Sunday Monday Tuesday Wednesday Thursday Friday Saturday Morning: 1 Morning: August 2025 9:45 BINGO 9:30 Seated Afternoon: Zumba 2:45 Rummikub 10:15 Giant Crossword Afternoon: BINGO 3:00 Friendly FIRST RHA RECREATION CALENDAR Visits 5 Morning: 3 Morning: 4 Morning: 6 Morning: 7 Morning: 8 Morning: 30 Exercise 9:45 BINGO 9:00 Church Service on 9:30 Hymn Sing with Stephen 9:15 Chapel with Don 9:30 Exercise 9:45 Exercise 10:00 Outdoor Giant Connect4 9:30 Creative Arts on 3rd **Television** 10:00 Wheel of Fortune Afternoon: 10:00 Roman Catholic Mass 10:30 Aussie Visits RHA (Sign-up Required) 2:45 Game of Luck Afternoon: 10:00 Painting Afternoon: Afternoon: 10:15 Fit Minds 2:45 Bean Bag Group 2:30 Rumnikub 2:00 Euchre Afternoon: Afternoon: Toss 2:45 Food Social: 2:45 Balloon 2:00-4:00 Bus 2:30 Coffee and Chocolate Fondue Tennis Outing (Sign-up Required) Chat 11 Morning: 13 Morning: 15 Morning: **HAPPY BIRTHDAY** 10 Morning: 14 Morning: 12 CHRIS. S! 10:00 Morning of Music 9:30 Exercise 9:45 BINGO 9:00 Church Service on 9:30 Exercise 9:30 Exercise 9:30 Exercise with Stephen **Television** 10:00 You be the Judge 10:00 Would You Rather? Afternoon: 10:00 Outdoor Strolls 10:00 Knots & Thoughts on 4th RHA Afternoon: and the Tabor 2:30 Balloon Volleyball 10:30 UNO Card Game Afternoon: 10:15 Fit Minds 10:30 Aussie Visits 2:45 Bowling 1:00 Outdoor Strolls Ensemble Afternoon: 2:00 Euchre 6:00-8:00 Bus 2:00 Card BINGO Afternoon: 2:30 Outdoor 2:00-4:00 Bus Outing (Sign-up Outing (Sign-up 2:00 Manicures 4:30 Movie Night (Sign-up Lemonade BINGO Required) Required) 3:00 Ladder Ball Social\* Required) 2:30 Colin's Café **HAPPY BIRTHDAY** 17 Morning: 19 Morning: **HAPPY BIRTHDAY** 22 Morning: 20 Morning: 23 18 21 **MAGGIE!** 9:30 Exercise 9:00 Church Service on 9:30 Exercise 9:30 Exercise 11:00 Friendly Visits **HILDA!** 10:30 Aussie Visits 10:00 Giant Morning: 10:00 Fit Minds Afternoon: **Television** Morning: 9:15 Chapel with Don Afternoon: Crossword Afternoon: 9:45 BINGO 2:30 Craft 10:15 Book Club 2:00 Euchre 2:00 Outdoor Afternoon: Afternoon: Corner 2:00 Peach Social Afternoon: 2:00 Outdoor Strolls\* 2:45 Game of Luck with Diane Unger Performing 2:30 Java Music Club 3:00 Bocce Strolls\* 6:00-8:00 Bus Outing (Sign-up in Great Room BINGO 3:00 Word Games in Lounge Ball Required) 25 Morning: 24 Morning: 27 Morning: 28 Morning: 29 Morning: **26** Morning: 30 9:00 Church Service on 9:30 Hymn Sing with Stephen 9:15 Chapel with Don 9:30 Exercise 9:30 Exercise 9:45 BINGO 9:30 Exercise **Television** 10:30 Trivia 10:00 Resident's Council 9:30 Creative Arts on 4th 10:00 Food Committee Afternoon: Afternoon: Afternoon: Afternoon: RHA (Sign-up Required) Meeting Friendly Visits 3:00 Card Games 2:30 Reading Circle 2:30 Fit Minds 10:00 Card Games Afternoon: 2:00 Outdoor Strolls\* 3:00 Movie Matinee 10:30 Aussie Visits Afternoon: 3:00 Yahtzee 2:00 Euchre & Friendly Visits 9:00 Church Service on **Television** "Breathe the Sweetness that Hovers in August" - Denise Levertov

\*ALL PROGRAMS ARE SUBJECT TO CHANGE \*WEATHER PERMITTING

Thursday Sunday Monday Tuesday Wednesday Friday Saturday Morning: 1 Morning: 9:30 Exercise 1:00 Friendly Visits August 2025 10:00 Monthly Gazette 10:30 Euchre Afternoon: Afternoon: 2:30 BINGO 2:30 Craft Corner BINGO **Second RHA Recreation Calendar** 7 Happy Birthday Shirley! Happy Birthday Irene B! **△** Morning: 5 Morning: 8Morning: Happy Birthday Chantal! 3 6 Morning: Church Service on **Happy Birthday Nancy!** 9:15 Exercise 9:30 Exercise 9:30 Mornina: 9:15 Exercise the Television Mornina: 9:45 Chapel Service with Don 10:00 Name that Golden 9:30 Exercise 10:30 Coffee Corner Exercise 9:30 Exercise 10:15 Elfer Raus 10:00 Large 10:00 Roman Catholic Oldie Afternoon: 9:30 Creative Arts on 3rd RHA Crossword 10:30 Pet Visits with Aussie Mass 2:00 (Sign-up Required) 10:00 Lawn Darts Movie Afternoon: 10:00 Trivia Time Afternoon: 2:30 Fit Minds Matinee Afternoon: BINGO Afternoon: 2:30 Fit Minds 2:00-4:00 Bus Outing\*\*\* 2:30 Collin's Café 2:30 Rumnikub 12 Morning: Church Service on 10 Morning: 11 Morning: 13 Morning: 14 Morning: 15Morning: 16 10:00 "Morning Of Music" 9:30 Exercise 9:30 Exercise :30 Exercise the Television 9:30 Exercise 9:30 Exercise 10:00 Ladder Ball 10:00 Elfer Raus with Stephen and the Tabor 10:00 Donut Bingo 10:00 Jeopardy 10:00 White Board Games 10:00 Knots & Thoughts 4th RHA Afternoon: Ensemble 10:30 Pet Visits with Aussie 2:00 UNO Afternoon: Afternoon: Afternoon: Afternoon: 3:00 Hymn Worship with 2:30 Fit Minds 2:30 Outdoor Afternoon: 2:30 Music Trivia 2:00 Montessori Moments 4:30 Movie Night (Sign-up Stephen \_emonade 2:00-4:00 Bus Outing\*\*\* 6:00-8:00 Bus Outing\*\*\* 2:30 Fit Minds Required Bocial 18 Morning: 21 Morning: 22Morning: 19 Happy Birthday Erna H! 20 Morning: Happy Birthday Red! 17 Morning: 23 9:15 Exercise :30 Exercise Church Service on 9:30 Exercise Mornina: 9:30 Exercise 9:30 Exercise 9:45 Chapel Service with Don 9:30 Exercise 10:00 Finish the Line the Television 10:00 Travel the World 10:00 Arts and 0:15 Board Games 10:15 Bean Bag Toss 10:00 Wheel Of Fortune Afternoon: 10:15 Card Bingo Crafts 10:15- Book Club on 1st RHA 10:30 Pet Visits with Aussie 2:00 Manicures Afternoon: Afternoon: Afternoon: 2:30 Euchre 3:00 Friendly Visits Afternoon: 2:30 Fit Minds 2:00 Peach Social and BINGO 3:00 Would You Rather? 2:30 Fit Minds 5:30 UNO **Birthday Party with Diane** 5:30 Board Games 3:00 Montessori Moments 6:00-8:00 Bus Outing\*\*\* **Jnger in Great Room** 29Morning: 25 Morning: **26** Morning: Church Service on **24** Morning: **27** Morning: 28 Morning: 30 :30 Exercise 9:30 Exercise 9:15 Exercise 9:30 Exercise Friendly Visits :30 Exercise the Television 9:30 Creative Arts on 4th RHA 10:00 You Be the Judge 10:00 Horse Races 9:45 Chapel Service with Don 0:00 Euchre (Sign-up Required) 10:00 Resident Council 10:00 Food Committee Afternoon: 10:00 Alphabet Game Afternoon: 10:15 Card Games Meeting in Great Room 2:30 BINGO Afternoon: 10:30 Pet Visits with Aussie 2:00 Friendly Visits 2:30 Outdoor Afternoon: Afternoon: BONGO 2:30 Board Games Afternoon: 2:30 Fit Minds Strolls 2:00 Montessori Moments 2:30 Fit Minds 2:30 Rumnikub Church Service on "In the month of August, nature's symphony is at its peak, the Television reminding us of the beauty that surrounds us." - John Muir, My First Summer in the Sierra (1911) 3:00 Hymn Singalong

1 Colouring Book Day Morning Morning August 2025 9:30 BINGO 10:00 Friendly Visits Afternoon 3:00 Active Game: Afternoon THIRD RHA RECREATION CALENDAR Horseshoes 3:00 Outdoor Strolls 5 Morning 3 CIVIC DAY (CAN) 8 Book Lovers Day International Friendship **△** Pamper Yourself Day 6 Morning 7 Morning 9.30 **BINGO** 9:15 Chapel with Don Morning 10:00 Roman Catholic Day Mornina Mornina 10:00 Name 10 Church (GR) 10:00 Friendly Visits Morning 9:15 Exercise 9:30 Exercise BLNGO Chapel Service on TV 9:30 Creative Arts Group on 10:15 Fit Minds 10:30 Bean Bag Toss 10:30 Aussie Pet Therapy 3<sup>rd</sup> RHA (Sign-up required) Afternoon Afternoon Afternoon Afternoon Afternoon 2:00 Outdoor Strolls Afternoon **Bus Outing 2:00 to 4:00** 3:00 Active Game: Ladder 3:00 Yahtzee! 2.00 Manicures Sign Up Required (Weather Permitting) Ball 2:30 Montessori Moments 3.00 Lawn Drats 3:00 Yahtzee 2:30 SPA DAY! 2:30 Sunflower Painting 10 Morning 11 World Elephant Day 14 Acadian Day 15 World Honeybee Day 12 Morning 13 Morning Mornina 9:30 Hymn Worship with Mabel's 100<sup>th</sup> Birthday Party Chapel Service on TV 9:30 Exercise 9.30 Exercise Morning Morning Stephen 10.00 Word Games 9:30 BINGO 9:30 Exercise 10.00 Branching out words Morning 10.00 Exercise 10:00 Large Church Service 10:30 Aussie Pet Therapy 10:15 Card Bingo Afternoon 10.30 Finish The Line 2:30 Arts and Crafts in GR Afternoon Afternoon Afternoon 4:30 Movie Night \* Sign up 2:30 Outdoor Afternoon Bus Outing 2:00 to 4:00 2:30 Dice Bingo 2:30 Fit Minds Sign Up Required required Lemonade Social Afternoon **Bus Outing 6:00 to 8:00** 2:30 Card Games 3:00 Movie Matinee 3:00 Active Game: Ball Toss Sign up Required\* 18 Morning 21 Morning 19 Morning 20 Morning 22 Morning HAPPY 100<sup>th</sup> Birthday 17 Morning 23 10:00 Friendly Visits 9:30 Exercise 9:30 Exercise 9:15 Chapel with Don 9:30 BINGO MABEL! 9:30 Exercise Morning 10:00 Bowling 10:15 Fit Minds 10.00 WHO AM I? 10:00 Exercise 9:30 to 12:00 Afternoon 10:15 Book Club on 1st RHA 10:30 Aussie Pet Therapy 10.30 UNO 2:30 Good News Chapel Service on TV Afternoon Afternoon Afternoon 2:30 Arts and Crafts` 3:00 Would You Rather? 2:00 PEACH SOCIAL and Corner **Afternoon** 3:00 Java Music **Bus Outing 6:00 to 8:00 Birthday Party with Diane** 3:00 Active Game: Bean Bag 3:00 Movie Matinee Sign up Required\* Unger (GR) Toss 29 Morning 24 Wizard of OZ Day 25 Morning 26 Morning 27 Feast of St. Augustine 28 World Daffodil Day Morning 30 :30 Exercise 30 Exercise Mornina Chapel Service on TV Morning Morning 10:00 Friendly Visits 9.30 Creative Arts Group on 10:00 Resident Council (GR) 9:15 Chapel with Don 9:30 BINGO 9:30 Exercise 4<sup>th</sup> (Sign-up required) 10.15 The price Is Right 10.00 Musical Bingo 10:00 Food Committee Afternoon 10.00 How Many Words? Afternoon Afternoon Meeting 3:00 Story Telling 10:30 Aussie Pet Therapy 2:00 Fit Minds 2:30 EZ Word Games 10.15 Ballon Tennis Circle Afternoon 3:00 EZ Trivia 3:00 Movie Matinee Wizard Afternoon Afternoon 2:00 Reading Circle & Courtyard 5:30 Ron Sing Along Of OZ 2.30 COFFEE SOCIAL 3:00 Active Game: Parachute Morning 31 Chapel Service on TV "Breathe the sweetness that hovers in August." - Denise Levertov

Wednesday

Thursday

Friday

Saturday

Sunday

ALL PROGRAMS ARE SUBJECT TO CHANGE

Monday

Tuesday

Thursday Sunday Monday Tuesday Wednesday Friday Saturday Morning: 1 Morning: 9:30 – Exercise 9:30 - Exercise August 2025 10:00 - Monthly Gazette and 10:00 - Armchair Travel: Port Trivia Colborne's Canal Days Afternoon: Festival Afternoon: 2:30 **BINGO** Fourth RHA Recreation Calender 2:30 – Friendly Visits **Church Service on** CIVIC HOLIDAY 6 Morning: 8 Morning: **⊿** Morning: 5 Morning: 7 Morning: Morning: 9:15 – Exercise 9:30 – Exercise **Television** 9:30 – Exercise 9:30 – Exercise 9:30 – Exercise 9:30 – Exercise 10:00 - Roman Catholic 10:00 – Whiteboard Games 10:00 – Trivia Time 9:45 – Chapel with Don 10:00 – Creative Arts 9:30 Creative Arts on 3rd RHA Service in Great Room Afternoon: Afternoon: (Sign-up Required) 2:30 – Fit Minds 2:00 – Euchre Afternoon: Afternoon: 10:00 - Outdoor Strolls 3:00 - Outdoor Strolls 3:00 – Patio Chats & Outdoor 2:30 – Fit Minds Afternoon: 2:30 – Friendly Visits Afternoon: 3:00 – Patio Chats & Outdoor Strolls 2:30 **BINGO** 3:00 – Singing with Stephen Strolls Mason 12 Morning: 13 Morning: 15 Morning: Church Service on 10 Morning: **14** Morning: **11** Morning: 16 **Television** 10:00 - Morning Of Music 9:30 – Exercise 9:15 – Exercise 9:30 – Exercise 9:30 – Exercise 9:30 – Exercise 10:00 - Cards & Games with Stephen & the Tabor 10:00 – Knots & Thoughts 9:45 – Finish the Line 10:00 – Wheel of Fortune Afternoon: Ensemble Afternoon: Afternoon: Afternoon: 2:30 Outdoor Lemonade 1:30 – Scenic Bus Tour 2:30 – Scategories Afternoon: 2:30 – Fit Minds Afternoon: Social\* 2:30 - Fit Minds 3:00 – Patio Chats & Outdoor \*Sign up required\*\* spots Evenina: 2·30 - **BINGO** 5:30 - Scenic Bus Tour \*\* Strolls Evening: limited 2:00 - Euchre spots limited 5:30 – Music with Ron LEMONADE Dental Clinic: Activity Room Closed 18 Dental Clinic: Activity Room Closed 19 Dental Clinic: Activity Room Closed 20 Morning: 22 Morning: 21 Morning: Church Service on 17 Morning: Morning: Afternoon: 9:15 – Exercise 9:30 – Exercise 9:30 – Exercise Television 10:15- Book Club on 1st RHA 9:30 – Exercise 2:30 – Peach Social /Birthday 9:45 – Chapel with Don 10:00 – Armchair Travel: 10:00 - Jeopardy! Afternoon: with Diane Unger 10:00 - Reading Group "Let's Go To The Ex!" 2:30 – Fit Minds Afternoon: Afternoon: Afternoon: 3:00 – Patio Chats 2:30 - Name That Tune! 2:30 – Fit Minds 2:30 - **BINGO** Evening: 3:00 - Patio Chats & Outdoor 3:00 – Patio Chats & Outdoor 5:30 - Scenic Bus Tour \*\*Sign Afternoon: Strolls Strolls up required\*\* spots limited 2:30 - Friendly Visits 25 Morning: 28 Morning: 27 Morning: 29 Morning: Church Service on 24 Morning: 26 Morning: 30 9:30 – Exercise 9:30 – Exercise 9:15 – Exercise 9:30 – Exercise 9:30 – Exercise **Television** 9:30 – Exercise 10:00 – Board & Card Games 10:00 – Resident's Council in 10:00 – Ice Cream Floats 9:45 – Chapel with Don 10:00 - Family Feud 10:00 – Creative Arts Great Room 10:00 - Food Committee Afternoon: Afternoon: Afternoon: Afternoon: Afternoon: Afternoon: 3:00 – Singing with Stephen 2:30 – Fit Minds 2:00 – Resident's Council 2:00 – Euchre 2:30 – Friendly Visits 2:30 - **BINGO** 3:00 – Fit Minds 3:00 – Patio Chats & Outdoor 3:00 - Patio Chats & Outdoor Strolls Strolls Church Service on 31 **Television** "The brilliant poppies strewn along the field of August are messengers of joy, reminding us that beauty blooms at every age." Helen Hunt Jackson

Sunday Wednesday Thursday Friday Monday Tuesday Saturday August 2025 11:00 BINGO in the Olive Branch Café **Spruce Lane Recreation Calendar** 9:30 Outdoor 9:30 Uno in the Fireside 6 11:00 Chapel Service 9:30 Rummy Card Game 5 9:30 Sunday Service in In the Chapel 11:00 BINGO in the Olive **Walking Program** Lounge in the Café "You shall love the Lord your 1:30 Fall Prevention Class Meet in the Front Lounge the Chapel Branch Café 11:00 Seated Exercise God with all your heart and 11:00 Seated Exercise Weather permitting in the Atrium in the Chapel with all your soul and with all in the Café 2:30 Coffee Hour in the Café 1:30 Falls Prevention Class 11:00 Seated Exercise vour might." Be kind to your environment. Bring in the Chapel in the Atrium 1:00pm Niagara-on-the-lake your own mug 2:30 Who/What/Where Scenic Bus Outing with Ice 2:30 Fit Minds in the ~ Deuteronomy 6:5 6:00 Movie Night Fireside Lounge Am I? in the Café Cream (Sign Up Required) in the Café 10:00 Morning of 12 9:30 Outdoor 16 9:30 Sunday Service in 11:00 BINGO in the Olive Music in the Great Room 11:00 Chapel Service **Walking Program** 11:00 Seated Exercise Meet in the Front Lounge the Chapel 11:00 Seated Exercise In the Chapel Branch Café in the Café 10:00-12:00 Assistive in the Chapel 1:30 Fall Prevention Class 1:30 Falls Prevention Class Device Clinic in the Chapel in the Atrium 11:00 Seated Exercise in the Atrium in the Cafe 2:30 Fondue Social 2:00 Elfer Raus in the Café 2:30 Fit Minds in the Fireside in the Café 11:00 Chapel Service 21 9:30 Baking Brownies 19 **Happy Birthday Flora!** 9:30 Craft Corner 23 20 9:30 Outdoor 11:00 BINGO in the Olive in the Café in the Fireside Lounge In the Chapel **Walking Program** 9:30 Sunday Service in 1:30 Fall Prevention Class 11:00 Seated Exercise Branch Café "We love because he first Meet in the Front Lounge 11:00 Seated Exercise the Chapel in the Atrium in the Chapel Weather permitting loved us." in the Café 2:30 Coffee Hour in the Café 1:30 Falls Prevention Class Kira not Present Be kind to your environment. Bring 2:30 Bingo in the Café in the Atrium ~ 1 John 4:19 your own mug 11:00 Seated Exercise 2:30 Fit Minds in the BINGO 5:45 Game of Luck in the Chapel Fireside Lounge in the Café 9:30 Outdoor 9:30 Bible Trivia 26 9:30 Java Music 30 9:30 Sunday Service in 11:00 Chapel Service 11:00 BINGO in the Olive in the Fireside Lounge in the Café **Walking Program** Meet in the Front Lounge In the Chapel the Chapel Branch Café 11:00 Seated Exercise 11:00 Seated Exercise Weather permitting in the Chapel in the Café 1:30 Fall Prevention Class 11:00 Seated Exercise 1:30 Falls Prevention Class in the Atrium 2:30 Bingo in the Café in the Chapel in the Atrium 2:30 Fit Minds in the BINGO 2:30 Bowling in the Chapel 2:30 Jeopardy in the Café Fireside Lounge 9:30 Sunday Service in "August is the slow, gentle month that stretches out the longest across the Chapel Hugust the span of a year. It yawns and lingers on with the light in its palms." — Victoria Erickson All Programs are Subject to Change.

Sunday Wednesday Thursday Friday Monday Tuesday Saturday 11:00 BINGO in the Olive August 2025 Branch Café Mapleview and Evergreen Apartments Recreation Calendar 9:30 Outdoor 9:30 Uno in the Fireside 6 11:00 Chapel Service 9:30 Rummy Card Game 5 In the Chapel 9:30 Sunday Service in 11:00 BINGO in the Olive **Walking Program** Lounge in the Café "You shall love the Lord your Meet in the Front Lounge 1:30 Fall Prevention Class the Chapel Branch Café 11:00 Seated Exercise God with all your heart and 11:00 Seated Exercise Weather permitting in the Atrium in the Chapel with all your soul and with all in the Café 2:30 Coffee Hour in the Café 1:30 Falls Prevention Class 11:00 Seated Exercise vour might." Be kind to your environment. Bring in the Chapel in the Atrium 1:00pm Niagara-on-the-lake your own mug 2:30 Who/What/Where Scenic Bus Outing with Ice 2:30 Fit Minds in the ~ Deuteronomy 6:5 6:00 Movie Night Fireside Lounge Am I? in the Café Cream (Sign Up Required) in the Café 10:00 Morning of 12 9:30 Outdoor 16 9:30 Sunday Service in 11:00 BINGO in the Olive Music in the Great Room 11:00 Chapel Service **Walking Program** 11:00 Seated Exercise Meet in the Front Lounge the Chapel 11:00 Seated Exercise In the Chapel Branch Café in the Café 10:00-12:00 Assistive in the Chapel 1:30 Fall Prevention Class 1:30 Falls Prevention Class Device Clinic in the Chapel in the Atrium 11:00 Seated Exercise in the Atrium in the Cafe 2:30 Fondue Social 2:00 Elfer Raus in the Café 2:30 Fit Minds in the Fireside in the Café 9:30 Baking Brownies 19 11:00 Chapel Service 21 17 9:30 Craft Corner 23 20 9:30 Outdoor 11:00 BINGO in the Olive in the Café in the Fireside Lounge In the Chapel 9:30 Sunday Service in **Walking Program** 1:30 Fall Prevention Class 11:00 Seated Exercise Branch Café "We love because he first Meet in the Front Lounge the Chapel 11:00 Seated Exercise in the Atrium in the Chapel Weather permitting loved us." in the Café 2:30 Coffee Hour in the Café 1:30 Falls Prevention Class Kira not Present Be kind to your environment. Bring 2:30 Bingo in the Café in the Atrium ~ 1 John 4:19 your own mug 11:00 Seated Exercise 2:30 Fit Minds in the BINGO 5:45 Game of Luck in the Chapel Fireside Lounge in the Café 26 9:30 Outdoor 9:30 Bible Trivia 9:30 Java Music 30 9:30 Sunday Service in 11:00 Chapel Service 11:00 BINGO in the Olive in the Fireside Lounge in the Café **Walking Program** Meet in the Front Lounge In the Chapel the Chapel Branch Café 11:00 Seated Exercise 11:00 Seated Exercise Weather permitting in the Chapel in the Café 1:30 Fall Prevention Class 11:00 Seated Exercise 1:30 Falls Prevention Class in the Atrium 2:30 Bingo in the Café in the Chapel in the Atrium 2:30 Fit Minds in the BINGO 2:30 Bowling in the Chapel 2:30 Jeopardy in the Café Fireside Lounge 9:30 Sunday Service in "August is the slow, gentle month that stretches out the longest across the Chapel Hugust the span of a year. It yawns and lingers on with the light in its palms." — Victoria Erickson All Programs are Subject to Change.