

February 2023

# Pleasant Manor Post

Heritage Place Newsletter



## Program Highlights and Holidays:

**Feb 1- Silhouette Drawing-** get your shadow traced and try to guess who everyone is throughout the week.

**Feb. 6- Music Therapy with Molly**

**Feb. 8- Quiz Master-** A virtual trivia competition between other homes!

**Feb. 12- Superbowl Sunday** with some football fun!

**Feb. 14- Valentines Day-** Special themed lunch!

**Feb. 15- Valentines High Tea**

**Feb. 21- Shrove Tuesday-** Pancakes at 11:00

**Feb. 22- Ash Wednesday**

## Happy February Birthday To...

- Marian Messer- 15<sup>th</sup>
- Helen Peters- 20<sup>th</sup>

## We Welcome...

- Ben Buholtz
- Shirley Hopper

## We Remember...

- Frances Girgenti
- Erwin Kwade
- Annie Findlay

## Therapeutic Recreation Update

We hope everyone enjoyed the Winter Wonderland themed week! See some pictures below. We engaged in activities like curling, drinking hot chocolate and enjoying winter scenery - it even snowed outside during the week! In February, we look forward to a Valentines theme, with a special lunch on valentine's day! Throughout the month recreation will also be facilitating activities such as our own Superbowl and celebrating Shrove Tuesday with Pancakes! Hope you have a great heart filled month!

## Meet Bronwen Herbert- Nutrition Manager

I grew up in Elora, Ontario but I now reside in Thorold with my dog, Tilly and fiancé, Wilson. I am engaged to be married in October of this year! Most of my family still lives in Elora and I try to visit often. I especially love to spend time with my 17-month-old nephew, Theo!

I have over 13 years of experience working in food services in health care settings. I started as a dietary aide at the age of 16, eventually working my way up as a cook in a LTC home. During this time, I went to the University of Guelph and got my Bachelor of Applied Sciences degree in Adult development, Families and Well-Being. Once I finished my degree, I decided I wanted to pursue a certificate in Nutrition Management through Algonquin college. Once I completed these courses, I started working as a Food Service Supervisor at both Joseph Brant Hospital in Burlington and St. Peter's Hospital in Hamilton. I then moved on to becoming a Quality Control Manager working in several LTC homes across the GTA.

In January of 2022, I became the Assistant Nutrition



Manager at both Tabor Manor and Pleasant Manor, assisting in the dietary and environmental services departments. As of November 2022, I have become the Nutrition Manager at Pleasant Manor. I thoroughly enjoy my time spent at Pleasant Manor getting to know the many staff, residents, and

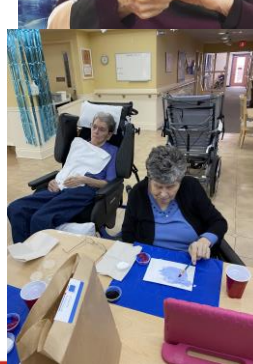
tenants and look forward to catering some of the upcoming special events!

## Preachers Ponderings

I'm so thankful that February is only 28 days. Even though the sun is shining longer each day it still feels like a dark and dreary month, even in spite of Valentine's Day! But February ushers us into the season of Lent so perhaps it is fitting. And just as the hope of spring strengthens our resolve, so does the promise of the resurrection brings our spiritual darkness to an end. As we wait for the Lord, let us continue to encourage each other in ways that reveal the epiphanic light of Christ in us!

~Michael Dyck

## Winter Wonderland







## Happy February Birthday to...

- Eric Jones~ 1<sup>st</sup>
- Cornelius Vander Hoeven~ 2<sup>nd</sup>
- Jacob Penner~ 6<sup>th</sup>
- Abram Wiens~ 6<sup>th</sup>
- Elsbeth Krauck~ 8<sup>th</sup>
- Hannelore Enss~ 9<sup>th</sup>
- Erika Friesen~ 9<sup>th</sup>
- Richard Braun~ 11<sup>th</sup>
- Katy Klassen~ 14<sup>th</sup>
- Helene Fritz~ 17<sup>th</sup>
- Olga Neufeld~ 18<sup>th</sup>
- William Goertz~ 20<sup>th</sup>
- Margaret Van Egmond~ 20<sup>th</sup>
- Jasmine Hivale-Quibell~ 22<sup>nd</sup>



## Quiz Master

We will be trialing a new trivia program called quiz master. We will be working as a team to answer questions and compete against other homes virtually in the area. Come out to the chapel and help us answer questions as prizes are available to be won!



### Social Media



Did you know that you can follow Radiant Care on Facebook and Instagram?

Radiant Care also has a web page at [radiantcare.net](http://radiantcare.net) where you can find up to date information such as visitation plans, photos, and announcements!

## February Activities

We are unfortunately starting the month off with an outbreak, causing all activities to be cancelled for the time being- please look for posters on when all activities will begin again. We will make coloring sheets, crafts, and word puzzles available by the mailbox areas. Please make sure to wear your wash your hands!



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Preachers Pondering's

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## Couples Spotlight



### Jake and Anna Klassen

*-How long have you been married?* In June it will be 63 years, and we still love each other!

*-How did you meet?* We met while singing in a Christmas Eve caroling group- Jake even walked Anna home that first night.

*-What's your advice for young couples?* Be serious with commitment and be forgiving with your partner.



### Jake and Adine Enns

*-How long have you been married?* For 64 years!

*-How did you meet?* Adine went to a dance at club Heidelberg with her sister and Jake was there- he asked her to dance and started dated then!

*Did you celebrate Valentine's Day as a couple?* Yes! Jake always bought the most beautiful cards and boxes of chocolates that I still have!



### Walter and Betty Isaac

*-How long have you been married?* 65 years!

*-How did you meet?* Walter played baseball with my (Betty's) brother, and we met that way.

*-How did you get engaged?* Walter was driving the car, he turned to me, and asked me to marry him!

*-What was something you do as a couple for fun?* We went to Florida every year!

