

*"Autumn
carries
more gold
in its
pocket
than all
other
seasons."
~ Jim Bishop*

Meet Yvonne Adebo, Director of Care

Greetings! My name is Yvonne. I was born in Nigeria and moved to Canada in 1993 after completing my Bachelor of Arts. I spent 13 years in Vancouver working as a graphic designer, where my two sons were born, and later welcomed my daughter in Ontario. Driven by a passion for caring for others, I transitioned into nursing, earning my Bachelor of Nursing in 2009 and gaining 16 years of rewarding experience - especially in long-term care and labour and delivery. I recently completed a Master's in Nursing Leadership and

Quality Management (2024). Outside of work, I enjoy time with my family and our Shih Tzu, Tux, watching movies, and visiting beautiful places like Niagara Falls. I am grateful for the opportunity to serve as Director of Care at Pleasant Manor and truly appreciate the warm welcome I have received.



Meet Karina Heizenreder Director of Support Services

I am Karina Heizenreder, Manager of Support Services, supporting the Nutrition Managers at Pleasant Manor and Tabor Manor. I am originally from Argentina, where I studied Nutrition and became a Chef and Pastry Chef, and after moving to Canada in January 2021, I completed the Food and Nutrition Management program at Centennial College. My husband and our three children - aged 17, 15, and 9 - are my greatest priorities, and creating a strong sense of home while being far from our country has been both important and challenging. I am grateful for the support of staff, coworkers, and families at Radiant Care and look forward to continuing to grow here. I enjoy reading romantic novels, gardening, cooking, and drinking Mate, a traditional Latin American beverage similar to tea. I love traveling and have been fortunate to explore many incredible places in Argentina and abroad.

Three words that describe me are caring, responsible, and respectful. I am proud that we made the decision to move to Canada and all we have accomplished in such a short time. If I could have dinner with anyone, it would be my dad - to ask if he is proud of us - and people often say my laugh is unique and very funny.



Lost and Found Clothing

A Lost and Found clothing rack will be set up in the Sunshine Room on November 8 and 9.

Families and residents are encouraged to check the rack for any items they recognize. If you identify belongings, please fill out the provided form, and place in bag near the rack, so items can be properly labeled.

Pleasant Manor Post

November 2025

November Highlights

Music with Molly
November 8th

Remembrance Day
November 11th

Music with Mendelt
November 13th

Music with John Pebble
November 18th

Hymns with Germaine
November 19th

Christmas Bake Sale
November 29th

Heritage Place

A Very Happy Birthday to...

Renata Klassen - 9th
Tina Dirks - 17th
Udo Woelke - 29th

We Remember...

Marion Perry
Winnifred "Gayle" Henwood
Luise Ediger

We Welcome...

Kathren Schmidt
Marian Loewen
Susan Magee



Ladies Auxiliary Christmas Bazaar & Bake Sale

Saturday, November 29

10:00am - 11:30am

Held at Pleasant Manor



Bake sale will be in the Creekview Link

Tea Room will be held in the Oakview



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*~ Anne
Bosworth
Grenne*

A Very Happy Birthday to...

- | | |
|--|--|
| ○ Hans Rempel - 1 st | ○ Erna Hubert - 13 th |
| ○ Henry Hildebrandt - 2 nd | ○ Irene Goertz - 16 th |
| ○ Robert Mansfield - 2 nd | ○ Alex Fast - 17 th |
| ○ Jude Hipperson - 2 nd | ○ Irene Schellenberg - 18 th |
| ○ Alan Briston - 3 rd | ○ Elizabeth Hambleton - 21 st |
| ○ Nancy Penner - 3 rd | ○ Irene Stewart - 25 th |
| ○ Martha Besch - 4 th | ○ Melody Legere - 25 th |
| ○ Joanne Thiessen - 7 th | ○ Dennis Martin - 26 th |
| ○ Ruth Fast - 9 th | ○ Ernest Dyck - 27 th |
| ○ Catherine Kolenda - 12 th | ○ Helen Peters - 27 th |
| ○ Joanne Abma - 12 th | ○ Barbara Charnock - 30 th |
| | ○ Lauris Vangroningen - 30 th |



Crafters Corner - Make your own Christmas Wreath!

Get into the holiday spirit! 🎄
Join us on **Wednesday, November 26** in the **Creekview Link** to create your very own **Christmas wreath**. All supplies will be provided - just bring your creativity and festive cheer!

Please **sign up on the Creekview Link bulletin board** so we can ensure enough supplies for everyone.

Thank you for supporting Fresh Fruit Thursdays!

A big **thank you** to everyone who supported and purchased fresh fruit on Thursdays! Thanks to your generosity, **over \$2,000 was raised** - all of which goes back to support the **Bethany Quilting Group**.

We're also happy to share that any leftover fruit was donated to the **Newark Food Bank**, helping to support our wider community.

Preacher's Ponderings

November brings the church calendar year to an end with the last Sunday of the month, the celebration of the Reign of Christ. This recognition of Christ and his coming kingdom is what rejuvenates us, giving us a hope to hold on to. John says in Revelation, Look! He is coming with the clouds and every eye will see him! The political, economical, environmental uncertainty within our global community certainly gives us cause to distress. But it the coming Jesus that gives us hope and strength to endure. "To him who loves us and freed us from our sins and by his blood, and made us a kingdom, priests serving his God and Father, to him be glory and dominion forever and ever. Amen!

~ Michael Dyck, Spiritual Life Lead

Pleasant Manor Post

November 2025

November Highlights

Hymn Sing with Stephen
November 4th & 18th

Remembrance Day Ceremony with the Legion
November 7th

Music with Mendelt
November 13th

Bus Trip to Bettys Restaurant
November 19th

Birthday Party
November 22nd

Sing Along with Katie Reimer
November 26th

Auxiliary Christmas Bake Sale and Tea Room
November 29th

Pleasant Manor Ladies Auxiliary Christmas Bake Sale and Tea Room Fundraiser Saturday, November 29th



10:00am - 12:00 noon
Held at Pleasant Manor



Bake sale will be in the Creekview Link

Tea Room will be held in the Oakview Chapel

Bus Trip to Betty's Restaurant

Bus Trip to Betty's Restaurant! 🚌🍽️

Join us on **Wednesday, November 19th** for a fun outing to **Betty's Restaurant!**

The **bus leaves at 11:00am**.

The **Radiant Care Opening Doors for Seniors Foundation** is generously covering the **bus cost**. Tenants will pay for their own meal at the restaurant. Choose from three delicious options:

- 🍗 Chicken Parmesan
- 🥩 Roast Beef
- 🐟 Fish and Chips

Meals are **\$33.00 plus tax and tip**.

Please **sign up on the Creekview Link bulletin board by November 17th** to reserve your seat.

Note: This will be a regular school bus, so you'll need to be able to climb the steps.

