



May 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30am Chair Yoga 11:00am Catholic Mass (GR) 11:15am Monthly Gazette 2:00pm Laundry Folding 2:30pm Tovertafel!	2 9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Travelling Activities
3	4	5	6	7	8	9
9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities	10:00am Exercise 10:45am Bingo (GR) 2:30pm Board Games 4:00pm Sing Along	9:30am News & Views 11:00am BINGO 2:30pm Cinco de Mayo Social 	9:30am Noodle Ball 11:00am Church (GR) 2:30pm Baking: Lemon Poppyseed Muffins Happy Birthday Duncan!	9:30am Exercise 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:00pm Music with Mendelt (GR) Happy Birthday Emma!	9:30am Chair Yoga 10:30am Mother's Day High Tea 2:00pm Laundry Folding 3:15pm Mother's Day Photoshoot	9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Travelling Activities
10	11	12	13	14	15	16
9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities 	10:00am Exercise 2:30pm BINGO 4:00pm Sing Along	9:30am News & Views 11:00am Walks & Talks 2:30pm Hymn Sing with Germaine(GR)	9:30am Noodle Ball 11:00am Church (GR) 3:00pm All About George Lucas	9:30am Exercise 11:00am Virtual Chapel 2:30pm Men's Group (GR) 3:00pm Reading Group	9:30am Chair Yoga 11:00am Crazy Quilt 2:00pm Laundry Folding 2:30pm Tovertafel! Happy Birthday Maria!	9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Travelling Activities
17	18	19	20	21	22	23
9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities Happy Birthday Harvey!	10:00am Exercise 10:45am Bingo (GR) 2:30pm Board Games 4:00pm Sing Along 	9:30am Scenic Bus Trip 11:00am Church (GR) 2:30pm BINGO	9:30am Noodle Ball 11:00am Drum fit! 2:30pm Outside Games	9:30am Exercise 11:00am Virtual Chapel 2:00pm Ribbon Cutting Ceremony (Lobby)	9:30am Chair Yoga 10:00am Walk For Alzheimer's Society 11:00am Explore your Senses 2:00pm Laundry Folding 2:30pm Tovertafel!	9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Travelling Activities
24	25	26	27	28	29	30
9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities	10:00am Exercise 10:45am Bingo (GR) 2:30pm BINGO 4:00pm Sing Along	9:30am Music Therapy with Sam 11:00am Walks & Talks 2:30pm May Birthday Party	9:30am Noodle Ball 11:00am Church (GR) 3:00pm Remebering High School Graduation Happy Birthday Hilda!	9:30am Exercise 11:00am Virtual Chapel 2:00pm Euchre (GR) 2:30pm Lemonade in the Shade	9:30am Chair Yoga 11:00am Catholic Mass (GR) 11:15am Lounge Games 2:00pm Laundry Folding 2:30pm Tovertafel!	9:30am Rick Steves Travelogue 10:15am Exercise 1:30pm Travelling Activities
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9:30am Sunday Sing Along 10:00am TV Church 1:30pm Travelling Activities						

GR- Great Room

Programs subject to change.



May 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					9:30am Balloon Ball 11:00am Catholic Mass (GR) 3:00pm May: Can You Picture This?	9:30am Chair Yoga 10:00am Dog Therapy 11:00am Rick Steves Travelogue! 2:00pm Travelling Activities!
3	4	5	6	7	8	9
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	9:30am Exercise 10:45am Bingo (GR) 2:30pm Manicures	9:30am Learn about Cinco de Mayo 11:00am Outdoor Strolls 2:30pm Let's Make Guacamole! Cinco De Mayo!	10:00am Church Service (GR) 11:15am Fun in The Sun! 2:30pm Bingo! 6:00pm Reading Group	9:30am Heart Beats Club 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:00pm Laundry Folding 2:00pm Music with Mendelt (GR)	9:30am Balloon Ball 11:00am Spring Baking 2:30pm Mothers Day Social!	9:30am Chair Yoga 10:00am Dog Therapy 11:00am Rick Steves Travelogue! 2:00pm Travelling Activities!
10	11	12	13	14	15	16
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities! Happy Mothers Day!	9:30am Music Therapy with Sam 3:00pm Name That Tune!	9:30am News & Views 11:00am Outdoor Strolls 2:30pm Hymn Sing with Germaine (GR)	10:00am Church Service (GR) 11:15am Fun in The Sun! 2:30pm Bingo! 6:00pm Reading Group	9:30am Heart Beats Club 11:00am Virtual Chapel 2:00pm Laundry Folding 2:30pm Men's Group (GR) 2:45pm Travelogue: Guatemala!	9:30am Balloon Ball 11:00am Tovertafel Time! 3:00pm Crazy Quilt	9:30am Chair Yoga 10:00am Dog Therapy 11:00am Rick Steves Travelogue! 2:00pm Travelling Activities!
17	18	19	20	21	22	23
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	9:30am Exercise 10:45am Bingo (GR) 3:00pm Victoria Day Jeopardy! Victoria Day!	9:30am Scenic Bus Trip 10:00am Church (GR) 3:00pm Reading Group	9:30am News & Views 11:00am Outdoor Strolls 2:30pm Bingo! 6:00pm Reading Group	9:30am Heart Beats Club 11:00am Virtual Chapel 2:00pm Laundry Folding 2:00pm Ribbon Cutting Ceremony (Lobby)	9:30am Balloon Ball 10:00am Walk For Alzheimer's Society 11:00am Spring Flower Crafts 2:30pm Snack & Show!	9:30am Chair Yoga 10:00am Dog Therapy 11:00am Rick Steves Travelogue! 2:00pm Travelling Activities! Happy Birthday Mia & Scott!
24	25	26	27	28	29	30
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!	9:30am Exercise 10:45am Bingo (GR) 3:00pm Finish the line	9:30am News & Views 11:00am Outdoor Strolls 2:30pm May Birthday Party	10:00am Church Service (GR) 11:15am Fun in The Sun! 2:30pm Bingo! 6:00pm Reading Group	9:30am Heart Beats Club 11:00am Virtual Chapel 2:00pm Euchre (GR) 2:00pm Laundry Folding 3:00pm Garden Rock Painting	9:30am Balloon Ball 11:00am Catholic Mass (GR) 2:30pm Manicures	9:30am Chair Yoga 10:00am Dog Therapy 11:00am Rick Steves Travelogue! 2:00pm Travelling Activities!
31						
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities!						

GR- Great Room



May 2026







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:00am Tovertafel Time! 11:00am Catholic Mass (GR) 11:00am Scattergories 3:00pm Walk and Talk	9:30am Rick Steves: Milan 11:00am Balloon Ball 2:00pm Travelling Activites Happy Birthday Mary!
3	4	5	6	7	8	9
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	9:30am Balloon Ball 10:45am Bingo (GR) 2:30pm Catch and Release Game 6:00pm One to One Visits	9:30am Exercise 11:00am Cinco de Mayo Trivia 2:00pm Laundry Folding 2:30pm Cinco de Mayo Social	10:00am Church (GR) 11:00am Photoshoot 2:30pm Bingo!	9:30am News and Views 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:00pm Music with Mendelt (GR)	10:00am Tovertafel Time! 11:00am Baking 2:30pm Mother's Day Afternoon Tea	9:30am Rick Steves: Tuscany 11:00am Balloon Ball 2:00pm Travelling Activities
10	11	12	13	14	15	16
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities Happy Mother's Day!	9:30am Balloon Ball 3:00pm Travelogue: Guatemala 6:00pm One to One Visits Happy Birthday Elisabeth!	9:30am Exercise 11:00am Target Practice 2:00pm Laundry Folding 2:30pm Hymn Sing with Germaine(GR)	10:00am Church (GR) 11:15am Fun in the Sun 2:30pm Bingo!	9:30am News and Views 11:00am Virtual Chapel 2:30pm Men's Group (GR) 2:30pm Painting with Ellie!	10:00am Tovertafel Time! 11:00am Scattergories 3:00pm Walk and Talk	9:30am Rick Steves: Venice 11:00am Balloon Ball 2:00pm Travelling Activities
17	18	19	20	21	22	23
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	9:30am Balloon Ball 10:45am Bingo (GR) 3:00pm Name That Tune 6:00pm One to One Visits Victoria Day	9:30am Scenic Bus Trip 10:00am Church (GR) 11:00am Green Thumbs 2:00pm Laundry Folding 2:30pm Travelling to Ukraine with Ruth!	9:30am Exercise 11:15am Fun in the Sun 2:30pm Bingo!	9:30am News and Views 11:00am Virtual Chapel 2:00pm Ribbon Cutting Ceremony (Lobby)	10:00am Tovertafel Time! 10:00am Walk For Alzheimer's Society 11:00am Trivia! 3:00pm Crazy Quilt	9:30am Rick Steves: Florence 11:00am Balloon Ball 2:00pm Travelling Activities
24	25	26	27	28	29	30
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities	9:30am Balloon Ball 10:45am Bingo (GR) 3:00pm Target Practice 6:00pm One to One Visits	9:30am Exercise 10:45am Music Therapy with Sam 2:00pm Laundry Folding 2:30pm May Birthday Party	10:00am Church (GR) 11:15am Fun in the Sun 2:30pm Bingo!	9:30am News and Views 11:00am Virtual Chapel 2:00pm Euchre (GR) 2:30pm Making Pastizzis with Mary!	10:00am Tovertafel Time! 11:00am Catholic Mass (GR) 11:00am Scattergories 3:00pm Walk and Talk	9:30am Rick Steves: Rome 11:00am Balloon Ball 2:00pm Travelling Activities
31						
9:30am Sunday Sing Along 10:00am TV Church 2:00pm Travelling Activities						

GR- Great Room



Programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30am Balloon Ball 11:00am Catholic Mass (GR) 2:30pm BINGO 6:00pm Word Games	2 10:00am Chair Yoga 3:00pm Travelling Activity Cart
3 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	4 9:30am Exercise 10:45am Bingo (GR) 3:00pm Horse Races	5 9:30am Exercise 11:00am Travelogue Destination Guatemala 3:00pm Mini Golf	6 9:30am Exercise 11:00am Courtyard visits 1:30pm Laundry Folding 2:30pm Church (GR)	7 9:30am Exercise 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:00pm Music with Mendelt (GR)	8 9:30am Balloon Ball 11:00am Reading Group 2:30pm BINGO 	9 10:00am Chair Yoga 3:00pm Travelling Activity Cart
10 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart <i>Mother's Day!</i>	11 10:00am Exercise 3:00pm Board Games	12 9:30am Exercise 11:00am How Many Words? 2:30pm Hymn Sing with Germaine(GR)	13 9:30am Exercise 11:00am Remembering High School Graduation 1:30pm Laundry Folding 2:30pm Church (GR)	14 9:30am Exercise 11:00am Virtual Chapel 2:30pm Mandala 3D Turtle Making  2:30pm Men's Group (GR)	15 9:30am Balloon Ball 11:00am Jeopardy 2:30pm BINGO 6:00pm Tovertafel Time	16 10:00am Chair Yoga 3:00pm Travelling Activity Cart
17 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	18 10:00am Exercise 10:45am Bingo (GR) 3:00pm UNO <i>Victoria Day!</i>	19 9:30am Scenic Bus Trip 11:00am Name 10 2:30pm Church (GR) <i>Happy Birthday Barbara!</i>	20 9:30am Exercise 11:00am Baking 1:30pm Laundry Folding 3:00pm Coffee Social 	21 9:30am Exercise 11:00am Virtual Chapel 2:00pm Ribbon Cutting Ceremony (Lobby)	22 9:30am Balloon Ball 10:00am Walk For Alzheimer's Society 11:00am Manicures 2:30pm BINGO 6:00pm One to One Visits	23 10:00am Chair Yoga 3:00pm Travelling Activity Cart
24 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart	25 9:30am Music Therapy with Sam 10:45am Bingo (GR) 11:00am Outdoor Walks 3:00pm Manicures	26 9:30am Exercise 11:00am Turtle Trivia 2:30pm May Birthday Party	27 9:30am Exercise 11:00am One to One Visits 1:30pm Laundry Folding 2:30pm Church (GR)	28 9:30am Exercise 11:00am Virtual Chapel 2:00pm Euchre (GR) 3:00pm Outdoor Social	29 9:30am Balloon Ball 11:00am Catholic Mass (GR) 11:00am Finish the line 2:30pm BINGO	30 10:00am Chair Yoga 3:00pm Travelling Activity Cart
31 9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart						



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					9:30am Exercise 11:00am Catholic Mass (GR) 2:30pm Bingo	9:30am Exercise 3:00pm Travelling Activity Cart!
3	4	5	6	7	8	9
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	9:30am Exercise 10:45am Bingo (GR) 2:00pm Laundry Folding 3:00pm Crafts	9:30am Exercise 11:00am Outdoor Strolls 3:00pm Hot Pepper Game!	9:30am Exercise 11:00am Cinco de Mayo Trivia! 2:30pm Church (GR)	9:30am Exercise 10:15am Residents Council (GR) 11:00am Virtual Chapel 2:00pm Music with Mendelt (GR) 6:00pm Tovertafel Time!	9:30am Exercise 11:00am Tovertafel Time! 2:30pm Bingo	9:30am Exercise 3:00pm Travelling Activity Cart!
10	11	12	13	14	15	16
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	9:30am Exercise 10:45am Music Therapy with Sam 2:00pm Laundry Folding 3:00pm Mother's Day Jeopardy	9:30am Exercise 11:00am Outdoor Strolls 2:30pm Hymn Sing with Germaine (GR)	9:30am Exercise 11:00am Manicures 2:30pm Church (GR)	9:30am Exercise 11:00am Virtual Chapel 2:30pm Men's Group (GR) 3:00pm Horse Races 6:00pm One to Ones	9:30am Exercise 11:00am Tovertafel Time! 2:30pm Bingo Happy Birthday Joan!	9:30am Exercise 3:00pm Travelling Activity Cart!
17	18	19	20	21	22	23
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	9:30am Exercise 10:45am Bingo (GR) 2:00pm Laundry Folding 3:00pm Hockey Victoria Day!	9:30am Scenic Bus Trip 11:00am Reading Group 2:30pm Church (GR)	9:30am Exercise 11:00am Outdoor Strolls 3:00pm Picture It!	9:30am Exercise 11:00am Virtual Chapel 2:00pm Ribbon Cutting Ceremony (Lobby) 3:00pm Word Games 6:00pm Card Games!	9:30am Exercise 10:00am Walk For Alzheimer's Society 11:00am Tovertafel Time! 2:30pm Bingo	9:30am Exercise 3:00pm Travelling Activity Cart!
24	25	26	27	28	29	30
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!	9:30am Exercise 10:45am Bingo (GR) 2:00pm Laundry Folding 3:00pm Crazy Quilt	9:30am Exercise 11:00am Outdoor Strolls 2:30pm May Birthday Party	9:30am Exercise 11:00am Reading Group 2:30pm Church (GR) Happy Birthday Shirley!	9:30am Exercise 11:00am Virtual Chapel 2:00pm Euchre (GR) 3:00pm Travelogue 6:00pm Name That Tune	9:30am Exercise 11:00am Catholic Mass (GR) 11:00am Tovertafel Time! 2:30pm Bingo	9:30am Exercise 3:00pm Travelling Activity Cart! Happy Birthday Ester!
31						
9:30am Sunday Sing Along 10:00am TV Church 3:00pm Travelling Activity Cart!						

GR- Great Room

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2026

								1 6:00 Games Night (OV Chapel) <small>May Day</small>		2 1:30-2:00 Computer Questions (CV Link)	
3 2:00 Bingo (OV Chapel)		4 11:00 Hymn Sing with Stephen (AV Lounge) 2:00 Bible Study (OV Chapel) 6:00 Dominoes (AV Lounge) <small>Cinco de Mayo</small>		5 11:15 Travel to Guatemala Slideshow (AV Lounge) 6:00 Bingo (OV Chapel)		6 11:00 Chapel Service (OV Chapel) 1:00 Music with Mendel (OV Chapel)		7 2:00 Mother's Day Tea (OV Chapel) 6:00 Games Night (OV Chapel)		8 2:00-4:00 NOTL Library Visit (OV Chapel) 5:30 Pizza & Games Night (OV Chapel)	
10 <small>Mother's Day National Skilled Nursing Care Week</small>		11 2:00 Bible Study (OV Chapel) 6:00 Children's Piano Recital (OV Chapel)		12 11:30 Bus Trip to The 43 Mandarin 6:00 Bingo (OV Chapel) 7:00 Cornerstone JR. Youth Night- LTC Great Room)		13 11:00 Chapel Service (OV Chapel) 2:30 Pleasant Connections (CV Link)		14 2:00-4:00 NOTL Library Visit (OV Chapel) 5:30 Pizza & Games Night (OV Chapel)		15 1:30-2:00 Computer Questions (CV Link) <small>Armed Forces Day</small>	
17 <small>Victoria Day (Canada)</small>		18 11:00 Hymn Sing with Stephen 2:00 Bible Study (OV Chapel) 6:00 Dominoes (AV Lounge)		19 11:15 Trivia (AV Lounge) 2:30 Art Program (CV Link) 6:00 Bingo (OV Chapel)		20 11:00 Chapel Service (OV Chapel) <small>Shavuot Begins</small>		21 10:00-11:00 Walk-a-thon in support of Niagara Alzheimer's Society 6:00 Games Night (OV Chapel)		22 6:30 Birthday Party (CV Link)	
24 <small>Memorial Day</small>		25 2:00 Bible Study (OV Chapel) 6:00 Dominoes (AV Lounge)		26 3:00 Country Gospel Sing Along (OV Chapel) 6:00 Bingo (OV Chapel)		27 11:00 Chapel Service (OV Chapel) 2:30 Pleasant Connections (CV Link)		28 11:00 Catholic Mass 6:00 Games Night (OV Chapel)		29 6:30 Birthday Party (CV Link)	
31											

