

Radiant Care Tabor Manor

Tabor Times

August 2026

WE REMEMBER...

Parania Jarzyna
Mollie Morris

WE WELCOME...

Mary Burdon
Linda Hallett
Fernando Godinho
Flora Denbok
Margarita "Rita" Willms

CELEBRATING THE BIRTHDAYS OF...

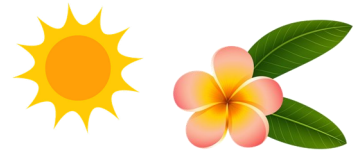
Anayes Tchakerian
Chantal Jones
Nancy Roorda
Irene Bodorkos
Chris Smith
Enrico Vendittelli
Mabel Barnard
Red Salomons
Margaret Pfeffer
Erna Hubert

July BBQ Brings Residents Together

July was filled with sunshine, laughter, and delicious food as residents from each home area were treated to a special BBQ lunch. Although the weather and poor air quality presented some challenges, they didn't stop us from enjoying the classic BBQ favourites, refreshing drinks, and sweet treats together.

A heartfelt thank you to our Dietary, Recreation, and Nursing department staff for helping make each BBQ a success.

We look forward to creating more summer memories together! This month we're planning a peach social, be sure to check your home area's activity calendars for dates and details.



I wanted to take a moment to introduce myself. My name is Clara Rigas. I am excited to join the Tabor Manor Radiant Care team and look forward to getting to know our residents, tenants, families and staff. My passion is creating a safe, welcoming, and comfortable environment where residents and tenants can enjoy nutritious, high-quality meals and clean, well-maintained surroundings that support their health and well-being.

In my role, I oversee the Dietary, Housekeeping and Laundry Services, working closely with our dedicated teams to ensure excellence in dining, housekeeping, and laundry services. I believe that every meal, every interaction, and every detail contribute to making our home a place where residents and tenants are valued and cared for.

Outside of work, I enjoy spending time with family and friends, exploring new recipes, and staying active. I bring with me over 13 years of long-term care experience and over 20 years in the hospitality industry. I am grateful for the warm welcome I have received and look forward to being a part of this wonderful community.



**Birthday Party
& Peach Social**
with musical guests
Double Treble Duo
Wednesday, August 19th
at 2:30 pm
in the Great Room



Recreation Note—Tayte Hagey

Hi Everyone!

My name is Tayte. I am a Therapeutic Recreation student at Brock University. I have had the pleasure of doing my internship here at Tabor Manor.

As part of one of my school assignments, I created and led a program called *Think Tank Treasures!* The program took place on RHA 1 from June 7th to July 5th and brought together 4-6 residents each week for an hour for a cognitive activity-based discussion group designed to encourage thinking, problem-solving, reminiscing, conversation and having fun together.

Having the opportunity to conduct *Think Tank Treasures!* allowed me to practice my assessment, planning and evaluation skills, which are necessary to be a great Therapeutic Recreationist. More rewarding was successfully bringing people together to learn and enjoy other's company in a fun way. Thank you to the residents for welcoming me and supporting me during my learning and achieving my academic goals. I truly enjoy being part of the Tabor community.

What Should I say when I pray?

I once I had the chance to speak to Billy Graham when I was a teenager. I froze at the mouth! I didn't know what to say! There have been many times when I didn't know what to say when I prayed to the Lord either! We may be tempted to think that there are magic formulas to use that will really 'sway' God's favor and 'work' for us.

However, the Bible tells us not to try and 'conjure' God up with fancy, 'religious' phrases. Jesus said;

"And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words. 8 Do not be like them, for your Father knows what you need before you ask Him.' (Matthew 6:7-8)

Jesus is clear, when we pray; don't put on airs, don't pretend, just be yourself! That's why C.S. Lewis stated; "The prayer that precedes all other prayer is, may the real me meet the real you."

Jesus invites us to come to Him with open honest integrity in prayer, believing that He hears us, and will answer us! He said, 'Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.' (Matt. 7:7)

It's wonderful to know that those who pray to the Lord with honesty can be assured that He will respond to them, as Jesus said; 'Until now you have asked nothing in My name. Ask, and you will receive, that your joy may be full!' (John 16:24)

1 John 5:14-15 gives us renewed hope when it states; 'And this is the confidence that we have toward Him, that if we ask anything according to His will He hears us. And if we know that He hears us in whatever we ask, we know that we have the requests that we have asked of Him.'

No wonder then, that the apostle Peter also encouraged us to; 'Cast all your anxieties on Him, because He cares for you.' (1 Peter 5:7) The Lord knows, cares and answers us! Is there any doubt?

Friend, be encouraged today; Jesus is ready to meet you in prayer! Open up your heart to the Lord who loves you...He's listening!

Remember

*Make sure it's the 'real you' when you pray...the 'Real God' is listening...
and He will answer you!*

Pastor Jim

August 2026

Spruce Lane Star

Radiant Care Tabor Manor | 1 Tabor Dr., St. Catharines | 905-934-2548



July Birthdays

Flora – August 17th

Upcoming Events

August 6th/20th – Coffee Hour:

Join Scott Street Church in the Café at 2:30pm to enjoy some coffee & conversation!

August 4th – Chapel Service:

Join us in the Great Room at 10:00am for a morning of music!

August 4th – Summer Social:

Join us in the Evergreen/Mapleview Courtyard at 2:30pm to enjoy some conversation and treats!

August 6th – Dinner & Movie Night:

Join us in the Chapel at 6:00pm for a movie!

August 18th – Documentary:

Join us in the Chapel at 2:00pm for an afternoon of faith!

August 19th – Bus Outing:

Join us for scenic drive and ice cream!

Sign up Required.

August 25th – Hymn Sing:

Join us in the Chapel at 2:30pm for time of singing and worship!

Daily Bread: *The Way Wisdom Works*

They held the king in awe, because they saw that he had wisdom from God to administer justice. 1 Kings 3:28

As a child, I brought home a report card with all S's, which stood for Satisfactory. My sister, who was five years older than me, had a mixture of A's and B's. I thought our report cards proved I was smarter because I had what I thought was the equivalent of all A's. My older brother then proceeded to offer us a test. He went to my parents' bookshelf and pulled out a book. He asked me to read a passage. I stumbled, only recognizing a few words. My sister read the passage flawlessly. My brother declared her the smartest.

Lesson learned. His test proved to be wise.

The people in Israel learned a lesson on wisdom from King Solomon. Two women had delivered babies. One baby died when his mother accidentally "lay on him" (1 Kings 3:19). This mother then tried to claim the living baby as her own. The women went to Solomon to ask who should keep the baby. When he heard the complaint, he ordered that the living baby be cut in two so both women could have a half of the child (v. 25).

The woman who was not the mother agreed to this order, but the true mother said, "Give her the living baby! Don't kill him!" (v. 26). When she spoke up to save the child, Solomon ruled that she was the mother and said to give her the baby (v. 27). Solomon's God-given wisdom was on full display.

As God helps us, our actions can show others the true wisdom that comes from Him too (Proverbs 2:6).

As King Solomon began his reign, "The Lord appeared to [him] during the night in a dream" and told him, "Ask for whatever you want" (1 Kings 3:5). He asked for "a discerning heart to govern [God's] people" (v. 9). God granted his request (3:10-14; 4:29-34), and he began well (3:28). Yet his personal life became a shambles due to his habit of marrying women who practiced other religions (11:2). He "loved many foreign women" (v. 1) and "as [he] grew old, his wives turned his heart after other gods" (v. 4). Despite what God had given him, he disregarded his own wisdom. Today, we can ask God to direct our paths and help us walk in the way of wisdom.

Pizza and Movie

Join us on August 6th in the chapel at 5:00pm for a pizza dinner, while we watch “The Great Sheep Detectives” a comedic murder mystery. Sign up can be found in the Olive Branch Café Until end of day on August 5th.



All are Welcome!

Bus Outing

Join us in the evening on August 19th for a scenic drive around Niagara on the Lake with a stop for ice cream on the way.

The sign-up will be posted in the Olive Branch Café the week prior.

Dot-to-dot #1

Connect the numbered dots 1–89.

