

Sunday

Monday

Tuesday

Wednesday



























Thursday

Friday

Saturday

July 2026

RHA 1 RECREATION CALENDAR

			<p>Canada Day 1</p> <p>Morning: 9:30 Exercise 10:15 Name that Tune! 10:30 Aussie Pet Visits</p> <p>Afternoon: 2:30 Lemonade Social</p> 	<p>Morning: 9:30 Exercise 10:15 Fit Minds</p> <p>Afternoon: 2:30 You be the Judge</p> 	<p>Morning: 9:45 BINGO</p> <p>11:45 Lunchtime Serenades with Marg</p> <p>Afternoon: 2:30 Game of Luck</p> 	<p>Happy Birthday Christine. T!</p> <p>Morning: Exercise</p> <p>Afternoon: Friendly Visits</p>  <p><small>Independence Day (U.S.)</small></p>
<p>9:00 Church Service on Television</p> 	<p>Morning: 9:30 Exercise 10:15 Fit Minds</p> <p>Afternoon: 2:30 Outdoor 4 Senses Scavenger Hunt*</p> 	<p>Morning: 10:00 Morning of Music with Granthem M.B Church in Great Room</p> <p>Afternoon: 2:30 Marble Slab Ice Cream Social</p> 	<p>Morning: 9:30 Exercise 10:00 Pie Baking Group 10:15 Friendly Visits 10:30 Aussie Pet Visits</p> <p>Afternoon: 2:30 Junk Drawer Detective</p> 	<p>Morning: 9:45 BINGO</p> <p>Afternoon: 2:30 Fit Minds</p> 	<p>Morning: 9:30 Exercise 10:00 Roman Catholic Communion 10:15 Giant Crossword</p> <p>Afternoon: 2:30 Card Games</p> 	<p>Morning: Exercise</p> <p>Afternoon: Friendly Visits</p> 
<p>9:00 Church Service on Television</p> 	<p>Morning: 9:30 Exercise 10:15 Card Games 10:15 Book Club on RHA 1</p> <p>Afternoon: 2:30 You be the Judge 6-8pm Sightseeing Bus Trip *Sign Up Required</p>	<p>Morning: 9:15 Chapel Service with Don 9:45 Exercise 10:15 Fit Minds</p> <p>Afternoon: 2:30 Bowling</p>  <p><small>Bastille Day</small></p>	<p>Happy Birthday Winn!</p> <p>Morning: 9:30 Exercise 10:15 Word Game -Flower 10:30 Aussie Pet Visits</p> <p>Afternoon: 2:30 Paint the Meme</p>	<p>Morning: 9:30 Exercise 10:15 Fit Minds</p> <p>Afternoon: 1:00 Outdoor strolls* 2:00 Card Games 4:30 Dinner and a Movie *Sign up Required</p>	<p>Morning: 9:45 BINGO</p> <p>Afternoon: Friendly Visits</p> 	<p>Morning: 9:30 Exercise 10:00 Who/What/Where? 10:30 Outdoor Strolls*</p> <p>Afternoon: 2:30 Jeopardy</p> 
<p>9:00 Church Service on Television</p> 	<p>Morning: 9:30 Exercise 10:15 What's the story?</p> <p>Afternoon: 2:30 Origami</p> 	<p>Morning: 9:15 Chapel Service with Don 9:45 Exercise 10:15 Fit Minds</p> <p>10:30 Resident's Council in GR</p> <p>Afternoon: 2:00 Friendly Visits 3:00 Balloon Tennis</p>	<p>Morning: 9:30 Exercise 10:15 Card Games 10:30 Aussie Pet Visits</p> <p>Afternoon: 2:30 Would You Rather? 6-8pm Sightseeing Bus Trip *Sign Up Required</p> 	<p>Morning: 9:30 Exercise 10:15 Fit Minds</p> <p>Afternoon: 2:30 Chair Dance Workout</p> 	<p>Morning: 9:45 BINGO</p> <p>Afternoon: Friendly Visits</p> 	<p>Morning: Exercise</p> <p>Afternoon: Friendly Visits</p> 
<p>9:00 Church Service on Television</p> 	<p>Morning: 9:30 Exercise 10:15 Discussion Questions</p> <p>Afternoon: 2:30 Craft Corner</p> 	<p>Morning: 9:15 Chapel Service with Don 9:45 Exercise 10:15 Fit Minds</p> <p>10:30 Food Committee Meet in GR</p> <p>Afternoon: 2:30 Birthday Party with Gary Smith in Great Room 5:30 Music with Ron</p>	<p>Morning: 9:30 Exercise 10:15 Word Game -Flower 10:30 Aussie Pet Visits</p> <p>Afternoon: 2:30 Giant Crossword</p> 	<p>Morning: 9:30 Exercise 10:15 Fit Minds</p> <p>Afternoon: 2:30 Water Balloon Fight in Courtyard</p>	<p>Morning: 9:45 BINGO</p> <p>Afternoon: 2:30 Game of Luck</p> 	

ALL PROGRAMS ARE SUBJECT TO CHANGE *weather permitting **Bus trips limited space sign-up required

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026



RHA 2 RECREATION CALENDAR

<p>Church Service on the Television</p> 	<p>5 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Wheel of Fortune 10:30 Rumnikub</p> <p>Afternoon: 2:30 Hymn Sing Along</p>	<p>6 Morning: 9:15 Exercise 9:45 Large Chapel Service in Great Room with Grantham Mennonite Brethren Church</p> <p>Afternoon: 3:00 Marble Slab Ice Cream</p> 	<p>7 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Pie Baking Group</p> <p>Afternoon: 3:00 Music with Mendelt</p>	<p>8 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Name Ten 10:30 Elfer Raus</p> <p>Afternoon: 2:30 Fit Minds</p>	<p>9 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Roman Catholic Mass 11:45 Serenades with Marg</p> <p>Afternoon: 2:30 BINGO!</p> 	<p>10 Morning: 9:30 Exercise 10:00 Travel the World</p>  <p>Afternoon: Outdoor Strolls</p>
<p>Church Service on the Television</p>  <p>2:30 Bible Fellowship</p>	<p>12 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:15 Book Club on RHA 1 10:30 Word Game</p> <p>Afternoon: 2:30 Game of Luck Sightseeing Bus Trip 6-8pm Sign Up Required</p>	<p>13 Morning: 9:15 Exercise 9:45 Chapel Service with Don 10:15 Jeopardy</p> <p>Afternoon: 2:30 Fit Minds</p>	<p>14 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Craft Corner</p> <p>Afternoon: 2:30 Movie Matinee</p> 	<p>15 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Horse Races 10:30 UNO</p> <p>Afternoon: 2:30 Fit Minds 4:30 Dinner and a Movie *Sign up Required</p>	<p>16 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Baking Group</p> <p>Afternoon: 2:30 BINGO!</p> 	<p>17 Morning: 9:30 Exercise 10:00 You be the Judge</p> <p>Afternoon: 2:00 Outdoor Strolls* 3:00 Rumnikub</p> 
<p>Church Service on the Television</p> 	<p>19 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Name That Tune 10:30 Card Games</p> <p>Afternoon: 2:30 Donut Bingo</p> 	<p>20 Morning: 9:15 Exercise 9:45 Chapel Service with Don 10:15 Trivia Time 10:30 Resident Council</p> <p>Afternoon: 2:30 Fit Minds</p>	<p>22 SPA DAY!</p>  <p>Sightseeing Bus Trip 6-8pm Sign Up Required</p>	<p>23 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Craft Corner</p> <p>Afternoon: 2:30 Fit Minds</p> 	<p>24 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Baking Group</p> <p>Afternoon: 2:30 BINGO!</p> 	<p>25 Morning: Exercise</p> <p>Afternoon: Friendly Visits</p> 
<p>Church Service on the Television</p> 	<p>26 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Finish the Line 10:30 Elfer Raus</p> <p>Afternoon: 2:30 Bible Fellowship</p>	<p>27 Morning: 9:15 Exercise 9:45 Chapel Service with Don 10:30 Food Committee</p> <p>Afternoon: 2:30 Birthday Party with Gary Smith in Great Room</p>	<p>28 Happy Birthday Ann!!</p> <p>Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Rumnikub</p> <p>Afternoon: 2:30 Craft Corner</p> 	<p>29 Morning: 9:15 Daily Bread Group 9:30 Exercise 10:00 Fit Minds</p> <p>Resident Outdoor Lunch BarBQ in Courtyard</p> <p>Afternoon: 2:30 Water Balloon Fight in Courtyard</p> 	<p>30 Morning: 9:00 Exercise</p> <p>Afternoon: 2:30 BINGO!</p> 	<p>31 What do you call a dog on the beach in summer?</p>  <p>A hot dog!</p>

ALL PROGRAMS SUBJECT TO CHANGE

**Sign Up Required for Bus Outing and Movie Night

Sunday

Monday

Tuesday

Wednesday
























Thursday

Friday

Saturday

July 2026

RHA 3 RECREATION CALENDAR

<p>Church Service on Television</p> 	<p>5 Morning 9:30 Exercise 10:00 Word Games</p> <p>Afternoon 2:30 Outdoor Strolls 3:00 Balloon Tennis</p>	<p>6 Morning 10:00 Morning of Music with Granthem M.B Church in Great Room</p> <p>Afternoon 2:30 Marble Slab Ice Cream Social</p> 	<p>7 Morning 9:30 Exercise 10:30 Aussie Pet Visits</p> <p>Afternoon 2:00 Music with Mendelt</p> 	<p>8 Morning 9:30 Exercise 10:30 Aussie Pet Visits</p> <p>Afternoon 2:00 Music with Mendelt</p> 	<p>9 Morning 9:30 Exercise 10:00 Roman Catholic Church Service</p> <p>Afternoon 2:30 Name 10 3:00 One to one visits</p> 	<p>10 Morning 9:30 Exercise 10:00 Roman Catholic Church Service</p> <p>Afternoon 2:30 Name 10 3:00 One to one visits</p> 	<p>11 Morning 9:30 Exercise 10:00 Roman Catholic Church Service</p> <p>Afternoon 2:30 Name 10 3:00 One to one visits</p> 
<p>Church Service on Television</p> 	<p>12 Morning 9:30 Exercise 10:15 Book Club on RHA 1</p> <p>Afternoon 2:00 Poems & Readings 3:00 Friendly Visits 6:00 Sight Seeing Bus Trip *Sign-up Required</p>	<p>13 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:30 Bocce Ball 5:30 Music with Ron</p> 	<p>14 Morning 9:30 Exercise 10:00 Dominoes</p> <p>Afternoon 10:30 Aussie Pet Visits</p> <p>Afternoon 2:30 Arts and Crafts</p> 	<p>15 Morning 9:30 Exercise 10:00 Dominoes</p> <p>Afternoon 10:30 Aussie Pet Visits</p> <p>Afternoon 2:30 Arts and Crafts</p> 	<p>16 Morning 9:30 Exercise 10:00 Roman Catholic Church Service</p> <p>Afternoon 2:30 Name 10 3:00 One to one visits</p> 	<p>17 Morning 9:30 Exercise 10:00 Roman Catholic Church Service</p> <p>Afternoon 2:30 Name 10 3:00 One to one visits</p> 	<p>18 Morning 9:30 Exercise 10:00 Roman Catholic Church Service</p> <p>Afternoon 2:30 Name 10 3:00 One to one visits</p> 
<p>Church Service on Television</p> 	<p>19 Morning 9:30 Exercise 10:00 Wheel of Fortune</p> <p>Afternoon 2:00 Travelogue 3:00 Horse Race</p> 	<p>20 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:00 Card Games 3:00 Finish the Line</p>	<p>21 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:00 Card Games 3:00 Finish the Line</p>	<p>22 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:00 Card Games 3:00 Finish the Line</p>	<p>23 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:00 Card Games 3:00 Finish the Line</p>	<p>24 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:00 Card Games 3:00 Finish the Line</p>	<p>25 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:00 Card Games 3:00 Finish the Line</p>
<p>Church Service on Television</p> 	<p>26 Morning 9:30 Exercise 10:00 Our Daily Bread</p> <p>Afternoon 2:00 White Board Games 3:00 Outdoor Strolls</p>	<p>27 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:30 Birthday Party with Gary Smith in Great Room</p> 	<p>28 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:30 Birthday Party with Gary Smith in Great Room</p> 	<p>29 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:30 Birthday Party with Gary Smith in Great Room</p> 	<p>30 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:30 Birthday Party with Gary Smith in Great Room</p> 	<p>31 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:30 Birthday Party with Gary Smith in Great Room</p> 	<p>31 Morning 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon 2:30 Birthday Party with Gary Smith in Great Room</p> 

All Programs are Subject to Change.

Sunday

Monday

Tuesday

Wednesday

Thursday













Friday

Saturday



July 2026

RHA 4 RECREATION CALENDAR

<p>Morning 9:00 Chapel on Television</p>  <p>5</p>	<p>Morning 9:30 Exercise 10:00 Card Bingo 11:00 Hymn Sing Along Afternoon 2:30 Creative Arts: Collage Community Quilt</p> <p>6</p>	<p>Morning 10:00 Large Chapel Service in the Great Room Grantham Mennonite Brethren Church Afternoon MARBLE SLAB ICECREAM Social</p>  <p>7</p>	<p>Morning 10:00 Monthly Gazette and Tabor Times 10:30 Pet Visits with Aussie Afternoon 2:30 Lemonade Social</p>  <p>CANADA DAY Canada Day</p> <p>8</p>	<p>Morning 9:30 Exercise 9:45 Chapel with Don Afternoon 2:30 Fit Minds 3:15 Canada or USA Trivia</p> <p>9</p>	<p>Morning 9:30 Exercise 10:00 You Be the Judge Afternoon 2:30 BINGO!</p> <p>10</p>	<p>Morning 9:30 Exercise Afternoon Friendly Visits</p>  <p>INDEPENDENCE DAY Independence Day (U.S.)</p> <p>11</p>
<p>Morning 9:00 Chapel on Television</p>  <p>12</p>	<p>Morning 9:30 Exercise 10:00 Baking Club 10:15 Book Club on RHA1 Afternoon 2:30 Creative Arts: Paint by Numbers 6:00 Bus Outing sign up*</p>  <p>13</p>	<p>Morning 9:30 Exercise 10:00 Java Music Afternoon 2:30 Fit Minds 3:15 Our Daily Bread</p>  <p>Bastille Day</p> <p>14</p>	<p>Morning 9:30 Exercise 10:00 Manicures 10:30 Pet Visits with Aussie Afternoon 2:30 Active Games 3:00 Outdoor Strolls*</p>  <p>15</p>	<p>Morning 9:30 Exercise 9:45 Chapel with Don 10:15 July Trivia 11:30 RHA 4 BBQ Lunch in the Courtyard Afternoon 2:30 Fit Minds 4:30 Dinner and a Movie *Sign up Required</p> <p>16</p>	<p>Morning 9:30 Exercise 10:00 Name 10 Word Game Afternoon 2:30 BINGO!</p> <p>17</p>	<p>Morning 9:30 Exercise Afternoon Friendly Visits</p>  <p>18</p>
<p>Morning 9:00 Chapel on Television</p>  <p>19</p>	<p>Morning 9:30 Exercise 10:30 What am I? Afternoon 2:30 Creative Arts: Junk Journals</p> <p>20</p>	<p>HAPPY BIRTHDAY ISABEL! Morning 9:30 Exercise 10:30 Resident Council Afternoon 2:30 Fit Minds 3:00 Manicures 5:30 Scattegories</p> <p>21</p>	<p>HAPPY BIRTHDAY ART! Morning 9:30 Exercise 10:30 Pet Visits with Aussie Afternoon 3:00 Card Games 6:00 Bus Outing sign up required*</p>  <p>22</p>	<p>Morning 9:30 Exercise 10:00 Reading Circle Afternoon 2:30 Fit Minds 3:00 Food Feature: How Ice cream is made</p>  <p>23</p>	<p>Morning 9:30 Exercise 10:00 Music with John Pebble Afternoon 2:30 BINGO</p>  <p>24</p>	<p>Morning 9:30 Exercise Afternoon Friendly Visits</p>  <p>25</p>
<p>Morning 9:00 Chapel on Television</p>  <p>26</p>	<p>Morning 9:30 Exercise 10:00 Travelogue: Ye Olde Williamsburg Virginia Afternoon 2:30 Creative Arts: Mandala Dot Art</p> <p>27</p>	<p>Morning 9:30 Exercise 10:00 Current Events 10:30 Food Committee Meeting Afternoon 2:30 Birthday Party with Gary Smith Great Room</p>  <p>28</p>	<p>HAPPY BIRTHDAY JANNA! Morning 9:30 Exercise 10:30 Pet Visits with Aussie Afternoon 2:30 Active Games 3:00 Hymn Sing Along</p>  <p>29</p>	<p>Morning 9:30 Exercise 9:45 Chapel with Don Afternoon: 2:30 Water Balloon Fight in Courtyard</p>  <p>30</p>	<p>Morning 9:30 Exercise 10:00 Name 10! 11:00 Marg Plays Piano Afternoon 2:30 BINGO!</p> <p>31</p>	

All Programs are subject to change without notice. ***Sign-up required for special programs like Scenic Bus Outing and Dinner & Movie Night.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

MAPLEVIEW & EVERGREEN APARTMENTS RECREATION CALENDAR

<p>9:30 Sunday Service in the Chapel 5</p> 	<p>9:30 Travelogue in the Fireside Lounge 6</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>2:30 Fit Minds in the Café</p>	<p>10:00 Grantham Church Service in the Great Room 7</p> <p>11:00 Tabletop Games Group in the Café</p> <p>11:00 Seated Strengthening in the Gym</p> <p>1:30 Balance Training in the Atrium</p> <p>1:00 - 4:00 Marble Slab Ice Cream</p>	<p>9:30 Canada Day Brain Games in the Fireside Lounge 1</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>2:00 Canada Documentary in the Café</p> <p>CANADA DAY</p>	<p>11:00 Chapel Service in the Chapel 2</p> <p>1:30 Balance Training in the Atrium</p> <p>2:30 Coffee Hour in the Café</p> <p>Be kind to your environment. Bring your own mug.</p>	<p>9:30 Art Therapy in the Fireside Lounge 3</p> <p>10:00 Seated Strengthening in the Gym</p> <p>11:00 BINGO in the Café</p>	 <p>Independence Day (U.S.) 4</p> <p><i>This is the day which the Lord hath made; we will rejoice and be glad in it.</i></p> <p>Psalm 118:24</p>
<p>9:30 Sunday Service in the Chapel 12</p> 	<p>9:30 Bible Trivia in the Fireside lounge 13</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>2:30 Fit Minds in the Café</p>	<p>9:30 Walking Group 14</p> <p><i>Meet in Front Lobby</i></p> <p>11:00 Tabletop Games Group in the Café</p> <p>11:00 Seated Strengthening in the Gym</p> <p>1:30 Balance Training in the Atrium</p> <p>2:00 Documentary in the Chapel</p>	<p>9:30 Who, What, Where am I in the Fireside Lounge 8</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>1:00 Art Therapy in the Fireside Lounge</p> <p>2:30 BINGO in the Café</p>	<p>11:00 Seated Exercise in the Chapel 15</p>  <p>1:00 Art Therapy in the Fireside Lounge</p>	<p>11:00 Chapel Service in the Chapel 16</p> <p>1:30 Balance Training in the Atrium</p> <p>2:30 Coffee Hour in the Café</p> <p>Be kind to your environment. Bring your own mug.</p>	 <p>9:30 Art Therapy in the Fireside Lounge 17</p> <p>10:00 Seated Strengthening in the Gym</p> <p>11:00 BINGO in the Café</p>
<p>9:30 Sunday Service in the Chapel 19</p> 	<p>11:00 Seated Exercise in the Chapel 20</p> 	<p>9:30 Walking Group 21</p> <p><i>Meet in Front Lobby</i></p> <p>11:00 Tabletop Games Group in the Café</p> <p>11:00 Seated Strengthening in the Gym</p> <p>1:30 Balance Training in the Atrium</p> <p>2:30 Jeopardy in the Chapel</p>	<p>9:30 22</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>1:00 Art Therapy in the Fireside Lounge</p> <p>2:30 BINGO in the Café</p>	<p>9:30 Brain Games in the Fireside Lounge 23</p> <p>11:00 Bus Outing to Betty's Restaurant! <u>Sign up Required</u></p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Balance Training in the Atrium</p> <p>3:00 Game of Luck in the Café</p>	<p>9:30 Art Therapy in the Fireside Lounge 24</p> <p>10:00 Seated Strengthening in the Gym</p> <p>11:00 BINGO in the Café</p>	<p>11:00 Zumba in the Chapel with Kira 25</p> 
<p>9:30 Sunday Service in the Chapel 26</p> 	<p>9:30 Craft Corner in the Fireside Lounge 27</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>2:30 Fit Minds in the Café</p>	<p>9:30 Walking Group 28</p> <p><i>Meet in Front Lobby</i></p> <p>11:00 Tabletop Games Group in the Café</p> <p>11:00 Seated Strengthening in the Gym</p> <p>1:30 Balance Training in the Atrium</p> <p>2:30 Hymn Sing in the Chapel</p>	<p>9:30 Yahtzee in the Fireside Lounge 29</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>1:00 Art Therapy in the Fireside Lounge</p> <p>2:30 BINGO in the Café</p>	<p>11:00 Chapel Service in the Chapel 30</p> <p>1:30 Balance Training in the Atrium</p> <p>2:30 Bowling in the Chapel</p> <p>5:45 Family Feud in the Café</p>	<p>9:30 Art Therapy in the Fireside Lounge 31</p> <p>10:00 Seated Strengthening in the Gym</p> <p>11:00 BINGO in the Café</p>	

All Programs are Subject to Change.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

SPRUCE LANE RECREATION CALENDAR

<p>9:30 Sunday Service in the Chapel</p> 	<p>9:30 Travelogue in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>2:30 Fit Minds in the Café</p>	<p>10:00 Grantham Church Service in the Great Room</p> <p>11:00 Tabletop Games Group in the Café</p> <p>11:00 Seated Strengthening in the Gym</p> <p>1:30 Balance Training in the Atrium</p> <p>1:00 - 4:00 Marble Slab Ice Cream</p>	<p>9:30 Canada Day Brain Games in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>2:00 Canada Documentary in the Café</p> <p>CANADA DAY</p>	<p>11:00 Chapel Service in the Chapel</p> <p>1:30 Balance Training in the Atrium</p> <p>2:30 Coffee Hour in the Café</p> <p>Be kind to your environment. Bring your own mug.</p>	<p><i>Happy Birthday Alice M.</i></p> <p>9:30 Art Therapy in the Fireside Lounge</p> <p>10:00 Seated Strengthening in the Gym</p> <p>11:00 BINGO in the Café</p>	 <p>Independence Day (U.S.)</p>
<p>9:30 Sunday Service in the Chapel</p> 	<p>9:30 Bible Trivia in the Fireside lounge</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>2:30 Fit Minds in the Café</p>	<p>10:00 Grantham Church Service in the Great Room</p> <p>11:00 Tabletop Games Group in the Café</p> <p>11:00 Seated Strengthening in the Gym</p> <p>1:30 Balance Training in the Atrium</p> <p>2:00 Documentary in the Chapel</p>	<p>9:30 Who, What, Where am I in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>1:00 Art Therapy in the Fireside Lounge</p> <p>2:30 BINGO in the Café</p>	<p>11:00 Chapel Service in the Chapel</p> <p>1:30 Balance Training in the Atrium</p> <p>2:30 Elfer Raus Card Game in the Café</p> <p>6:00 Movie Night in the Chapel</p>	<p><i>Happy Birthday Kay F.</i></p> <p>9:30 Art Therapy in the Fireside Lounge</p> <p>10:00 Seated Strengthening in the Gym</p> <p>11:00 BINGO in the Café</p>	<p><i>This is the day which the Lord hath made; we will rejoice and be glad in it.</i></p> <p>Psalm 118:24</p> 
<p>9:30 Sunday Service in the Chapel</p> 	<p>11:00 Seated Exercise in the Chapel</p> 	<p>9:30 Walking Group Meet in Front Lobby</p> <p>11:00 Tabletop Games Group in the Café</p> <p>11:00 Seated Strengthening in the Gym</p> <p>1:30 Balance Training in the Atrium</p> <p>2:30 Jeopardy in the Chapel</p>	<p>11:00 Seated Exercise in the Chapel</p>  <p>1:00 Art Therapy in the Fireside Lounge</p>	<p>11:00 Chapel Service in the Chapel</p> <p>1:30 Balance Training in the Atrium</p> <p>2:30 Coffee Hour in the Café</p> <p>Be kind to your environment. Bring your own mug.</p>	<p>9:30 Art Therapy in the Fireside Lounge</p> <p>10:00 Seated Strengthening in the Gym</p> <p>11:00 BINGO in the Café</p>	<p><i>Happy Birthday Selma</i></p> <p>11:00 Zumba in the Chapel with Kira</p> 
<p>9:30 Sunday Service in the Chapel</p> 	<p>9:30 Craft Corner in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>2:30 Fit Minds in the Café</p>	<p>9:30 Walking Group Meet in Front Lobby</p> <p>11:00 Tabletop Games Group in the Café</p> <p>11:00 Seated Strengthening in the Gym</p> <p>1:30 Balance Training in the Atrium</p> <p>2:30 Hymn Sing in the Chapel</p>	<p>9:30 Yahtzee in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>1:00 Art Therapy in the Fireside Lounge</p> <p>2:30 BINGO in the Café</p>	<p>9:30 Brain Games in the Fireside Lounge</p> <p>11:00 Bus Outing to Betty's Restaurant! Sign up Required</p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Balance Training in the Atrium</p> <p>3:00 Game of Luck in the Café</p>	<p>9:30 Art Therapy in the Fireside Lounge</p> <p>10:00 Seated Strengthening in the Gym</p> <p>11:00 BINGO in the Café</p>	
<p>9:30 Sunday Service in the Chapel</p> 	<p>9:30 Craft Corner in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>2:30 Fit Minds in the Café</p>	<p>9:30 Walking Group Meet in Front Lobby</p> <p>11:00 Tabletop Games Group in the Café</p> <p>11:00 Seated Strengthening in the Gym</p> <p>1:30 Balance Training in the Atrium</p> <p>2:30 Hymn Sing in the Chapel</p>	<p>9:30 Yahtzee in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel with Kira</p> <p>1:00 Art Therapy in the Fireside Lounge</p> <p>2:30 BINGO in the Café</p>	<p>11:00 Chapel Service in the Chapel</p> <p>1:30 Balance Training in the Atrium</p> <p>2:30 Bowling in the Chapel</p> <p>5:45 Family Feud in the Café</p>	<p>9:30 Art Therapy in the Fireside Lounge</p> <p>10:00 Seated Strengthening in the Gym</p> <p>11:00 BINGO in the Café</p>	

All Programs are Subject to Change.