

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am News & Views 10:45am Music Therapy with Sam 11:00am Walks & Talks 2:30pm BINGO	2 9:30am Noodle Ball 11:00am Church (GR) 2:30pm Cupcake Decorating Class (GR)	3 9:30am Exercise 11:00am Virtual Chapel 2:30pm Fun in the Sun!	4 9:30am Chair Yoga 11:00am Drum fit! 2:00pm Laundry Folding 2:30pm Flower Arranging Class (GR)	5 9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Movie Matinee (GR)
6 9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities	7 10:00am Exercise 10:45am Bingo (GR) 2:30pm Board Games 4:00pm Sing Along	8 9:30am Back To School 11:00am Walks & Talks 2:30pm BINGO	9 9:30am Noodle Ball 11:00am Church (GR) 3:00pm About John Travolta	10 9:30am Exercise 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:30pm Men's Group (GR) 2:30pm Fun in the Sun!	11 9:30am Chair Yoga 10:30am Euchre (GR) 11:00am Jeopardy 2:00pm Laundry Folding 2:30pm Tovertafel!	12 9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Travelling Activities
13 9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities	14 10:00am Exercise 10:45am Bingo (GR) 2:30pm Board Games 4:00pm Sing Along	15 9:30am News & Views 10:00am Terry Fox Walk! 2:30pm BINGO 2:30pm Hymns with Germaine (GR)	16 9:30am Noodle Ball 11:00am Church (GR) 3:00pm Meditation Moment	17 9:30am Exercise 11:00am Virtual Chapel 2:30pm Fun in the Sun! 2:30pm Travelling Treats: Watermelon and Rollkuchen	18 9:30am Chair Yoga 11:00am Drum fit! 2:00pm Laundry Folding 2:30pm Tovertafel!	19 9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Travelling Activities Happy Birthday Helen!
20 9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities	21 10:00am Exercise 10:45am Bingo (GR) 2:00pm Sewing Group 2:30pm Board Games 4:00pm Sing Along	22 9:30am News & Views 11:00am Walks & Talks 2:30pm BINGO First Day of Fall!	23 9:30am Noodle Ball 11:00am Church (GR) 2:30pm Fall Painting	24 9:30am Exercise 11:00am Virtual Chapel 2:00pm Music with Mendelt (GR)	25 9:30am Chair Yoga 11:00am Catholic Mass (GR) 2:00pm Laundry Folding 2:30pm Tovertafel!	26 9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Fall Movie Matinee(GR) Happy Birthday Karen!
27 9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities Oktoberfest Week	28 10:00am Exercise 10:45am Bingo (GR) 3:00pm Germany Trivia 4:00pm Sing Along Oktoberfest Week	29 9:30am About Oktoberfest 11:00am Walks and Talks 2:30pm September Birthday Party! (GR) Oktoberfest Week	30 9:45am Pretzel Crafts 11:00am Church (GR) 3:00pm Noodle Ball Oktoberfest Week			

Programs subject to change.

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:30am News & Views 11:00am Outdoor Strolls 2:30pm Manicures Happy Birthday Yvonne!	10:00am Church Service (GR) 11:15am Colouring Group 2:30pm Cupcake Decorating Class (GR) 6:00pm Reading Group	9:30am Heart Beats Club 11:00am Virtual Chapel 1:30pm Laundry Folding 2:30pm Bingo!	9:30am Balloon Ball 11:00am 5 Clues: What job is it? 2:30pm Flower Arranging Class (GR)	9:30am Chair Yoga 11:00am Rick Steves Travelogue! 1:30pm Movie Matinee (GR)
6	7	8	9	10	11	12
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	9:30am Exercise 10:45am Bingo (GR) 2:30pm Remembering 1970's Hits	9:30am News & Views 11:00am Outdoor Strolls 2:00pm Tuesday Blowouts & Curls!	10:00am Church Service (GR) 11:15am Colouring Group 2:30pm Bingo! 6:00pm Tovertafel Time! Happy Birthday Susan M!	9:30am Heart Beats Club 10:15am Residents Council (GR) 11:00am Virtual Chapel 1:30pm Laundry Folding 2:30pm Fall Baking 2:30pm Men's Group (GR)	9:30am Balloon Ball 10:30am Euchre (GR) 11:00am September Can You Picture This? 2:30pm Fall Craft	9:30am Chair Yoga 11:00am Rick Steves Travelogue! 2:00pm Travelling Activities!
13	14	15	16	17	18	19
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	9:30am Music Therapy with Sam 10:45am Bingo (GR) 2:30pm Travelogue: Meet me in Montreal! Happy Birthday Ellen!	10:00am Terry Fox Walk! 2:30pm Hymns with Germaine (GR)	10:00am Church Service (GR) 11:15am Colouring Group 2:30pm Bingo! 6:00pm Card Games	9:30am Heart Beats Club 11:00am Virtual Chapel 1:30pm Laundry Folding 2:30pm Travelling Treats: Watermelon and Rollkuchen	9:30am Balloon Ball 11:00am Painting 2:30pm Horse Races	9:30am Chair Yoga 11:00am Rick Steves Travelogue! 2:00pm Travelling Activities!
20	21	22	23	24	25	26
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	9:30am Exercise 10:45am Bingo (GR) 2:00pm Sewing Group 2:30pm German Jeopardy Trivia! Oktoberfest Week!	9:30am All About Oktoberfest! 11:00am Outdoor Strolls 2:30pm Pretzel Crafts First Day of Fall! Oktoberfest Week!	10:00am Church Service (GR) 11:15am Oktoberfest Colouring Group! 2:30pm Bingo! 6:00pm Reading Group Oktoberfest Week!	9:30am Heart Beats Club 11:00am Virtual Chapel 1:30pm Laundry Folding 2:00pm Music with Mendelt (GR) Oktoberfest Week!	9:30am Balloon Ball 11:00am Catholic Mass (GR) 2:30pm Oktoberfest Social! (GR) Oktoberfest Week!	9:30am Chair Yoga 11:00am Rick Steves Travgelogue! 1:30pm Fall Movie Matinee(GR)
27	28	29	30			
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	9:30am Exercise 10:45am Bingo (GR) 2:30pm Manicures	9:30am News & Views 11:00am Outdoor Strolls 2:30pm September Birthday Party! (GR)	10:00am Church Service (GR) 11:15am Colouring Group 2:30pm Bingo! 6:00pm Tovertafel Time! Happy Birthday Frieda F!			

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am Music Therapy with Sam 11:00am Monthly Gazette 2:00pm Laundry Folding	2 10:00am Church (GR) 11:15am Fun in the Sun 2:30pm Cupcake Decorating Class (GR)	3 9:30am News and Views 11:00am Virtual Chapel 3:00pm Connections Word Game	4 10:00am Tovertafel Time! 11:00am Scattergories 2:30pm Flower Arranging Class (GR)	5 9:30am Rick Steves Travelogue 11:00am Balloon Ball 1:30pm Movie Matinee (GR)
6 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	7 9:30am Balloon Ball 10:45am Bingo (GR) 3:00pm Would You Rather? Labor Day Edition 6:00pm One to One Visits	8 9:30am Exercise 2:00pm Laundry Folding 3:00pm Finish The Line	9 10:00am Church (GR) 11:15am Fun in the Sun 2:30pm Bingo!	10 9:30am News and Views 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:30pm Men's Group (GR)	11 10:00am Tovertafel Time! 10:30am Euchre (GR) 11:00am Trivia! 3:00pm Walks and Talks	12 9:30am Rick Steves Travelogue 11:00am Balloon Ball 2:00pm Travelling Activites
13 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	14 9:30am Balloon Ball 10:45am Bingo (GR) 3:00pm Target Practice 6:00pm One to One Visits	15 9:30am Exercise 10:00am Terry Fox Walk! 2:00pm Laundry Folding 2:30pm Hymns with Germaine (GR)	16 10:00am Church (GR) 11:15am Fun in the Sun 2:30pm Bingo!	17 9:30am News and Views 11:00am Virtual Chapel 2:30pm Watermelon and Rollkuchen Social (GR)	18 10:00am Tovertafel Time! 11:00am Scattergories 3:00pm Walks and Talks	19 9:30am Rick Steves Travelogue 11:00am Balloon Ball 2:00pm Travelling Activites
20 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	21 9:30am Balloon Ball 10:45am Bingo (GR) 6:00pm One to One Visits	22 9:30am Exercise 11:00am Baking 2:00pm Laundry Folding 2:30pm Oktoberfest Social	23 10:00am Church (GR) 11:15am Fun in the Sun 2:30pm Bingo!	24 9:30am News and Views 11:00am Virtual Chapel 2:00pm Music with Mendelt (GR)	25 10:00am Tovertafel Time! 11:00am Catholic Mass (GR) 11:00am Trivia! 3:00pm Walks and Talks	26 9:30am Rick Steves Travelogue 11:00am Balloon Ball 1:30pm Fall Movie Matinee(GR)
27 9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	28 9:30am Balloon Ball 10:45am Bingo (GR) 3:00pm Target Practice 6:00pm One to One Visits	29 9:30am Exercise 11:00am Travelogue: Montreal 2:00pm Laundry Folding 2:30pm September Birthday Party! (GR)	30 10:00am Church (GR) 11:15am Fun in the Sun 2:30pm Bingo!			

GR- Great Room

September 2026

Programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:30am Exercise 11:00am Walk and Talk 3:00pm Travelogue Destination: Montreal	9:30am Exercise 11:00am Church (GR) 1:30pm Laundry Folding 2:30pm Cupcake Decorating Class (GR)	9:30am Exercise 11:00am Virtual Chapel 3:00pm Board Games	9:30am Balloon Ball 2:30pm BINGO 2:30pm Flower Arranging Class (GR) 6:00pm Colouring Group Happy Birthday Shirley !	10:00am Balloon Ball 1:30pm Movie Matinee (GR) 3:00pm Travelling Activity Cart Happy Birthday Don !
6	7	8	9	10	11	12
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	9:30am Exercise 10:45am Bingo (GR) 3:00pm 1970s Trivia	9:30am Exercise 10:30am Baking: Jam Filled Butter Cookies Happy Birthday Doreen ! 3:00pm Social Hour	9:30am Exercise 11:00am Church (GR) 1:30pm Laundry Folding 3:00pm Remembering old time advertisements & Jingles	9:30am Exercise 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:30pm Men's Group (GR) 3:00pm 70s TV Character Guess Who?	9:30am Balloon Ball 10:30am Euchre (GR) 11:00am Name 10 2:30pm BINGO Happy Birthday Blanche!	10:00am Balloon Ball 3:00pm Travelling Activity Cart
13	14	15	16	17	18	19
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	9:30am Exercise 10:45am Bingo (GR) 3:00pm Crazy Quilt	9:30am Exercise 10:00am Terry Fox Walk! 2:30pm Hymns with Germaine (GR) Happy Birthday Barbara B !	9:30am Exercise 11:00am Church (GR) 1:30pm Laundry Folding 3:00pm How Many Words?	9:30am Exercise 11:00am Virtual Chapel 2:30pm Travelling Treats: Watermelon and Rollkuchen	9:30am Balloon Ball 11:00am Reading Group 2:30pm BINGO 6:00pm Tovertafel Time	10:00am Balloon Ball 3:00pm Travelling Activity Cart
20	21	22	23	24	25	26
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	9:30am Exercise 10:45am Bingo (GR) 2:00pm Sewing Group 3:00pm Manicures	9:30am Exercise 11:00am Outdoor Strolls 2:30pm Arts & Crafts Happy Birthday Pat !	9:30am Exercise 11:00am Church (GR) 1:30pm Laundry Folding 3:00pm Jeopardy Happy Birthday Ivon !	9:30am Exercise 11:00am Virtual Chapel 2:00pm Music with Mendelt (GR)	9:30am Balloon Ball 11:00am Catholic Mass (GR) 2:30pm Oktoberfest Social! (GR) 6:00pm One to One Visits	10:00am Balloon Ball 1:30pm Fall Movie Matinee(GR)
27	28	29	30			
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	9:30am Music Therapy with Sam 10:45am Bingo (GR) 3:00pm Horse Races	9:30am Exercise 11:00am Painting 2:30pm September Birthday Party! (GR)	9:30am Exercise 11:00am Church (GR) 1:30pm Laundry Folding 3:00pm Card Games			

September 2026

*Programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:30am Exercise 11:00am Outdoor Strolls 3:00pm Reading Group!	9:30am Exercise 11:00am Church (GR) 2:30pm Cupcake Decorating Class (GR)	9:30am Slideshow! 11:00am Virtual Chapel 2:30pm Bingo	9:30am Exercise 11:00am What Job is it? 2:30pm Flower Arranging Class (GR)	9:30am Exercise 1:30pm Movie Matinee (GR) 3:00pm Travelling Activity Cart!
6	7	8	9	10	11	12
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	9:30am Exercise 10:45am Bingo (GR) 2:00pm Laundry Folding 3:00pm Discovery Sensory Bottles	9:30am Exercise 11:00am Outdoor Strolls 3:00pm Crazy Quilt	9:30am Exercise 11:00am Church (GR) 3:00pm PANT!	9:30am Exercise 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:30pm Men's Group (GR) 3:00pm Manicures	9:30am Exercise 10:30am Euchre (GR) 11:00am Word Games! 2:30pm Bingo	9:30am Exercise 3:00pm Travelling Activity Cart!
13	14	15	16	17	18	19
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	9:30am Exercise 10:45am Bingo (GR) 10:45am Music Therapy with Sam 2:00pm Laundry Folding 3:00pm Pondering Prompts	9:30am Exercise 10:00am Terry Fox Walk! 2:30pm Hymns with Germaine (GR) 3:00pm Reading Group!	9:30am Exercise 11:00am Church (GR) 3:00pm Trivia	9:30am Exercise 11:00am Virtual Chapel 2:30pm Travelling Treats: Watermelon and Rollkuchen	9:30am Exercise 11:00am Bean Bag Toss 2:30pm Bingo	9:30am Exercise 3:00pm Travelling Activity Cart! Happy Birthday Ruslan!
20	21	22	23	24	25	26
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	9:30am Exercise 10:45am Bingo (GR) 2:00pm Sewing Group 2:00pm Laundry Folding 3:00pm Horse Races	9:30am Exercise 11:00am Outdoor Strolls 3:00pm Wheel of Fortune	9:30am Exercise 11:00am Church (GR) 2:30pm Travelogue	9:30am Exercise 11:00am Virtual Chapel 2:00pm Music with Mendelt (GR)	9:30am Exercise 11:00am Catholic Mass (GR) 2:30pm Oktoberfest Social! (GR)	9:30am Exercise 1:30pm Fall Movie Matinee (GR) 3:00pm Travelling Activity Cart!
27	28	29	30			
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart! Happy Birthday Helen T!	9:30am Exercise 10:45am Bingo (GR) 2:00pm Laundry Folding 3:00pm Name 10	9:30am Exercise 11:00am Outdoor Strolls 2:30pm September Birthday Party! (GR)	9:30am Exercise 11:00am Church (GR) 3:00pm Hockey			

GR- Great Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11:00 Hymn Sing with Stephen (AV Lounge) 2:00 Bible Study (OV Chapel) 6:00 Dominoes (AV Lounge)	2 10-10:45 Table Games (AV Lounge) 1:00-3:00 Craft/knitting Group (CV Link) 6:00 Bingo (OV Chapel)	3 11:00 Chapel Service (OV Chapel)	4 10-10:45 Table Games (AV Lounge) 6:00 Games Night (OV Chapel)	5
6 10-10:45 Table Games (AV Lounge) 2:00 Bingo (OV Chapel)	7 10-10:45 Table Games (AV Lounge) 2:00 Bingo (OV Chapel) Labor Day	8 11:00 Travel to Montreal (AV Lounge) 2:00 Bible Study (OV Chapel) 6:00 Dominoes (AV Lounge)	9 10-10:45 Table Games (AV Lounge) 1:00-3:00 Craft/knitting Group (CV Link) 6:00 Bingo (OV Chapel)	10 11:00 Chapel Service (OV Chapel)	11 10-10:45 Table Games (AV Lounge) 6:00 Games Night (OV Chapel) Rosh Hashanah Begins	12
13 10-10:45 Table Games (AV Lounge) 2:00 Bingo (OV Chapel) Grandparents Day	14 10-10:45 Table Games (AV Lounge) 2:00 Bingo (OV Chapel)	15 11:00 Hymn Sing with Stephen (AV Lounge) 10:00-11:30 Terry Fox Walk (Main Office) 2:00 Bible Study (OV Chapel) 6:00 Dominoes (AV Lounge)	16 10-10:45 Table Games (AV Lounge) 1:00-3:00 Craft/knitting Group (CV Link)	17 11:00 Chapel Service (OV Chapel)	18 10-10:45 Table Games (AV Lounge) 2:00 Line Dancing Lesson with Suzanne! (CV Link) 5:30 Pizza & Games Night (OV Chapel)	19 Oktoberfest Begins
20 10-10:45 Table Games (AV Lounge) 2:00 Bingo (OV Chapel) Yom Kippur Begins	21 10-10:45 Table Games (AV Lounge) 2:00 Bingo (OV Chapel)	22 11:00 Trivia (AV Lounge) 2:00 Bible Study (OV Chapel) 6:00 Dominoes (AV Lounge) Autumn Begins	23 10-10:45 Table Games (AV Lounge) 10:00-12:00 NOTL Library Pop-up (CV Link) 1:00-3:00 Craft/knitting Group (CV Link) 6:00 Bingo (OV Chapel)	24 11:00 Chapel Service (OV Chapel) 1:00 Music with Mendelt (OV Chapel)	25 10-10:45 Table Games (AV Lounge) 6:00 Games Night (OV Chapel) Sukkot Begins	26 6:30 Birthday Party (CV Link)
27 10-10:45 Table Games (AV Lounge) 2:00 Bingo (OV Chapel)	28 10-10:45 Table Games (AV Lounge) 2:00 Bingo (OV Chapel)	29 10:00 Supportive Housing Info Session (OV Chapel) 2:00 Bible Study (OV Chapel) 6:00 Dominoes (AV Lounge)	30 10-10:45 Table Games (AV Lounge) 1:00-3:00 Craft/knitting Group (CV Link) 6:00 Bingo (OV Chapel)	September 2026 Pleasant Manor Tenants		