

March is
an example
of how
beautiful
new
beginnings
can be
~ Anamika
Mishra



Residents Council and Family Council



We are pleased to share that our first **Resident Council** meeting was held last month. Residents voted and elected **George M.** as their Council President. Residents agreed that meetings will be held once a month. During the meeting, residents discussed a variety of topics including toilet paper preferences, food, snack cart times, and reviewed and approved the 2026 Quality Improvement Plan for Pleasant Manor. **Family Council** also held a meeting last month. A Family Council is a group of family members and friends of residents in a long-term care home who gather for peer support, education, and to help improve the experiences of everyone living in long-term care. The next Family Council Meeting will be held on **March 18 at 6:30 p.m. in the Great Room.** All family members and friends are welcome to attend. Meeting minutes for both councils, as well as other helpful information, can be found in the resource binder located on the bookshelf near the front office.

Tuck Shop is Now Open

We are happy to share that the **Tuck Shop** is open and ready to serve residents, families, staff and visitors! The tuck shop is volunteer ran- if you are interested in volunteering let our volunteer coordinator, Stephen Mason know.

The Tuck Shop is located by the **Great Room** and offers a variety of items including chips, coffee, snacks, cold drinks, greeting cards, and more.

Hours of Operation:

Monday – Saturday 10:00 a.m. to 12:00 p.m. & 2:00 p.m. to 4:00 p.m.
Sunday – 2:00 p.m. to 4:00 p.m.

Preacher's Ponderings

The season of Lent spans the entire month of March. Author, Fredrick Buechner, describes Lent as a time to question our understanding who we are or who we are becoming. The fact that it is associated with ashes and sackcloth, confession and repentance, leads us to a humbling answer that we, indeed, are only dust. Yet, dust that is loved by God! And more so, given life as the result of Christ's actions on the cross. Though Lent begins with an awareness of death, it ends with the Resurrection and the promise of new life. Let us walk this month together, encouraging each other to keep our eyes on Jesus, the author and perfecter of our faith.

~ Michael Dyck, *Spiritual Life Lead*

Pleasant Manor Post

March 2026

March Highlights

Residents Council
March 5th

Music with Tristan Alexander
March 16th

St Patrick's Day and Special Music
March 17th

Hymns with Germaine
March 19th

Music with Mendelt
March 26th

Catholic Mass
March 27th

Auxiliary Bake Sale
March 28th

Birthday Party!
March 31st

Pleasant Manor Long Term Care Newsletter

A Very Happy Birthday To...

Helen Fenner- 1st
Jean Hasan- 4th
Enzo Bellon- 10th
Jack Ormandy- 14th
Joseph Kennedy- 15th
Mieczystaw Graczyk-16th
Sharon Alexander- 20th

John Sawrie- 21st
Susan Friesen- 22nd
Margaret Ciesla- 22nd
Edgar Toews- 22nd
Deanna Paget- 24th
Emily Obidowski-30th
Lucia Mazza- 31st



We Remember...

David Milling
Zofia Machnik
Paul Patterson



We Welcome...

Robert Armstrong
Peter Vardon
Alberta Vermeer
Irene Goertz
John Paton
Mary Snider
Nicole Demore
Michael Dzupin
Patricia McLay
Elsie Prescott
Zofia Machnik
Helen Timak
Robert Stewart
Joseph Kennedy
Wolodymyr Zelman
Antoinette Cutrara
Irene Carr
Jean Hasan
Emily Mariash
Paul Patterson

Daniel Regehr
Roy Chrest
Margaret Chrest
Joseph Whitty
Esther Smith
Harvey Hurov
Lorna Frick
Dorothy Widdop
Helen Harder
Nellie Moes
Ruth Skelding
Mieczystaw Graczyk
Mary Zammit
Barbara Charnock
Margaret Ciesla

Mary Jacobi
Louise Clifford
John Murphy
Ellen Murphy
Emiliana Vallescura
Jack Ormandy
Helen DelBen
Ester Douglas
Sharon Alexander
Christine Tatarka
Emma Rabishaw
Cedric Patterson
Maria Romanelli
Carmela Venditti
Blanche McPherson
Dennis O'Connor
Shirley Durisek
Harry Voogt

A Very Happy Birthday To...

- Magdalena Titian... 01st
- Marion Kearns... 3rd
- Doreen Kroeker... 07th
- Adeline Goertz... 11th
- Jake Enns... 12th
- Alex Neufeld... 12th
- Victor Neufeld... 13th
- Hannelore Harder... 13th
- Harold Reimer... 13th
- Irene Andres... 18th
- Maria Enns... 19th
- John Hannah... 19th
- Waldemar Gade... 21st
- Margit Dolhai... 22nd
- Kathryn Wickham... 26th
- Peter Siemens... 30th
- John Froese... 30th



This Month's Travelogue Slideshow...

London England, then and now
London is a city with a past and present both interesting and influential. It's long been a destination for those in search of history, culture, entertainment, and commerce. Its attractions range from the medieval, such as the Tower of London, to the Shard, a modern skyscraper. As part of the "Big Four" fashion capitals in the world, it is stylish and cutting-edge. Come join us on March 11 as we travel to London and explore the "then and now" of this great city.

Preacher's Ponderings

The season of Lent spans the entire month of March. Author, Fredrick Buechner, describes Lent as a time to question our understanding who we are or who we are becoming. The fact that it is associated with ashes and sackcloth, confession and repentance, leads us to a humbling answer that we, indeed, are only dust. Yet, dust that is loved by God! And more so, given life as the result of Christ's actions on the cross. Though Lent begins with an awareness of death, it ends with the Resurrection and the promise of new life. Let us walk this month together, encouraging each other to keep our eyes on Jesus, the author and perfecter of our faith.

~ Michael Dyck, Spiritual Life Lead

March is
an example
of how
beautiful
new
beginnings
can be

~ Anamika
Mishra



Pleasant Manor Post

March 2026

Celebrating March

Journey of Aging Sessions

*Every Tuesday in
March at 2:00*

Daylight Savings

March 9th

Hymn Sing with Stephen

March 10th and 24th

Travel to London Slideshow

March 11th

St Patrick's Day

March 17th

Music with Mendel

March 26th

Pleasant Connections

March 12th and 26th

Auxiliary Bake Sale

March 28th

Birthday Party!

March 28th



Auxiliary Spring Bake Sale and Tea Room Fundraiser

*Saturday March 28
10:00-12:00*

Come out and support the Pleasant Manor Ladies Auxiliary at the upcoming Bake Sale and Tea Room Fundraiser! All proceeds will go directly toward Resident and Tenant programming and special needs within our community. Be sure to check the bulletin board poster for full details. Reminder that it is a cash only event and to bring your own bags! Looking forward to seeing you all there!



The Journey of Aging Sessions

Come join us for 4 informative sessions on the physical, psychological, spiritual, and social experiences of *Aging*. We will also discuss palliative care, and self-care considerations in the journey of aging. Sessions will be held on Tuesdays in March at 2:00 in Oakview Chapel



SPRING FORWARD

**Don't forget to move your
clocks forward 1 hour on
March 8th!**