

Radiant Care Tabor Manor

Tabor Times

March 2025



WE REMEMBER...

Margaret Jansen
Allan Rosa
Helen Burkholder
Agnes "Aggie" Petkau
Sander DeGroot
Rosie Brickell

WE WELCOME...

Arthur Talbot
Diane Dunk
Harriet Milne
Ellen Harwood

WE CELEBRATE THE BIRTHDAYS OF...

Harry Fediuk
Ruth Troughton
William Burke
Ann Weisberg
Grazie "Grace" Meffe
Maria Pennacchio
Elma Dueck
Ruth Harder
John Vandenwerf
Barbara Beamer
Margaret Clephane
Wayne Wadden

A special thank you to our staff for all their hard work, and the cooperation of residents, family and other visitors to help manage our outbreaks. Everyone's diligence in following the necessary protocols is greatly appreciated.

Last month, the Recreation Department hosted a special Valentine's Day lunch for the Tabor Manor married couples, providing a chance to celebrate their love, appreciate one another, and enjoy quality time together.

On another note, we were blessed to receive specific education funding to be used by March 31st. With this funding, we are supporting staff with GPA (Gentle Persuasive Approaches) training. This training provides staff with innovative dementia care education on how to respond respectfully, with confidence and skill to deliver person-centered care. As well, we will be sending a number of staff to Montessori training. This will continue to help serve our residents at the level of excellence we have come to expect here at Tabor Manor.



March Special Events

Chapel Service - March 4th at 10am in the Great Room

Pancake Tuesday - March 4th

RC Mass - March 14th at 10am in the Great Room

Residents' Council - March 10th at 10am in the Great Room

Wear Green on St. Patrick's Day - March 17th

March Social with Shamrock Shakes! - March 18th in the Great Room

Food Committee Meeting - March 24th at 2:00pm in the Great Room

Brock Music Program - March 3rd, 10th & 17th



Reset your clocks on
March 8th before you
head to bed

Pancake Day - Tuesday, March 4th

Pancake Day! More formally known as Shrove Tuesday marks the last day before Lent for Christians and is traditionally a period of abstinence. This is associated with clearing your cupboards of goods such as fats, sugar and eggs.

What a perfect excuse to enjoy a stack of delicious fluffy goodness with friends.



Residents with the help of recreation staff

will have the opportunity to indulge on Tuesday afternoon.



Join us for a social & shamrock shakes March 18th. See recreation staff for more details.



Family Support Group

Next meeting Wednesday, March 5th from **2-3pm** in the Family Dining Room led by Chaplain Jim Evans. To reach Jim, please call ext. 1073

We have booked two dates this month - March 10th & 12th for scenic bus drive. Please see recreation staff and sign up sheets for more details.



Do Not Be Anxious!

Jesus taught us much about not living with fear, uncertainty, doubt nor anxiety. Rather, we should constantly live with faith, confidence and hope in The Lord who always knows our needs, and cares for us! Listen to His words from Matthew 6:25-34..

²⁵ **“Therefore, I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing?”** ²⁶ Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? ²⁷ And which of you by being anxious can add a single hour to his span of life? ²⁸ And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, ²⁹ yet I tell you, even Solomon in all His glory was not arrayed like one of these. ³⁰ **But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?** ³¹

‘THEREFORE, DO NOT BE ANXIOUS!’

Don't dwell on saying...‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² **For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. ³³ But seek first the kingdom of God and his righteousness, and all these things will be added to you.** ³⁴ “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.”

No matter what we've been through, or what we may be facing now or in the future, The Lord always promises His constant care! We can & should always trust in His promised Presence and provision, every day!

‘Cast all your cares upon Him because He cares for you!’ (1 Peter 5:7)

Remember...**GOD NEVER STOPS CARING FOR US!**

Pastor Jim

March 2025

Spruce Lane Star

Radiant Care Tabor Manor | 1 Tabor Dr., St. Catharines | 905-934-2548



March Birthdays

Shirley Steele – March 8th

Susan Friesen – March 22nd

Edgar Toews – March 22nd

Upcoming Events

March 4th – Church Service:

Join us in the Great Room at 10:00am for a morning of music with The Salvation Army Band.

March 4th – Pancake Tuesday:

Join us in the Café at 2:30pm for some good conversation and a sweet syrupy treat!

March 6th/20th – Coffee Hour:

Join Scott Street Church in the Café at 2:30pm to enjoy some coffee and conversation!

March 5th/19th – Perishky Baking:

Join us in Long-term Care at 9:30am to bake Perishky!

March 13th – Movie Night:

Join us in the Café at 6:00pm for a fun movie night with drinks and snacks!

March 18th – Shamrock Shakes:

Join us in the Café at 2:30pm to enjoy a delicious Shamrock Shake for St. Patrick's Day!

March 24th – Hymn Sing:

Join us in the Chapel at 2:00pm for hymns with Stephen!

“The Lord’s” (Isaiah 44:1-5)

It doesn't take much to notice that getting a tattoo is very popular these days. Some tattoos are so small that one barely notices them. Some people – from athletes to actors to everyday people – have opted to cover much of their bodies with multicoloured pictures, words, and designs.

Regardless of how you may feel about tattoos, Isaiah 44 speaks metaphorically about people writing something on their hands: “The Lord’s” (vs. 5). Two simple, powerful words, “The Lord’s,” affirmed that God’s people knew they were His possession and that He would take care of them.

Those who come to God through faith in Jesus Christ can confidently say of themselves, “The Lord’s!” We are His people, His sheep, His dwelling. These are the things we cling to in the varied seasons of life. While we may have no external mark or tattoo identifying us as God’s, we have the witness of God’s Spirit in our hearts that we belong to Him (see Romans 8:16-17).

- Stephen Mason
Volunteer Coordinator

goodbye
WINTER
hello
Spring

Kira's March Vacation!

Hello Everyone,

At the end of March I will be taking a week of vacation from March 24th to 28th. This means that sadly I wont be here to participate in activities, however we will have my fellow Recreation Therapists coming to fill in while I am gone. Don't worry, I will make sure to share lots of photos when I get back!



Sincerely,
Kira McPherson
Therapeutic Recreation

February Recap!

February was a month of strength and courage, placing hope and love in the Lord. Throughout February we celebrated holidays such as Valentines Day, and had the pleasure of participating in many activities including our Tabor Manor talent show, and our live entertainment with the Sunshine Singers!

As we move away from February, we head into the month of March, a month of forgiveness. I hope this month helps you to humbly come to Jesus in confession, knowing that the mercy of Christ is forever greater than the sins of man.

Crafts and Hobbies!

Fit the list of words into the puzzle.

- ART
- INK
- PEN
- CLAY
- BRUSH
- CHESS
- PAINT
- ACTING
- CRAFTS
- DESIGN
- SPORTS
- COOKING
- CROCHET
- JOGGING
- POTTERY
- READING
- CHARCOAL
- PHOTOGRAPHY

