



ALL PROGRAMS SUBJECT TO CHANGE ****Sign Up Required for Movie Nights and Creative Arts



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	this warm September sun, which	HAPPY LABOUR DAY1 Morning: 9:30 – Exercise 10:00 – September Gazette & Trivia Afternoon: 2:30 – Yahtzee!	9:30 – Exercise 10:00 – Cards & Games Afternoon: 2:00 – Sunshine Singers in the Great Room	9:30 – Exercise	9:30 –Exercise 9:45 – Chapel with Don 10:30 – Growing Gratitude Afternoon:	Morning: 9:30 – Exercise 10:00 – Scattergories Afternoon: 2:30 – BINGO!	5 Morning: 9:30 – Exercise 10:00 – Name Ten Afternoon: Friendly Visits
	Church Service on TV	•	9:30 – Exercise 10:00 – Whiteboard Games 11:00 – Mani's with Britney Afternoon: 2:00 – Programs with Brittney 3:00 – Fit Minds	Morning: 10 9:30 – Exercise 10:00 – Finish the Line 10:30 – You Be The Judge Afternoon: 2:00 – Euchre 3:00 – Outdoor Strolls & Patio Chats	9:45 – Chapel with Don All Day in the Great Room: CARNIVAL DAY!	Morning: 9:30 – Exercise 10:00 – Roman Catholic Service in Great Room Afternoon: 2:30 – BINGO!	9:30 – Exercise 10:00 – Armchair Travel to Munich Germany Afternoon: 2:30 – Friendly Visits
	Church Service on TV	Morning: 9:30 – Exercise 10:15 – Name 10 Afternoon: 3:00 – Stephen Mason	Morning: 9:30 – Exercise 10:00 – Balloon Tennis Afternoon:	9:30 – Perishky Baking	9:30 – Exercise 9:45 – Chapel with Don 11:00 – Growing Gratitude	Morning: 9:30 – Exercise 10:00 – Wheel of Fortune Afternoon: 2:30 – BINGO!	9 Morning: 9:30 – Exercise 10:00 – Friendly Visits Afternoon: Movie Matinee – The Pink Panther Strikes Again Oktoberfest Oktoberfest
	Church Service on TV	Morning: 22 9:30 – Group Exercise 10:00 – Book Club 1st RHA Afternoon: 2:30 – First Day of Autumn Coffee Social – Java Music Club	10:00 – Morning of Music with Jake & Margret Janzen Afternoon: 1:30 – Word Games 2:30 – Outdoor Strolls 3:00 – Fit Minds	9:30 – Exercise	9:30 –Exercise 10:00 – Spot the Difference 10:00 – Resident's Council Afternoon: 3:00 – Fit Minds	Morning: 9:30 – Exercise 10:00 – Jeopardy! Afternoon: 2:30 – BINGO!	Morning: 9:30 – Exercise 10:00 – Finish the Line Afternoon: Friendly Visits
1	Church Service on TV	Morning: 29 9:30 – Exercise 10:00 – White Board Games Afternoon: 3:00 – Stephen Mason	Morning: 9:30 – Exercise 10:00 – You Be The Judge Afternoon: 2:00 – Celebrating September Birthdays in the Great Room with Dave Burden		otem	ber 2	2025

FOURTH RHA RECREATION CALENDAR

All programs are subject to change without notice. Some programs require sign-up. Outdoor programs are weather permitting.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labour Day	9:30 Outdoor Walking Program Meet in the Front Lounge Weather permitting 11:00 Seated Exercise in the Chapel 2:30 Fit Minds in the Fireside Lounge	9:30 Uno in the Café 2 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Game of Luck in the Fireside Lounge	11:00 Seated Exercise in the Café	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug 5:00 Dinner and Movie in the Chapel Sign Up Required!	11:00 BINGO in the Olive Branch Café	Happy Birthday Alice. H! 6
	9:30 Sunday Service in the Chapel Grandparents Day	9:30 Outdoor Walking Program Meet in the Front Lounge Weather permitting Kira Not Present 11:00 Seated Exercise in the Chapel 2:00 Hymn Sing with Stephen in the Chapel	9:30 Java Music 9 in the Café 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Fit Minds in the Fireside Lounge	9:30 Craft Corner in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Bingo in the Café	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium	Happy Birthday Alvine! 12 11:00 BINGO in the Olive Branch Café	"The eyes of the Lord are toward the righteous and his ears toward their cry." Psalm 34:15
	9:30 Sunday Service in the Chapel	10:00 Music with Brad Boland in the Chapel 2:30 Fit Minds in the Fireside Lounge	9:30 Bible Trivia 16 in the Café 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Jeopardy in the Café	9:30 Perishky Baking in LTC 11:00 Seated Exercise in the Café 2:30 Bingo in the Café	10:00 Bus Outing 18 to The Watering Can Sign up Required! 11:00 Chapel Service in the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug	Happy Birthday Helen! 19 11:00 BINGO in the Olive Branch Café	The second of th
	9:30 Sunday Service in the Chapel	9:30 Outdoor 22 Walking Program Meet in the Front Lounge Weather permitting Kira Not Present 11:00 Seated Exercise in the Chapel AUTUMN	10:00 Morning of 23 Music Jake & Marg Janzen in the Great Room 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Fit Minds in the Fireside Lounge	11:00 Seated Exercise in the Café	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:00 Elfer Raus in the Café	Happy Birthday Anita! 26 11:00 BINGO in the Olive Branch Café	
1	9:30 Sunday Service in the Chapel	9:30 Outdoor 29 Walking Program Meet in the Front Lounge Weather permitting Kira Not Present 11:00 Seated Exercise in the Chapel	9:30 Who/What/ 30 Where am I? In the Café 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium		Spruce Lane Rec		025
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	Labour Day	9:30 Outdoor Walking Program Meet in the Front Lounge Weather permitting 11:00 Seated Exercise in the Chapel 2:30 Fit Minds in the Fireside Lounge Labor Day	9:30 Uno in the Café 2 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Game of Luck in the Fireside Lounge	11:00 Seated Exercise in the Café	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug 5:00 Dinner and Movie in the Chapel Sign Up Required!	11:00 BINGO in the Olive Branch Café	LYNN ANGINER EXET HISTORY Chairmania, With WORLD HISTORY Principles of CHEMISTRY
	9:30 Sunday Service in the Chapel Grandparents Day	9:30 Outdoor Walking Program Meet in the Front Lounge Weather permitting Kira Not Present 11:00 Seated Exercise in the Chapel 2:00 Hymn Sing with Stephen in the Chapel	9:30 Java Music 9 in the Café 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Fit Minds in the Fireside Lounge	9:30 Craft Corner in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Bingo in the Café	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium	11:00 BINGO in the Olive Branch Café	"The eyes of the Lord are toward the righteous and his ears toward their cry." Psalm 34:15
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A	9:30 Sunday Service in the Chapel	Walking Program	10:00 Morning of 23 Music Jake & Marg Janzen in the Great Room 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Fit Minds in the Fireside Lounge	11:00 Seated Exercise in the Café	11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in the Atrium 2:00 Elfer Raus in the Café	11:00 BINGO in the Olive Branch Café	"Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand." Isaiah 41:10
1	9:30 Sunday Service in the Chapel	Walking Program Meet in the Front Lounge Weather permitting Kira Not Present 11:00 Seated Exercise in the Chapel	9:30 Who/What/ 30 Where am I? In the Café 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium		otem of and Evergreen Apar		
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