



Notable  
Quotable

"In everything  
give thanks; for  
this is the will of  
God in Christ  
Jesus for you."

~ 1 Thessalonians  
5:18



Respiratory Virus Season

As we enter the fall and winter seasons, we kindly ask everyone - residents, families, and visitors - to help protect each other from respiratory viruses.

To reduce the spread of illness, please follow these precautions:

**Families and visitors - stay home if you are unwell:** Please do not visit until you are fever-free (without medication), your symptoms have improved for at least 24 hours (48 hours if you had nausea, vomiting, or diarrhea), and no new symptoms have appeared.

**Practice good hand hygiene:** Wash your hands often or use the alcohol-based hand sanitizer provided when entering, leaving, and while inside the home.

**Consider wearing a mask:** For added protection, individuals recovering from illness - including residents and visitors - may choose to wear a mask when in shared spaces.

Terry Fox Walk - A Heartfelt Thank You!

A big thank you to everyone who took part in our Terry Fox Walk last month! Your enthusiasm, energy, and generosity helped make the event a meaningful tribute to Terry's legacy of courage and determination.

We're proud to share that, thanks to your support, we raised **\$180** to contribute to cancer research. Every step and every cent brings us closer to a world without cancer.

Together, we're making a difference - just like Terry Fox envisioned.

Heritage Place Newsletter

October 2025

October Highlights

**Music Therapy  
with Molly**  
*October 4*

**Thanksgiving  
Hymn Sing**  
*October 4*

**Thanksgiving  
Baking**  
*October 8*

**Music with Mendelt**  
*October 9*

**Thanksgiving Lunch**  
*October 10*

**Thanksgiving Day**  
*October 13*

**Music with  
Germaine**  
*October 15*

**The Vicounts Music**  
*October 21*

**Halloween**  
*October 31*



Preacher's Ponderings

It is amazing how quickly October has come. It feels as though time is speeding up and with all the changes that come spiraling out of our control. Yet, as I read today's lectionary bible text, the passage from Jeremiah brings encouragement. "Ah, Sovereign Lord, you have made the heavens and the earth by your great powers and outstretched arm. Nothing is too difficult for you." (Jeremiah 32:17)

We are not meant to despair over time for it is all in God's hands - the promise of peace that comes with God's arriving kingdom. Through the changes of this month, and many are coming, may we experience the peace of God as we trust his sovereignty and grace.

~ Michael Dyck, Spiritual Life Lead

We Remember

- Kathleen "Kay" McLean
- Margaret Solomons
- Janina Kaminiski

We Welcome

- Sara Walde
- Evelina Bazanta

Thanksgiving Lunch!

This month is Thanksgiving, and the kitchen will be preparing a Thanksgiving meal on October 10<sup>th</sup>!

At lunch, you can expect to see a traditional turkey meal with all the fixings and a short program before lunch!





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Visit the Tuck Shop in the Creekview Link!

Looking for a convenient spot to pick up essentials or enjoy a friendly chat over a warm drink? Stop by the **Tuck Shop**, located in the Creekview Link!

We're open **Monday through Saturday from 9:00am to 11:00am**, and we'd love to see you there.

Come in for a **cup of coffee, tea, or hot chocolate**, and take a moment to connect with your neighbours in a relaxed, welcoming atmosphere.

While you're here, you can also stock up on a variety of everyday items, including:

- Milk, bread, eggs, cereal, juice
- Margarine, cookies, peanut butter, jam
- Personal hygiene products
- Batteries, stamps
- Toilet tissue, Kleenex, paper towels
- Cleaning supplies, garbage bags
- **And much more - including greeting cards!**

Terry Fox Walk -  
A Heartfelt Thank You!

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Crafter's Corner

We're excited to announce that the Knitting Group has a new name: Crafter's Corner!

All tenants are warmly invited to join us every **Wednesday in the Creekview Link** to work on your favorite craft projects - whether it's **knitting, crocheting, painting, needlepoint**, or anything else creative.

Even if you're not crafting, feel free to stop by for some great **conversation and company**. Everyone is welcome!

Pleasant Manor Newsletter

October 2025

October Highlights

Catholic Mass  
October 3

Tenant Council  
Bake Sale  
October 4

Thanksgiving  
Hymn Sing  
October 7

Thanksgiving  
Meal Delivery  
October 8

Music with Mendelt  
October 9

Thanksgiving Day  
October 13

Heritage Christian  
School Musical  
Performance  
October 14

The Vicounts Music  
October 21

Birthday Party  
October 25

Halloween  
October 31



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~ Michael Dyck, Spiritual Life Lead

The Pleasant Manor Tenant Council  
is hosting a Bake Sale!!

in the Creekview Link  
on Saturday, October 4<sup>th</sup>, 2025  
from 10:00am to 12:00pm

**All proceeds are used for essentials, improvements and activities for Pleasant Manor Tenants**

*If you wish to donate baked goods or money to this great cause please, contact Dorothy at 289-690-0676*