January 2026 - RHA 1 E

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					,	1 2	2 3
					9:30am Exercise 11:00am Virtual Chapel 3:00pm What's Your New Year Resolution? New Years Day!	9:30am Chair Yoga 11:00am Let's Try The Tovertafel! 3:00pm Trivia	9:30am Exercise 11:00am Music Therapy with Molly 3:00pm Card Games
	4	4	5	6 7	1	8 5	9 10
10:00am	m TV Church Social Hour	11:00am Manicures 3:00pm Reading Group 4:00pm Sing Along	9:30am News & Views 11:00am Baking: Platz 2:30pm BINGO	10:30am Church (GR) 11:00am Noodle Ball 3:00pm Hot Chocolate Cart	Birthday Party & Music with Mendelt! (GR)	9:30am Chair Yoga 11:00am Let's Try The Tovertafel! 3:00pm Virtual Reality Happy 100th Birthday Laura!	9:30am Exercise 3:00pm Card Games
	11	1	12	13 14	1 15	5 16	6 17
10:00am	m TV Church Social Hour	9:30am Exercise 11:00am Table Hockey 3:00pm Coffee Hour 4:00pm Sing Along Happy Birthday Frieda!	9:30am News & Views 11:00am Drum fit! 2:30pm BINGO	10:30am Church (GR) 11:00am Winter Craft 3:00pm Crazy Quilt	9:30am Exercise 11:00am Virtual Chapel 3:00pm Word Games	9:30am Chair Yoga 11:00am Let's Try The Tovertafel! 3:00pm Name That Tune	9:30am Exercise 3:00pm Card Games
	18		19	20 21	22	2 23	3 24
10:00am	m TV Church Social Hour	9:30am Exercise 11:00am Crazy Quilt 3:00pm Travelogue: Alaska 4:00pm Sing Along	9:30am News & Views 11:00am Java Music Club ka 2:30pm BINGO	2:30pm Hymns with Germaine (GR) Happy 60th Birthday Bill!	9:30am Exercise 11:00am Virtual Chapel 2:30pm Movie Matinee (GR)	9:30am Chair Yoga 11:00am Let's Try The Tovertafel! 3:00pm Men's Club	9:30am Exercise 3:00pm Card Games
	25	7	26	27 28	29	9 30	31
10:00am	m TV Church Social Hour	9:30am Exercise 11:00am Do you Hear what Hear ? 3:00pm Coffee Hour 4:00pm Sing Along	9:30am News & Views 11:00am Drum fit! 2:30pm BINGO	10:30am Church (GR) 11:00am Balloon Tennis 3:00pm Price is Right	9:30am Exercise 11:00am Virtual Chapel 2:30pm Birthday Party! (GR)	9:30am Chair Yoga 11:00am Let's Try The Tovertafel! 3:00pm Explore Your Senses	9:30am Exercise 3:00pm Card Games

Programs subject to change.

January 2026 - RHA 2 E

		A un				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				,	1 2	2 3
				9:30am Heart Beats Club 11:00am Virtual Chapel 3:00pm New Years Around the World!	9:30am Balloon Ball 11:00am Let's Try The Tovertafel! 3:00pm Manicures	9:30am Chair Aerobics 10:00am Dog Therapy 11:00am Music Therapy with Molly
				New Years Day!	· .	3:00pm Card Games
4	. 5	j	6 7	,	8 9	10
n TV Church	11:00am Colouring Group	9:30am News & Views 11:00am Winter Painting 2:30pm Horse Races	10:30am Church (GR) 11:15am Crazy Quilt 2:30pm Bingo	9:30am Heart Beats Club 11:00am Virtual Chapel 2:00pm Laura's 100th Birthday Party & Music with Mendelt! (GR)	9:30am Balloon Ball 11:00am Let's Try The Tovertafel! 3:00pm Winter Trivia	9:30am Chair Aerobics 10:00am Dog Therapy 3:00pm Card Games
11	12)	13 14	` '	5 16	5 17
Sunday Sing Along n TV Church	9:30am Exercise 11:00am Colouring Group	9:30am News & Views 11:00am Snowflake Crafts 3:00pm Puzzles & Ponderings	10:30am Church (GR)	9:30am Heart Beats Club 11:00am Virtual Chapel 3:00pm January Pondering Prompts	9:30am Balloon Ball 11:00am Let's Try The	9:30am Chair Aerobics 10:00am Dog Therapy 3:00pm Card Games
18	19		20 21	22	2 23	24
	11:00am Colouring Group	9:30am News & Views 11:00am Winter Baking 2:30pm Horse Races	10:30am Church (GR) 11:15am Crazy Quilt 2:30pm Hymns with Germaine (GR)	9:30am Heart Beats Club 11:00am Virtual Chapel 2:30pm Movie Matinee (GR)	9:30am Balloon Ball 11:00am Let's Try The Tovertafel! 3:00pm Travelogue: Alaska	9:30am Chair Aerobics 10:00am Dog Therapy 3:00pm Card Games
25	26		27 28	3	9 30	31
n TV Church	9:30am Exercise 11:00am Colouring Group 3:00pm Alphabet Game: Winter Edition	9:30am News & Views 11:00am Painting 3:00pm January Picture This	10:30am Church (GR) 11:15am Winter Ring Toss 2:30pm Bingo	9:30am Heart Beats Club 11:00am Virtual Chapel 2:30pm Birthday Party! (GR)	9:30am Balloon Ball 11:00am Let's Try The Tovertafel! 3:00pm Manicures	9:30am Chair Aerobics 10:00am Dog Therapy 3:00pm Card Games

Programs subject to change.

January 2026 - RHA 2 W

	Sunday		Monday		Tuesday	V	Wednesday		Thursday		Friday		Saturday	
										1		2		3
								3	9:30am Exercise 11:00am Virtual Chapel 3:00pm New Years Resolutions New Years Day!		10:00am Tovertafel Time! 11:00am Picture This! 3:00pm Reading Group		9:30am Balloon Ball 11:00am Music Therapy v Molly 3:00pm Name 10	with
	4		5	,	6	ز		7		8		9		10
10:00am	n TV Church Social Hour	11:00am 3:00pm	n Jeopardy! Winter Reminicing	11:00am	News and Views Snowman Suncatchers Hot Chocolate Cart	10:30am 2:30pm	Chair Yoga n Church (GR) Bingo!	1	9:30am Exercise 11:00am Virtual Chapel 2:00pm Laura's 100th Birthday Party & Music with Mendelt! (GR)		10:00am Tovertafel Time! 11:00am Virtual Reality 3:00pm Trivia!		9:30am Balloon Ball 3:00pm Name That Tune	!
	11		12		13	,	1	14		15		16		17
10:00am	Social Hour	11:00am 3:00pm	n Wheel of Fortune: Winter Edition Winter Hat Painting	11:00am 3:00pm	n Baking		Chair Yoga n Church (GR) Bingo!	1	9:30am Exercise 11:00am Virtual Chapel 3:00pm Scattergories		10:00am Tovertafel Time! 11:00am Reading Group 3:00pm Snowball toss		9:30am Balloon Ball 3:00pm Manicures	
			One to One Visits											
	18		19		20			21		22		23		24
10:00am	n TV Church Social Hour	11:00am 3:00pm	n Do You Hear What	11:00am		10:30am ! <mark>2:30pm</mark>	Chair Yoga n Church (GR) Hymns with Germaine (GR)	1	9:30am Exercise 11:00am Virtual Chapel 2:30pm Movie Matinee (GR)		10:00am Tovertafel Time! 11:00am Virtual Reality 3:00pm Table Hockey		9:30am Balloon Ball 3:00pm Board Games	
	25	-	26	4	27	,		28		29		30		31
9:30am							Chair Yoga		9:30am Exercise		10:00am Tovertafel Time!		9:30am Balloon Ball	Ji
10:00am	n TV Church Social Hour	11:00am 3:00pm	n Trivia! Manicures	11:00am 3:00pm			n Church (GR)	1	11:00am Virtual Chapel 2:30pm Birthday Party! (GR)		11:00am Price is Right 3:00pm Winter Experimen	3	3:00pm Finish the line	
					manaay = romman				(011)				<u></u>	

Programs subject to change.

January 2026 - RHA 3 E

Programs subject to change

Sunday	Monday	Tuesday	Wednes	day	Thursday	Friday	Saturday	
					1		2	3
				11:00ar 3:00pm	Exercise n Virtual Chapel New Year Resolution	9:30am Exercise 11:00am Let's Try The Tovertafel! 2:30 BINGO	10:15am Balloon Ball 11:00am Music Therapy Molly	with
1	5		6	7	ears Day!	6:00pm Friendly Visits	<u> </u>	10
	11:00am Painting	9:30am Exercise 11:00am News & Views 3:00 Bean BagToss	10:30am Church (1:00pm Card Ga 2:30pm Church 6:00pm Colouring	imes 11:00ar 2:00pm	Exercise n Virtual Chapel Laura's 100th Birthday Party & Music with Mendelt! (GR) Reminicing	9:30am Exercise 11:00am Let's Try The Tovertafel! 2:30 BINGO 6:00pm One to One Visits	10:00am Dog Therapy 10:15am Exercise 3:00pm Word Games	10
11	12		13	14	15	1	6	17
10:00am TV Church	11:00am Manicures	9:30am Exercise 11:00am Trivia 3:00pm Drum fit!	10:30am Church (1:00pm Board G 2:30pm Church 6:00pm One to 0	fame 11:00ar 2:30pm	Exercise n Virtual Chapel How Many Words? Story Telling Circle	9:30am Exercise 11:00am Let's Try The Tovertafel! 2:30 BINGO 6:00pm Game Night	10:00am Dog Therapy 10:15am Exercise 3.00pm Coffee Social	
18	19		20	21	22	2	3	24
10:00am TV Church	11:00am Reading Group 3:00pm Lounge Games	9:30am Exercise 11:00am Trivia 2:30 Winter Crafts		rcle 11:00ar with 2:30pm		9:30am Exercise 11:00am Let's Try The Tovertafel! 2:30 BINGO 6:00pm Movie Night	9:30am Exercise 10:00am Dog Therapy 3:00pm Crazy Quilt	
25			27	28	29	3		31
	11:15am Name 10	9:30am Exercise 11:00am Baking 2:30pm Noodle Ball	10:30am Church (1:00pm Card Ga 2:30pm Church 6:00pm One to 0	ames 11:00ar 2:30pm	Exercise m Virtual Chapel m Birthday Party! (GR) Board GameS	9:30am Exercise 11:00am Let's Try The Tovertafel! 2:30 BINGO 6:00pm One to One Visits	10:00am Dog Therapy 10:15am Exercise 2:15pm Picture This!	

January 2026 - RHA 2 W

	Sunday		Monday		Tuesday	V	Wednesday		Thursday		Friday		Saturday	
										1		2		3
								3	9:30am Exercise 11:00am Virtual Chapel 3:00pm New Years Resolutions New Years Day!		10:00am Tovertafel Time! 11:00am Picture This! 3:00pm Reading Group		9:30am Balloon Ball 11:00am Music Therapy v Molly 3:00pm Name 10	with
	4		5	,	6	ز		7		8		9		10
10:00am	n TV Church Social Hour	11:00am 3:00pm	n Jeopardy! Winter Reminicing	11:00am	News and Views Snowman Suncatchers Hot Chocolate Cart	10:30am 2:30pm	Chair Yoga n Church (GR) Bingo!	1	9:30am Exercise 11:00am Virtual Chapel 2:00pm Laura's 100th Birthday Party & Music with Mendelt! (GR)		10:00am Tovertafel Time! 11:00am Virtual Reality 3:00pm Trivia!		9:30am Balloon Ball 3:00pm Name That Tune	!
	11		12		13	,	1	14		15		16		17
10:00am	Social Hour	11:00am 3:00pm	n Wheel of Fortune: Winter Edition Winter Hat Painting	11:00am 3:00pm	n Baking		Chair Yoga n Church (GR) Bingo!	1	9:30am Exercise 11:00am Virtual Chapel 3:00pm Scattergories		10:00am Tovertafel Time! 11:00am Reading Group 3:00pm Snowball toss		9:30am Balloon Ball 3:00pm Manicures	
			One to One Visits											
	18		19		20			21		22		23		24
10:00am	n TV Church Social Hour	11:00am 3:00pm	n Do You Hear What	11:00am		10:30am ! <mark>2:30pm</mark>	Chair Yoga n Church (GR) Hymns with Germaine (GR)	1	9:30am Exercise 11:00am Virtual Chapel 2:30pm Movie Matinee (GR)		10:00am Tovertafel Time! 11:00am Virtual Reality 3:00pm Table Hockey		9:30am Balloon Ball 3:00pm Board Games	
	25	-	26	4	27	,		28		29		30		31
9:30am							Chair Yoga		9:30am Exercise		10:00am Tovertafel Time!		9:30am Balloon Ball	Ji
10:00am	n TV Church Social Hour	11:00am 3:00pm	n Trivia! Manicures	11:00am 3:00pm			n Church (GR)	1	11:00am Virtual Chapel 2:30pm Birthday Party! (GR)		11:00am Price is Right 3:00pm Winter Experimen	3	3:00pm Finish the line	
	<u>/ </u>				manaay = romman				(011)				<u></u>	

Programs subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		lary 2 Care Pleasant M		2026 Happy New Year! New Years Day	6:00 Games Night (OV Chapel)	3
4	2:00 Bingo! (OV Chapel)	2:00 Bible Study (OV Chapel) 3:30 Brad Boland (OV Chapel) 6:00 Dominos (AV Lounge)	7 11:15 Trivia (AV Lounge) 1:00 Crafters Corner (CV Link) 6:00 Bingo Night! (OV Chapel)	11:00 Chapel Service (OV Chapel) 1:00 Music with Mendelt (OV Chapel) 2:30 Pleasant Connections (CV Link)	6:00 Games Night (OV Chapel)	10
11	12 2:00 Bingo! (OV Chapel)	11:00 Hymn Sing with			5:30 Pizza and Games Night (OV Chapel)	1:30 - 2:30 Computer Questions (CV Link)
18	2:00 Bingo! (OV Chapel)	2:00 Bible Study (OV Chapel) 6:00 Dominos (AV Lounge)	1:00 Crafters Corner (CV Link) 6:00 Bingo Night! (OV Chapel)		6:00 Games Night (OV Chapel)	24
25		27 2:00 Bible Study (OV Chapel) 6:00 Dominos (AV Lounge)	11:15 Travelogue 28 Slideshow to Alaska (AV Lounge) 1:00 Crafters Corner (CV Link) 6:00 Bingo Night! (OV Chapel)	11:00 Chapel Service (OV Chapel)	30 11:00 Catholic Mass (Great Room) 6:00 Games Night (OV Chapel)	6:30 Birthday Party (CV Link)