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	Morning: 9:30 Exercise 10:00 Who, What, Where? Afternoon: 2:00 Scripture, Song, and Story with Stephen 3:00 Jeopardy 	Morning: 9:15 Online Chapel 9:45 Exercise 10:15 Fit Minds Afternoon: 2:00 Viscount's Performance in Great Room 	Morning: 9:30 Exercise 10:00 Giant Crossword 10:30 Pet Visits with Aussie Afternoon: Christmas Window Painting! 	Morning: Exercise Afternoon: 2:00 Holiday Painting 6:00 Festival of Lights Bus Trip *Sign-up Required 	Morning: 9:45 BINGO 11:45 Lunchtime Serenades with Marg Afternoon: 2:30 Game of Luck BINGO!	
9:00 Church Service on Television 	Morning: 9:30 Exercise 10:15 Book Club (<i>Jane Austen</i>) Afternoon: 2:00 Scripture, Song, and Story with Stephen 3:00 White Board Games	Morning: 9:15 Online Chapel 9:45 Exercise 10:15 Fit Minds Afternoon: 2:30 "Christmas in Mexico" Travelogue 	Morning: 9:00 Perishky on 2 nd RHA 10:30 Pet Visits with Aussie Afternoon: 2:30 Java Music Club 	Morning: 9:45 BINGO Afternoon: 2:30 Colin's Café 5:45 Sing-Along with Glenridge Bible Group BINGO!	Morning: 9:30 Exercise 10:00 Roman Catholic Mass 10:30 Christmas Caroling with Beacon Christian School Afternoon: 2:30 Holiday Craft	Morning: 10:00 Exercise Afternoon: 2:30 Chorus Niagara in Great Room 
9:00 Church Service on Television  Hanukkah Begins	Morning: 9:30 Exercise 10:00 Fit Minds Afternoon: 2:00 Scripture, Song, and Story with Stephen 3:00 Christmas Trivia 	Morning: 10:00 The Church at Niagara Youth Choir in Great Room Afternoon: 2:30 Sugar Cookie Decorating 	Morning: 9:30 Exercise 10:00 Baking Group: Christmas Bread 10:30 Pet Visits with Aussie Afternoon: 2:30 Game of Luck 	Morning: 9:30 Exercise Afternoon: 2:00 Mixed Nuts and Birthday Party in Great Room 5:30 Card Games 	Morning: 9:45 BINGO Afternoon: Friendly Visits BINGO!	Happy Birthday Peter! Morning: 10:00 Exercise Afternoon: 2:30 Movie Matinee "A Christmas Story" with Hot Chocolate in Great Room 
First Day of Winter 9:00 Church Service on Television  Winter Begins	Morning: 9:30 Exercise Afternoon: 2:00 Scripture, Song, and Story with Stephen 3:00 Balloon Tennis 	Morning: 9:45 BINGO! Afternoon: 2:30 Christmas Word Games 5:30 Music with Ron BINGO!	Christmas Eve Morning: 10:00 Christmas Eve Service in Great Room Afternoon: 2:30 Christmas Cards 	ELF VISITS ALL DAY!  MERRY CHRISTMAS! Christmas	Boxing Day Morning: Exercise Afternoon: Program with Steph! Happy Birthday Raffaela! Boxing Day (Canada) Kwanzaa Begins 	
9:00 Church Service on Television 	Morning: 9:30 Exercise 10:15 Book Club (<i>Jane Austen</i>) Afternoon: 2:30 Ladder Ball 	Morning: 9:15 Online Chapel 9:45 Exercise 10:15 Fit Minds Afternoon: 2:30 Game of Luck 	New Years Eve Morning: 10:30 Pet Visits with Aussie  New Year's Eve	<div>December 2025</div> <div>FIRST RHA RECREATION CALENDAR</div>		



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Church Service on the Television	Morning: 9:30 Exercise 10:00 Songs, Scripture and Stories with Stephen Afternoon: 2:00 Travelogue: Christmas in Mexico 2:30 UNO	Happy Birthday Erna B! Morning: Exercise Church Service Online Afternoon: 2:00 The Viscounts in the Great Room	Morning: Exercise Pet Visits with Aussie Afternoon: 2:00 Euchre 5:30 Board game	Morning: Exercise Afternoon: Balloon Tennis	Morning 9:30 Exercise 10:00 Holiday Word Game Afternoon: 2:30 Bingo! BINGO!	St Nicholas Day! Morning: Exercise Afternoon: Card Games
 Church Service on the Television	Morning: 9:30 Exercise 10:00 Songs, Scripture and Stories with Stephen 10:15 Book Club on 1 st RHA (Jane Austen) Afternoon: 2:30 The 12 Days of Christmas Bingo	Morning: 9:30 Exercise 10:00 Church Service Online 10:30 Create a Christmas Card  Afternoon: 6:00 Bus Outing – Festival of Lights	Morning: 9:30 Perishky Baking on 2 nd RHA 10:30 Pet Visits with Aussie Afternoon: 2:00 Euchre 3:00 Christmas Caroling 	Morning: 9:30 Exercise 10:00 Christmas How Many Words? Afternoon: 2:00 2:30 Boxed in for the Holidays Game	Morning: 9:30 Exercise 10:00 11:45 Lunchtime Serenades Afternoon: 2:30 Bingo! BINGO!	Morning: Exercise Afternoon: 2:30 Chorus Niagara Concert - in Great Room 
 Hanukkah Begins	Morning: 9:30 Exercise 10:00 Songs, Scripture and Stories with Stephen Afternoon: Card Games	Happy Birthday Delila! Happy Birthday Gloria! Morning: 10:00 The Church at Niagara Youth Choir in Great Room Afternoon: 2:00 Christmas Movie Matinee	Morning: 9:30 Exercise 10:00 Christmas Trivia 10:30 Pet Visits with Aussie Afternoon: 2:30 Christmas Craft 	Happy Birthday Harriet! Morning: 9:30 Exercise 10:00 Christmas Baking Afternoon: 2:00 Birthday Celebration with Mixed Nuts	Morning: 9:30 Exercise 10:00 Christmas Jeopardy! Afternoon: 2:30 Bingo! BINGO!	Morning: Exercise Afternoon: 2:30 Movie Matinee “A Christmas Story” with Hot Chocolate in Great Room 
 Winter Begins	Morning: 9:30 Exercise 10:00 Songs, Scripture and Stories with Stephen Afternoon: 2:30 Christmas Crafts	Morning: 9:30 Exercise 10:00 Christmas Poems & Stories 10:30 Church Service Online Afternoon: 2:30 Christmas Musical Bingo	Morning: 9:30 Exercise 10:00 Christmas Eve Service in Great Room 10:30 Pet Visits with Aussie Afternoon: Friendly Visits	Happy Birthday Maria F! Elf Visits!  Christmas	Morning: 9:30 Exercise 10:00 Ladder Ball Afternoon: 2:30 Bingo! BINGO! Boxing Day (Canada) Kwanzaa Begins	Morning: Exercise Afternoon: UNO 
 Church Service on the Television	Morning: 9:30 Exercise 10:00 2025 Triva 10:15 Book Club on 1 st RHA (Jane Austen) Afternoon: 2:00 Montessori Moments 2:30 Euchre	Morning: 9:30 Exercise 10:00 Church Service Online Afternoon: 2:30 UNO!	Morning: 9:30 Exercise 10:00 Alphabet Game Afternoon: 2:30 New Years Eve Social New Year's Eve	December 2025 Second RHA Recreation Calendar		

ALL PROGRAMS SUBJECT TO CHANGE***** Sign Up Required for Bus Outing – Festival of Lights

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning: 9:30 Songs, Scripture and Stories with Stephen 10:00 Active Game: Bean Bag Toss Afternoon: 2:30 Board game	Morning: 9:30 Exercise 10:00 Fit Minds 10:30 December Trivia Afternoon: 2:00 Viscounts Performance in the Great Room 3:00 Card game	Morning: 9:30 Exercise 10:00 Name 10 10:30 Aussie Pet Visits Afternoon: 2:00 Friendly Visits	Morning: 9:30 Exercise 10:00 Word Games Afternoon: 3:00 Card BINGO	HAPPY BIRTHDAY TRAVIS! Morning: 9:30 BINGO! Afternoon: Travis Birthday Celebration and Active games	St Nicholas Day Morning: 9:30 Exercise Afternoon: Friendly Visits
Morning: Church Service on TV 	Morning: 9:30 Songs, Scripture and Stories with Stephen 10.00 Snow Man Crafts 10:15 Book Club on 1 st RHA (<i>Jane Austen</i>) Afternoon: 3:00 Bean Bag Toss	Morning: 9:30 Exercise 10:00 Fit Minds Afternoon: 2:30 Finish the Line 3:00 Travelogue	Morning: 9:30 Perishky on 2 nd RHA 10:30 Aussie Pet Visits Afternoon: 2:30 Christmas Crafts	Morning: 9:30 Exercise 10:00 Winter Paintings Afternoon: 3:00 Reading Circle 5:45 Glenridge Bible Group Sing Along on 1st RHA	HAPPY BIRTHDAY GENEVIEVE AND RUBY! Morning: 9:30 BINGO! 10:30 Beacon Chirstian School Christmas Caroling on 1st RHA Afternoon: 3:00 Active Game: Bowling	Morning: 9:30 Exercise Afternoon: 2:30 Chorus Niagara in the Great Room
Morning: Church Service on TV 	Morning: 9:30 Songs, Scripture and Stories with Stephen Afternoon: 3:00 Card BINGO	Morning: 9:30 Exercise 10:00 Large Church Service in the Great Room Afternoon 2:30 Fit Minds 3:00 Coffee and Chat 5:30 Ron Sings	Morning: 9:30 Exercise 10:00 Word Games 10:30 Aussie Pet Visits Afternoon: 3:00 Balloon Tennis 6:00 Bus Outing Festival of Lights *	Morning: 9:30 Exercise 10:00 Frost & Fun: Holiday Cookie Decorating Afternoon: 2:00 Birthday Party in the Great Room	Morning: 9:30 BINGO! 11:45 Lunchtime Serenades with Marg Janzen Afternoon: Friendly Visits	Morning: 9:30 Exercise Afternoon: 2:30 Movie Matinee "A Christmas Story" with Hot Chocolate in Great Room
Morning: Church Service on TV 	Morning: 9:30 Songs, Scripture and Stories with Stephen 10:45 Reading Circle Afternoon: 2:30 Christmas Card Making	Morning: 9:30 Exercise 10:00 Card Bingo Afternoon: 2:30 Fit Minds	Christmas Eve Morning: 10:00 Christmas Service in the Great Room 10:30 Aussie Pet Visits Afternoon: 3:00 Christmas Around the World PPT	HAPPY BIRTHDAY MARIA!  ELF VISITS! <small>Christmas</small>	Boxing Day Morning: 9:30 BINGO! Afternoon: 3:00 Active Game: Ladder Ball <small>Boxing Day (Canada) Kwanzaa Begins</small>	Morning: 9:30 Exercise Afternoon: How Many Words
Morning: Church Service on TV 	Morning: 9:30 Songs, Scripture and Stories with Stephen 10:15 Book Club on 1st RHA (<i>Jane Austen</i>) Afternoon: 3:00 Card Games	Morning: 9:30 Exercise 10:00 Fit Minds Afternoon: 3:00 Coffee and Chat	New Years Eve Morning: 9:30 Exercise 10:00 Coloring Pages 10:30 Aussie Pet Visits Afternoon: 2:30 NYE Social <small>New Year's Eve</small>	<div>December 2025</div> <div>THIRD RHA RECREATION CALENDAR</div>		

ALL PROGRAMS ARE SUBJECT TO CHANGE, CREATIVE ARTS, MOVIES, AND OUTINGS SIGN UP IS REQUIRED*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"The best way to spread Christmas cheer is singing loud for all to hear." <i>Buddy the Elf, Elf (2003)</i></p>	<p>Morning: 9:30 – Exercise 10:00 – Monthly Gazette December Trivia Afternoon: 3:00 – Scripture, Story & Song with Stephen</p> 	<p>No Morning Program Afternoon: 2:00 – The Viscounts 5:30 – Winter Festival of Lights Bus Trip**</p> 	<p>Morning: 9:30 – Exercise 10:00 – Word Games 10:30 – Christmas Baking Group & Cookie Decorating Afternoon: 2:00 – Euchre Group 3:00 – Friendly Visits & Rolling Coco-Cart Pet Visits with Aussie</p>	<p>Morning: 9:30 – Exercise 10:00 – Crafting Christmas Cards 10:30 – Virtual Chapel Afternoon: 3:00 – Colin's Café</p>	<p>Morning: 9:30 – Exercise 10:00 – Whiteboard Games Afternoon: 2:30 – BINGO!</p> 	<p>St. Nicolas Day Morning: 9:30 – Exercise 10:00 – Armchair Travel: European Christmas Markets & St. Nicholas Activities Afternoon: 2:30 – Friendly Visits</p>
<p>7 Second Sunday of Advent "Peace" Matthew 3:1-12</p> 	<p>8 Morning: 9:30 – Exercise 10:15 –Book Club on 1st RHA Jane Austen's <i>Persuasion</i> Afternoon: 3:00 – Scripture, Story & Song with Stephen</p> 	<p>9 Morning: 9:30 – Exercise 10:00 – Salt Ornaments Afternoon: 2:00 – Sunshine Singers Christmas Movie Matinee: <i>Resident's Choice</i></p>	<p>10 Morning: 9:30 – Perishky on 2nd RHA Afternoon: 2:00 – Euchre Group 3:00 – Friendly Visits & Rolling Coco-Cart <i>Christmas Movie: Elf (2003)</i> Pet Visits with Aussie</p>	<p>11 Morning: 9:30 – Exercise 10:00 – 12 Days of Christmas Picture Bingo 10:30 – Virtual Chapel Afternoon: 3:00 – Fit Minds</p> 	<p>12 Morning: 9:30 – Exercise 10:00 – Roman Catholic Service in Great Room 10:30 – Group Crossword Afternoon: 2:30 – BINGO!</p>	<p>13 Morning: 9:30 – Exercise 10:00 – Trees the "Wright" Way Painting Group Afternoon: 2:30 – Chorus Niagara in Great Room</p>
<p>14 Third Sunday of Advent "Joy" Psalm 146:5-10</p>  <p>Hanukkah Begins</p>	<p>15 Morning: 9:30 – Exercise 10:00 – Evergreen Christmas Trees Craft Afternoon: 3:00 – Scripture, Story & Song with Stephen</p> 	<p>16 Morning: 9:30 – A Morning of Music – The Church at Niagara Youth Choir Afternoon: 2:30 – Cards & Games 3:00 – Fit Minds Christmas Movie Matinee: <i>Miricle on 34th Street (1947)</i></p>	<p>17 Morning: 9:30 – Exercise 10:00 – Christmas Sing-along with Bonnie Afternoon: 2:00 – Euchre Group 3:00 – Friendly Visits & Rolling Coco-Cart Pet Visits with Aussie</p>	<p>18 Morning: 9:30 – Exercise 10:00 – Holiday Music Bingo 10:30 – Virtual Chapel Afternoon: 2:30 – Celebrating December Birthdays</p> 	<p>19 Morning: 9:30 – Exercise 10:00 – Christmas Jeopardy Afternoon: 2:30 – BINGO!</p> 	<p>20 Morning: 9:30 – Exercise Afternoon: Christmas Movie Matinee: <i>A Christmas Story (1983)</i> in the Great Room</p>
<p>21 First Day of Winter Fourth Sunday of Advent "Love" Matthew 1:18-25</p>  <p>Winter Begins</p>	<p>22 Morning: 9:30 – Exercise 10:00 – Christmas Craft Afternoon: 3:00 – Scripture, Story & Song with Stephen Christmas Movie Matinee: <i>Rudolf The Red Nosed Reindeer (1964)</i></p>	<p>23 Morning: 9:30 – Exercise 10:00 – Decorating Cookies Afternoon: 2:30 – Cards & Games 3:00 – Fit Minds Christmas Movie Matinee: <i>How the Grinch Stole Christmas (1966)</i></p>	<p>24 Christmas Eve Morning: 9:30 – Christmas Eve Service in Great Room Afternoon: 2:00 – Euchre Group 2:30 – Friendly Visits <i>Christmas Movie: Scrooge: A Christmas Carol (1935)</i></p>	<p>25 Christmas Day Merry Christmas ELF VISITS Christmas</p>	<p>26 Boxing Day Morning: 9:30 – Exercise 9:40 – Hot Chocolate Social 11:00 – Piano with Marg Afternoon: 2:30 – BINGO!</p> <p>Boxing Day (Canada) Kwanzaa Begins</p>	<p>27 Morning: 9:30 – Exercise 10:00 – Java Music Club Social Afternoon: 2:30 – Friendly Visits Classic Movie Matinee: <i>Resident's Choice</i></p>
<p>28 Church Service on T.V.</p> 	<p>29 Happy Birthday Steve! Morning: 9:30 – Exercise 10:15 –Book Club on 1st RHA Jane Austen's <i>Persuasion</i> Afternoon: 3:00 – Cards & Games</p> 	<p>30 Morning: 9:30 – Exercise 10:00 – Fit Minds Afternoon: 3:00 – Armchair Travel – Casablanca, Morocco Classic Movie Matinee: <i>Casablanca (1942)</i></p>	<p>31 New Year's Eve Morning: 9:30 – Exercise 10:00 – New Year's Eve Traditions from Around 11:45 – Countdown to Noon! Afternoon: 2:00 – Euchre Group & Social Pet Visits with Aussie New Year's Eve</p>	<p>December 2025 Fourth RHA Recreation Calender</p>		

Sign up require for Niagara Falls Festival of Lights bus trip as space is limited. Attendance is restricted to residents who can self-transfer independently.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Elfer Raus in the Fireside Lounge with Katie 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	9:30 Scone Baking with Katie in the Café 11:00 Seated Exercise in the Café 2:00 High Tea in the Chapel	9:30 Craft Corner in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Bingo in the Café B I N G O	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug	11:00 BINGO in the Olive Branch Café 	
9:30 Sunday Service in the Chapel 	9:30 Victoria Sponge Cake Baking with Katie in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	10:30 Heritage Christian School Choir in the Chapel 2:00 Baking Minced Pies with Katie in the Café 2:30 Sunshine Singers in the Great Room	9:30 Perishky Baking on 2nd RHA in LTC 11:00 Seated Exercise in the Café 2:30 Bingo in the Café B I N G O	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Fairwell Party for Katie in the Café 6:00 Christmas Movie Night in the Café	11:00 BINGO in the Olive Branch Café 	Happy Birthday Gertrude! <i>"There fore the Lord himself shall give you a sign; Behold, a virgin shall conceive, and bear a son, and shall call his name Immanuel."</i> Isaiah 7:14
9:30 Sunday Service in the Chapel  Hanukkah Begins	9:30 Bible Trivia in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	10:00 The Church at Niagara Youth Choir In the Great Room 11:00 Seated Exercise in the Café 2:30 Christmas Jeopardy in the Café	11:00 Seated Exercise in the Café 	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug 6:00 Festival of Lights Bus Outing – Sign Up Required	11:00 BINGO in the Olive Branch Café 	
9:30 Sunday Service in the Chapel  Winter Begins	11:00 Seated Exercise in the Café 	9:30 Carol Cut-Off in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	<u>No Exercise Today</u> 10:00 Christmas Eve Service in the Great Room 2:30 Christmas Bingo in the Café 	10:00 Christmas Social in the Café 		<i>"And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger; because there was no room for them in the inn."</i> Luke 2:7
9:30 Sunday Service in the Chapel 	9:30 Who/What/Where Am I? in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	9:30 New Years Resolutions in the Café 11:00 Seated Exercise in the Café 2:30 Elfer Raus in the Fireside Lounge	<u>No Exercise Today</u>  New Year's Eve	<div>December 2025</div> <div>Spruce Lane Recreation Calendar</div>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Elfer Raus in the Fireside Lounge with Katie 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	9:30 Scone Baking with Katie in the Café 11:00 Seated Exercise in the Café 2:00 High Tea in the Chapel	9:30 Craft Corner in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Bingo in the Café B I N G O	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug	11:00 BINGO in the Olive Branch Café 	
9:30 Sunday Service in the Chapel 	9:30 Victoria Sponge Cake Baking with Katie in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	10:30 Heritage Christian School Choir in the Chapel 2:00 Baking Minced Pies with Katie in the Café 2:30 Sunshine Singers in the Great Room	9:30 Perishky Baking on 2nd RHA in LTC 11:00 Seated Exercise in the Café 2:30 Bingo in the Café B I N G O	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Fairwell Party for Katie in the Café 6:00 Christmas Movie Night in the Café	11:00 BINGO in the Olive Branch Café 	<i>"There fore the Lord himself shall give you a sign; Behold, a virgin shall conceive, and bear a son, and shall call his name Immanuel."</i> Isaiah 7:14
9:30 Sunday Service in the Chapel  Hanukkah Begins	9:30 Bible Trivia in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	10:00 The Church at Niagara Youth Choir In the Great Room 11:00 Seated Exercise in the Café 2:30 Christmas Jeopardy in the Café	11:00 Seated Exercise in the Café 	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug 6:00 Festival of Lights Bus Outing – Sign Up Required	11:00 BINGO in the Olive Branch Café 	
9:30 Sunday Service in the Chapel  Winter Begins	11:00 Seated Exercise in the Café 	9:30 Carol Cut-Off in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	<u>No Exercise Today</u> 10:00 Christmas Eve Service in the Great Room 2:30 Christmas Bingo in the Café 	10:00 Christmas Social in the Café 	 	<i>"And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger; because there was no room for them in the inn."</i> Luke 2:7
9:30 Sunday Service in the Chapel 	9:30 Who/What/Where Am I? in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	9:30 New Years Resolutions in the Café 11:00 Seated Exercise in the Café 2:30 Elfer Raus in the Fireside Lounge	<u>No Exercise Today</u>  New Year's Eve	<div>December 2025</div> <div>Mapleview and Evergreen Recreation Calendar</div>		