

Sunday

Monday

Tuesday

Wednesday

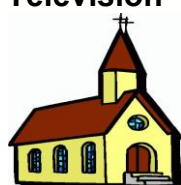
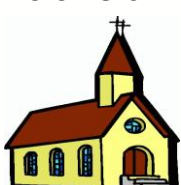
Thursday

Friday

Saturday

August 2026

RHA 1 RECREATION CALENDAR

August 2026 RHA 1 RECREATION CALENDAR						Morning: Exercise Afternoon: 2:00 Card Games 
9:00 Church Service on Television 	2 Morning: 9:30 Exercise 10:00 Fit Minds Afternoon: 2:00 Outdoor Strolls* 3:00 Word Games	3 Morning: 10:00 Morning of Music with Glenridge Bible Church in Great Room Afternoon: 2:30 Travelogue: The Everglades	4 Morning: 9:30 Exercise 10:00 Giant Crossword 10:30 Pet Visits with Aussie Afternoon: 2:00 Music with Mendelt	5 Morning: 9:30 Exercise 10:00 Ladder Ball 11:30 BBQ Lunch in Courtyard Afternoon: 2:30 Fit Minds 	6 Morning: 9:45 BINGO! 11:45 Lunchtime Serenades with Marg Afternoon: 2:30 Picture Frame Craft 	7 Morning: Exercise Afternoon: 2:00 Word Games 
9:00 Church Service on Television 	9 Morning: 9:30 Exercise 10:00 Card Games Afternoon: 2:30 Bowling 3:00 Outdoor Strolls* 	10 Morning: 9:15 Chapel Service with Don 9:45 Exercise 10:15 Fit Minds Afternoon: 2:30 Java Music Club 	11 Morning: 9:30 Exercise 10:00 Baking Group: Afternoon: 2:00 Outdoor Strolls* 3:00 Junk Drawer Detective 6-8pm Sightseeing Bus Trip *Sign Up Required	12 Happy Birthday Chris. S! Morning: 9:45 BINGO! Afternoon: 2:30 Fit Minds 	13 Morning: 9:30 Exercise 10:00 Roman Catholic Mass 10:15 Good News Corner Afternoon: 2:30 Game of Luck	14 Morning: Exercise Afternoon: 2:00 Manicures 
9:00 Church Service on Television 	16 Morning: 9:30 Exercise 10:00 Hymn Sing Along 10:00 Food Committee Meeting in GR Afternoon: 2:00 Craft Corner: Making Suncatchers	17 Morning: 9:15 Chapel Service with Don 9:45 Exercise 10:15 Fit Minds Afternoon: 2:30 Bocce Ball	18 Happy Birthday Maggie! Morning: 9:30 Exercise 10:00 Giant Crossword 10:30 Pet Visits with Aussie Afternoon: 2:30 Peach Social Birthday Party with Double Treble Duo in Great Room	19 Morning: 9:30 Exercise 10:00 Afternoon: 2:30 Fit Minds 6-8pm Sightseeing Bus Trip *Sign Up Required	20 Morning: 9:45 BINGO! Afternoon: 2:30 Card Games 	21 Morning: 9:30 Exercise 10:00 Morning at the Movies Afternoon: 2:30 Sunshine Visits* 
9:00 Church Service on Television 	23 Morning: 9:30 Exercise 10:15 Book Club on RHA 1 Afternoon: 2:00 Outdoor Strolls* 3:00 Bowling	24 Morning: 9:15 Chapel Service with Don 9:45 Exercise 10:15 Fit Minds 10:30 Resident's Council in GR Afternoon: 2:30 Painting Group	25 Morning: 9:30 Exercise 10:00 Game of Luck Afternoon: 2:30 Iced Tea Social 	26 Morning: 9:30 Exercise 10:00 Afternoon: 1:00 Balloon Tennis 2:00 Fit Minds 4:30 Dinner and Movie *sign-up required	27 Morning: 9:45 BINGO! Afternoon: Friendly Visits 	28 Morning: 10:00 Exercise 10:30 Sunshine Visits* Afternoon: 2:00 UNO 
9:00 Church Service on Television 	30 Morning: 9:30 Exercise 10:00 Wheel of Fortune Afternoon: 2:30 Creative Craft 	 "Breathe the sweetness that hovers in August" -Denise Levertov 				

ALL PROGRAMS ARE SUBJECT TO CHANGE *weather permitting **bus trips limited space sign-up required

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

RHA 2 RECREATION CALENDAR

August 2026 RHA 2 RECREATION CALENDAR												Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Trivia Afternoon 2:30 Sunflower Painting 1
Church on Television 9:00 – 11:00 	2 HAPPY BIRTHDAY CHANTAL Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Monthly Gazette and Tabor Times Afternoon 2:30 CIVIC DAY SOCIAL	3 HAPPY BIRTHDAY NANCY & IRENE B. Morning 9:15 Exercise 10:00 Morning of Music with Glenridge Bible Church in Great Room Afternoon 2:30 Fit Minds	4 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Aussie Visits Afternoon 2:30 Rummikub Group 	5 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 JAVA MUSIC Afternoon 2:30 Fit Minds	6 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Card Games Afternoon 2:30 	7 Morning 9:15 Daily Bread Group 9:30 Exercise Afternoon 2:30 UNO						
Church on Television 9:00 – 11:00 	9 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Spelling Bee Afternoon 2:30 Baking Group	10 Morning 9:15 Exercise 9:45 Chapel Service with Don 10:15 Trivia Afternoon 2:30 Fit Minds	11 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Manicures Afternoon 2:30 Craft Corner 6:00 – 8:00 Bus Outing * 	12 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Wheel of Fortune Afternoon 2:30 Fit Minds	13 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Roman Catholic Mass 11:00 Marg Serenades Afternoon 2:30 	14 Morning 9:15 Daily Bread Group 9:30 Exercise Afternoon 2:30 Outdoor Strolls	15					
Church on Television 9:00 – 11:00 	16 HAPPY BIRTHDAY RED S. Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Food Committee Meeting in GR Afternoon 2:30 Painting Group	17 Morning 9:15 Exercise 9:45 Chapel Service with Don 10:15 Friendly Feud Afternoon 2:30 Fit Minds 5:30 Ron Sings	18 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Aussie Visits Afternoon 2:30 Peach Social Birthday Party with Double Treble Duo in Great Room 	19 HAPPY BIRTHDAY ERNA H. Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Finish the Line Afternoon 2:30 Fit Minds 6:00 – 8:00 Bus Outing*	20 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 UNO Afternoon 2:30 	21 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Word Games Afternoon 2:30 Movie Matinee	22					
Church on Television 9:00 – 11:00 	23 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Word Game 10:15 Book Club on RHA 1 Afternoon 2:30 Good News Corner	24 Morning 9:15 Exercise 9:45 Chapel Service with Don 10:15 Scattagories 10:30 Resident Council Meeting Afternoon 2:30 Fit Minds	25 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Armchair Travels: Florida Afternoon 2:30 Craft Corner 	26 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Would You Rather Afternoon 2:30 Fit Minds 4:30 Dinner and Movie *sign-up required	27 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Card Games Afternoon 2:30 	28 Morning: 9:15 Daily Bread Group 9:30 Exercise Afternoon: 3:00 Sunshine Visits* 	29					
Church on Television 9:00 – 11:00 	30 Morning 9:15 Daily Bread Group 9:30 Exercise 10:00 Trivia Afternoon 2:30 Reading Circle 5:30 Card Game	31 “Breathe in the sweetness that hovers in August” – Denise Levertov 										

ALL PROGRAMS ARE SUBJECT TO CHANGE.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

RHA 3 RECREATION CALENDAR

August 2026 RHA 3 RECREATION CALENDAR							Morning: 10:00 Exercise Afternoon: 2:15 Monthly Gazette 
Church Service on the Television 	2 Morning: 9:30 Exercise 10:00 Canada Trivia  Afternoon: 2:15 Montessori Activities 3:00 Horse Races	3 Morning: 10:00 Morning of Music with Glenridge Bible Church in Great Room 10:15 One to one visits  Afternoon: 2:30 Elfer Raus!	4 Morning: 9:30 Price is Right 10:30 Painting Group  Afternoon: 3:00 Parachute Game	5 Morning: 9:45 Exercise 10:30 Fit Minds  Afternoon: 2:15 Manicures 3:00 Hymn Singalong	6 Morning: 9:30 Bingo  Afternoon: 2:30 Colouring Group 3:00 Poems and readings	7 Morning: 10:00 Brain Games 10:30 Nature Documentary Afternoon: 2:30 UNO 	
Church Service on the Television 	9 Morning: 9:30 Exercise 10:00 Yahtzee  Afternoon: 2:30 Finish the Line 3:15 Daily Bread Group	10 Morning: 9:30 Baking Group  Afternoon: 2:30 High Tea	11 Morning: 9:30 Java Music Club 10:30 Pet visits with Aussie  Afternoon: 2:30 Arts and Crafts 6-8pm Bus Outing*	12 Morning: 9:15 Chapel with Don 9:45 Exercise 10:30 Fit Minds  Afternoon: 3:00 Name that Tune	13 Morning: 9:30 Bingo 10:00 Roman Catholic Mass  Afternoon: 3:00 Reading Circle	14 Morning: 10:00 Jeopardy  Afternoon: 2:15 Ball Toss	
Church Service on the Television 	16 Happy Birthday Mabel! Morning: 9:30 Exercise 10:00 Food Committee Meeting in GR  Afternoon: 2:30 Sunflower Paintings	17 Morning: 9:30 Balloon Tennis 10:30 Outdoor Strolls  Afternoon: 2:30 Flip It Card Game	18 Morning: 10:00 Morning Prayer Group  Afternoon: 2:30 Peach Social Birthday Party with Double Treble Duo in Great Room	19 Morning: 9:15 Chapel with Don 9:45 Exercise 10:30 Fit Minds  Afternoon: 2:30 Scrabble 6-8pm Bus Outing*	20 Morning: 9:30 Bingo 11:45 Serenades with Marg  Afternoon: 2:30 Bible Trivia	21 Morning: 10:00 Exercise Afternoon: 2:30 Card Games on RHA 4 	
Church Service on the Television 	23 Morning: 9:30 Exercise 10:15 Book Club on RHA 1 10:00 Name 10  Afternoon: 2:30 Trip Around the World	24 Morning: 9:30 Finish the Bible Phrase 10:30 Resident's Council Meeting  Afternoon: 3:00 Bean Bag Toss	25 Morning: 9:30 Horse Races 10:30 Pet visits with Aussie  Afternoon: 2:30 Iced Tea Social	26 Morning: 9:15 Chapel with Don 9:45 Exercise 10:30 Fit Minds  Afternoon: 2:30 Wheel of Fortune 4:30 Dinner and Movie*	27 Morning: 9:30 Bingo  Afternoon: 2:30 Montessori Activities	28 Morning: 10:00 Brain Games 10:30 Movie in the Lounge  Afternoon: 2:30 Name that Tune	
Church Service on the Television 	30 Morning: 9:30 Exercise 10:00 Alphabet Game Afternoon: 2:30 Dominoes 	31 <i>"Breathe the sweetness that hovers in August"</i> <i>-Denise Levertov</i>					

All programs are subject to change. *sign-up required

Sunday

Monday

Tuesday

Wednesday

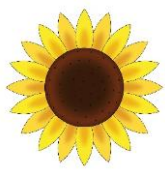
Thursday

Friday

Saturday

August 2026

RHA 4 RECREATION CALENDAR

August 2026 RHA 4 RECREATION CALENDAR										Morning: 9:30 Exercise Afternoon: 3:00 Card Game 			
Church Service on Television 	2	HAPPY BIRTHDAY ANAYES! Morning: 9:30 Exercise 10:00 Monthly Gazette and Tabor Times Afternoon: CIVIC DAY SOCIAL	3	Morning: 9:30 Exercise 10:00 Current Events 10:00 Morning of Music with Glenridge Bible Church in Great Room Afternoon: 2:30 Fit Minds 3:00 Balcony Visits	4	Morning: 9:30 Exercise 10:00 Name 10! Afternoon: 2:00 Hand Massage and Manicures 3:00 Mendelt Sings	5	Morning: 9:30 Exercise 9:45 Chapel Online 10:15 Name That Instrument Afternoon: 2:30 Fit Minds 3:00 Outdoor Strolls* 	6	Morning: 9:30 Exercise 10:00 You Be the Judge Afternoon: 2:30 BINGO	7	Morning: 9:30 Exercise Afternoon: Iced Tea Social 	8
Church Service on Television 	9	Morning: 9:30 Exercise 10:00 August Trivia Afternoon: 2:30 Hippy Day Tie Dye Craft 	10	Morning: 9:30 Exercise 10:00 Who What Where? Afternoon: 2:30 Fit Minds 3:00 Ballon Tennis 5:30 Ron Sings and Plays Piano	11	Morning: 9:30 Exercise 10:00 Scattegories 10:30 Pet Visits with Aussie Afternoon 2:30: Travelogue: The Everglades 6:00 – 8:00 Bus Outing Sign 	12	Morning: 9:30 Exercise 9:45 Chapel with Don 10:15 Bowling Afternoon: 2:30 Fit Minds	13	Morning: 9:30 Exercise 10:00 Roman Catholic Mass 10:00 Word Game Afternoon: 2:30 BINGO	14	Morning: 9:30 Exercise Afternoon: 3:00 Hymn Singalong 	15
HAPPY BIRTHDAY ENRICO! Church Service on Television 	16	Morning: 9:30 Exercise 10:00 Buzz Word Game 10:00 Food Committee Meeting in GR Afternoon: 2:30 Pineapple Gift Box Craft	17	Morning: 9:30 Exercise 10:00 Reading Circle Afternoon: 2:30 Fit Minds 3:00 Outdoor Strolls*	18	Morning: 9:30 Exercise 10:00 Bean Bag Toss Afternoon: 2:30 Peach Social Birthday Party with Double Treble Duo in Great Room 	19	Morning: 9:30 Exercise 9:45 Chapel with Don Afternoon: 2:30 Fit Minds 3:00 Snow White Story Retelling 6:00 – 8:00 Bus Outing Sign up required*	20	Morning: 9:30 Exercise 10:00 Finish the Line Afternoon: 2:30 BINGO	21	Morning: 9:30 Exercise Afternoon: 2:30 Card Game 	22
Church Service on Television  US Open Tennis Championship	23	Morning: 9:30 Exercise 10:00 Book Club on RHA 1 Afternoon: 2:30 Sunny Door Décor Craft 	24	Morning: 9:30 Exercise 10:00 Jeopardy 10:30 Resident Council Meeting in the GR Afternoon: 2:30 Fit Minds 3:00 Our Daily Bread	25	Morning: 9:30 Exercise 10:00 Wheel of fortune 10:30 Pet Visits with Aussie Afternoon: 2:30 Activate game 	26	Morning: 9:30 Exercise 9:45 Chapel with Don Afternoon: 2:30 Fit Minds 3:00 Technology Feature: Learn About Photography 4:30 Dinner and Movie *sign-up required	27	Morning: 9:30 Exercise 10:00 Would You Rather? 11:00 Marg plays Piano Afternoon: 2:30 BINGO	28	Morning: 9:30 Exercise Afternoon: BEACH DAY Scavenger Hunt 	29
Church Service on Television 	30	Morning: 9:30 Exercise 10:00 Jeopardy Afternoon: 2:30 Citrus Stamp Craft 	31	"The first week of August hangs at the very top of summer... like the highest seat of a Ferris wheel when it pauses in its turning." – Tuck Everlasting by Natalie Babbitt									

ALL PROGRAMS ARE SUBJECT TO CHANGE BUS OUTINGS AND DINNER AND A MOVIE SIGN UP REQUIRED**

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

MAPLEVIEW & EVERGREEN RECREATION CALENDAR



9:30 Sunday Service in the Chapel 	9:30 Travelogue in the Fireside Lounge 11:00 Seated Exercise in the Chapel with Kira 2:30 Fit Minds in the Café	10:00 Glen Ridge Bible Church in Great Room 11:00 Tabletop Games Group in the Café 11:00 Seated Strengthening in the Gym 1:30 Balance Training in the Atrium 2:30 Summer Social in the courtyard	11:00 Seated Exercise in the Chapel 	11:00 Chapel Service in the Chapel 1:30 Balance Training in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug. 5:00 Dinner and Movie in the Chapel	11:00 BINGO in the Olive Branch Café 	11:00 Zumba in the Chapel with Kira 
9:30 Sunday Service in the Chapel 	11:00 Seated Exercise in the Chapel 	9:30 Walking Group <i>Meet in Front Lobby</i> 11:00 Tabletop Games Group in the Café 11:00 Seated Strengthening in the Gym 1:30 Balance Training in the Atrium 2:30 Jeopardy in the Chapel	9:30 Who, What, Where in the Fireside Lounge 11:00 Seated Exercise in the Chapel with Kira 2:30 BINGO in the Café	11:00 Chapel Service in the Chapel 1:30 Balance Training in the Atrium 2:30 Craft Corner in the Fireside Lounge 5:45 Elfer Raus Card Game in the Café	10:30 Roman Catholic Communion in the Great Room 11:00 BINGO in the Café 	
9:30 Sunday Service in the Chapel 	9:30 Yahtzee in the Fireside Lounge 11:00 Seated Exercise in the Chapel with Kira 2:30 Fit Minds in the Café	9:30 Walking Group <i>Meet in Front Lobby</i> 11:00 Tabletop Games Group in the Café 11:00 Seated Strengthening in the Gym 1:30 Balance Training in the Atrium 2:30 Documentary in the Chapel	11:00 Seated Exercise in the Chapel 2:30 BINGO in the Café 6:00 Bus Outing <i>Sign Up Required</i>	11:00 Chapel Service in the Chapel 1:30 Balance Training in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug.	11:00 BINGO in the Olive Branch Café 	<i>You shall love the Lord your God with all your heart and with all your soul and with all your might.</i> ~ Deuteronomy 6:5
9:30 Sunday Service in the Chapel 	9:30 Bible Trivia in the Fireside Lounge 11:00 Seated Exercise in the Chapel with Kira 2:30 Fit Minds in the Café	9:30 Walking Group <i>Meet in Front Lobby</i> 11:00 Tabletop Games Group in the Café 11:00 Seated Strengthening in the Gym 1:30 Balance Training in the Atrium 2:30 Hymn Sing in the Chapel	11:00 Seated Exercise in the Chapel 	11:00 Chapel Service in the Chapel 1:30 Balance Training in the Atrium 2:00 Bowling in the Chapel	11:00 BINGO in the Olive Branch Café 	11:00 Zumba in the Chapel with Kira 
9:30 Sunday Service in the Chapel 	11:00 Seated Exercise in the Chapel 					Please Note: - The signup sheet for the bus outing will be posted on Wednesday August 12th - Information on the Documentary will be posted the week before. Thank you!

ALL PROGRAMS ARE SUBJECT TO CHANGE.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

SPRUCE LANE RECREATION CALENDAR



1

9:30 Sunday Service
in the Chapel



2

9:30 Travelogue in the
Fireside Lounge

11:00 Seated Exercise in the
Chapel with Kira

2:30 Fit Minds in the Café

3

**10:00 Glen Ridge Bible
Church in Great Room**

11:00 Tabletop Games Group
in the Café

11:00 Seated Strengthening in the
Gym

1:30 Balance Training in the Atrium

**2:30 Summer Social
in the courtyard**

4

11:00 Seated Exercise
in the Chapel



5

11:00 Chapel
Service in the Chapel
1:30 Balance Training in the
Atrium

2:30 Coffee Hour in the Café
Be kind to your environment. Bring
your own mug.

**5:00 Dinner and Movie
in the Chapel**

6

11:00 BINGO in the Olive
Branch Café

BINGO

7

11:00 Zumba in the
Chapel with Kira



8

9:30 Sunday Service
in the Chapel



9

11:00 Seated Exercise
in the Chapel



10

9:30 Walking Group
Meet in Front Lobby

11:00 Tabletop Games Group
in the Café

11:00 Seated Strengthening in the
Gym

1:30 Balance Training in the
Atrium

2:30 Jeopardy in the Chapel

11

9:30 Who, What,
Where in the Fireside Lounge

11:00 Seated Exercise
in the Chapel with Kira

2:30 BINGO in the Café

12

11:00 Chapel
Service in the Chapel
1:30 Balance Training in the
Atrium

2:30 Craft Corner in the
Fireside Lounge

5:45 Elfer Raus Card
Game in the Café

13

**10:30 Roman Catholic
Communion in the
Great Room**

11:00 BINGO in the Café

BINGO

14



15

9:30 Sunday Service
in the Chapel



16

Happy Birthday Flora!

9:30 Yahtzee in the
Fireside Lounge

11:00 Seated Exercise in the
Chapel with Kira

2:30 Fit Minds in the Café

17

9:30 Walking Group
Meet in Front Lobby

11:00 Tabletop Games Group
in the Café

11:00 Seated Strengthening in the
Gym

1:30 Balance Training in the Atrium

**2:00 Documentary in the
Chapel**

18

11:00 Seated Exercise
in the Chapel

2:30 BINGO in the Café

6:00 Bus Outing
Sign Up Required

19

11:00 Chapel
Service in the Chapel
1:30 Balance Training in the
Atrium

**2:30 Coffee Hour in the
Café**
Be kind to your environment. Bring
your own mug.

20

11:00 BINGO in the Olive
Branch Café

BINGO

21

*You shall love the Lord your
God with all your heart and
with all your soul and with all
your might.*

~ Deuteronomy 6:5

22

9:30 Sunday Service
in the Chapel



23

9:30 Bible Trivia in the
Fireside Lounge

11:00 Seated Exercise in the
Chapel with Kira

2:30 Fit Minds in the Café

24

9:30 Walking Group
Meet in Front Lobby

11:00 Tabletop Games Group
in the Café

11:00 Seated Strengthening in the
Gym

1:30 Balance Training in the
Atrium

2:30 Hymn Sing in the Chapel

25

11:00 Seated Exercise
in the Chapel



26

11:00 Chapel
Service in the Chapel
1:30 Balance Training in the
Atrium

2:00 Bowling in the Chapel

27

11:00 BINGO in the Olive
Branch Café

BINGO

28

11:00 Zumba in the
Chapel with Kira



29

9:30 Sunday Service
in the Chapel



30

11:00 Seated Exercise
in the Chapel



31



Please Note:

- The signup sheet for the bus outing will be posted on Wednesday, August 12th
- Information on the Documentary will be posted the week before. Thank you!

ALL PROGRAMS ARE SUBJECT TO CHANGE.