

Radiant Care Tabor Manor

WE WELCOME...

Lewis Shedden
Donna Froese
Lora Berg
Karen Lalonde
Gerald Doan

WE REMEMBER...

Tena Goertzen
Victoria Marriott
Jacob Fast

WE CELEBRATE THE BIRTHDAYS OF...

Susan Klassen
Coby Vandersteen
John Peckham
Jane Burke
Ellen Harwood
Andy Roessner
Keitha Melnick
Joyce Kalen
Wilma Lubic
Margery "Bunny" Thompson
Parania Jarzyna
Beverley Alder
Selma Braun
Lora Berg

Tabor Times

February 2026

Family Council Members Wanted!!

Currently Tabor does not have a family council and is looking for family members, relatives, or friends of residents to start a council and be apart of the Family Council Team!

How do I start a Family Council?

- ♦ If you are interested in starting the committee, please contact Norma Restivo, Therapeutic Recreation Supervisor for more details.

How Can I Make a Difference?

- ♦ Family Council provides an opportunity for families to participate in enhancing the daily life of our residents. Council is a great way to inform and educate families.
- ♦ Council members would host regular meetings to maintain interest in and momentum of the group.

What does a Family Council Do?

Family Council work with the Home to improve the quality of Life of our residents. It allows families ongoing mutual support and encouragement. Sharing thoughts, feelings and experiences provides a forum for learning and an opportunity to become more knowledgeable about the Home's operations, policies and rules. This can be very helpful to new families and residents.

You don't choose your family.
They are God's gift to you, as you
are to them.

Happy Family Day!



Volunteer Opportunities at Radiant Care

Volunteers play an important role in assisting our home and play a vital part in enriching the residents and tenants emotional and social wellbeing. Some opportunities that you may be interested in: friendly visiting, gardening, entertainment, tuck shop, recreation programs or administrative work. If you are interested in volunteering please connect with our volunteer coordinator Stephen Mason through email at: stephenm@radiantcare.net or you may reach him at 905 934-3414 Ext. 1009.



February is Therapeutic Recreation Awareness Month

Our TR Professionals use Recreation and Leisure to help people to...

- ♥ Improve physical and cognitive abilities
- ♥ Increase confidence and self-esteem
- ♥ Foster greater involvement in the community
- ♥ Strengthen interpersonal skills and relationships
 - ♥ Improve coping and adaptation skills
 - ♥ Enhance wellbeing
- ♥ Encourage a greater sense of accomplishment
- ♥ Realize the benefits of a healthy leisure lifestyle

Please take a moment this month to recognize the Recreation Department team for their hard work and dedication in providing meaning and purpose in our resident's lives.



Perishky Baking will take place
February 11th and 25th

Orders can be placed at the
Welcome Desk

All Volunteers are welcome to
bake and socialize with your
community!

Shrove Tuesday/Pancake Day Social

Tuesday, February 17th

Check calendars for details.



Resident Food Committee Meeting

Tuesday, February 10th at 10:00am
in Great Room



Resident Council Meeting

Wednesday, February 18th at
2:00pm in Great Room



A Matter of The Heart! *Pastor Jim*

A mother was trying to get her little boy to sit down and eat his breakfast. He stubbornly refused. She said, 'Jonny, if you don't sit down and eat you will not go out to play. After a long silence, he sat down. When his mother noticed he wasn't eating his breakfast, she asked him, 'Jonny, why aren't you eating your breakfast?' He answered, 'Mommy, I'm sitting on the outside, but I'm still standing on the inside!'

We as well can struggle to conform to God's will and purposes for our lives! We may attempt to conform to His commands and principles 'on the outside', but 'on the inside' we may 'still be standing' struggling with or even resisting His desires for us. We need to rely on His leading to follow and obey Him 'from the heart'!

Psalms 119:33-36 states...

Teach me, O LORD, the way of your statutes; and I will keep it to the end.

Give me understanding, that I may keep your law and observe it with my whole heart.

Lead me in the path of your commandments, for I delight in it.

Incline my heart to your testimonies, and not to selfish gain!

As followers of Christ, there is no end of things we should do or ought to do or even must do. There are commands we should cherish, goals we should embrace, attitudes we ought to cultivate. But the sad truth is this: In our basic human nature, we may not have any real desire to do these things at all. We might succeed in adhering to a list of "do's" and "don'ts" and "thou shalt's" for a while, but if it's done in our own strength for the sake of duty, it will never last—and it really won't please God.

The reason is what the apostle Paul clearly teaches, "18 For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out" (Rom. 7:18). On our own, we don't have the will nor the desire to please God and obey His will!

The good news is that the Holy Spirit within the believer freely gives us the desire to do God's will. He will supply the 'want to', which is far, far more compelling than the 'have to'. Now, in Christ, we can freely and fully obey The Lord with our whole heart!

As Paul states...

**But thanks be to God, that you who were once slaves of sin
have become obedient from the heart to the standard of
teaching to which you were committed,**

Remember...

Faithfully Obeying The Lord in Everything is not just a Matter of Duty...

It is a Matter of Devotion!

Following Christ is a Matter of The Heart!

February 2026

Spruce Lane Star

Radiant Care Tabor Manor | 1 Tabor Dr., St. Catharines | 905-934-2548



February Birthdays

Hank P. – February 1st

Upcoming Events

February 5th / 19th –

Coffee Hour:

Join Scott Street Church in the Café at 2:30pm to enjoy some coffee and conversation!

February 11th / 25th –

Perishky Baking:

Join us in LTC at 9:30am to help bake Perishky!

February 12th – Dinner and Movie Night:

Join us in the Café at 5:00pm for a romance filled movie night!

February 17th –

Chapel Service:

Join us in the Great Room at 10:00am for a morning of music with the Tabor Ensemble!

February 17th –

Shrove Tuesday:

Join us in the café at 2:30pm to enjoy some delicious pancakes!

February 23rd –

Hymn Sing:

Join Stephen at 2:00pm in the Café to enjoy some lovely singing and music.

February 26th – Heritage Christian School:

Join us in the Chapel at 10:30am for a morning of music!

Chasing Winter Glory

The 2026 Winter Olympics are headed to the stunning landscapes of northern Italy, bringing together athletes and fans for a celebration of winter sports, culture, and camaraderie. Set across Milan and Cortina d'Ampezzo, the Games promise a picturesque backdrop of snow-capped Dolomite peaks, charming Alpine villages, and historic cities bursting with Italian flair. Visitors can expect not only thrilling competitions but also the chance to savor local traditions—from hearty mountain cheeses and cured meats to rich pastries and steaming bowls of polenta. Northern Italy's cuisine, hospitality, and vibrant markets offer a unique flavor to the global event, making the Olympics more than just an athletic spectacle.

At the heart of the Games are the timeless Olympic values: teamwork, perseverance, and friendly rivalry. Whether athletes are coordinating flawless relay passes on the ice, supporting teammates in grueling downhill runs, or striving to shave precious seconds off their times, the Olympics showcase how dedication and collaboration turn individual effort into shared achievement. Even the competition itself, while intense, is framed by respect and admiration, highlighting the joy of challenging oneself and connecting with others from around the world.

For winter sports enthusiasts, the 2026 Olympics also carry a strong sense of nostalgia. Fans will relive the thrill of skiing down glittering slopes, the elegance of figure skating routines, and the exhilaration of sledding through icy tracks. From alpine skiing and snowboarding to speed skating and bobsled, the Games celebrate the full spectrum of winter sports, each steeped in history and tradition.

The Milan-Cortina Olympics offer a rare combination: breathtaking scenery, rich cultural experiences, and the universal language of sport. As nations gather to compete, cheer, and share in this global festival, the event promises to leave lasting memories for athletes and spectators alike. Whether you're drawn by the chance to witness record-breaking performances or simply to enjoy the snowy landscapes and Italian charm, the 2026 Winter Olympics are shaping up to be a spectacular, heartwarming celebration of skill, spirit, and wintertime joy.

Casting Our Cares

Perhaps you have experienced a desire to flee from your circumstances during hard days or painful seasons of life. Maybe you can resonate with the ache behind the psalmist's cry, "Oh, that I had the wings of a dove! I would fly away and be at rest – I would flee far away..." (Ps. 55:6). God understands our desire for flight when things get hard, and God cares about our pain more than we can imagine. Therefore, he reminds us to cast all our cares on Him because He cares for us (1 Pt. 5:7).

One way I choose to do this is in song. Singing helps me pray. It was Augustine who said, "The person who sings prays twice; once with the mind, and once with the heart." I wonder if a verse from one of my favorites will connect with you and help give voice to your sense of need today. If you know it, I encourage you to sing it. ***Precious Lord, take my hand, lead me on, let me stand. I am tired, I am weak, I am worn. Through the storm, through the night, lead me on to the light. Take my hand, precious Lord, lead me home.***

Stephen Mason
Volunteer Coordinator

Connect the Dots!

Connect the numbers from 1 – 151.

