

Radiant Care Tabor Manor

Tabor Times

November 2024



WE REMEMBER...

George Tsemperis
Hilda Martens
Grey Leigh
Rosaria Tullio

WE WELCOME...

Irene Kroeker
Matilda "Tillie" Hall

WE CELEBRATE THE BIRTHDAYS OF...

Helen Burkholder
Alex Vitez
Anna Quiquero
Red Conroy
Jacob Janzen
Jakob Boldt
Fay Figliomeni
Elizabeth Bergen
Irene Kroeker
Joan Donawa
Howard Walmer

★ HAPPY ★
BIRTHDAY!

Resident and Family Experience Survey

It's survey season here at Tabor Manor. This year we have implemented a new family/caregiver/SDM (substitute decision maker) experience survey that will be in addition to our annual resident experience survey.



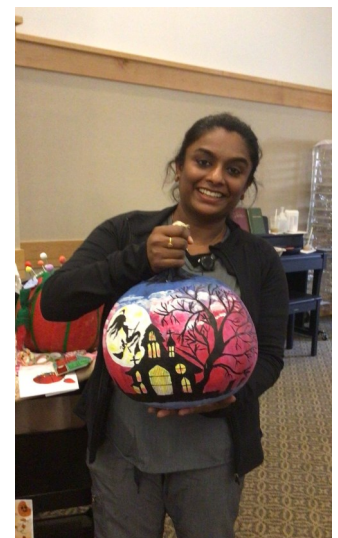
The surveys will be distributed on to residents November 1st, personally placed in each resident room. The family/caregiver/SDM survey will be sent electronically.

We value hearing from you, on how we can improve and continue to serve with excellence, love and dignity. Please complete the surveys by November 15th.

Recreation staff will come around to assist residents and collect completed surveys or they can be placed in the Mail Box located outside of the Tuck Shop.

And the Winner Is....

Staff participated in a pumpkin decorating contest. Residents and staff voted for their favourite. Salu's pumpkin took 1st place. Congrats to everyone who participated.

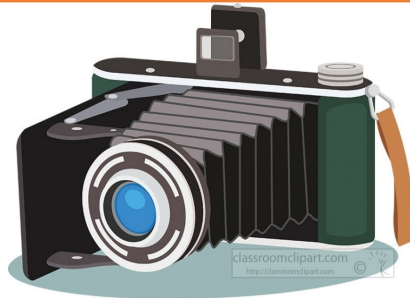


Recreation - Norma Restivo

Our Tabor Manor residents who are married enjoyed a heartwarming Thanksgiving luncheon with their spouses this past month. The luncheon, catered by Antipasto's Fine Foods, brought couples together for a cherished meal. For many, this was the first time in a long while that they could share a meal together, let alone a holiday meal, making this day truly memorable. The Recreation team worked hard to create a festive atmosphere that helped couples connect and reminded everyone of the importance of gathering together. Our team is committed to helping our residents maintain and nurture relationships that are important to them. Events like our couples Thanksgiving luncheon reflect our team's dedication to enriching the lives of our residents by creating special moments and opportunities for heartfelt connections.

Recreation - Norma Restivo

We will be taking Christmas pictures for the residents to share with their families. If you are planning on bringing in a specific outfit, please check with recreation staff for the specific home area date and times. Photos will be taken mid November, dates will be posted on each home area.



Caregiver Support Group for Spouses with Dementia

Next meeting will be on Wednesday, November 2nd at 2:00pm in the Family Dining Room

Perishky Orders

Perishky will be available for purchase on:

Nov 13th & 27th

Place your orders at the Welcome Desk.

Our local Canadian Legion branch has dropped off a donation box filled with traditional Poppies and a sticker version in support of their Poppy Campaign. The donation box is located at the Welcome Desk.



Toolbox Talk - Rick Green

Snow is coming! We will be preparing the grounds for winter. As always, we do our best to keep the grounds safe for you and your family. If you find an area that is slippery or snow covered or have any concerns, please let a staff member know. Maintenance staff will respond asap.

The Word of God is Sweeter Than Honey! *Pastor Jim*

Honey has amazing benefits for human beings!

1. Honey has always been highly regarded as a medicine. It is thought to help with everything from sore throats and digestive disorders to skin problems and hay fever.
2. Honey has antiseptic properties and was historically used as a dressing for wounds and a first aid treatment for burns and cuts.
3. The natural fruit sugars in honey – fructose and glucose – are quickly digested by the body. This is why sportsmen and athletes use honey to give them a natural energy boost.
4. Honey's ability to attract and retain moisture means that it has long been used as a beauty treatment. It was part of Cleopatra's daily beauty ritual.
5. Honey is incredibly healthy and includes enzymes, vitamins, minerals. It's the only food that contains "pinocembrin", an antioxidant associated with improved brain functioning. I need more honey!

A 106yr old man said...the secret to his long life, is, trusting in the Lord...and a teaspoon of honey every day since 1932! That man is our own, Peter Dirks!

The Word of God is even more beneficial than honey!

*The Word of God is 'Sweeter Than Honey'!
It will be more beneficial and satisfying to us personally
and spiritually than honey is physically! It will benefit us in every way!*

Psalm 19:7-11

The law of the LORD is perfect, reviving the soul;
the testimony of the LORD is sure, making wise the simple;
⁸the precepts of the LORD are right rejoicing the heart;
the commandment of the LORD is pure, enlightening the eyes;

⁹the fear of the Lord is clean enduring forever;
the rules of the Lord are true and righteous altogether.
¹⁰More to be desired are they than gold, even much fine gold;

**sweeter also than honey
and drippings of the honeycomb.**

¹¹Moreover, by them is your servant warned;
in keeping them there is great reward.

Energize Your Life Today by Feasting on God's Word!

November 2024

Spruce Lane Star

Radiant Care Tabor Manor | 1 Tabor Dr., St. Catharines | 905-934-2548

November Birthdays

Jenny Penner – November 20th

Upcoming Events

November 5th – Chapel Service:

Join us in the Great Room at 10:00am for a concert with Dave Braun!

November 11th – Remembrance Day Presentation and Ceremony:

Join us in the Café at 9:30am for a quick presentation to commemorate Remembrance Day, as well as the live stream of Ottawa's Ceremony on the TV.

November 18th – Hymn Sing with Stephen:

Join us in the Chapel at 2:00pm to sing along to our favourite hymns!

November 19th – Christmas Decorating:

Join us at 9:30am in the Café to help decorate Spruce Lane for the holidays!

November 21st - Movie Night:

Join us in the Café at 6:00pm for a Movie Night!

November 26th – Music with the Heritage Christian School:

Join us in the Chapel at 10:30am for a morning of music!

The Poppy

To Honour and Remember

From the last Friday in October to Remembrance Day, millions of Canadians wear a Poppy as a visual pledge to never forget those who served and sacrificed. The red flower also is the symbol of the Legion's Poppy Campaign, raising funds to support Veterans and their families in need. We invite everyone across the country to show their recognition by proudly wearing this symbol of Remembrance.



Waiting with Patience

How do we wait for God? We wait with patience. But patience does not mean passivity. Waiting patiently is not like waiting for the bus to come, the rain to stop, or the sun to rise. It is an active waiting in which we live the present moment to the full in order to find there the signs of the One we are waiting for.

The word patience comes from the Latin verb *patior*, which means "to suffer." Waiting patiently is suffering through the present moment, tasting it to the full, and letting the seeds that are sown in the ground on which we stand grow into strong plants. Waiting patiently always means paying attention to what is happening right before our eyes and seeing there the rays of God's glorious coming.

- Stephen Mason
Volunteer Coordinator

