

Sunday

Monday

Tuesday

Wednesday




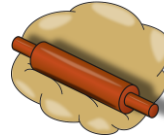












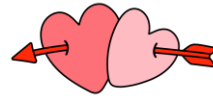

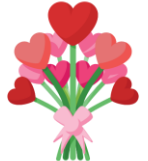






Thursday

Friday

Saturday

February 2025

FIRST RHA RECREATION CALENDAR

										<p>Morning: 9:30 Exercise 10:00 Where in the world? <i>Island Editions</i></p> <p>Afternoon: 2:30 Manicures</p> 	
<p>Groundhog Day 2</p> <p>9:00 Church Service on Television</p>  <p>Groundhog Day</p>	<p>Morning: 9:30 Hymn Sing with Stephen</p> <p>10:00 "Sharing Dance" in the Great Room</p> <p>Afternoon: 2:45 Hot Chocolate Social</p> 	<p>Morning: 9:15 Chapel Service with Don</p> <p>10:00 Monthly Gazette and February Trivia</p> <p>Afternoon: 2:30 Fit Minds</p> 	<p>Morning: 9:00 Baking Perishky on First RHA</p>  <p>Afternoon: 2:00 Friendly Visits 2:45 Colin's Cafe</p>	<p>Morning: 9:30 Exercise 10:00 White Board Games</p> <p>Afternoon: 2:45 Game of Luck</p> 	<p>Morning: 9:45 BINGO</p> <p>Afternoon: 2:15 Name 10 3:00 Colouring Pages</p> 	<p>Morning: 9:30 Exercise 10:00 "Not Like the Others" Game</p> <p>Afternoon: 2:45 Super Bowl Junk Drawer Detective</p> 					
<p>Super Bowl Sunday 9</p> <p>9:00 Church Service on Television</p> 	<p>HAPPY BIRTHDAY JOYCE! 10</p> <p>Morning: 9:30 Exercise</p> <p>10:00 "Sharing Dance" in the Great Room</p> <p>Afternoon: 10:00: White Board Games 2:30 One to One Visits 3:00 Balloon Tennis</p> 	<p>Morning: 9:15 Chapel Service with Don</p> <p>10:00 Fit Minds</p> <p>Afternoon: 2:45 "Grab the Gumdrops" Game</p> 	<p>Morning: 9:30 Exercise 10:00 Finish the Line: <i>Candy Phrases</i> 10:30 Food Committee Meeting</p> <p>Afternoon: 2:45 Family Feud</p>  <p>Tu B'Shevat Begins</p>	<p>Morning: 9:30 Exercise 10:00 Valentine's Day Painting</p> <p>Afternoon: 2:15 Valentine's Day Movie Matinee: "Beauty and the Beast"</p> 	<p>Valentine's Day! 14</p> <p>Morning: 10:00 Roman Catholic Mass 10:15 Valentine's Day Craft</p> <p>Afternoon: 2:30 Valentine's BINGO in the Great Room</p> 	<p>Morning: 9:30 Exercise 10:00 The Pyramid Game</p> <p>Afternoon: 2:15 Friendly Visits</p> 					
<p>Family Day 16</p> <p>9:00 Church Service on Television</p> 	<p>Morning: 9:30 Exercise 10:00 White Board Games</p> <p>Afternoon: 2:30 Good News Corner with Coffee</p>  <p>Presidents' Day (U.S.)</p>	<p>HAPPY BIRTHDAY PARANIA! 18</p> <p>Morning: 10:00 Morning of Music with Jake, Marg, and Ben Janzen</p> <p>Afternoon: 2:00 Resident Council 3:00 Card Game: UNO! 5:30 Music with Ron</p> 	<p>Morning: 9:00 Baking Perishky on First RHA</p> <p>Afternoon: 2:30 Java Music Club</p> 	<p>Morning: 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon: 2:45 Bocce Ball</p> 	<p>Morning: 9:45 BINGO</p> <p>Afternoon: 2:30 Montessori Moments</p> 	<p>Morning: 9:30 Exercise 10:00 Would you Rather?</p> <p>Afternoon: 3:00 Trivia Time!</p> 					
<p>Pink Shirt Day 23</p> <p>9:00 Church Service on Television</p> 	<p>Morning: 9:30 Hymn Sing with Stephen</p> <p>10:00 "Sharing Dance" in the Great Room</p> <p>Afternoon: 2:00 Friendly Visits 3:00 Montessori Moments: "Stich Up"</p> 	<p>Morning: 9:15 Chapel Service with Don</p> <p>10:00 Fit Minds</p> <p>Afternoon: 2:00 Manicures 2:45 Game of Luck</p> 	<p>Morning: 9:30 Exercise 10:00 Giant Crossword 11:00 Music with John Pebble</p> <p>Afternoon: 2:30 Travelogue</p> 	<p>Morning: 9:30 Montessori Activities 10:00 Jeopardy</p> <p>Afternoon: 2:00 Birthday Party with Mendelt in the Great Room</p> 	<p>Morning: 9:45 BINGO</p> <p>Afternoon: 2:30 "Beach Vacation" Painting</p>  	<p>February is Black History Month and Therapeutic Recreation Awareness Month</p> 					

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

SECOND RHA RECREATION CALENDAR

<p>9:00 Church Service on the Television</p>  <p>Groundhog Day</p>	<p>2 Morning: 9:30 White Board Games 10:00 Sharing Dance Program in Great Room Afternoon: 2:00: Group Valentines Chain 2:30: Movies and Hot Chocolate</p>	<p>3 Morning: 9:00 Exercise 9:30 Monthly Gazette 9:45 Chapel Service with Don 10:30 Flip It Afternoon: 1:00 What am I? 2:30 Fit Minds</p>	<p>4 Morning: 9:30 Baking Perishky on First Floor 10:30 Pet Visits with Aussie Afternoon: 2:00 Reading Circle 3:00 Ball Toss 5:30 UNO</p>	<p>5 Morning: 9:30 Exercise 10:00 Large Crossword Game Afternoon: 2:00 Montessori 3:00 Java Music</p> 	<p>6 Morning: 9:30 Exercise 10:00 Wheel of Fortune Afternoon: 2:30 Bingo!</p> 	<p>7 Morning: 9:30 Valentines Tree Craft Afternoon: 2:00 Friendly Visits 2:30 Card games</p> 
<p>Happy 101st Birthday Keitha! 9:00 Church Service on the Television</p> 	<p>9 Morning: 9:30 Exercise 10:00 Sharing Dance Program in Great Room Afternoon: 1:30 Card Games 3:00 Hymn Worship with Stephen</p>	<p>10 Morning: 9:00 Exercise 9:30 Trivia Time 9:45 Chapel Service with Don Afternoon: 1:30 Montessori Moments 2:30 Fit Minds 2:30 Ball Toss</p>	<p>11 Morning: 9:30 Exercise 10:00 How Many Words? 10:30 Food Committee Meeting in Great Room 10:30 Pet Visits with Aussie Afternoon: 2:00 Craft Corner 5:30 Elfer Raus</p> <p>Tu B'Shevat Begins</p>	<p>12 Morning: 9:30 Exercise 10:00 Finish the Line Afternoon: 2:00 Movie Matinee Ordinary Angels 2:30 Friendly visits</p>	<p>13 Morning: 9:30 Exercise 10:00 – Roman Catholic Service in Great Room 10:00 Name Ten Afternoon: 2:30 Valentine BINGO in the Great Room!</p> <p>Valentine's Day</p>	<p>14 Morning: 10:45 Friendly Visits Afternoon: 2:15 Exercise and Yoga 3:00 "Not Like the Others" Game</p> 
<p>9:00 Church Service on the Television</p> 	<p>16 Morning: 9:30 Exercise 10:00 You Be the Judge Afternoon: 2:30 Board Games</p> <p>Presidents' Day (U.S.)</p>	<p>17 Morning: 10:00 A Morning of Music - Jake, Marg, and Ben Janzen 11:00 Manicures Afternoon: 2:00 Resident Council in Great Room 2:30 Fit Minds 5:30 Trivia Night!</p>	<p>18 Morning: 9:30 Baking Perishky on First Floor 10:00 Easy Trivia 10:30 Pet Visits with Aussie Afternoon: 2:00 Montessori Moments 3:00 UNO 5:30 Pop-Up Board Game</p>	<p>19 Morning: 9:30 Exercise 10:00 Travel the World Afternoon: 3:00 Java Music</p> 	<p>20 Morning: 9:30 Exercise 10:00 Parrot Craft Afternoon: 2:30 Bingo!</p> 	<p>21 Morning: 9:30 Exercise 10:00 Name 10 Afternoon: 2:30 Board Games</p> 
<p>9:00 Church Service on the Television</p> 	<p>23 Morning: 9:30 Manicures 10:00 Sharing Dance Program in Great Room Afternoon: 2:00 Montessori Moments 3:00 Craft Corner</p>	<p>24 Morning: 9:00 Exercise 9:30 Finish The Line 9:45 Chapel Service with Don Afternoon: 1:00 Montessori Moments 2:30 Fit Minds</p>	<p>25 Morning: 9:30 Exercise 10:00 Ladder Ball 10:30 Pet Visits with Aussie Afternoon: 2:30 Collin's Café 2:45 Friendly Visits 5:30 Kerplunk Board Game</p>	<p>Happy Birthday Selma! 26 Morning: 9:30 Exercise 10:00 Jeopardy Afternoon: 2:00 Birthday Party in Great Room with Mendel</p> 	<p>27 Morning: 9:30 Exercise 10:00 Card Games Afternoon: 2:30 Bingo!</p>  <p>Ramadan Begins</p>	<p>28 1 Corinthians 16:14 <i>"Let all that you do be done in love."</i></p>

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February 2025

THIRD RHA RECREATION CALENDAR

Morning:
Friendly Visits

Afternoon:
2:30 Monthly Gazette and Tabor Times
3:00 Card Games



HAPPY BIRTHDAY JANE!

GROUNDHOG DAY

Morning: Church Service on Television

Groundhog Day

Morning:
9:30 Exercise
10:00 "Sharing Dance" in the Great Room
10:30 Whiteboard Games
Afternoon:
2:30 Beaded Love Heart Craft

Morning:
9:30 Exercise
10:15 Fit Minds
Afternoon:
2:30 Would You Rather?
3:00 Colouring Pages
5:30 Ron Sings

Morning:
9:30 Perishky on 1st floor
Afternoon:
2:00 Food Committee Meeting
2:30 Manicures
3:00 One to One Visits



Morning:
9:15 Chapel
10:00 Montessori Moments
Afternoon:
2:00 Arts and Crafts Valentine's Day Cards
3:00 Reading Circle




HAPPY BIRTHDAY ANDY & MAVIS!

Morning
9:45 **BINGO**

Afternoon:
3:00 Bean Bag Toss

Morning:
9:30 Morning Movie
Afternoon:
2:00 Friendly Visits
3:00 Love Birds Painting




SUPER BOWL SUNDAY


Morning: Church Service on Television



Morning:
9:30 Hymns with Stephen
10:00 "Sharing Dance" in the Great Room
10:30 Name 10
Afternoon:
2:30 Who am I?
3:30 Travelogue: GREECE



Morning:
9:30 Exercise
10:15 Fit Minds
Afternoon:
2:30 Reading Circle
3:00 UNO!



Morning:
9:30 Exercise
10:00 Flower Arranging
10:30 Finish the Line Candy Edition
10:30 Food Committee Meeting in the Great Room
Afternoon:
2:30 Coffee Social
3:00 Wheel of Fortune
Tu B'Shevat Begins

Morning:
9:15 Chapel
10:00 One to One Visits
Afternoon:
2:00 Arts and Crafts Lace Cards
3:00 Good News Corner


HAPPY VALENTINE'S DAY

Morning:
9:30 Exercise
10:00 Roman Catholic Mass
Afternoon:
Valentine's BINGO in the Great Room

Valentine's Day



Morning:
Friendly Visits
Afternoon:
3:00 Finish the Line



Morning: Church Service on Television




FAMILY DAY HAPPY BIRTHDAY BUNNY!


Morning
9:30 Exercise
10:30 Manicures and Friendly Visits
Afternoon:
2:30 Reading Circle & Colouring
3:00 Ball Toss

Presidents' Day (U.S.)


Morning:
9:30 Exercise
10:00 Chapel Service in the Great Room
Afternoon:
2:00 Resident's Council
2:30 One to One Visits
3:00 Crazy 8's



Morning:
9:30 Perishky on 1st floor
Afternoon:
2:00 Our Daily Bread
2:45 Collin's Café
3:00 Name That Love Song




Morning:
9:15 Chapel (Online)
10:15 EZ Trivia
10:30 Friendly Visits
Afternoon:
2:00 Arts and Crafts Painting
3:00 How Many Words



Morning:
9:45 **BINGO**

Afternoon:
2:30 Balloon Tennis
3:15 Colouring Pages


Morning:
Friendly Visits
Afternoon
3:00 Alphabet Game




Morning: Church Service on Television



Morning:
10:00 "Sharing Dance" in the Great Room
Afternoon:
2:15 Creative Story Writing
3:15 Puzzles




Morning:
9:30 Exercise
10:15 Fit Minds
Afternoon:
2:30 Bible Trivia
3:00 Yahtzee



PINK SHIRT DAY

Morning:
9:30 Exercise
10:00 OBIE GAMES
Afternoon:
2:30 Arts and Crafts
3:00 Hymn Sing Along

Morning:
9:15 Chapel
10:00 EZ Crossword
Afternoon:
2:45 Birthday Celebration With Mendelt in the Great Room



Morning:
9:45 **BINGO**

Afternoon:
3:00 Horse Races

Ramadan Begins

BLACK HISTORY MONTH and THERAPEUTIC RECREATION MONTH!



ALL PROGRAMS ARE SUBJECT TO CHANGE

Sunday

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Wednesday







Thursday

Friday

Saturday

February 2025

FOURTH RHA RECREATION CALENDAR

							Morning: 9:30 – Exercise 10:00 – Arts & Crafts Afternoon: 2:30 – Friendly Visits	1
Happy Birthday John and Colbie! Church Service on T.V. & Groundhog Day 	Happy Birthday James! Morning: 9:30 – Exercise 10:00 – “Sharing Dance” in the Great Room Afternoon: 3:00 – Singing with Stephen Mason	Morning: 9:30 – Exercise 9:45 – Group Crossword Afternoon: 2:30 – Fit Minds 3:00 – Montessori Program	Morning: 9:30 – Perishky Making on 1 st Floor Afternoon: 3:00 – Sing-a-Long with Red and Beth	Morning: 9:30 – Exercise 9:45 – Chapel Service with Don Afternoon: 2:30 – Fit Minds 3:00 – Montessori Program	Morning: 9:30 – Exercise 10:00 – Little House on the Prairie Day Afternoon: 2:30 – BINGO!	Morning: 9:30 – Exercise 10:00 – Whiteboard Games Afternoon: 2:30 Afternoon Movie		8
Church Service on T.V. & Super Bowl Sunday 	Morning: 9:30 – Exercise 10:00 – “Sharing Dance” in the Great Room 9:45 – Random Acts of Kindness Week Afternoon: 2:30 – Reading Group	Morning: 9:30 – Exercise 9:45 – Java Music Club Afternoon: 2:30 – Fit Minds 3:00 – Montessori Program	Morning: 9:30 – Exercise 9:45 – Pop Art Hearts inspired by Jim Dine Afternoon: 2:00 – Food Committee 3:00 – Colin’s Café with Red and Beth <small>Tu B'Shevat Begins</small>	Morning: 9:30 – Exercise 9:45 – Chapel Service with Don 12:00 – Couples Special Meal Afternoon: 2:30 – Fit Minds	Morning: 10:00 – Roman Catholic Service in Great Room 10:30 – Valentine’s Day Activity Afternoon: 2:30 – BINGO! <small>Valentine’s Day</small> 	My Weekend Morning: 9:30 – Exercise 10:00 – Arm Chair Travel Afternoon: 2:30 – Friendly Visits		15
Church Service on T.V. 	Family Day Morning: 9:30 – Exercise 10:00 – Trivia Time Afternoon: 2:15 – Art Pages 3:00 – Balloon Tennis <small>Presidents’ Day (U.S.)</small>	Morning: 9:30 – Exercise 9:45 – A Morning Of Music with the Salvation Army Band Afternoon: 2:00 – Resident’s Council 2:30 – Fit Minds	Morning: 9:30 – Perishky Making on 1 st Floor Afternoon: 3:00 – Sing-a-Long with Red and Beth	Morning: 9:30 – Exercise 9:45 – Group Crossword Afternoon: 2:30 – Fit Minds 3:00 – Montessori Program	Morning: 9:30 – Exercise 10:00 – Afternoon: 2:30 – BINGO!	Morning: 9:30 – Exercise 10:00 – Friendly Feud! Afternoon: 2:30 – Friendly Visits 		22
Church Service on T.V. 	Happy Birthday Beverly! Morning: 9:30 – Exercise 10:00 – “Sharing Dance” in the Great Room Afternoon: 3:00 – Singing with Stephen Mason	Morning: 9:30 – Exercise 9:45 – Cards & Board Games Afternoon: 2:30 – Fit Minds 5:30 – Name That Tune	Morning: 9:30 – Exercise 9:45 – Word Games 10:00 – Music with John Pebble Afternoon: 3:00 – Watercolor Painting	Morning: 9:30 – Exercise 9:45 – Chapel Service with Don Afternoon: 2:00 – Birthday Party Celebration with Mendel	Morning: 9:30 – Exercise 10:00 – Alphabet Game Afternoon: 2:30 – BINGO! 3:00 – Friendly Visits <small>Ramadan Begins</small>	February is TR Awareness Month <small>Therapeutic Recreation is a process that uses functional intervention, education, and recreation participation to enable people with physical, cognitive, emotional, or social limitations to maintain the skills, knowledge and behaviours that allows people the opportunity to enjoy their leisure time optimally, function independently with the least amount of assistance, and participate as fully as possible in society. Therapeutic Recreation interventions are provided by trained professionals in clinical and/or community settings. Therapeutic Recreation Ontario, 2023.</small>		28

Sunday

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Saturday

February 2025


Wellness Recreation Calendar

Happy Birthday Hank!



1

2
9:30 Sunday Service in the Chapel




Groundhog Day

3
9:30 Monthly Gazette in the Fireside Lounge
11:00 Seated Exercise in the Café
2:30 Fit Minds in the Café

4
9:30 Skip-Bo in the Café
11:00 Seated Exercise in the Café
1:30 Falls Prevention Class in the Atrium
2:30 Candy Lovers Dice Game in the Café

5
9:30 Baking Perishky on First RHA (LTC)
11:00 Seated Exercise in the Café




6
11:00 Chapel Service In the Café
1:30 Fall Prevention Class In the Atrium
2:30 Coffee Hour in the Café
Be kind to your environment. Bring your own mug.

7
11:00 BINGO in the Olive Branch Café




8
"For God gave us a spirit not of fear but of power and love and self-control."
2 Timothy 1:7

9
9:30 Sunday Service in the Chapel



6:30 NFL Superbowl

10
11:00 Seated Exercise in the Café
2:00 Hymn Sing with Stephen in the Café



11
9:30 Finish the Line in the Café
11:00 Seated Exercise in the Café
1:30 Falls Prevention Class in the Atrium
2:30 Sunshine Singers in the Chapel

12
9:30 Valentines Day Craft in the Fireside Lounge
11:00 Seated Exercise in the Café
2:30 Bingo in the Café



13
11:00 Chapel Service In the Café
1:30 Fall Prevention Class In the Atrium
2:30 Elfer Raus in the Café
6:00 Romance Movie in the Café

14
Valentine's Day
11:00 BINGO in the Olive Branch Café



Valentine's Day

15
February



16
9:30 Sunday Service in the Chapel



17
9:30 Reading Group in the Fireside Lounge
11:00 Seated Exercise in the Chapel
2:30 Fit Minds in the Café

Presidents' Day (U.S.)

18
10:00 A Morning of Music with Jake, Marg, and Ben Janzen
11:00 Seated Exercise in the Café
1:30 Falls Prevention Class in the Atrium
2:30 Jeopardy in the Café

19
9:30 Baking Perishky on First RHA (LTC)
11:00 Seated Exercise in the Café
2:30 Bingo in the Café



20
11:00 Chapel Service In the Café
1:30 Fall Prevention Class in the Atrium
2:30 Coffee Hour in the Café
Be kind to your environment. Bring your own mug.

21
11:00 BINGO in the Olive Branch Café
2:30 Talent Show in the Chapel



22
"Proclaiming the kingdom of God and teaching about the Lord Jesus Christ with all boldness and without hindrance."
Acts 28:31


23
9:30 Sunday Service in the Chapel



24
Happy Birthday Anne!
9:30 Bible Trivia in the Fireside Lounge
11:00 Seated Exercise in the Chapel
2:30 Fit Minds in the Café

25
9:30 Uno in the Café
11:00 Seated Exercise in the Café
1:30 Falls Prevention Class in the Atrium
2:30 Java Music in the Café

26
11:00 Seated Exercise in the Café



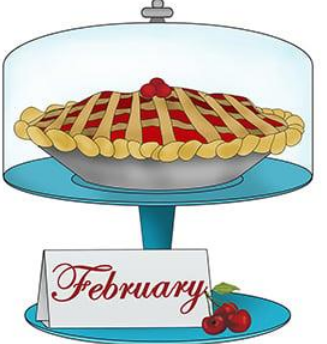
27
11:00 Chapel Service In the Café
1:30 Fall Prevention Class In the Atrium

28
11:00 BINGO in the Olive Branch Café



Ramadan Begins

February



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Sunday

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February 2025

Evergreen and Mapleview Apartments Recreation Calendar

Happy Birthday Hank!

1



2
9:30 Sunday Service in the Chapel




Groundhog Day

3
9:30 Monthly Gazette in the Fireside Lounge
11:00 Seated Exercise in the Café
2:30 Fit Minds in the Café

4
9:30 Skip-Bo in the Café
11:00 Seated Exercise in the Café
1:30 Falls Prevention Class in the Atrium
2:30 Candy Lovers Dice Game in the Café

5
9:30 Baking Perishky on First RHA (LTC)
11:00 Seated Exercise in the Café




6
11:00 Chapel Service In the Café
1:30 Fall Prevention Class In the Atrium
2:30 Coffee Hour in the Café
Be kind to your environment. Bring your own mug.

7
11:00 BINGO in the Olive Branch Café




8
"For God gave us a spirit not of fear but of power and love and self-control."
2 Timothy 1:7

9
9:30 Sunday Service in the Chapel



6:30 NFL Superbowl

10
11:00 Seated Exercise in the Café
2:00 Hymn Sing with Stephen in the Café



11
9:30 Finish the Line in the Café
11:00 Seated Exercise in the Café
1:30 Falls Prevention Class in the Atrium
2:30 Sunshine Singers in the Chapel

12
9:30 Valentines Day Craft in the Fireside Lounge
11:00 Seated Exercise in the Café
2:30 Bingo in the Café



13
11:00 Chapel Service In the Café
1:30 Fall Prevention Class In the Atrium
2:30 Elfer Raus in the Café
6:00 Romance Movie in the Café

14
Valentine's Day
11:00 BINGO in the Olive Branch Café



Valentine's Day

15
February



16
9:30 Sunday Service in the Chapel



17
9:30 Reading Group in the Fireside Lounge
11:00 Seated Exercise in the Chapel
2:30 Fit Minds in the Café

Presidents' Day (U.S.)


18
10:00 A Morning of Music with Jake, Marg, and Ben Janzen
11:00 Seated Exercise in the Café
1:30 Falls Prevention Class in the Atrium
2:30 Jeopardy in the Café

19
9:30 Baking Perishky on First RHA (LTC)
11:00 Seated Exercise in the Café
2:30 Bingo in the Café



20
11:00 Chapel Service In the Café
1:30 Fall Prevention Class in the Atrium
2:30 Coffee Hour in the Café
Be kind to your environment. Bring your own mug.

21
11:00 BINGO in the Olive Branch Café
2:30 Talent Show in the Chapel



22
"Proclaiming the kingdom of God and teaching about the Lord Jesus Christ with all boldness and without hindrance."
Acts 28:31


23
9:30 Sunday Service in the Chapel



24
Happy Birthday Anne!
9:30 Bible Trivia in the Fireside Lounge
11:00 Seated Exercise in the Chapel
2:30 Fit Minds in the Café

25
9:30 Uno in the Café
11:00 Seated Exercise in the Café
1:30 Falls Prevention Class in the Atrium
2:30 Java Music in the Café

26
11:00 Seated Exercise in the Café



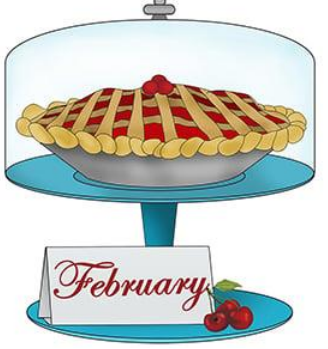
27
11:00 Chapel Service In the Café
1:30 Fall Prevention Class In the Atrium

28
11:00 BINGO in the Olive Branch Café



Ramadan Begins

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