

March is
an example
of how
beautiful
new
beginnings
can be
~ Anamika
Mishra



This month we will be celebrating 2 special weeks!

Lucky as a Leprechaun Week!

With March's famous holiday being St Patrick's Day, we felt it was fitting to get into the spirit with activities, crafts, music and food all related to the Irish holiday!

We are looking forward to activities like our fizzing leprechaun pot science experiment and decorating our own shamrocks, as well as our snack and show where we will watch an Irish movie and have shamrock shakes to go with it!



Spring Break Week!

Inspired by the school holiday, what a better way to welcome spring than with fun activities to get us out of the winter blues. We're excited to celebrate with a Garden High Tea, flower craft, spring baking and making grass buddies!



March Poem

*Forward, March
And welcome spring,
When bunnies bounce
And birds all sing
When March winds blow
The winter away*



They get the world ready for April and May

Preacher's Ponderings

March begins the season of Lent and is associated with the dimming of light as we follow Jesus's journey to the cross to be the sacrifice for the sins of the world. In response, we are called to confession and repentance and the declaration that the Lord is our refuge in whom we trust (Psalm 91). The world itself is dark, as are the solutions that it offers. Ironically, it is not the avoidance of that darkness but our journey through it that we find hope and strength, reminded by such hymns as, *Near the Cross. Near the cross! O lamb of God, Bring its scenes before me; Help me walk from day to day with its shadow o'er me.* May the cross of Jesus and the refuge found in it sustain and keep us through this time of darkness until the light of his resurrection shines on us once again.

~ Michael Dyck, Spiritual Life Lead

Pleasant Manor Post

March 2025

Heritage Place

Celebrating March

Mardi Gras
March 4th

Shrove Tuesday Pancake Breakfast!
March 4th

Music with Mendel
March 6th

St Patrick's Day
March 17th

March Madness Basketball
March 18th

Music with Germaine
March 19th

First Day of Spring
March 20th

Birthday Party!
March 26th

A Very Happy Birthday To...

Wilhelmina Kannegieter - 28th
Janet Brown - 31st
Lucia Mazza - 31st



We Remember...

Shelia "Debby" Frisby
Gerhard Hummel



We Welcome...

Willy Lowen
Maria Farrugia

Family Council

Currently there is no Family Council. I invite anyone interested in running and forming a current Family Council to contact me. A Family Council is a group of family members and friends of the residents of a long-term care home (LTC) who gather together for peer support, education, and to improve the experiences of all people in long-term care.

Visit fco.ngo for more information.



SPRING FORWARD

Don't forget to move your clocks forward 1 hour on March 9th!

March is
an example
of how
beautiful
new
beginnings
can be

~ Anamika
Mishra



A Very Happy Birthday To...

- Mildred Vaughan...1st
- Magdalena Titian...1st
- Doreen Kroeker...7th
- Adeline Goertz...11th
- Jake Enns...12th
- Alex Neufeld...12th
- Victor Neufeld...13th
- Hannelore Harder...13th
- Harold Reimer...13th
- Irene Andres...18th
- Maria Enns...19th
- John Hannah...19th
- Tove Scott...20th
- Waldemar Gade...21st
- Kathryn Wickham...26th
- Peter Siemens...30th
- John Froese...30th



Shamrock Shakes!

Come to the OV Chapel on March 11th and get yourself a Shamrock Shake to celebrate St Patrick's Day!



Preacher's Ponderings

March begins the season of Lent and is associated with the dimming of light as we follow Jesus's journey to the cross to be the sacrifice for the sins of the world. In response, we are called to confession and repentance and the declaration that the Lord is our refuge in whom we trust (Psalm 91). The world itself is dark, as are the solutions that it offers. Ironically, it is not the avoidance of that darkness but our journey through it that we find hope and strength, reminded by such hymns as, *Near the Cross. Near the cross! O lamb of God, Bring its scenes before me; Help me walk from day to day with its shadow o'er me.* May the cross of Jesus and the refuge found in it sustain and keep us through this time of darkness until the light of its resurrection shines on us once again.

~ Michael Dyck, Spiritual Life Lead

Pleasant Manor Post

March 2025

Celebrating March

Mardi Gras
March 4th



Daylight Savings
March 9th

Shamrock Shakes
March 11th

Pizza and Games Night
March 14th

St Patrick's Day
March 17th

Music with Mendel
March 19th

Birthday Party!
March 29th

Pleasant Connections
March 13th and 27th



Outbreak Update

Unfortunately, we are starting off the month of March in an outbreak. All activities are currently suspended due to the outbreak. Please see bulletin boards for when activities will be starting up again! Please remember to wash your hands to help avoid the spread!



A note from the Pizza and Games Night Group...

"Rummikub tournament was a great success.
Thanks to all who participated.
Tournament winner: Marion Briston
Winner of ticket draw: Lorraine Rancourt.
Thank you also to Silks Country Kitchen
for their most generous prizes totaling \$100
Great fun was had by all!

Let's do it again real soon!"



SPRING FORWARD

**Don't forget to move your
clocks forward 1 hour on
March 9th!**