

Radiant Care Tabor Manor



Tabor Times

October 2024

WE REMEMBER...

Bob Schellenberg



WE WELCOME...

Stephen Lazaruk
Anna Dell'omo

CELEBRATING THE BIRTHDAYS OF...

Pat MacLure
Aaron Pfeffer
Rosaria Tullio
Gerald Misener
Wally Boldt
Peter Dirks
Jean Stokes
Waldy Huber
Victoria Marriott
Carmela D'Addario



Pet Therapy Visitation Program

As we continue to reconnect and reestablish our community partnerships, we are happy to announce that the home once again has an active pet therapy program. Therapeutic Paws of Canada is a registered charity that offers free pet visitation services across Canada. Their volunteers and amazing pets, both cats and dogs, visit Long-Term Care Homes with the primary purpose to enhance the quality of life and health for older adults through the human/animal bond. The guided interaction provides so many positive benefits, including reducing depression and loneliness. Individuals are able to stroke and pet the animals providing comfort and exchange of affection. These visits create wonderful conversations and reminiscing stories.

If you are visiting and happen to see this handsome guy in the home, his name is Aussie Bear. Handler Val and Aussie Bear are visiting weekly and we couldn't be more excited!



Volunteer Opportunities at Radiant Care

Volunteers play an important role in assisting our home and play a vital part in enriching the residents and tenants emotional and social wellbeing. Some opportunities that you may be interested in: friendly visiting, gardening, entertainment, tuck shop, recreation programs or administrative work. If you are interested in volunteering please connect with our Volunteer Coordinator Stephen Mason through email at: stephenm@radiantcare.net or by phone at 905-934-3414, ext. 1009.



“Not what we say about our blessings, but how we use them, is the true measure of our Thanksgiving.” ~W.T. Purkiser

Recreation Note

We have three new students with us in the recreation department this semester. We welcome Sydney and Reisa; both are high school co-op students that are here on placement each day. We also welcomed Niagara College student Madhurya, who is joining us on Fridays each week.

Having student placements provides the students with opportunities to gain valuable work experience while making a positive difference in the lives of our residents.



Caregiver Support Group for Spouses with Dementia.

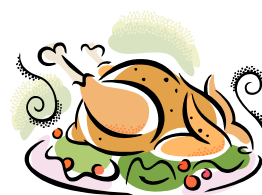
Next meeting will be on Wednesday, October 2nd at 2:00pm in the Family Dining Room

Thanksgiving Banquet

Monday, October 14th

12:00pm

Our residents will enjoy a special Thanksgiving meal !



Reminder to Families

With the change in weather and the need for warmer clothes upon us, we remind you to notify nursing staff if you are bringing in items for loved ones. They must be labelled before it goes to their room. Thanks for your assistance to help keep everything where it belongs.

Who is packing your parachute? *Pastor Jim*

This is the true story of Charlie Plumb. Charlie grew up as a farm kid from Kansas with dreams of becoming a pilot. After graduating from the Naval Academy and completing his training, he became a part of the program which is now known as “TOP GUN.”

During the course of his career he flew 74 successful combat missions over North Vietnam. Charlie was 5 days away from the end of his tour when he took off on his 75th mission...it didn't go as planned.

He was shot down somewhere over Hanoi and was taken prisoner and tortured. He spent the next 2,103 days of his life (around 6 years) in a cell that measured 8 feet x 8 feet. Charlie survived and continued flying for a few more years before retiring.

One day he and his wife were sitting at a restaurant and a man from another table came over and said, “You're Plumb!” You flew jet fighters in Vietnam from aircraft carrier Kitty Hawk. You were shot down!”

“How in the world did you know that?” asked Plumb. “I packed your parachute,” the man replied. Plumb gasped in surprise and gratitude. The man pumped his hand and said, “I guess it worked!”

Plumb assured him, “It sure did. If your chute hadn't worked, I wouldn't be here today.:

That night plumb couldn't sleep he kept thinking about that man. Plumb says, “I kept wondering what he might have looked like in a Navy uniform. I wonder how many times I might have seen him and not even said ‘Good morning, how are you?’ or anything, because, you see, I was a fighter pilot, and he was just a sailor.”

As Charlie likes to ask, “who is packing your parachute?”

Everyone has someone who provides what they need to make it through the day. Plumb needed many kinds of parachutes when his plane was shot down over enemy territory -- he needed his physical parachute, his mental parachute, his emotional parachute, and his spiritual parachute. He called on all these supports before reaching safety.

Sometimes in the daily challenges that life gives us, we may fail to say hello, please, or thank you, congratulate someone on something wonderful that has happened to them, give a compliment, or just do something nice for no reason. As you go through this week, this month, this year, recognize people who pack your parachute.

Philippians 1:3-5 says...

³I thank my God in all my remembrance of you, ⁴always in every prayer of mine for you all making my prayer with joy, ⁵because of your partnership in the gospel from the first day until now.

The Apostle Paul thanked those who supported him, and so should we!

Who is packing your parachute today?

October 2024

Spruce Lane Star

Radiant Care Tabor Manor | 1 Tabor Dr., St. Catharines | 905-934-2548



October Birthdays

John Wiebe – October 8th
Lottie Durksen – October 15th

Upcoming Events

October 8th – Chapel Service:
Join us in the Great Room at 10:00am for a concert with Jake Klassen and Choir!

October 15th – Gratitude Tree:
Join us at 9:30am in the Café to write down what you are grateful for!

October 22nd - Music with the Heritage Christian School:
Join us in the Chapel at 10:30am for a morning of music!

October 28th – Hymn Sing with Stephen:
Join us in the Chapel at 2:00pm to sing along to our favourite hymns!

October 29th – Pumpkin Carving:
Join us at 2:30pm in the Café to carve pumpkins!

October 31st – Halloween Movie Night:
Join us at 6:00pm in the Café for a spooky movie alongside some popcorn and sweet treats!
Movie will be posted the week before.

Growing Into the Truth We Speak

Can we only speak when we are fully living what we are saying? If all our words had to cover all our actions, we would be doomed to permanent silence! Sometimes we are called to proclaim God's love even when we are not yet fully able to live it. Does that mean we are hypocrites? Only when our words no longer call us to transformation.

Nobody completely lives up to his or her own ideals and visions. But by proclaiming our and visions with great conviction and *great humility*, we may gradually grow into the truth we speak. As long as we know that our lives always speak louder than our words, we can trust that our words will remain humble.

- Stephen Mason
Volunteer Coordinator

Thanksgiving Poem

For each new morning with its light,
For rest and shelter of the night,
For health and food,
For love and friends,
For everything thy goodness sends.

- Ralph Waldo Emerson



Gratitude Tree

During the month of October, we will be building a gratitude tree to celebrate thanksgiving! In the Olive Branch Café and Fireside Lounge, you will find printed leaves. Feel free to write down what you are grateful for!

If you need some time to think, feel free to join us on October 15th at 9:30am in the café to sit amongst others and fill in your leaf, socializing and bringing thanks to those around us.

Staff or tenants, everyone is welcome to sign a leaf!



September Recap

September was a month of Self-Awareness, where we hoped that all could find awareness in one's own life. During September we had many different events such as our Dinner and Movie in the Café, as well as the Concert by Jake and Marg Janzen.

As we move away from September, and into October, the month of change, autumn comes into full swing! Enjoy the cooler days, and longer nights. Why not cozy up with a blanket and a good book while you watch the leaves slowly change into an array of colours!

Searching for October!

The words below can be found vertically, horizontally, diagonally, forward, and backward!

- BONFIRE
- BOSS'S (Day)
- CANDY
- COLUMBUS (Day)
- COSMOS
- GOURDS
- HALLOWEEN
- INDIGENOUS (Peoples' Day)
- LIBRA
- OPAL
- RAKE
- ROSK HASHANAH
- SCARECROW
- SCORPIO
- SWEETEST (Day)
- THANKSGIVING (Canada)
- WORLD SERIES
- YOM KIPPUR

G	I	W	R	C	W	U	I	R	L	L	T	I	C	R
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E	S	A	A	N	L	D	U	L	A	Z	T	I	D	H
K	D	C	T	P	D	D	K	M	H	D	E	G	Y	H
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W	D	C	E	F	M	O	O	O	F	I	S	S	D	A
G	P	E	K	B	J	Z	C	A	W	C	K	L	B	H
F	N	Q	D	U	L	B	O	S	S	S	L	M	C	W
A	R	B	I	L	E	R	I	F	N	O	B	U	O	L
T	H	A	N	K	S	G	I	V	I	N	G	T	M	Y