Friday Sunday Monday Thursday Saturday Tuesday Wednesday **HAPPY BIRTHDAY RUTH!** March 2025 Morning: White Board Games Afternoon: Make Your Own FIRST RHA RECREATION CALENDAR Bookmark **HAPPY BIRTHDAY ⊿**|Morning: 7 Morning: **2** Morning: 6 Morning: 9:00 Church Service on 9:30 Hymn Sign with Stephen 9:00 Baking Perishky on First Morning: 9:45 BINGO 9:30 Exercise **BILLY!** 10:00 "Sharing Dance" in Morning: 10:00 Name That Tune **Television** 9:30 Exercise Afternoon: the Great Room 10:00 Morning of Music with 10:30 Pet Visits 10:00 Fit Minds 2:00 Card Game: UNO The Salvation Army Band Afternoon: with Aussie 3:00 Finish the Line Afternoon: Afternoon: 2:00 Montessori Moments Afternoon: 2:45 Friendly Afternoon: 2:30 Pancake Social in 2:00 Friendly Visits 2:45 Coffee Social 2:45 Jeopardy Visits **Activity Room!** 3:00 Word Game 11 Morning: 12 Morning: DAYLIGHT SAVING TIME Q **HAPPY BIRTHDAY** 13 Morning: Morning: 10 **GRACE!** 9:30 Exercise 9:45 BINGO 10:00 Roman Catholic Mass 9:30 Exercise **BEGINS** Morning: Morning: 9:15 Chapel Service with Don 10:00 White Board Games 10:00 Trivia Time! 9:00 Church Service on 10:15 Name That Tune 9:30 Exercise 10:00 Fit Minds 10:30 Pet Visits with Aussie **Television** Afternoon: Afternoon: 10:00 "Sharing 2:00 One to One Visits Afternoon: 2:30 Painting Group Afternoon: Dance" in the Great Room 2:30 Bowling in the 2:45 Balloon Tennis Afternoon: 2:45 Game of Afternoon: 2:45 Ladder Lounge 2:00-4:00 Bus Outing Ball Sign-up Required St. Patrick's Day 18 Morning: **Spring Begins!** 17 Morning: 19 20 21 9:15 Chapel Service with Don 9:00 Baking Perishky on First Morning: 9:00 Church Service on Morning: Morning: Morning: 9:30 Hymn Sign with Stephen 10:00 Resident's Council 11:00 Friendly Visits RHA 9:45 BINGO **Television** 9:30 Exercise Afternoon: 10:15 Who. 10:00 Montessori Moments 10:30 Pet Visits Afternoon: 2:30 Spring Craft What, Where? Afternoon: with Aussie Friendly Visits Afternoon: 4:30 Pizza & Movie 🥻 Afternoon: 2:30 March Social in the Afternoon: 3:00 Obie Sign-up required 2:45 Bocce Ball Great Room with Shamrock 2:45 Java Music Games Shakes! Club HAPPY 80TH BIRTHDAY 27 Morning: 23 Morning: 25 Morning: 28 Morning: 29 **WAYNE W!** 9:00 Church Service on 9:30 Hymn Sing with Stephen Morning: 9:30 Exercise 9:45 BINGO 10:30 Friendly Visits 10:15 White Board Games 9:15 Chapel Service with Don 10:00 Finish the Lyric Afternoon: Television Morning: Afternoon: 10:00 Fit Minds 10:30 Pet Visits with 9:30 Exercise Afternoon: 2:30 Adopt a Pet Dice Game 2:00 Food Aussie 10:00 Balloon Tennis 2:45 Game of Luck Committee Afternoon: Afternoon: Afternoon: 2:45 Birthday Party with Meeting 2:15 Movie Matinee: "Annie" 2:00 Manicures 2:30 Travelogue! Colin's Café! 3:00 Card Game: UNO! 30 Morning: 31 9:00 Church Service on 9:30 Hymn Sign **Television** with Stephen "March shows us how beautiful new 10:15 Book Club beginnings can be." Afternoon: 1:30 Obie -Anamika Mishra Games 2:45 Trivia Game *ALL PROGRAMS ARE SUBJECT TO CHANGE*

Sunday Thursday Saturday Monday Tuesday Wednesday Friday Morning: 10:00 Balloon Tennis March 2025 Afternoon: 2:00 Card Games SECOND RHA RECREATION CALENDAR 9:00 Church Service on 3 Morning: 6 Morning: 2 Morning: 5 Morning: Ash Wednesday Morning: Exercise Television 9:30 Exercise 9:00 Monthly Gazette Morning: 9:30 Exercise 9:30 Exercise 9:30 Baking Perishky on 10:00 Jeopardy 10:00 Price is Right 10:00 Sharing Dance 10:00 Chapel Service in the Afternoon: Board Games 1st RHA **Great Room** Program in Great Room Afternoon: Afternoon: 10:30 Pet Visits with Aussie Afternoon: 2:00 Montessori Moments 2:30 **BINGO!** Afternoon: 2:30 Pancake Social! 3:00 JAVA Afternoon: 2:30 Reading Circle 2:00 Elfer Raus 5:30 Music with Ron Music 3:00 Board Games 3:00 Friendly Visits 5:30 UNO Mardi Gras 10 Morning: 11 Morning: 12 Morning: **Happy Birthday Maria! Daylight Savings 9** Morning: 14 Morning: 15 9:30 Exercise Morning: 9:30 Exercise 9:00 Church Service on 9:00 Exercise 9:30 Exercise 9:30 Exercise 10:00 Sharing Dance Program 9:30 Name Ten 10:00 Flip It Card Game 10:00 St. Patrick's Day 10:00 Travel the Television 10:00 How Many Words? in Great Room **Painting** World to Ireland 9:45 Chapel Service Afternoon: 10:30 Pet Visits with Aussie Afternoon: with Don 2:00 Friendly Visits Afternoon: Afternoon: 2:00 - 4:00 Bus outing - sign up 2:30 Fit Minds 2:30 **BINGO!** Afternoon: Afternoon: 2:00 Movie Matinee required 2:00 Ball Toss 2:00 Craft 2:00 - 4:00 Bus outing - sign 3:00 Hymn Worship with 2:30 Fit Minds Corner up required Stephen FIRST DAY OF SPRING! 20 Morning: Happy Birthday Elma! 16 Happy Birthday Ruth! 19 17 Morning: St Patrick's Day 21 22 9:00 Exercise 9:30 Baking Perishky on Morning: Morning: 9:00 Church Service on Morning: Friendly Visits 9:30 Triva Time 10:00 White Board Games Television 1st RHA **9**:30 Bowling 9:30 Exercise 9:45 Chapel Service with Don 10:30 Pet Visits with Aussie Afternoon: Afternoon: Afternoon: 10:00 Resident Council 1:30 Manicures 2:30 **BINGO!** Afternoon: 2:00 Montessori Moments Afternoon: 3:00 JAVA Music 2:00 UNO! Afternoon: 3:00 St Patrick's Day Horse 1:30 Reading Circle 2:45 Colllin's Cafe 4:30 Pizza and a Movie Races 2:30 March Social-Great Room *Sign-up Required 5:30 Card Games 26 Morning: 28 Morning: 24 Morning: 25 Morning: **Happy Birthday Barb!** 23 Morning: 27 Morning: 10:30 Pet Visits with Aussie 9:30 Exercise 9:30 Exercise 9:00 Church Service on 9:30 Exercise 9:15 Exercise 9:30 Exercise 9:45 Chapel Service 10:00 Water Colour Painting 10:00 "CATastrophe!" Word Television 10:00 Name 10 11:00 Ladder Ball 10:00 Uno Afternoon: with Don Afternoon: Game 2:00 Food Committee 2:30 Birthday Party Afternoon: Afternoon: MINIM 2:30 **BINGO!** Afternoon: Celebration 2:30 Fit Minds Meetina Afternoon: 3:00 Hymn Worship with 2:30 Fit Minds 5:30 Elfer Raus 3:00 Friendly Stephen Visits 30 Morning: 9:00 Church Service on 31 9:30 Exercise **Television** "This is the day the Lord has made. We will rejoice and 10:00 Jeopardy be glad in it." Psalm 118:24 Afternoon: 2:00 Ball Toss 3:00 Coffee Social ALL PROGRAMS SUBJECT TO CHANGE



Happy Birthday Harry! 1 Morning: March 2025 9:30 - Exercise 10:00 – Card & Board Games Afternoon: 2:30 – Movie Matinee Fourth RHA Recreation Calendar **Church Service on TV First Day of Lent** 2 Morning: **Pancake Tuesday** 5 Morning: 6 Morning: 7 Morning: **Morning:** Mornina: 9:30 – Exercise 9:30 – Exercise 9:30 – Exercise 9:30 - Exercise 10:00 - "Sharing Dance" 9:45 – Don's Chapel Service 10:00 – Trivia Time! 9:30- Exercise 9:30 – Perishky Group 10:00 – Word Games 10:15 - Trivia 10:00 - Chapel Service with 10:00 - Sowing Seeds the Salvation Army Band Afternoon: Afternoon: Afternoon: 3:00 – Sing along with Red 2:30 - BINGO! 2:30 - Friendly Visits The Acadamy Awards 7 pm Afternoon: Afternoon: 3:00 – Singing with Stephen and Beth Afternoon: 2:30 – Fit Minds $B_{1}N_{6}O$ Mason 2:30 – Pançake Social 12 Morning: 13 Morning: 14 Morning: 11 Morning: 10 Morning: **Daylight Savings Begins 9 Morning:** 15 **Church Service on TV** 9:30 - Exercise 9:30 – Drumming 9:30 - Exercise 9:30 – Exercise 9:30 – Exercise 9:30 – Exercise 10:30 - Whiteboard Games 9:45 - Don's Chapel Service 10:00 - "Sharing Dance" in 10:00 – Creative Arts 10:00 – Roman Catholic 10:00 – Scattegories the Great Room 0:30 - Card Games Service 10:00 - Manicures 10:15 – Wheel of Fortune Afternoon: Afternoon: Afternoon: 2:00 - Scenic Bus Tour* 2:30 - Friendly Visits 2:30 - Fit Minds Afternoon: Afternoon: 3:00 – Colin's Café 2:30 – BINGO! Afternoon: 2:30 – Fit Minds 3:00 - Balloon Tennis $B_{1}N_{G}O$ Daylight Saving Time Begin Purim Begins 18 Morning: First Day of Spring 20 Happy Birthday John V)1 Morning: St. Patrick's Day Morning: 19 22 Morning: **Church Service on TV** 9:30 - Perishky Group 9:30 – Exercise 9:30 – Exercise Mornina: Mornina: 9:30 – Exercise 10:00 - Resident Council 10:00 – Creative Arts 9:30 – Exercise 9:30 – Exercise 10:00 - Group Crossword 9:45 - Don's Chapel Service 10:00 - Java Music Club Meeting Afternoon: 3:00 – Sing along with Red & Afternoon: Afternoon: Afternoon: Afternoon: 2:30 - Fit Minds Afternoon: 2:30 – Friendly Visits March Madness Basketball 3:00 – Singing with Stephen 2:30 - Fit Minds 2:30 – BINGO! 4:30- Movie & Pizza Night Mason & Shamrock Shakes (Sign-up Required) BINGO **Begins** 23 Happy Birthday Margaret 24 27 Morning: 28 Morning: 26 Morning: Morning: 25 Morning: 29 Mornina: 9:30 – Exercise 9:30 – Exercise 9:30 – Exercise 9:30 – Exercise 9:30 - Exercise 9:45 - Don's Chapel Service 10:00 - Armchair Travel **Church Service on TV** 9:30 – Exercise 10:00 - Cards & Board 10:00 - Name 10 10:00 – Word Games 10:00 - Group Crossword Games 10:30 - Fit Minds Afternoon: Afternoon: Afternoon: 2:30 - BINGO! 2:30 - Celebrating March 2:30 - Friendly Visits Afternoon: Afternoon: Afternoon: 2:00 - Food Committee 2:30 - Fit Minds Birthdays 3:00 – Jay's Home Opener BONGO 2:30 – Creative Arts 30 Morning: 31 "I love March as it gives me hope that new beginnings are 9:30 – Exercise **Church Service on TV** 10:00 – Jeopardy! always beautiful." Afternoon: — Anamika Mishra 3:00 – Singing with Stephen Mason Sign up require for Scenic Bus Toup as space is limited. Attendance is restricted to residents who can self-transfer independently. Tabor Manor, St. Catharines. Programs are subject to change without notice.

Wednesday

Thursday

Tuesday

Monday

Friday

Saturday

Sunday

Sunday Wednesday Thursday Saturday Tuesday Friday Monday March 2025 "Because, if you confess with vour mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved." WELLNESS SUITES RECREATION CALENDAR **Romans 10:9.** 10:00 Morning of Music with 9:30 Baking Perishky 11:00 Chapel Service 7 Happy Birthday Shirley! 9:30 Sunday Service in The Salvation Army Band. on 1st RHA In the Café 11:00 BINGO in the Olive 11:00 Seated Exercise the Chapel 11:00 Seated Exercise Branch Café 11:00 Seated Exercise 1:30 Fall Prevention Class in the Café in the Café in the Café 1:30 Falls Prevention Class In the Atrium in the Atrium 1:30 Digital Skills 2:30 Coffee Hour in the Café 2:30 Pancake Tuesday Information Session in Café Be kind to your environment. Bring Social in the Cafe your own mug. 2:30 Bingo in the Café Mardi Gras 9:30 Who/What am I? **12** 11:00 Chapel Service 13 9:30 Bible Trivia in the **10** 15 9:30 Uno in the Café 11 14 9:30 Sunday Service in in the Fireside Lounge In the Café 11:00 BINGO in the Olive Fireside Lounge the Chapel 11:00 Seated Exercise Branch Café 1:30 Fall Prevention Class 11:00 Seated Exercise in the Café In the Atrium 11:00 Seated Exercise in the Café 1:30 Falls Prevention Class in the Café in the Atrium 2:30 Elfer Raus 2:30 Bingo in the Café BINGO 2:30 Fit Minds in the Café 2:30 Jeopardy in the Café 6:00 Movie in the Café Daylight Saving Time Begins Purim Begins 21 Happy Birthday Susan! 11:00 Chapel Service 20 9:30 Skip-Bo in 18 19 16 9:30 Saint Patrick's 17 Happy Birthday Edgar! 9:30 Sunday Service in In the Café the Café 11:00 BINGO in the Olive Day Craft in the Fireside 9:30 Baking Perishky 11:00 Seated Exercise the Chapel Branch Café Lounge on 1st RHA 1:30 Fall Prevention Class in the Café In the Atrium 11:00 Seated Exercise 1:30 Falls Prevention Class 11:00 Seated Exercise 2:30 Coffee Hour in the Café in the Café in the Atrium in the Café Be kind to your environment. Bring 2:30 Shamrock Shakes 2:30 Fit Minds in the Café your own mug. Social in the Café St. Patrick's Day Spring Begins "He has delivered us 29 24 25 26 27 28 9:30 Sunday Service in the 11:00 Seated Exercise 11:00 Seated Exercise 11:00 BINGO in the Olive from the domain of darkness 11:00 Seated Exercise 11:00 Chapel Service in the Café Chapel in the Café Branch Café in the Café and transferred us to the In the Café kingdom of his beloved Son, 1:30 Falls Prevention Class 2:00 Hymn Sing with 2:30 Bingo in the Café in whom we have redemption, 1:30 Fall Prevention Class in the Atrium Stephen in the Café the forgiveness of sins." In the Atrium BINGO 2:30 Java Music in the Café Colossians 1:13-14 30 31 9:30 Yahtzee in the 9:30 Sunday Service in Fireside Lounge the Chapel 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Café ALL PROGRAMS ARE SUBJECT TO CHANGE.

Wednesday Sunday Thursday Saturday Tuesday Friday Monday March 2025 "Because, if you confess with vour mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved." MAPLEVIEW AND EVERGREEN APARTMENTS RECREATION CALENDAR **Romans 10:9.** 10:00 Morning of Music with 9:30 Baking Perishky 11:00 Chapel Service The Salvation Army Band. 9:30 Sunday Service in on 1st RHA In the Café 11:00 BINGO in the Olive 11:00 Seated Exercise the Chapel 11:00 Seated Exercise Branch Café 11:00 Seated Exercise 1:30 Fall Prevention Class in the Café in the Café in the Café 1:30 Falls Prevention Class In the Atrium in the Atrium 1:30 Digital Skills 2:30 Coffee Hour in the Café 2:30 Pancake Tuesday Information Session in Café Be kind to your environment. Bring Social in the Cafe your own mug. 2:30 Bingo in the Café Mardi Gras 9:30 Who/What am I? **12** 11:00 Chapel Service 13 15 9:30 Bible Trivia in the **10** 9:30 Uno in the Café 11 9:30 Sunday Service in in the Fireside Lounge In the Café 11:00 BINGO in the Olive Fireside Lounge the Chapel 11:00 Seated Exercise Branch Café 1:30 Fall Prevention Class 11:00 Seated Exercise in the Café in the Café In the Atrium 11:00 Seated Exercise 1:30 Falls Prevention Class in the Café in the Atrium 2:30 Elfer Raus 2:30 Bingo in the Café BINGO 2:30 Fit Minds in the Café 2:30 Jeopardy in the Café 6:00 Movie in the Café Daylight Saving Time Begins Purim Begins 11:00 Chapel Service 20 9:30 Skip-Bo in 18 19 21 22 16 9:30 Saint Patrick's 17 9:30 Sunday Service in In the Café the Café 11:00 BINGO in the Olive Day Craft in the Fireside 9:30 Baking Perishky 11:00 Seated Exercise the Chapel Branch Café Lounge on 1st RHA 1:30 Fall Prevention Class in the Café In the Atrium 11:00 Seated Exercise 1:30 Falls Prevention Class 11:00 Seated Exercise 2:30 Coffee Hour in the Café in the Café in the Atrium in the Café Be kind to your environment. Bring 2:30 Shamrock Shakes 2:30 Fit Minds in the Café your own mug. Social in the Café St. Patrick's Day Spring Begins 24 26 27 28 "He has delivered us 29 11:00 Seated Exercise 9:30 Sunday Service in the 11:00 Seated Exercise 11:00 BINGO in the Olive from the domain of darkness 11:00 Seated Exercise 11:00 Chapel Service in the Café Chapel in the Café Branch Café in the Café and transferred us to the In the Café kingdom of his beloved Son, 1:30 Falls Prevention Class 2:00 Hymn Sing with 2:30 Bingo in the Café in whom we have redemption, 1:30 Fall Prevention Class in the Atrium Stephen in the Café the forgiveness of sins." In the Atrium BINGO 2:30 Java Music in the Café Colossians 1:13-14 30 31 9:30 Yahtzee in the 9:30 Sunday Service in Fireside Lounge the Chapel 11:00 Seated Exercise in the Café 2:30 Fit Minds in the Café ALL PROGRAMS ARE SUBJECT TO CHANGE.