

Infection Prevention and Control: What Families and Visitors Need to Know

Keeping our residents, staff, and visitors safe is our top priority. To help reduce the risk of spreading germs and infections, we've created some helpful resources for anyone visiting our home.

You'll find a straightforward fact sheet outlining the basics of Infection Prevention and Control (IPAC), developed with guidance from Public Health. It includes important information on how to use alcohol-based hand rub (ABHR), how to properly wash your hands, and how to safely put on and take off personal protective equipment (PPE). This helps explain the steps we take every day to protect the health of everyone in our home—and how you can help too.

One of the best ways to prevent the spread of infection is by cleaning your hands regularly. Use alcohol-based hand rub or soap and water when available.

You should clean your hands:

- Before entering and after leaving the building
- Before entering and after leaving a resident's room or bed space
- Before and after putting on PPE (e.g., masks, gloves, eye protection)
- Before eating, after using the washroom, or blowing your nose
- Whenever your hands are visibly dirty
- Before and after providing care

We have included links to videos with visuals and practical tips on best practices to follow when visiting any health care settings, including ours.

We encourage all families and visitors to review these materials before visiting. Working together, we can help keep our home safe and healthy for everyone.

Infection Prevention and Control Tips for Visiting All Health Care Settings

Fact Sheet

[Infection Prevention and Control Tips for Visiting All Health Care and Congregate Settings](#)

Video

<https://www.youtube.com/watch?v=RliB1pFfSq8>

How to Hand Rub

<https://youtu.be/sDUJ4CAYhpA>

Hand Washing

<https://youtu.be/o9hjmges72I>

Radiant Care

Putting on PPE (Donning)

[Putting on Full PPE \(Descriptive Video\) - YouTube](#)

Taking off Full PPE (Doffing)

[Taking off Full PPE \(Descriptive Video\)](#)

Public Health Ontario. (2023, February). Infection prevention and control tips for visiting all health care and congregate settings [Fact sheet].

<https://www.publichealthontario.ca/>