

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Morning:
9:15 Chapel with Don
9:45 Exercise
10:15 Fit Minds
Afternoon:
2:30 Bocce Ball



Morning:
9:30 Exercise
10:00 Giant Crossword
Afternoon:
2:00 Outdoor Strolls*
3:00 Word Games



Morning:
9:30 Exercise
10:00 Travelogue: Montreal
Afternoon:
2:30 Fit Minds



Morning:
9:45 **BINGO**
11:45 Marg Lunchtime Serenades
Afternoon:
2:30 UNO

Morning:
Exercise
Afternoon:
Friendly Visits



9:00 Church Service on Television



6 **Labor Day**
Morning:
9:30 Exercise
10:00 Balloon Tennis
10:30 Outdoor Strolls*
Afternoon:
2:30 Labor Day Social

Labor Day

7 **Morning:**
9:15 Chapel with Don
9:45 Exercise
10:15 Fit Minds
Afternoon:
2:30 Sunshine Singers in the Great Room



8 **Carnival Day!** **9**

Activities happening all day in the Great Room

10 **Morning:**
9:45 **BINGO**
Afternoon:
2:30 Fit Minds

11 **Morning:**
9:30 Exercise
10:00 Roman Catholic Communion
Afternoon:
2:30 Game of Luck

Rosh Hashanah Begins

12 **Morning:**
10:00 Name 10
Afternoon:
3:00 Connect Four



Grandparents Day **13**
9:00 Church Service on Television



14 **Morning:**
9:30 Exercise
10:15 Book Club on RHA 1
Afternoon:
2:00 Outdoor Strolls*
3:00 Wheel of Fortune



15 **Morning:**
9:15 Chapel with Don
9:45 Exercise
10:15 Fit Minds
Afternoon:
2:30 Painting Group



16 **Morning:**
9:30 Exercise
10:00 Giant Crossword
Afternoon:
2:30 70's T.V Character Guess Who?



17 **Morning:**
Exercise
Afternoon:
1:00 Balloon Tennis
2:30 Fit Minds
5:30 Jeopardy



18 **Morning:**
9:45 **BINGO**
Afternoon:
2:30 Activity with Katie!

19 **Morning:**
10:00 Exercise
10:30 Outdoor Strolls*
Afternoon:
2:00 Elfer Raus



Oktoberfest Begins

20 **9:00 Church Service on Television**



Yom Kippur Begins

21 **Morning:**
Exercise
10:00 Food Committee Meeting in the Great Room
Afternoon:
Outdoor Strolls*



22 **First Day of Fall** **Morning:**
9:15 Chapel with Don
9:45 Exercise
10:15 Fit Minds
Afternoon:
2:30 Fall Leaf Craft



Autumn Begins

23 **Morning:**
9:30 Exercise
10:00 Baking Group: Pumpkin Bread
10:00 Aussie Visits
Afternoon:
2:30 Java Music Club



24 **Morning:**
9:30 Exercise
10:30 Resident Council Meeting in the Great Room
Afternoon:
2:30 Fit Minds



25 **Morning:**
9:45 **BINGO**
Afternoon:
2:30 Game of Luck

Sukkot Begins

26 **Morning:**
Exercise
Afternoon:
Friendly Visits



27 **9:00 Church Service on Television**



28 **Morning:**
9:30 Exercise
10:00 70's Food Guessing Game
Afternoon:
2:00 Manicures
3:00 Bowling



29 **Morning:**
10:00 Church of Niagara in the Great Room
Afternoon:
2:30 Fit Minds



30 **National Orange Shirt Day** **Morning:**
9:30 Exercise
10:00 Giant Crossword
Afternoon:
2:00 Large Birthday Party with Dave Burden in the Great Room

September 2026

RHA 1 RECREATION CALENDAR

ALL PROGRAMS ARE SUBJECT TO CHANGE *weather permitting

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"Happily, we bask in this warm September sun, which illuminates all creatures." —Henry David Thoreau 	Morning 9:15 Our Daily Bread 9:30 Exercise 9:45 Chapel Service with Don 10:00 Monthly Gazette Afternoon 2:30 Fit Minds	Morning 9:15 Our Daily Bread 9:30 Exercise 9:45 Chapel Service with Don 10:00 Monthly Gazette Afternoon 2:30 Fit Minds	Morning 9:15 Our Daily Bread 9:30 Exercise 10:00 Who/What Am I?  Afternoon 2:30 Craft Corner Kandinsky Circles	Morning 9:15 Our Daily Bread 9:30 Exercise 10:00 Football Jokes Afternoon 2:30 Fit Minds 	Morning 9:15 Our Daily Bread 9:30 Exercise Afternoon 2:30 BINGO!	Morning 9:15 Our Daily Bread 9:30 Exercise Afternoon 2:30 Movie Matinee 
Morning 9:30 Church on Television 	Morning 9:15 Our Daily Bread 9:30 Exercise Afternoon 2:30 What Job is it?  HAPPY LABOUR DAY Labor Day	Morning 9:15 Our Daily Bread 9:30 Exercise 9:45 Chapel Service with Don 10:00 Finish the Line Afternoon 2:30 Sunshine Singers in the Great Room	HAPPY BIRTHDAY "NELSON" CARNIVAL DAY Activities all day in the Great Room 	Morning 9:15 Our Daily Bread 9:30 Exercise 10:00 Guess the Far-Out Food of the 1970's Afternoon 2:30 Fit Minds 	Morning 9:15 Our Daily Bread 9:30 Exercise 10:00 Roman Catholic Mass 11:45 Lunchtime Serenades with Marj Afternoon 2:30 BINGO!	Morning 9:15 Our Daily Bread 9:30 Exercise Afternoon 2:30 Paint by Numbers 
Morning 9:30 Church on Television  Grandparents Day	Morning 9:15 Our Daily Bread 9:30 Exercise 10:00 Word Scramble 10:15 Book Club on RHA 1 Afternoon 2:30 JAVA MUSIC 	Morning 9:15 Our Daily Bread 9:30 Exercise 9:45 Chapel Service with Don 10:00 Learn About: Judy Blume Afternoon 2:30 Fit Minds 	Morning 9:15 Our Daily Bread 9:30 Exercise Craft Corner Autumn Window Art Afternoon 3:00 Mendelt Sings and Plays Piano	Morning 9:15 Our Daily Bread 9:30 Exercise 10:00 Good News Corner Current Events Afternoon 2:30 Fit Minds 	Morning 9:15 Our Daily Bread 9:30 Exercise Afternoon 2:30 BINGO!	Morning 9:15 Our Daily Bread 9:30 Exercise Afternoon 3:00 Elfer Raus  Oktoberfest Begins
Morning 9:30 Church on Television  Yom Kippur Begins	Morning 9:15 Our Daily Bread 9:30 Exercise 10:00 Book Club on RHA 1 Food Committee GR Afternoon 2:30 Indigenous Dot Art Animals 	HAPPY BIRTHDAY DANIEL Morning 9:15 Our Daily Bread 9:30 Exercise 9:45 Chapel Service with Don 10:00 German Jeopardy Afternoon 2:30 Fit Minds FIRST DAY OF AUTUMN Autumn Begins	Morning 9:15 Our Daily Bread 9:30 Exercise 10:00 Aussie Visits Afternoon 2:30 Craft Corner Leaf Prints 	Morning 9:15 Our Daily Bread 9:30 Exercise 10:00 Learn About: Poodles 10:30 Residents Council in GR Afternoon 2:30 Fit Minds 	Morning 9:15 Our Daily Bread 9:30 Exercise Afternoon 2:30 BINGO! Sukkot Begins	Morning 9:15 Our Daily Bread 9:30 Exercise Afternoon 2:30 Rummikub 
Morning 9:30 Church on Television 	Morning 9:15 Our Daily Bread 9:30 Exercise 10:00 1970's Pictionary Afternoon 2:30 Hymn Sing Along 	Morning 9:15 Our Daily Bread 9:30 Exercise 10:00 Large Church Service Church of Niagara GR Afternoon 2:00 Armchair Travel: Meet Me in Montreal 2:30 Fit Minds	National Orange Shirt Day Morning 9:15 Our Daily Bread 9:30 Exercise Afternoon 2:00 Large Birthday Party with Dave Burden GR	September 2026 RHA 2 RECREATION CALENDAR		

PROGRAMS ARE SUBJECT TO CHANGE (Sign up Required for Bus Trips and Dinner and a Movie)

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Morning:
9:45 Monthly Gazette
10:15 Balloon Tennis

Afternoon:
2:15 Hymn Singalong
3:00 Fit Minds



Morning:
9:30 Price is Right: Back to School Edition
10:30 Pet visits with Aussie

Afternoon:
2:30 Painting Group



Morning:
9:15 Chapel with Don
9:45 Exercise
10:15 Fit Minds

Afternoon:
2:15 Daily Bread Group
3:00 Dominoes



Morning:
9:45 Bingo

BINGO

Afternoon:
2:30 Bowling

Morning:
10:15 Scrabble

Afternoon:
2:00 Reading Group



Church Service on the Television



6 Afternoon:
2:30 Labour Day Social

Evening:
5:30 Name That Tune



7 Morning:
9:30 Exercise
10:00 Name 10

Afternoon:
2:30 Sunshine Singers in the Great Room



Carnival Day!



Activities happening all day in the Great Room

10 Morning:
9:15 Chapel with Don
9:45 Bingo

BINGO

Afternoon:
2:30 You Be The Judge

11 Morning:
9:45 Exercise
10:00 Roman Catholic Church
10:15 Fit Minds

Afternoon:
2:30 Manicures
3:15 Ball Toss



Rosh Hashanah Begins

12 Morning:
10:15 Rummikub

Afternoon:
2:00 One to one visits



Church Service on the Television



13 Happy Birthday Justina!
Morning:
9:30 Exercise
10:00 Alphabet Game
10:15 Book Club on RHA 1

Afternoon:
2:15 Hymn Singalong
3:00 Fit Minds



14 Morning:
9:30 Baking Group

Afternoon:
2:30 Coffee Social



15 Morning:
9:30 Ladder Ball
10:30 Elfer Raus!
10:30 Pet visits with Aussie

Afternoon:
2:30 Arts and Crafts



16 Morning:
9:15 Chapel with Don
9:45 Exercise
10:15 Fit Minds

Afternoon:
2:30 Flip It Card Game



17 Happy Birthday Mardy!
Morning:
9:45 Bingo
11:45 Serenades with Marg

BINGO

Afternoon:
3:00 Balloon Tennis

18 Morning:
10:15 Exercise

Afternoon:
3:00 One to one visits



Oktoberfest Begins

Church Service on the Television



20 Happy Birthday Anne!
Morning:
9:30 Exercise
10:00 How Many Words?
10:00 Food Committee Meeting in the Great Room

Afternoon:
2:30 Horse Races



21 Morning:
9:45 Morning Prayer Group

Afternoon:
2:15 Hymn Singalong
3:00 Fit Minds



22 Morning:
9:30 Scrapbooking

Afternoon:
2:30 Get the Gold



23 Happy Birthday Anna D!
Morning:
9:15 Chapel with Don
9:45 Exercise
10:15 Fit Minds
10:30 Resident Council Meeting in the Great Room

Afternoon:
3:00 Bocce Ball



24 Morning:
9:45 Bingo

BINGO

Afternoon:
2:30 Colouring Group
3:00 Reading Circle

Sukkot Begins

25 Morning:
10:15 Yahtzee

Afternoon:
3:00 Outdoor Strolls



Church Service on the Television



27 Morning:
9:30 Exercise
10:00 Wheel of Fortune

Afternoon:
2:30 Creative Crafts



28 Morning:
10:00 Church of Niagara in the Great Room

Afternoon:
2:15 Hymn Singalong
3:00 Fit Minds



29 National Orange Shirt Day
Morning:
9:30 Game of Luck
10:30 Pet visits with Aussie

Afternoon:
2:00 Large Birthday Party with Dave Burden in the Great Room



September 2026

RHA 3 RECREATION CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Travelogue Montreal Animal Feature - Poodles 1970's Trivia		Morning: 9:30 Exercise 10:00 Monthly Gazette and Tabor Times Afternoon: 2:30 Active Game 5:30 Rummikub	Morning: 9:30 Exercise 10:00 Aussie Visits 10:00 Wheel of Fortune Afternoon: 2:30 Fit Minds 3:00 Outdoor Strolls	Morning: 9:30 Exercise 10:00 Giant Crossword Afternoon: 2:30 Active Game 3:00 Outdoor Strolls	Morning: 9:30 Exercise 10:00 Price is Right Day Afternoon: 2:30 	Morning: 9:30 Exercise Afternoon: 3:00 Card Games 
9:00 Church on Television 	6 Morning: 9:30 Exercise 10:00 Bocce ball Afternoon: 2:30 Card Game  HAPPY LABOUR DAY Labor Day	7 Morning: 9:30 Exercise 10:00 Scattogories Afternoon: 2:30 Sunshine Singers in the Great Room	8 Carnival Day!  Activities happening all day in the Great Room!	9 Morning: 9:30 Exercise 10:00 How Many Words? Afternoon: 2:30 You Be The Judge 3:00 Outdoor Strolls	10 Morning: 9:30 Exercise 10:00 Roman Catholic Mass Afternoon: 2:30  ROSH HASHANAH	11 Morning: 9:30 Exercise Afternoon: 3:00 Card Game 
9:00 Church on Television  Grandparents Day Grandparents Day	13 Morning: 9:30 Exercise 10:00 Spelling Bee 10:15 Book Club on RHA 1  Afternoon: 2:30 Fit Minds	14 Morning: 9:30 Exercise 10:00 Balloon Tennis Afternoon: 2:30 You be the Judge	15 Morning: 9:30 Exercise 10:00 Aussie Visits 10:30 Outdoor Strolls Afternoon: 2:30 Rummikub	16 Morning: 9:30 Exercise 10:00 Wheel of Fortune Afternoon: 2:30 Fit Minds	17 HAPPY BIRTHDAY LUCY & BETTY! Morning: 9:30 Exercise 10:00 Giant Connect 4 Afternoon: 2:30 	18 Morning: 9:30 Exercise Afternoon: 2:00 Friendly Visits  OKTOBERFEST Oktoberfest Begins
9:00 Church on Television  Yom Kippur Begins	20 Morning: 10:00 Food Committee Meeting GR 10:15 Word Game Afternoon: 2:30 Fit Minds 	21 Morning: 9:30 Exercise 10:00 Bocce Ball Afternoon: 2:30 Rummikub FIRST DAY OF AUTUMN Autumn Begins	22 Morning: 9:30 Exercise Afternoon: 2:30 Outdoor Strolls 3:00 Card Game	23 Morning: 9:30 Exercise 10:00 Bowling 10:30 Resident's Council GR Afternoon: 2:30 Fit Minds	24 Morning: 9:30 Exercise 10:00 Scattogories 11:00 Marj Lunchtime Serenades Afternoon: 2:30  Sukkot Begins	25 Morning: 9:30 Exercise Afternoon: 2:00 Outdoor Strolls  HARVEST MOON
9:00 Church on Television 	27 Morning: 9:30 Exercise 10:00 Balloon Tennis 10:30 Outdoor Strolls Afternoon: 2:30 Fit Minds	28 Morning: 10:00 Large Church Service Church of Niagara GR Afternoon: 2:30 Rummikub	29 Morning: 9:30 Exercise 10:00 Aussie Visits 10:00 Word Game Afternoon 2:00 Large Birthday Party with Dave Burden GR National Orange Shirt Day ** Please wear something orange**	September 2026 RHA 4 RECREATION CALENDAR		

ALL PROGRAMS ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Who, What, Where in the Fireside Lounge 1 11:00 Seated Exercise in the Chapel with Kira 2:30 Jeopardy in the Chapel	9:30 Craft Corner in the Fireside Lounge 2 11:00 Seated Exercise in the Chapel with Kira 2:30 BINGO in the Café	11:00 Chapel Service in the Chapel 3 1:30 Balance Training in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug.	11:00 BINGO in the Olive Branch Café 4 	
9:30 Sunday Service in the Chapel 6 	9:30 Travelogue in the Fireside Lounge 7 11:00 Seated Exercise in the Chapel with Kira 2:30 Fit Minds in the Café Labor Day	9:30 Game of Luck in the Café 8 11:00 Seated Exercise in the Chapel with Kira 2:30 Documentary in the Chapel	11:00 Seated Exercise in the Chapel with Kira 9 2:30 BINGO in the Café	Kira Leaves for Vacation 10 11:00 Chapel Service in the Chapel 1:30 Balance Training in the Atrium 2:30 Tabletop Games Group in the Café 6:00 Movie Night in the Chapel	11:00 BINGO in the Olive Branch Café 11  Rosh Hashanah Begins	For by grace, you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. ~ Ephesians 2:8-9
9:30 Sunday Service in the Chapel 13  Grandparents Day	9:30 Bible Trivia in the Fireside Lounge 14 11:00 Seated Exercise in the Chapel with Katie 2:30 Fit Minds in the Café	9:30 Brain Games in the Café 15 11:00 Seated Exercise in the Chapel with Katie 2:30 Hymn Sing in the Chapel	9:30 Java Music in the Fireside Lounge 16 11:00 Seated Exercise in the Chapel with Katie 2:30 BINGO in the Café	11:00 Chapel Service in the Chapel 17 1:30 Balance Training in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug.	11:00 BINGO in the Olive Branch Café 18 	 Oktoberfest Begins
9:30 Sunday Service in the Chapel 20  Yom Kippur Begins	11:00 Seated Exercise in the Chapel 21 	9:30 Trivia in the Café 22 11:00 Seated Exercise in the Chapel with Katie 2:30 Baking Program with Katie in the Café Autumn Begins	9:30 Horse Races in the Café 23 11:00 Seated Exercise in the Chapel with Katie 2:30 BINGO in the Café	11:00 Chapel Service in the Chapel 24 1:30 Balance Training in the Atrium 2:30 Tabletop Games Group in the Café	11:00 BINGO in the Olive Branch Café 25  Sukkot Begins	The eyes of the Lord are toward the righteous and his ears toward their cry. ~ Psalm 34:15
9:30 Sunday Service in the Chapel 27 	Kira's Back from Vacation 28 9:30 Yahtzee in the Fireside Lounge 11:00 Seated Exercise in the Chapel with Kira 2:30 Fit Minds in the Café	10:00 Church of Niagara in the Great Room 29 11:00 Seated Exercise in the Chapel with Kira 2:30 Bowling in the Chapel	9:30 Craft Corner in the Fireside Lounge 30 11:00 Seated Exercise in the Chapel with Kira 2:00 Supportive Housing Information Session in the Chapel	September 2026 MAPLEVIEW AND EVERGREEN RECREATION CALENDAR		

All Programs are Subject to Change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Who, What, Where in the Fireside Lounge 1 11:00 Seated Exercise in the Chapel with Kira 2:30 Jeopardy in the Chapel	9:30 Craft Corner in the Fireside Lounge 2 11:00 Seated Exercise in the Chapel with Kira 2:30 BINGO in the Café	11:00 Chapel Service in the Chapel 3 1:30 Balance Training in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug.	11:00 BINGO in the Olive Branch Café 4 	 5
Happy Birthday Alice H! 6 9:30 Sunday Service in the Chapel 	9:30 Travelogue in the Fireside Lounge 7 11:00 Seated Exercise in the Chapel with Kira 2:30 Fit Minds in the Café Labor Day	9:30 Game of Luck in the Café 8 11:00 Seated Exercise in the Chapel with Kira 2:30 Documentary in the Chapel	9 11:00 Seated Exercise in the Chapel with Kira 2:30 BINGO in the Café	Kira Leaves for Vacation 10 11:00 Chapel Service in the Chapel 1:30 Balance Training in the Atrium 2:30 Tabletop Games Group in the Café 6:00 Movie Night in the Chapel	11 11:00 BINGO in the Olive Branch Café  Rosh Hashanah Begins	12 <i>For by grace, you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.</i> ~ Ephesians 2:8-9
13 9:30 Sunday Service in the Chapel  Grandparents Day Grandparents Day	14 9:30 Bible Trivia in the Fireside Lounge 11:00 Seated Exercise in the Chapel with Katie 2:30 Fit Minds in the Café	15 9:30 Brain Games in the Café 11:00 Seated Exercise in the Chapel with Katie 2:30 Hymn Sing in the Chapel	16 9:30 Java Music in the Fireside Lounge 11:00 Seated Exercise in the Chapel with Katie 2:30 BINGO in the Café	17 11:00 Chapel Service in the Chapel 1:30 Balance Training in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug.	Happy Birthday Estelle! 18 11:00 BINGO in the Olive Branch Café 	19  Oktoberfest Begins
20 9:30 Sunday Service in the Chapel  Yom Kippur Begins	21 11:00 Seated Exercise in the Chapel 	22 9:30 Trivia in the Café 11:00 Seated Exercise in the Chapel with Katie 2:30 Baking Program with Katie in the Café Autumn Begins	23 9:30 Horse Races in the Café 11:00 Seated Exercise in the Chapel with Katie 2:30 BINGO in the Café	24 11:00 Chapel Service in the Chapel 1:30 Balance Training in the Atrium 2:30 Tabletop Games Group in the Café	25 11:00 BINGO in the Olive Branch Café  Sukkot Begins	Happy Birthday Anita! 26 <i>The eyes of the Lord are toward the righteous and his ears toward their cry.</i> ~ Psalm 34:15
27 9:30 Sunday Service in the Chapel 	Kira's Back from Vacation 28 9:30 Yahtzee in the Fireside Lounge 11:00 Seated Exercise in the Chapel with Kira 2:30 Fit Minds in the Café	10:00 Church of Niagara in the Great Room 29 11:00 Seated Exercise in the Chapel with Kira 2:30 Bowling in the Chapel	Happy Birthday Kaethe! 30 9:30 Craft Corner in the Fireside Lounge 11:00 Seated Exercise in the Chapel with Kira 2:00 Supportive Housing Information Session in the Chapel	September 2026 SPRUCE LANE RECREATION CALENDAR		

All Programs are Subject to Change.