

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning: 9:30 Exercise 10:00 Who, What, Where? Afternoon: 2:00 Scripture, Song, and Story with Stephen 3:00 Jeopardy 	Morning: 9:15 Online Chapel 9:45 Exercise 10:15 Fit Minds Afternoon: 2:00 Viscount's Performance in Great Room 	Morning: 9:30 Exercise 10:00 Giant Crossword 10:30 Pet Visits with Aussie Afternoon: Christmas Window Painting! 	Morning: Exercise Afternoon: 2:00 Holiday Painting 6:00 Festival of Lights Bus Trip *Sign-up Required 	Morning: 9:45 BINGO 11:45 Lunchtime Serenades with Marg Afternoon: 2:30 Game of Luck BINGO!	
9:00 Church Service on Television 	Morning: 9:30 Exercise 10:15 Book Club (<i>Jane Austen</i>) Afternoon: 2:00 Scripture, Song, and Story with Stephen 3:00 White Board Games 	Morning: 9:15 Online Chapel 9:45 Exercise 10:15 Fit Minds Afternoon: 2:30 "Christmas in Mexico" Travelogue 	Morning: 9:00 Perishky on 2 nd RHA 10:30 Pet Visits with Aussie Afternoon: 2:30 Java Music Club 	Morning: 9:45 BINGO Afternoon: 2:30 Colin's Café 5:45 Sing-Along with Glenridge Bible Group BINGO!	Morning: 9:30 Exercise 10:00 Roman Catholic Mass 10:30 Christmas Caroling with Beacon Christian School Afternoon: 2:30 Holiday Craft 	Morning: 10:00 Exercise Afternoon: 2:00 Chorus Niagara in Great Room 
9:00 Church Service on Television  Hanukkah Begins	Morning: 9:30 Exercise 10:00 Fit Minds Afternoon: 2:00 Scripture, Song, and Story with Stephen 3:00 Christmas Trivia 	Morning: 10:00 The Church at Niagara Youth Choir in Great Room Afternoon: 2:30 Sugar Cookie Decorating 	Morning: 9:30 Exercise 10:00 Baking Group: Christmas Bread 10:30 Pet Visits with Aussie Afternoon: 2:30 Game of Luck 	Morning: 9:30 Exercise Afternoon: 2:00 Mixed Nuts and Birthday Party in Great Room 5:30 Card Games 	Morning: 9:45 BINGO Afternoon: Friendly Visits BINGO!	Happy Birthday Peter! Morning: 10:00 Exercise Afternoon: 2:30 Movie Matinee "A Christmas Story" with Hot Chocolate in Great Room 
First Day of Winter 9:00 Church Service on Television  Winter Begins	Morning: 9:30 Exercise Afternoon: 2:00 Scripture, Song, and Story with Stephen 3:00 Balloon Tennis 	Morning: 9:45 BINGO! Afternoon: 2:30 Christmas Word Games 5:30 Music with Ron BINGO!	Christmas Eve Morning: 10:00 Christmas Eve Service in Great Room Afternoon: 2:30 Christmas Cards 	ELF VISITS ALL DAY!  MERRY CHRISTMAS! Christmas	Boxing Day Morning: Exercise Afternoon: Program with Steph! Happy Birthday Raffaella! Boxing Day (Canada) Kwanzaa Begins 	
9:00 Church Service on Television 	Morning: 9:30 Exercise 10:15 Book Club (<i>Jane Austen</i>) Afternoon: 2:30 Ladder Ball 	Morning: 9:15 Online Chapel 9:45 Exercise 10:15 Fit Minds Afternoon: 2:30 Game of Luck 	New Years Eve Morning: 10:30 Pet Visits with Aussie  New Year's Eve	December 2025 FIRST RHA RECREATION CALENDAR		



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Church Service on the Television	Morning: 9:30 Exercise 10:00 Songs, Scripture and Stories with Stephen Afternoon: 2:00 Travelogue: Christmas in Mexico 2:30 UNO	Happy Birthday Erna B! Morning: Exercise Church Service Online Afternoon: 2:00 The Viscounts in the Great Room	Morning: Exercise Pet Visits with Aussie Afternoon: 2:00 Euchre 5:30 Board game	Morning: Exercise Afternoon: Balloon Tennis	Morning 9:30 Exercise 10:00 Holiday Word Game Afternoon: 2:30 Bingo! BINGO!	St Nicholas Day! Morning: Exercise Afternoon: Card Games
 Church Service on the Television	Morning: 9:30 Exercise 10:00 Songs, Scripture and Stories with Stephen 10:15 Book Club on 1 st RHA (Jane Austen) Afternoon: 2:30 The 12 Days of Christmas Bingo	Morning: 9:30 Exercise 10:00 Church Service Online 10:30 Create a Christmas Card  Afternoon: 6:00 Bus Outing – Festival of Lights	Morning: 9:30 Perishky Baking on 2 nd RHA 10:30 Pet Visits with Aussie Afternoon: 2:00 Euchre 3:00 Christmas Caroling 	Morning: 9:30 Exercise 10:00 Christmas How Many Words? Afternoon: 2:00 2:30 Boxed in for the Holidays Game	Morning: 9:30 Exercise 10:00 11:45 Lunchtime Serenades Afternoon: 2:30 Bingo! BINGO!	Morning: Exercise Afternoon: 2:00 Chorus Niagara Concert - in Great Room 
 Hanukkah Begins	Morning: 9:30 Exercise 10:00 Songs, Scripture and Stories with Stephen Afternoon: Card Games	Happy Birthday Delila! Happy Birthday Gloria! Morning: 10:00 The Church at Niagara Youth Choir in Great Room Afternoon: 2:00 Christmas Movie Matinee	Morning: 9:30 Exercise 10:00 Christmas Trivia 10:30 Pet Visits with Aussie Afternoon: 2:30 Christmas Craft 	Happy Birthday Harriet! Morning: 9:30 Exercise 10:00 Christmas Baking Afternoon: 2:00 Birthday Celebration with Mixed Nuts	Morning: 9:30 Exercise 10:00 Christmas Jeopardy! Afternoon: 2:30 Bingo! BINGO!	Morning: Exercise Afternoon: 2:30 Movie Matinee “A Christmas Story” with Hot Chocolate in Great Room 
 Winter Begins	Morning: 9:30 Exercise 10:00 Songs, Scripture and Stories with Stephen Afternoon: 2:30 Christmas Crafts	Morning: 9:30 Exercise 10:00 Christmas Poems & Stories 10:30 Church Service Online Afternoon: 2:30 Christmas Musical Bingo	Morning: 9:30 Exercise 10:00 Christmas Eve Service in Great Room 10:30 Pet Visits with Aussie Afternoon: Friendly Visits	Happy Birthday Maria F! Elf Visits!  Christmas	Morning: 9:30 Exercise 10:00 Ladder Ball Afternoon: 2:30 Bingo! BINGO! Boxing Day (Canada) Kwanzaa Begins	Morning: Exercise Afternoon: UNO 
 Church Service on the Television	Morning: 9:30 Exercise 10:00 2025 Triva 10:15 Book Club on 1 st RHA (Jane Austen) Afternoon: 2:00 Montessori Moments 2:30 Euchre	Morning: 9:30 Exercise 10:00 Church Service Online Afternoon: 2:30 UNO!	Morning: 9:30 Exercise 10:00 Alphabet Game Afternoon: 2:30 New Years Eve Social New Year's Eve	December 2025 Second RHA Recreation Calendar		

ALL PROGRAMS SUBJECT TO CHANGE***** Sign Up Required for Bus Outing – Festival of Lights

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"The best way to spread Christmas cheer is singing loud for all to hear." <i>Buddy the Elf, Elf (2003)</i>	Morning: 9:30 – Exercise 10:00 – Monthly Gazette December Trivia Afternoon: 3:00 – Scripture, Story & Song with Stephen 	No Morning Program Afternoon: 2:00 – The Viscounts 5:30 – Winter Festival of Lights Bus Trip** 	Morning: 9:30 – Exercise 10:00 – Word Games 10:30 – Christmas Baking Group & Cookie Decorating Afternoon: 2:00 – Euchre Group 3:00 – Friendly Visits & Rolling Coco-Cart Pet Visits with Aussie	Morning: 9:30 – Exercise 10:00 – Crafting Christmas Cards 10:30 – Virtual Chapel Afternoon: 3:00 – Colin's Café	Morning: 9:30 – Exercise 10:00 – Whiteboard Games Afternoon: 2:30 – BINGO! 	St. Nicolas Day Morning: 9:30 – Exercise 10:00 – Armchair Travel: European Christmas Markets & St. Nicholas Activities Afternoon: 2:30 – Friendly Visits
7 Second Sunday of Advent "Peace" Matthew 3:1-12 	8 Morning: 9:30 – Exercise 10:15 –Book Club on 1st RHA Jane Austen's <i>Persuasion</i> Afternoon: 3:00 – Scripture, Story & Song with Stephen 	9 Morning: 9:30 – Exercise 10:00 – Salt Ornaments Afternoon: 2:00 – Sunshine Singers Christmas Movie Matinee: <i>Resident's Choice</i>	10 Morning: 9:30 – Perishky on 2nd RHA Afternoon: 2:00 – Euchre Group 3:00 – Friendly Visits & Rolling Coco-Cart Christmas Movie: Elf (2003) Pet Visits with Aussie	11 Morning: 9:30 – Exercise 10:00 – 12 Days of Christmas Picture Bingo 10:30 – Virtual Chapel Afternoon: 3:00 – Fit Minds 	12 Morning: 9:30 – Exercise 10:00 – Roman Catholic Service in Great Room 10:30 – Group Crossword Afternoon: 2:30 – BINGO!	13 Morning: 9:30 – Exercise 10:00 – Trees the "Wright" Way Painting Group Afternoon: 2:00 – Chorus Niagara in Great Room
14 Third Sunday of Advent "Joy" Psalm 146:5-10  Hanukkah Begins	15 Morning: 9:30 – Exercise 10:00 – Evergreen Christmas Trees Craft Afternoon: 3:00 – Scripture, Story & Song with Stephen 	16 Morning: 9:30 – A Morning of Music – The Church at Niagara Youth Choir Afternoon: 2:30 – Cards & Games 3:00 – Fit Minds Christmas Movie Matinee: <i>Miricle on 34th Street (1947)</i>	17 Morning: 9:30 – Exercise 10:00 – Christmas Sing-along with Bonnie Afternoon: 2:00 – Euchre Group 3:00 – Friendly Visits & Rolling Coco-Cart Pet Visits with Aussie	18 Morning: 9:30 – Exercise 10:00 – Holiday Music Bingo 10:30 – Virtual Chapel Afternoon: 2:30 – Celebrating December Birthdays 	19 Morning: 9:30 – Exercise 10:00 – Christmas Jeopardy Afternoon: 2:30 – BINGO! 	20 Morning: 9:30 – Exercise Afternoon: Christmas Movie Matinee: <i>A Christmas Story (1983)</i> in the Great Room
21 First Day of Winter Fourth Sunday of Advent "Love" Matthew 1:18-25  Winter Begins	22 Morning: 9:30 – Exercise 10:00 – Christmas Craft Afternoon: 3:00 – Scripture, Story & Song with Stephen Christmas Movie Matinee: <i>Rudolf The Red Nosed Reindeer (1964)</i>	23 Morning: 9:30 – Exercise 10:00 – Decorating Cookies Afternoon: 2:30 – Cards & Games 3:00 – Fit Minds Christmas Movie Matinee: <i>How the Grinch Stole Christmas (1966)</i>	24 Christmas Eve Morning: 9:30 – Christmas Eve Service in Great Room Afternoon: 2:00 – Euchre Group 2:30 – Friendly Visits Christmas Movie: <i>Scrooge: A Christmas Carol (1935)</i>	25 Christmas Day Merry Christmas ELF VISITS Christmas	26 Boxing Day Morning: 9:30 – Exercise 9:40 – Hot Chocolate Social 11:00 – Piano with Marg Afternoon: 2:30 – BINGO! Boxing Day (Canada) Kwanzaa Begins	27 Morning: 9:30 – Exercise 10:00 – Java Music Club Social Afternoon: 2:30 – Friendly Visits Classic Movie Matinee: <i>Resident's Choice</i>
28 Church Service on T.V. 	29 Happy Birthday Steve! Morning: 9:30 – Exercise 10:15 –Book Club on 1st RHA Jane Austen's <i>Persuasion</i> Afternoon: 3:00 – Cards & Games 	30 Morning: 9:30 – Exercise 10:00 – Fit Minds Afternoon: 3:00 – Armchair Travel – Casablanca, Morocco Classic Movie Matinee: <i>Casablanca (1942)</i>	31 New Year's Eve Morning: 9:30 – Exercise 10:00 – New Year's Eve Traditions from Around 11:45 – Countdown to Noon! Afternoon: 2:00 – Euchre Group & Social Pet Visits with Aussie New Year's Eve	December 2025 Fourth RHA Recreation Calender		

Sign up require for Niagara Falls Festival of Lights bus trip as space is limited. Attendance is restricted to residents who can self-transfer independently.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Elfer Raus in the Fireside Lounge with Katie 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	9:30 Scone Baking with Katie in the Café 11:00 Seated Exercise in the Café 2:00 High Tea in the Chapel	9:30 Craft Corner in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Bingo in the Café B I N G O	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug	11:00 BINGO in the Olive Branch Café 	
9:30 Sunday Service in the Chapel 	9:30 Victoria Sponge Cake Baking with Katie in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	10:30 Heritage Christian School Choir in the Chapel 2:00 Baking Minced Pies with Katie in the Café 2:30 Sunshine Singers in the Great Room	9:30 Perishky Baking on 2nd RHA in LTC 11:00 Seated Exercise in the Café 2:30 Bingo in the Café B I N G O	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Fairwell Party for Katie in the Café 6:00 Christmas Movie Night in the Café	11:00 BINGO in the Olive Branch Café 	Happy Birthday Gertrude! <i>"There fore the Lord himself shall give you a sign; Behold, a virgin shall conceive, and bear a son, and shall call his name Immanuel."</i> Isaiah 7:14
9:30 Sunday Service in the Chapel  Hanukkah Begins	9:30 Bible Trivia in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	10:00 The Church at Niagara Youth Choir In the Great Room 11:00 Seated Exercise in the Café 2:30 Christmas Jeopardy in the Café	11:00 Seated Exercise in the Café 	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug 6:00 Festival of Lights Bus Outing – Sign Up Required	11:00 BINGO in the Olive Branch Café 	
9:30 Sunday Service in the Chapel  Winter Begins	11:00 Seated Exercise in the Café 	9:30 Carol Cut-Off in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	<u>No Exercise Today</u> 10:00 Christmas Eve Service in the Great Room 2:30 Christmas Bingo in the Café 	10:00 Christmas Social in the Café 	 	<i>"And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger; because there was no room for them in the inn."</i> Luke 2:7
9:30 Sunday Service in the Chapel 	9:30 Who/What/Where Am I? in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	9:30 New Years Resolutions in the Café 11:00 Seated Exercise in the Café 2:30 Elfer Raus in the Fireside Lounge	<u>No Exercise Today</u>  New Year's Eve	December 2025 Spruce Lane Recreation Calendar		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Elfer Raus in the Fireside Lounge with Katie 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	9:30 Scone Baking with Katie in the Café 11:00 Seated Exercise in the Café 2:00 High Tea in the Chapel	9:30 Craft Corner in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Bingo in the Café B I N G O	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug	11:00 BINGO in the Olive Branch Café 	
9:30 Sunday Service in the Chapel 	9:30 Victoria Sponge Cake Baking with Katie in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	10:30 Heritage Christian School Choir in the Chapel 2:00 Baking Minced Pies with Katie in the Café 2:30 Sunshine Singers in the Great Room	9:30 Perishky Baking on 2nd RHA in LTC 11:00 Seated Exercise in the Café 2:30 Bingo in the Café B I N G O	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Fairwell Party for Katie in the Café 6:00 Christmas Movie Night in the Café	11:00 BINGO in the Olive Branch Café 	<i>"There fore the Lord himself shall give you a sign; Behold, a virgin shall conceive, and bear a son, and shall call his name Immanuel."</i> Isaiah 7:14
9:30 Sunday Service in the Chapel  Hanukkah Begins	9:30 Bible Trivia in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	10:00 The Church at Niagara Youth Choir In the Great Room 11:00 Seated Exercise in the Café 2:30 Christmas Jeopardy in the Café	11:00 Seated Exercise in the Café 	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug 6:00 Festival of Lights Bus Outing – Sign Up Required	11:00 BINGO in the Olive Branch Café 	
9:30 Sunday Service in the Chapel  Winter Begins	11:00 Seated Exercise in the Café 	9:30 Carol Cut-Off in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	<u>No Exercise Today</u> 10:00 Christmas Eve Service in the Great Room 2:30 Christmas Bingo in the Café 	10:00 Christmas Social in the Café 		<i>"And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger; because there was no room for them in the inn."</i> Luke 2:7
9:30 Sunday Service in the Chapel 	9:30 Who/What/Where Am I? in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Fireside Lounge	9:30 New Years Resolutions in the Café 11:00 Seated Exercise in the Café 2:30 Elfer Raus in the Fireside Lounge	<u>No Exercise Today</u>  New Year's Eve	December 2025 Mapleview and Evergreen Recreation Calendar		