's Club (GR): Sanding and Staining 2:30pm Thanksgiving Tree Activity	9:30am Balloon Ball 11:00am Jeopardy 2:30pm Autumn Leaves Painting	9:30am Chair Yoga 11:00am Rick Steves Travelogue! 2:00pm Travelling Activities!
11	12	13	14	15	16	17
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	9:30am Music Therapy with Sam 10:45am Bingo(GR) 12:00pm Thanksgiving Meal 2:30pm Canadian Thanksgiving Facts & Fun! Happy Thanksgiving!	9:30am News & Views 11:00am Crazy Quilt 2:30pm Bingo!	10:00am Church Service (GR) 11:15am Colouring Group 2:30pm Fall Fair Festival (GR) 6:00pm Card Games	9:30am Heart Beats Club 11:00am Virtual Chapel 1:30pm Laundry Folding	9:30am Balloon Ball 11:00am Falling Leaves Craft 2:30pm Horse Races Happy Birthday Emily!	9:30am Chair Yoga 11:00am Rick Steves Travelogue! 1:30pm Movie Matinee (GR)
18	19	20	21	22	23	24
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	9:30am Exercise 10:45am Bingo (GR) 2:00pm Knit & Sew Group 2:00pm Manicures Happy Birthday Carmela!	9:30am News & Views 11:00am Pumpkin Decorating Contest 2:30pm Hymn Sing with Germaine (GR)	10:00am Church Service (GR) 11:15am Colouring Group 2:30pm Bingo! 6:00pm Reading Group	9:30am Heart Beats Club 11:00am Virtual Chapel 1:30pm Laundry Folding 2:00pm Music with Mendelt (GR)	9:30am Balloon Ball 10:30am Painting Lesson! (GR) 11:00am Making Apple Cider 3:00pm Travelling Treats: Apple Cider	9:30am Chair Yoga 11:00am Rick Steves Travgelogue! 2:00pm Travelling Activities! Spooky Week!
25	26	27	28	29	30	31
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities! Spooky Week!	9:30am Exercise 10:45am Bingo (GR) 1:30-5:00 Election Voting Station (GR) 2:30pm Halloween Around the World! Spooky Week!	9:30am Believable or Batty? 11:00am Halloween Pumpkin painting 2:30pm Birthday Party! (GR) Spooky Week!	10:00am Church Service (GR) 11:15am Spooky Science Experiment 2:30pm Bingo! 6:00pm Colouring Group Spooky Week!	9:30am Monster Mash Exercise 11:00am Virtual Chapel 1:30pm Laundry Folding 2:00pm Halloween Movie Matinee! 2:30pm Dutch Social Group (GR) Spooky Week!	9:30am Ghost Cup Toss 11:00am Catholic Mass (GR) 1:30pm Halloween Picture This! 2:30pm Special Music with Kimberly (GR) Spooky Week!	9:30am Chair Yoga 11:00am Rick Steves Travelogue! 2:00pm Trick or Treating! Happy Halloween! Spooky Week!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:30am News and Views 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:30pm Oktoberfest Social	10:00am Tovertafel Time! 11:00am Scattergories 3:00pm Monthly Gazette	9:30am Rick Steves Travelogue 11:00am Balloon Ball 2:00pm Travelling Activities
4	5	6	7	8	9	10
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	9:30am Balloon Ball 10:45am Bingo (GR) 3:00pm Euchre (GR) 3:00pm Manicures 6:00pm One to One Visits	9:30am Music Therapy with Sam 11:00am Wheel of Fortune 2:00pm Laundry Folding 2:30pm Craft with Sheila (GR)	10:00am Church (GR) 11:15am Walk and Talk 2:30pm Bingo! 2:30pm Italian Social Group	9:30am News and Views 11:00am Virtual Chapel 2:30pm Thanksgiving Social 2:30pm Men's Club (GR): Sanding and Staining	10:00am Tovertafel Time! 11:00am Trivia! 1:30pm Virtual Reality 3:00pm Musical Bingo	9:30am Rick Steves Travelogue 11:00am Balloon Ball 2:00pm Travelling Activities
11	12	13	14	15	16	17
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	9:30am Balloon Ball 10:45am Bingo (GR) 12:00pm Thanksgiving Lunch! 3:00pm Name 10: Thanksgiving Edition! 6:00pm One to One Visits Happy Thanksgiving!	9:30am Exercise 2:00pm Laundry Folding 2:30pm Anniversary Party! Happy 70th Anniversary Margaret and Roy!	10:00am Church (GR) 11:15am One to One Visits 2:30pm Fall Fair Festival (GR)	9:30am News and Views 11:00am Virtual Chapel 1:30pm One to One: Social Engagements 2:30pm Pumpkin Painting	10:00am Tovertafel Time! 11:00am Scattergories 3:00pm Travelogue: Czech Republic	9:30am Rick Steves Travelogue 11:00am Balloon Ball 1:30pm Movie Matinee (GR)
18	19	20	21	22	23	24
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	9:30am Balloon Ball 10:45am Bingo (GR) 2:00pm Knit & Sew Group 3:00pm Target Practice 6:00pm One to One Visits	9:30am Exercise 11:00am Pumpkin Decorating Contest 2:00pm Laundry Folding 2:30pm Hymn Sing with Germaine (GR)	10:00am Church (GR) 11:15am Walk and Talk 2:30pm Bingo!	9:30am News and Views 11:00am Virtual Chapel 2:00pm Music with Mendelt (GR)	10:00am Tovertafel Time! 10:30am Painting Lesson! (GR) 11:00am Trivia! 3:00pm Manicures	9:30am Rick Steves Travelogue 11:00am Balloon Ball 2:00pm Travelling Activities
25	26	27	28	29	30	31
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	9:30am Balloon Ball 10:45am Bingo (GR) 1:30-5:00 Election Voting Station (GR) 3:00pm Ghost Blasters 6:00pm One to One Visits	9:30am Exercise 11:00am Name 10: Halloween Edition! 2:00pm Laundry Folding 2:30pm Birthday Party! (GR)	10:00am Church (GR) 11:15am One to One Visits 2:30pm Bingo!	9:30am News and Views 11:00am Virtual Chapel 2:30pm Dutch Social Group (GR) 2:30pm Halloween Social	10:00am Tovertafel Time! 11:00am Scattergories 1:30pm Halloween Movie Matinee 2:30pm Special Music with Kimberely (GR)	9:30am Rick Steves Travelogue 11:00am Balloon Ball 2:00pm Trick or Treating! Happy Birthday Margaret! Happy Halloween!

Programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:30am Exercise 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:30pm Manicures	9:30am Balloon Ball 11:00am Travelogue : Checking Out Czech Republic 2:30pm BINGO	10:00am Balloon Ball 3:00pm Travelling Activity Cart
4	5	6	7	8	9	10
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	9:30am Exercise 10:45am Bingo (GR) 3:00pm Euchre (GR) 3:00pm Wheel of Fortune	9:30am Exercise 11:00am Scouting Out October Trivia 2:30pm Craft with Sheila (GR)	9:30am Exercise 11:00am Church (GR) 11:00am Fall Crafts 1:30pm Laundry Folding 2:30pm Italian Social Group	9:30am Exercise 11:00am Virtual Chapel 2:30pm Men's Club (GR): Sanding and Staining 3:00pm Pumpkin Painting	9:30am Balloon Ball 11:00am Reading Group 2:30pm BINGO 6:00pm Tovertafel Time	10:00am Balloon Ball 3:00pm Travelling Activity Cart
11	12	13	14	15	16	17
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	9:30am Exercise 10:45am Bingo(GR) 12:00pm Thanksgiving Lunch! 2:30pm GratitudeCard Making Happy Thanksgiving!	10:00am Baking : Pumpkin cake wth Cream Cheese Frosting 3:00pm Social Hour	9:30am Exercise 11:00am Church (GR) 1:30pm Laundry Folding 2:30pm Fall Fair Festival (GR)	9:30am Exercise 11:00am Virtual Chapel 2:30pm Manicures	9:30am Balloon Ball 11:00am Jeopardy 2:30pm BINGO 6:00pm Tovertafel Time	10:00am Balloon Ball 1:30pm Movie Matinee (GR) 3:00pm Travelling Activity Cart
18	19	20	21	22	23	24
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	9:30am Exercise 10:45am Bingo (GR) 2:00pm Knit & Sew Group 3:00pm Finish the Line	9:30am Exercise 11:00am Pumpkin Decorating Contest 2:30pm Hymn Sing with Germaine (GR)	9:30am Exercise 11:00am Church (GR) 1:30pm Laundry Folding 3:00pm Name that Anagram	9:30am Exercise 11:00am Virtual Chapel 2:00pm Music with Mendelt (GR)	9:30am Balloon Ball 10:30am Painting Lesson! (GR) 11:00am Board Games 2:30pm BINGO	10:00am Balloon Ball 2:00pm Halloween Crafts (GR)
25	26	27	28	29	30	31
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	9:30am Music Therapy with Sam 10:45am Bingo (GR) 1:30-5:00 Election Voting Station (GR) 3:00pm Name 10	9:30am Exercise 11:00am Jeopardy 2:30pm Birthday Party! (GR)	9:30am Exercise 11:00am Church (GR) 1:30pm Laundry Folding 2:30pm Bingo	9:30am Exercise 11:00am Virtual Chapel 2:30pm Dutch Social Group (GR) 3:00pm Halloween Rhyme Time	9:30am Balloon Ball 11:00am Catholic Mass (GR) 2:30pm Special Music with Kimberely (GR)	10:00am Balloon Ball 2:00pm Trick or Treating! Happy Halloween !

*Programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:30am Exercise 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:30pm Travelogue 6:00pm Name That Tune	9:30am Exercise 11:00am Word Games! 2:30pm Bingo	9:30am Exercise 3:00pm Travelling Activity Cart!
4	5	6	7	8	9	10
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	9:30am Exercise 10:45am Bingo (GR) 2:00pm Laundry Folding 3:00pm Euchre (GR) 3:00pm PANT!	9:30am Exercise 11:00am PANT! 2:30pm Craft with Sheila (GR)	9:30am Exercise 11:00am Church (GR) 2:30pm Italian Social Group 3:00pm Reading Group!	9:30am Exercise 11:00am Virtual Chapel 2:30pm Men's Club (GR): Sanding and Staining 3:00pm Cranberry Toss! 6:00pm One to Ones	9:30am Exercise 11:00am Horse Races 2:30pm Bingo	9:30am Exercise 3:00pm Travelling Activity Cart!
11	12	13	14	15	16	17
9:30am Sunday Sing Along 10:00am TV Church	9:30am Exercise 10:45am Bingo(GR) 10:45am Music Therapy with Sam 12:00pm Thanksgiving Lunch! 2:00pm Laundry Folding 3:00pm Hockey Happy Thanksgiving!	9:30am Exercise 11:00am Painting 2:30pm Crazy Quilt Happy Birthday Madeline!	9:30am Exercise 11:00am Church (GR) 2:30pm Fall Fair Festival (GR)	9:30am Exercise 11:00am Virtual Chapel 3:00pm Trivia 6:00pm Board Games!	9:30am Exercise 11:00am Bean Bag Toss 2:30pm Bingo	9:30am Exercise 1:30pm Movie Matinee (GR) 3:00pm Travelling Activity Cart! Happy Birthday Iris!
18	19	20	21	22	23	24
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	9:30am Exercise 10:45am Bingo (GR) 2:00pm Knit & Sew Group 2:00pm Laundry Folding 3:00pm Pondering Prompts Happy Birthday Peter!	9:30am Exercise 11:00am Pumpkin Decorating Contest 2:30pm Hymn Sing with Germaine (GR)	9:30am Exercise 11:00am Church (GR) 3:00pm Word Games!	9:30am Exercise 11:00am Virtual Chapel 2:00pm Music with Mendelt (GR) 6:00pm Uno!	9:30am Exercise 10:30am Painting Lesson! (GR) 11:00am Colouring Group! 2:30pm Bingo	9:30am Exercise 3:00pm Travelling Activity Cart!
25	26	27	28	29	30	31
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	9:30am Exercise 10:45am Bingo (GR) 1:30-5:00 Election Voting Station (GR) 2:00pm Laundry Folding 3:00pm Picture This!	9:30am Exercise 11:00am Reading Group! 2:30pm Birthday Party! (GR)	9:30am Exercise 11:00am Church (GR) 2:30pm Bingo!	9:30am Exercise 11:00am Virtual Chapel 2:30pm Dutch Social Group (GR) 3:00pm Manicures 6:00pm Tovertafel!	9:30am Exercise 11:00am Catholic Mass (GR) 2:30pm Special Music with Kimberely (GR)	9:30am Exercise 2:00pm Trick or Treating!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Pleasant Manor Tenant Activity Calander				1 11:00 Chapel Service (OV Chapel)	2 10-10:45 Table Games (AV Lounge) 6:00 Games Night (OV Chapel)	3 10:00-12:00 Tenant Council Bake Sale (CV Link) Simchat Torah Begins
	4 10-10:45 Table Games (AV Lounge) 2:00 Bingo (OV Chapel)	5 11:00 Hymn Sing with Stephen (AV Lounge) 2:00 Bible Study (OV Chapel) 6:00 Dominoes (AV Lounge)	6 10-10:45 Table Games (AV Lounge) 12:00 Thanksgiving Meal Delivery! 2:30 Painting Lesson- Sign up on CV Link Bulletin Board (CV Link) 6:00 Bingo (OV Chapel)	7 11:00 Chapel Service (OV Chapel) 2:30-4 Pleasant Connections (CV Link)	8 10-10:45 Table Games (AV Lounge) 6:00 Games Night (OV Chapel)	10
	11 10-10:45 Table Games (AV Lounge) 2:00 Bingo (OV Chapel) Indigenous Peoples' Day Columbus Day (U.S.)	13 6:00 Dominoes (AV Lounge)	14 10-10:45 Table Games (AV Lounge) 11:15 Trivia (AV Lounge) 1:00-3:00 Craft/knitting Group (CV Link) 6:00 Bingo (OV Chapel)	15 11:00 Chapel Service (OV Chapel)	16 10-10:45 Table Games (AV Lounge) 6:00 Games Night (OV Chapel)	17
1:30-2:00 Computer Questions (CV Link)	18 10-10:45 Table Games (AV Lounge) 2:00 Bingo (OV Chapel)	20 11:00 Hymn Sing with Stephen (AV Lounge) 6:00 Dominoes (AV Lounge)	21 10-10:45 Table Games (AV Lounge) 11:30 Bus Trip to Bettys Restaurant 1:00-3:00 Craft/knitting Group (CV Link) 6:00 Bingo (OV Chapel)	22 11:00 Chapel Service (OV Chapel) 1:00 Music with Mendelt 2:30-4 Pleasant Connections (CV Link)	23 10-10:45 Table Games (AV Lounge) 5:30 Pizza & Games Night (OV Chapel)	24
	25 10-10:45 Table Games (AV Lounge) 1:30-5:00 Election Voting (LTC Great Room) 2:00 Bingo (OV Chapel)	27 11:15 Travelogue: Checking out the Czech Republic (AV Lounge) 6:00 Dominoes (AV Lounge)	28 10-10:45 Table Games (AV Lounge) 10:00-12:00 NOTL Library Pop up (CV Link) 1:00-3:00 Craft/knitting Group (CV Link) 6:00 Bingo (OV Chapel)	29 11:00 Chapel Service (OV Chapel)	30 10-10:45 Table Games (AV Lounge) 6:00 Games Night (OV Chapel)	31 6:30 Birthday Party (CV Link) Halloween