

Radiant Care Tabor Manor

Tabor Times

July 2026

Community Day Brings Everyone Together

Our recent Community Day was a wonderful success! We were fortunate to enjoy beautiful weather, which created the perfect backdrop for a day of fun, laughter, and connection.

It was truly heartwarming to see so many smiling faces as everyone enjoyed the activities, great music, great conversations, and time spend together. Events likes these remind us of the importance of coming together and creating lasting memories.

A sincere thank you to everyone who attended and to all the staff and volunteers whose hard work helped make the day so special. We look forward to many more opportunities to celebrate together!

We Remember...

Leni Welke
Helen Yeo
Stephen Lazaruk
Randee Loucks

We Welcome...

Richard Laude

CELEBRATING THE BIRTHDAYS OF...

Christine Taylor
Bud Pringle
Helen Yeo
Lois Cuda
Lewis Shedden
Nelly Vanderwerf
Winn Farmaner
Eugenie "Genie" Dahl
Isabel McQuillin
Arthur Talbot
Janna VanStarkenbrug
Ann Remnant





**TABOR MANOR
RESIDENTS
WE ARE EXCITED TO HAVE THE
MARBLE SLAB CREAMERY
ICE CREAM TRUCK
JOIN US ON
TUESDAY, JULY 7TH!**

**PLEASE PLACE YOUR ORDER
FOR FREE ICE CREAM
TREATS THROUGH
THERAPEUTIC RECREATION
AND THEY WILL DELIVER IT
TO YOU!**

FLAVOURS

CHOCOLATE | PEANUT BUTTER | VANILLA
COTTON CANDY | STRAWBERRY
CHEESECAKE | VEGAN VANILLA

Hot Weather Illness Prevention

During the hot weather, each department in the home implements a “hot weather” procedure plan to prevent and/or manage hot weather-related illness for our residents. We monitor more closely from May to September. This includes temperature monitoring, increasing hydration, avoiding being outside in an extreme heat advisory and wearing a hat and sunscreen when outside to reduce exposure to the sun.



Staff Education and Training

A big thank you to all our staff who have completed their mandatory training early. Your commitment supports the delivery of safe, high-quality care for residents.

In addition, we are proud to share that more than 150 staff members across both our long-term care homes have completed DementiAbility training. This investment in education reflects our ongoing commitment to providing exceptional, person-centred care for residents living with dementia.

This 2-day training program, founded by Gail Elliott, is an evidence-based, Montessori-inspired approach that focuses on building on the existing skills, interests, and abilities of individuals. Equipping our staff with the skills to enhance resident lives through meaningful and purposeful engagement (DementiAbility Enterprises Inc. 2016-2020).

Family Council

Are you interested in working together with others to advocate for your loved ones and improve quality of life and culture of the home? We are seeking individuals who would be interested in supporting the setup of a council.

Whether you are interested in taking on a leadership role or simply attending meetings and sharing your perspectives, your participation is valued. No special experience is required—just a commitment to supporting residents and helping our home continue to grow and improve.

If you have any questions or need assistance with the session please contact Norma Restivo at 905 934-3414 ext. 1063 or email normar@radiantcare.net.

Going All The Way! *Pastor Jim*

Cliff Young, a 61 yr. old potato farmer, won the 875km Sydney to Melbourne Ultramarathon in 1983. He did it wearing overalls and rubber boots! He ran past the professional runners, even when they slept at night. He beat the previous record by 2 days! He didn't have the right equipment. But, he had determination, an unshakable confidence, an ability to endure pain, and he never gave up!

Young showed up at the event on April 27, 1983 wearing overalls and gumboots, though he later used ten pairs of shoes during the event. His running style, like his attire, was also very unconventional, being more of a shuffle than a run. In the beginning, the other runners easily took the lead with Young and his slow shuffling style lagging behind. However, unlike the other runners, Young didn't plan on sleeping much throughout the event. Most runners planned a schedule of about 18 hours running / 6 hours sleeping. Young, however, didn't feel sleep was necessary because, as he stated;

“See, I grew up on a farm where we couldn't afford horses or four wheel drives, and the whole time I was growing up– until about four years ago when we finally made some money and got a four wheeler– whenever the storms would roll in, I'd have to go out and round up the sheep. We had 2,000 head, and we have 2,000 acres. Sometimes I would have to run those sheep for two or three days. It took a long time, but I'd catch them. I believe I can run this race; it's only two more days. Five days. I've run sheep for three.”

We might not feel we have all of the things it takes to make it through life's challenges. And Jesus said, 'without Me, you can do nothing!' (John 15:1)

Yet, 'They that wait upon the Lord, shall renew their strength! They will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary!' (Isaiah 40:31)

So, the Apostle Paul was able to say, 'I can do all things through Christ who gives me the strength!' (Phil. 4:13).

Whatever you are facing today, or tomorrow, put your faith in Jesus Christ to give you all the strength and support you need to go all the way through.

Trust in Jesus, and you can make it all the way!

July 2026

Spruce Lane Star

Radiant Care Tabor Manor | 1 Tabor Dr., St. Catharines | 905-934-2548



July Birthdays

Alice M. – July 3rd

Kay F. – July 17th

Selma – July 25th

Upcoming Events

July 2nd / 16th – Coffee Hour:

Join Scott Street Church in the Café at 2:30pm to enjoy some coffee & conversation!

July 7th – Chapel Service:

Join us in the Great Room at 10:00am for a morning of music!

July 7th – Marble Slab Ice Cream:

From 1:00pm – 4:00pm, come and grab a sweet treat at 1 Tabor Drive!

July 9th – Movie Night:

Join us in the Chapel at 6:00pm for a movie!

July 14th – Documentary:

Join us in the Chapel at 2:00pm for an afternoon of faith!

July 23rd – Lunch Bus Outing:

Join us for a lunch out at Bettys Restaurant!
Sign up Required.

July 28th – Hymn Sing:

Join us in the Chapel at 2:30pm for time of singing and worship!

Daily Bread: Shining Faces *Exodus 34:29-35*

“He has a sugar face!” our vet exclaimed as she gave our young dog his annual checkup. “A sugar face?” I asked. “It’s a term used for retrievers whose faces turn prematurely white,” she replied, smiling. “It’s just a sign of the sweetness inside.”

Reflecting on that moment later, I thought about what shows up on my face when others meet me. Do they catch a glimpse of “the sweetness inside,” the transforming power of Jesus’ love in my heart and life? The Bible tells of the breathtaking moments when Moses came down from Mount Sinai after spending days in God’s presence. Moses “was not aware that his face was radiant because he had spoken with the Lord,” so radiant that the people “were afraid to come near him” (Exodus 34:29-30).

Moses was of course literally speaking with God “face to face” (33:11), a unique moment in the Bible. But Scripture also reminds us that we who know God through Christ “are being transformed into his image with ever-increasing glory” (2 Corinthians 3:18). His presence within us can be winsome to others—a work of God’s love. Our faces may not shine like Moses’ did, but as we spend time in God’s presence, He’ll become increasingly evident in us.

In Exodus 34, Moses’ face was literally shining after his encounters with God captured the intensity of His glory. It revealed that God was truly with His people through Moses and that His revelation could be trusted. In the ancient Near East, shining faces were believed to indicate someone was divine. Aaron and the Israelites were frightened by Moses’ appearance (v. 30), perhaps thinking he’d become a god himself. By allowing his shining face to be seen only when delivering God’s instructions to the people and veiling it the rest of the time (vv. 34-35), Moses may have been trying to prevent the people from worshiping him instead of God.

In 2 Corinthians 3:12-18, Paul suggests that because of Jesus, anyone can encounter God’s glory like Moses did. Those who “contemplate” Christ’s glory are “transformed into his image with ever-increasing glory” (v. 18)—reflecting Him more and more. As we spend time with God, our faces will “shine” with His love.

Bettys Restaurant

We have an exciting bus trip coming up on July 23rd! We will be heading to Bettys Returaunt for Lunch! All are welcome, please sign up in the Olive Branch Café the week before.

Limited seating available.
More information to come



Up and Coming Documentaries

This month, we have some amazing opportunities to watch documentaries from around the world.

Join us on Canada Day (July 1st) at 2:00pm in the Olice Branch Café to watch a documentary all about our amazing country "Canada".

As well, join us on July 14th at 2:00pm in the Chapel to watch a documentary that draws on information from the book of Genesis.

V Is For...

Use the clues to fill in the crossword.
 All of the answers start with the letter V.

ACROSS

- 2. Bank safe
- 3. Cast a ballot
- 4. Brightly colored
- 6. Climbing plant
- 7. Ready for tenants; unoccupied
- 8. Solemn promise
- 9. Word indicating action
- 11. Become invisible
- 12. Plant-based
- 14. Offer to help a cause

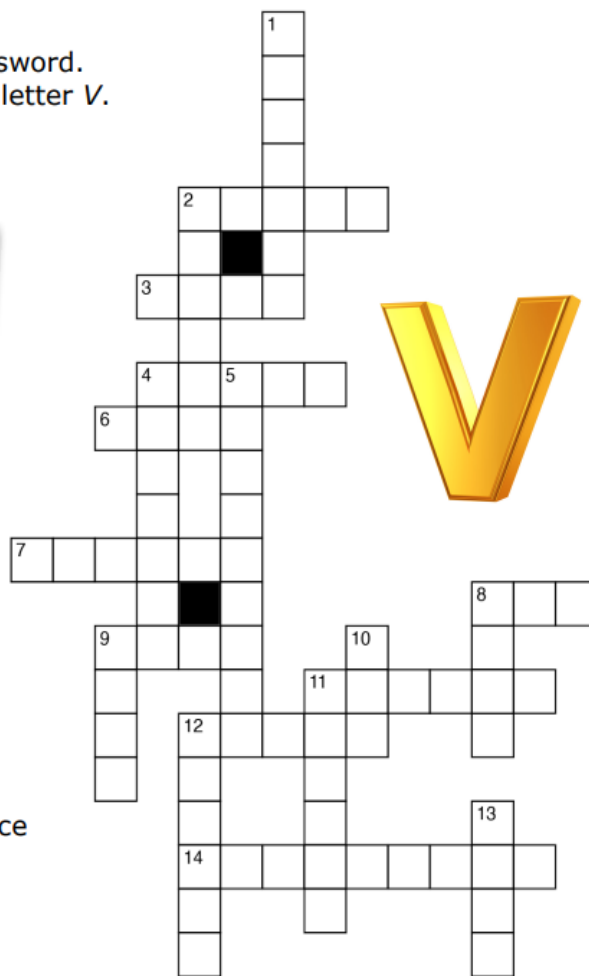


DOWN

- 1. Large bird of prey
- 2. String quartet instrument
- 4. Classic; like some fine wine
- 5. Cabbage or carrot
- 8. Flower holder

DOWN

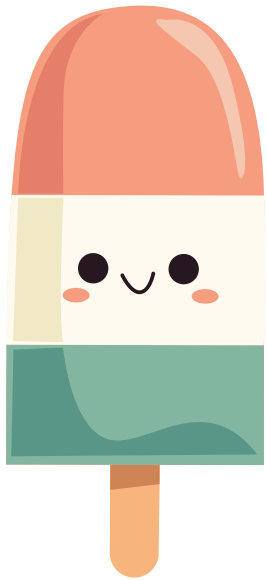
- 9. Bridal accessory
- 10. Delivery vehicle
- 11. Household appliance
- 12. Luxurious fabric
- 13. V-neck garment





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