

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025


FIRST RHA RECREATION CALENDAR

NEW YEARS DAY 1

Morning:
9:30 Exercise
10:00 Monthly Gazette and Trivia

Afternoon:
2:45 "Happy New Year, Charlie Brown!" Movie


New Year's Day



HAPPY BIRTHDAY WAYNE. L & KAE! 2

Morning:
9:30 Exercise
10:00 Fit Minds

Afternoon:
2:45 Ladder Ball



3

Morning:
9:45 BINGO

Afternoon:
2:30 Travelogue: Oxford, England!


BINGO



HAPPY BIRTHDAY HILARY! 4


Morning:
9:30 Exercise
10:00 Name that Tune

Afternoon:
2:30 Friendly Visits



5

9:00 Church Service on Television



Morning:
9:30 Hymn Sing with Stephen
10:00 Fit Minds


Afternoon:
2:00 Friendly Visits
3:00 Winter Wheel of Fortune



6

Morning:
9:15 Chapel Service with Don
9:45 Exercise
10:15 Word Game


Afternoon:
2:45 Winter Craft



7

Morning:
9:00 Perishky Baking on First RHA

Afternoon:
Christmas Clean Up!



8

Morning:
9:45 BINGO


Afternoon:
2:30 Reading and Reminiscing

BINGO

9

Morning:
10:00 Roman Catholic Mass
10:15 Ball Toss


Afternoon:
2:30 Hot Chocolate Social



10

Morning:
10:30 Finish the Line

Afternoon:
2:30 Board Games



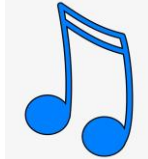
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9:00 Church Service on Television



Morning:
9:30 Exercise
10:00 How Many Words?

Afternoon:
2:45 Musical BINGO!



13

Morning:
10:00 Church at Niagara Youth Choir in the Great Room


Afternoon:
2:45 Bocce Ball



14

Morning:
9:30 Exercise
10:00 Fit Minds


Afternoon:
2:30 Java Music Club



15

Morning:
Friendly Visits

Afternoon:
2:00 Balloon Tennis



16

Morning:
9:45 BINGO


Afternoon:
2:15 Build a Snowman Dice Game
3:15 Friendly Visits

BINGO

17


Morning:
Friendly Visits

Afternoon:
2:45 Game of Luck



19

9:00 Church Service on Television



Morning:
9:30 Hymn Sing with Stephen
10:00 Manicures


Afternoon:
2:30 Jeopardy!

JEOPARDY!

20

Morning:
9:15 Chapel Service with Don
10:00 Fit Minds


Afternoon:
2:30 High Tea Party



21

Morning:
9:00 Perishky Baking on First RHA

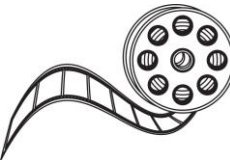
Afternoon:
2:45 Colin's Café



22

Morning:
9:30 Exercise
10:00 Group Crossword

Afternoon:
2:45 Movie Matinee



23

Morning:
9:45 BINGO

Afternoon:
2:45 Price is Right

BINGO

24

Morning:
10:45 Friendly Visits

Afternoon:
2:00 Paper Teacup Craft




26

9:00 Church Service on Television



Morning:
9:30 Exercise
10:15 Book Club

Afternoon:
2:30 Game of Luck



HAPPY 90TH BIRTHDAY CATHY! 28

Morning:
9:15 Chapel Service with Don
10:00 Fit Minds

Afternoon:
2:30 Painting Group




29

Morning:
9:30 Exercise
10:00 Who, What, Where?

Afternoon:
2:30 Birthday Party


Chinese New Year (Year of the Snake)



30

Morning:
9:30 Exercise
10:00 Creative Story Telling

Afternoon:
2:30 Card Games & Board Games



31

Morning:
9:45 BINGO

Afternoon:
2:30 Montessori Moments

BINGO

31

























*ALL PROGRAMS ARE SUBJECT TO CHANGE

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

January 2025

Second RHA Recreation Calendar

<p>Church Service on the Television</p> 	<p>5 Morning: 9:30 Exercise 10:00 Ladder Ball</p> <p>Afternoon: 2:30 Hot Chocolate Social</p>	<p>6 Morning: 9:00 Exercise 9:30 Finish the Line 9:45 Chapel Service with Don</p> <p>Afternoon: 2:30 Montessori Moments 5:30 Music with Ron</p>	<p>Happy Birthday Betty A! 1</p> <p>Morning: 9:30 Horse Races 10:30 New Year Resolutions!</p> <p>Afternoon: Friendly Visits</p> 	<p>Happy Birthday Betty U! 2</p> <p>Morning: 9:30 Exercise 10:00 Monthly Gazette</p> <p>Afternoon: 2:30 UNO</p> 	<p>3 Morning: 9:30 Exercise 10:00 Elfer Raus</p> <p>Afternoon: 2:30 BINGO</p> <p>BINGO!</p>	<p>4 Morning: 10:45 Friendly Visits</p> <p>Afternoon: 2:00 Manicures 3:00 Card Games</p> 
<p>Church Service on the Television</p> 	<p>7 Morning: 9:30 Exercise 9:30 Finish the Line 9:45 Chapel Service with Don</p> <p>Afternoon: 2:30 Montessori Moments 5:30 Music with Ron</p>	<p>8 Morning: 9:30 Baking Perishky on First Floor</p> <p>Afternoon: Christmas Clean Up! Evening Pet Therapy Visits with Oakley and Leia</p> 	<p>9 Morning: 9:30 Exercise 10:00 Jeopardy</p> <p>Afternoon: 3:00 Java Music Club</p> 	<p>10 Morning: 9:30 Balloon Tennis 10:00 UNO</p> <p>Afternoon: 2:30 BINGO</p> <p>BINGO!</p>	<p>11 Morning: 9:30 Exercise 10:00 How Many Words?</p> <p>Afternoon: Friendly Visits</p> 	
<p>Church Service on the Television</p> 	<p>12 Happy Birthday Julia!</p> <p>Morning: 9:30 Elfer Raus! 10:00 Winter Craft</p> <p>Afternoon: 3:00 Hymn Worship with Stephen</p> 	<p>13 Morning: 10:00 Church Service in Great Room with Niagara Youth</p> <p>Afternoon: 2:30 Fit Minds</p>	<p>14 Morning: 9:30 Exercise 10:00 Ladder Ball</p> <p>Afternoon: 2:30 Painting Group</p> 	<p>15 Morning: 9:30 Exercise 10:00 Group Crossword Puzzle</p> <p>Afternoon: 3:00 Name that Golden Oldie</p>	<p>16 Morning: 9:30 Horseshoes 10:00 You be the Judge</p> <p>Afternoon: 2:30 BINGO</p> <p>BINGO!</p>	<p>17 National Tulip Day in Holland</p> <p>Morning: Tulip painting</p> <p>Afternoon: Alphabet Game</p> 
<p>Church Service on the Television</p>  <p>Activity Professionals Week</p>	<p>19 Morning: 9:30 Exercise 10:00 Bocce Ball</p> <p>Afternoon: 2:30 Elfer Raus</p> <p>Martin Luther King Jr. Day</p>	<p>20 Morning: 9:00 Exercise 9:30 Sno' Jokin" 9:45 Chapel Service with Don</p> <p>Afternoon: 2:30 Montessori Moments</p>	<p>21 Morning: 9:30 Baking Perishky on First Floor</p> <p>Afternoon: 2:00 Movie Matinee</p>  <p>Evening Pet Therapy Visits with Oakley and Leia</p>	<p>22 Morning: 9:30 Exercise 10:00 Travel the World</p> <p>Afternoon: 2:30 Painting Group</p> 	<p>23 Morning: 9:30 Exercise 10:00 Board Games</p> <p>Afternoon: 2:30 BINGO</p> <p>BINGO!</p>	<p>24 Morning: 9:30 Exercise 10:00 Not Like the Others Game</p> <p>Afternoon: 3:00 Friendly Visits</p> 
<p>Church Service on the Television</p>  <p>Australia Day (Observed)</p>	<p>26 Morning: 9:30 Cardio Drum Madeline 10:30 Card Games</p> <p>Afternoon: 3:00 Hymn Worship with Stephen</p> 	<p>27 Morning: 9:00 Exercise 9:30 How Many Words? 9:45 Chapel Service with Don</p> <p>Afternoon: 2:30 Fit Minds</p> 	<p>28 Morning: 9:30 Bowling 11:00 Friendly Visits</p> <p>Afternoon: 2:30 Birthday Celebration and Collin's Cafe</p>  <p>Chinese New Year (Year of the Snake)</p>	<p>29 Morning: 9:30 Exercise 10:00 Billionaire's Club</p> <p>Afternoon: 3:00 Java Music Club</p> 	<p>30 Morning: 9:30 Exercise 10:00 Board game</p> <p>Afternoon: 2:30 BINGO</p> <p>BINGO!</p>	<p>31</p> 


All Programs Subject to Change


Sunday Monday Tuesday Wednesday Thursday Friday Saturday


January 2025

Third Floor RHA


NEW YEAR'S DAY 1
Morning:
 9:30 Monthly Gazette / Tabor Times
Afternoon:
 2:15 Happy New Year, Charlie Brown! Movie
New Year's Day

2
Morning:
 9:15 Chapel Service
 10:15 Exercise

Afternoon:
 2:00 One to One Visits
 3:00 Arts and Crafts

3
Morning:
 9:45 BINGO!

Afternoon:
 3:00 Horse Races


TRIVIA DAY 4
Morning:
 9:30 Exercise
 10:00 January Trivia
Afternoon:
 2:15 Jeopardy


5
Morning:
 Church Service on Television


EPIPHANY 6
Morning:
 9:30 Exercise
 10:15 Name 10

Afternoon:
 2:30 Colouring Pages
 3:00 Hymns with Stephen

7
Morning:
 9:30 Exercise
 10:15 Fit Minds


Afternoon:
 2:00 One to One Visits
 3:00 Price is Right



8
Morning:
 9:30 Perishky on 1st floor
Afternoon:
 2:00 Manicures
 2:45 Colin's Café
 5:30 Pet Visits with Oakley and Leia



9
Morning:
 9:15 Chapel Service
 10:00 Christmas Clean up
Afternoon:
 2:30 EZ Group
 Crossword
 3:00 Ladder Ball



10
HAPPY BIRTHDAY BOB!
Morning:
 9:45 BINGO!
 10:00 Roman Catholic Mass
Afternoon:
 3:00 Arts and Crafts

11
Morning:
 10:00 Finish the Line
Afternoon:
 3:00 Feature Film: Alice In Wonderland



TIM HORTON'S BIRTHDAY 12
 Church Service on Television


13
Morning:
 9:30 Stephen Hymn Sing Along
 10:00 Spelling Bee
Afternoon:
 2:15 Would You Rather...


14
Morning:
 9:30 Exercise
 10:00 Chapel Service in the Great Room
 Niagara Youth
 10:30 Fit Minds
Afternoon:
 2:00 Elfer Raus Card Game
 3:00 Arts and Crafts


15
Morning:
 9:30 Reading Circle
Afternoon:
 2:00 One to One Visits
 3:00 Bean Bag Toss



16
Morning:
 9:15 Chapel Service (Online)
 10:00 Montessori Moments
Afternoon:
 2:00 World Events
 3:00 Wheel of Fortune


17
Morning:
 9:45 BINGO!

Afternoon:
 3:00 Ladder Ball

18
TULIP DAY IN HOLLAND
Morning:
 9:30 Exercise
Afternoon:
 2:30 Painting with Kira



19
 Church Service on Television

Activity Professionals Week

20
Morning:
 9:30 Exercise
 10:15 Reading Circle
 11:00 Martin Luther King Jr Day Discussion
Afternoon:
 2:45 Tea Party

Martin Luther King Jr. Day


21
Morning:
 11:00 Exercise

Afternoon:
 2:30 Travelogue: ENGLAND
 3:00 UNO!
 5:30 Ron Sings


22
Morning:
 9:30 One to One Visits
Afternoon:
 2:00 Manicures
 3:00 Hot Chocolate Social
 5:30 Pet Visits with Oakley and Leia


23
Morning:
 9:15 Chapel Service
 10:00 Montessori Moments
Afternoon:
 2:00 One to One Visits
 3:00 Arts and Crafts


24
Morning:
 9:45 BINGO!

Afternoon:
 3:00 Ball Toss

25
Morning:
 9:15 Exercise
 10:00 Alphabet Game

Afternoon:
 2:15 Finish the Line

HAPPY BIRTHDAY STAN! 26
 Church Service on Television

Australia Day (Observed)

27
Morning:
 9:30 Stephen Hymn Sing Along
 10:15 Our Daily Bread
Afternoon:
 2:00 One to One Visits
 3:00 What am I?

28
Morning:
 9:30 Exercise
 10:15 Fit Minds
Afternoon:
 2:00 Yahtzee
 3:00 Arts and Crafts

29
CHINESE NEW YEAR
Morning
 9:30 Year of the Snake!
Afternoon:
 2:00 Montessori Moments
 3:00 Birthday Party
Chinese New Year (Year of the Snake)


30
Morning:
 9:15 Chapel Service
 10:00 Flip It!

Afternoon:
 2:00 World Events
 3:00 How Many Words?

31
Morning:
 9:45 BINGO!

Afternoon:
 3:00 Bocce Ball







Programs are subject

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

January 2025

Fourth Floor Recreation

 <p>Church Service on Television</p>	<p>5 <i>Epiphany</i></p> <p>Morning: 9:30 – Exercise 10:00 – Wise Men Quiz</p> <p>Afternoon: 3:00 – Music with Stephen</p>	<p>6 <i>Orthodox Christmas</i></p> <p>Morning: 9:30 – Exercise 10:00 – Winter Craft</p> <p>Afternoon: 2:30 – Fit Minds</p> 	<p><i>New Year's Day</i> 1</p> <p>Morning: 9:30 – Monthly Gazette</p> <p>Afternoon: 2:30 – Tea & Movie</p> 	<p>2 Morning: 9:30 – Exercise 9:45 – Chapel with Don</p> <p>Afternoon: 2:30 – Fit Minds</p>	<p>3 Morning: 9:30 – Exercise 10:00 – Cards & Games</p> <p>Afternoon: 2:30 – B.I.N.G.O.!</p>	<p>4 Morning: 9:30 – Exercise 9:45 – National Trivia Day</p> <p>Afternoon: 2:30 – Friendly Visits</p>
 <p>Church Service on Television</p>	<p>12 Happy Birthday Aggie</p> <p>Morning: 9:30 – Exercise 10:00 – Jeopardy!</p> <p>Afternoon: 2:30 – Afternoon Painting</p>	<p>7 <i>Orthodox Christmas</i></p> <p>Morning: 9:30 – Exercise 10:00 – Winter Craft</p> <p>Afternoon: 2:30 – Fit Minds</p> 	<p>8 Morning: 9:30 – Perskies Making</p> <p>Afternoon: Christmas Décor Clean-up</p> 	<p>8 Morning: 9:30 – Exercise 9:45 – Chapel with Don</p> <p>Afternoon: 2:30 – Fit Minds</p>	<p>9 Morning: 9:30 – Exercise 10:00 – Group Crossword</p> <p>Afternoon: 2:30 – B.I.N.G.O.!</p>	<p>10 Morning: 9:30 – Exercise 10:00 – Trivia 10:30 – Friendly Visits</p> <p>Afternoon: 2:30 – Colouring Pages</p>
 <p>Church Service on Television</p>	<p>12 Happy Birthday Aggie</p> <p>Morning: 9:30 – Exercise 10:00 – Jeopardy!</p> <p>Afternoon: 2:30 – Afternoon Painting</p>	<p>13 Happy Birthday Aggie</p> <p>Morning: 9:30 – Exercise 10:00 – Jeopardy!</p> <p>Afternoon: 2:30 – Afternoon Painting</p>	<p>14 Morning: 9:30 – Exercise 9:45 – Baking Bread</p> <p>Afternoon: 2:30 – Colin's Café</p> 	<p>15 Morning: 9:30 – Exercise 9:45 – Reading Group</p> <p>Afternoon: 2:30 – Fit Minds</p>	<p>16 Morning: 9:30 – Exercise 10:00 – Group Crossword</p> <p>Afternoon: 2:30 – B.I.N.G.O.!</p>	<p>17 Morning: 9:30 – Exercise 10:00 – Word Games</p> <p>Afternoon: 2:30 – Friendly Visits</p>
 <p>Church Service on Television</p> <p><small>Activity Professionals Week</small></p>	<p>19 Morning: 9:30 – Exercise 10:00 – Name That Tune</p> <p>Afternoon: 3:00 – Music with Stephen</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>20 Morning: 9:30 – Exercise 10:00 – Java Music Club</p> <p>Afternoon: 2:30 – Fit Minds</p>	<p>21 Morning: 9:30 – Perskies</p> <p>Afternoon: 2:30 – Reading Group</p> 	<p>22 Morning: 9:30 – Exercise 9:45 – Chapel with Don</p> <p>Afternoon: 2:30 – Fit Minds</p>	<p>23 Morning: 9:30 – Exercise 10:00 – Manicures</p> <p>Afternoon: 2:30 – B.I.N.G.O.!</p>	<p><i>Robert Burns Day</i> 25</p> <p>Morning: 9:30 – Exercise 9:45 – Armchair Travel: Scotland</p> <p>Afternoon: 2:30 – Friendly Visits</p>
 <p>Church Service on Television</p> <p><small>Australia Day (Observed)</small></p>	<p>26 Morning: 9:30 – Exercise 10:00 – Manicures</p> <p>Afternoon: 2:30 – Afternoon Painting</p>	<p>27 Happy Birthday Ian</p> <p>Morning: 9:30 – Exercise 10:00 – Reading Group</p> <p>Afternoon: 2:30 – Fit Minds</p>	<p><i>Lunar New Year</i> 29</p> <p>Morning: 9:30 – Chinese Christmas Lantern Craft</p> <p>Afternoon: 2:30 – Celebrating January Birthdays</p>  <p><small>Chinese New Year (Year of the Snake)</small></p>	<p>30 Morning: 9:30 – Exercise 9:45 – Chapel with Don</p> <p>Afternoon: 2:30 – Fit Minds</p>	<p>31 Morning: 9:30 – Exercise 9:45 – Cards & Games</p> <p>Afternoon: 2:30 – B.I.N.G.O.!</p>	<p>January is Alzheimer's Awareness Month</p>

Tabor Manor, St. Catharines, Programs subject to change without notice.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

Wellness Suites

<p>5</p> <p>9:30 Sunday Service in the Chapel</p> 	<p>6</p> <p>9:30 Monthly Gazette in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p>	<p>7</p> <p>9:30 Yahtzee in the Café</p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Java Music in the Café</p>	<p>1</p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Hot Chocolate Social in the Café <i>All are Welcome, Come and Socialize!</i></p> <p><small>New Year's Day</small></p>	<p>2</p> <p>11:00 Chapel Service In the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug.</p>	<p>3</p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p>4</p> <p><i>"But God shows his love for us in that while we were still sinners, Christ died for us."</i></p> <p>Romans 5:8</p>
<p>9:30 Sunday Service in the Chapel</p> 	<p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p>	<p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Java Music in the Café</p>	<p>8</p> <p>9:30 Baking Perishky in Long-Term Care</p> <p>11:00 Seated Exercise in the Café</p> <p>Afternoon: Christmas Décor Takedown</p>	<p>9</p> <p>11:00 Chapel Service In the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>2:30 Bowling in the Chapel</p> <p>5:45 Uno in the Café</p>	<p>10</p> <p>11:00 BINGO in the Olive Branch Café</p> 	 <p>11</p>
<p>12</p> <p>9:30 Sunday Service in the Chapel</p> 	<p>13</p> <p>9:30 Craft Corner in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p>	<p>14</p> <p>10:00 Concert with The Church at Niagara in the Great Room</p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Jeopardy in the Café</p>	<p>15</p> <p>11:00 Seated Exercise in the Café</p> 	<p>16</p> <p>11:00 Chapel Service In the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug.</p>	<p>17</p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p>18</p> <p><i>"The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance."</i></p> <p>2 Peter 3:9</p>
<p>19</p> <p>9:30 Sunday Service in the Chapel</p>  <p><small>Activity Professionals Week</small></p>	<p>20</p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:00pm Hymn Sing with Stephen in the Chapel</p>  <p><small>Martin Luther King Jr. Day</small></p>	<p>21</p> <p>9:30 Finish the Line in the Café</p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Fit Minds in the Café</p>	<p>22</p> <p>9:30 Baking Perishky in Long-Term Care</p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p> 	<p>23</p> <p>11:00 Chapel Service In the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>2:30 Elfer Raus in the Café</p> <p>6:00 Movie in the Café</p>	<p>24</p> <p>11:00 BINGO in the Olive Branch Café</p> 	 <p>25</p>
<p>26</p> <p>9:30 Sunday Service in the Chapel</p>  <p><small>Australia Day (Observed)</small></p>	<p>27</p> <p>9:30 What am I? in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p>	<p>28</p> <p>9:30 Skip-Bo in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Java Music in the Café</p>	<p>29</p> <p>9:30 Bible Trivia in the Café</p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p>  <p><small>Chinese New Year (Year of the Snake)</small></p>	<p>30</p> <p>11:00 Chapel Service In the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug.</p>	<p>31</p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p><i>"Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."</i></p> <p>2 Corinthians 5:17</p>

ALL PROGRAMS ARE SUBJECT TO CHANGE.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

Evergreen and Mapleview Apartments

1
11:00 Seated Exercise in the Café
2:30 Hot Chocolate Social in the Café
All are Welcome, Come and Socialize!
New Year's Day

2
11:00 Chapel Service In the Chapel
1:30 Fall Prevention Class in Atrium
2:30 Coffee Hour in the Café
Be kind to your environment. Bring your own mug.

3
11:00 BINGO in the Olive Branch Café


4
"But God shows his love for us in that while we were still sinners, Christ died for us."
Romans 5:8

5
9:30 Sunday Service in the Chapel

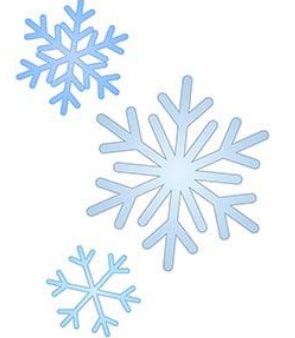

6
9:30 Monthly Gazette in the Fireside Lounge
11:00 Seated Exercise in the Chapel
2:30 Fit Minds in the Café

7
9:30 Yahtzee in the Café
11:00 Seated Exercise in the Chapel
1:30 Falls Prevention Class in the Atrium
2:30 Java Music in the Café

8
9:30 Baking Perishky in Long-Term Care
11:00 Seated Exercise in the Café
Afternoon: Christmas Décor Takedown

9
11:00 Chapel Service In the Chapel
1:30 Fall Prevention Class in Atrium
2:30 Bowling in the Chapel
5:45 Uno in the Café


10
11:00 BINGO in the Olive Branch Café


11


12
9:30 Sunday Service in the Chapel


13
9:30 Craft Corner in the Fireside Lounge
11:00 Seated Exercise in the Chapel
2:30 Fit Minds in the Café

14
10:00 Concert with The Church at Niagara in the Great Room
11:00 Seated Exercise in the Chapel
1:30 Falls Prevention Class in the Atrium
2:30 Jeopardy in the Café

15
11:00 Seated Exercise in the Café



16
11:00 Chapel Service In the Chapel
1:30 Fall Prevention Class in Atrium
2:30 Coffee Hour in the Café
Be kind to your environment. Bring your own mug.

17
11:00 BINGO in the Olive Branch Café



18
"The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance."
2 Peter 3:9

19
9:30 Sunday Service in the Chapel

Activity Professionals Week


20
11:00 Seated Exercise in the Chapel
2:00pm Hymn Sing with Stephen in the Chapel

Martin Luther King Jr. Day


21
9:30 Finish the Line in the Café
11:00 Seated Exercise in the Chapel
1:30 Falls Prevention Class in the Atrium
2:30 Fit Minds in the Café

22
9:30 Baking Perishky in Long-Term Care
11:00 Seated Exercise in the Café
2:30 Bingo in the Café


23
11:00 Chapel Service In the Chapel
1:30 Fall Prevention Class in Atrium
2:30 Elfer Raus in the Café
6:00 Movie in the Café


24
11:00 BINGO in the Olive Branch Café


25


26
9:30 Sunday Service in the Chapel

Australia Day (Observed)

27
9:30 What am I? in the Fireside Lounge
11:00 Seated Exercise in the Chapel
2:30 Fit Minds in the Café

28
9:30 Skip-Bo in the Fireside Lounge
11:00 Seated Exercise in the Chapel
1:30 Falls Prevention Class in the Atrium
2:30 Java Music in the Café

29
9:30 Bible Trivia in the Café
11:00 Seated Exercise in the Café
2:30 Bingo in the Café

Chinese New Year (Year of the Snake)

30
11:00 Chapel Service In the Chapel
1:30 Fall Prevention Class in Atrium
2:30 Coffee Hour in the Café
Be kind to your environment. Bring your own mug.

31
11:00 BINGO in the Olive Branch Café


"Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."
2 Corinthians 5:17

ALL PROGRAMS ARE SUBJECT TO CHANGE.