

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# October 2024

**FIRST FLOOR RECREATION**

		<b>Morning:</b> 9:15 Chapel Service with Don 10:00 Fit Minds <b>Afternoon:</b> 2:30 Monthly Gazette and October Trivia	<b>Morning:</b> 9:30 Exercise 10:00 Word Game <b>10:30 Pet Visits with Aussie</b> <b>Afternoon:</b> 2:00 Friendly Visits 3:00 Board Games 	<b>HAPPY BIRTHDAY PAT!</b> <b>Morning:</b> Games with Brittany! <b>Afternoon:</b> 3:00 Creative Art: Scrapbooking 5:30 Name That Tune in the Great Room 	<b>Morning:</b> 9:45 BINGO! <b>Afternoon:</b> 2:00 Friendly Visits 3:00 Bocce Ball 	<b>Morning:</b> 9:30 Exercise 10:00 Math Club <b>Afternoon:</b> 2:45 Big Connect 4 
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9:00 Church Service on Television 	<b>HAPPY BIRTHDAY ROSARIA!</b> <b>Morning:</b> ** <b>Afternoon:</b> 2:30 Bean Bag Toss 3:15 Name 10! 5:30 UNO Card Game 	<b>HAPPY BIRTHDAY GERRY!</b> <b>Morning:</b> 10:00 Jake Klassen and Choir – Morning of Music in Great Room <b>Afternoon:</b> 2:45 Price is Right 	<b>Morning:</b> 9:00 Perishky Baking 	<b>Morning:</b> 9:30 Exercise 10:00 Fit Minds <b>Afternoon:</b> 2:45 Balloon Tennis 	<b>Morning:</b> 10:00 Roman Catholic Mass 10:15 Name That Tune <b>Afternoon:</b> 2:45 BINGO! 	<b>Morning:</b> Friendly Visits <b>Afternoon:</b> 2:45 Active Games 
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9:00 Church Service on Television 	<b>HAPPY THANKSGIVING!</b> <b>Morning:</b> 9:30 Exercise 10:00 Thanksgiving Craft <b>Afternoon:</b> 2:45 Turkey Bingo! 	<b>Morning:</b> 9:15 Chapel Service with Don 10:00 Fit Minds <b>Afternoon:</b> 2:45 Lawn Darts 	<b>Morning:</b> 9:30 Exercise <b>10:30 St. Catharines Library Book Talk on 1st Floor</b> <b>Afternoon:</b> 2:45 Group Crossword 	<b>Morning:</b> 9:30 Exercise <b>10:30 Pet Visits with Aussie</b> 	<b>Morning:</b> 9:45 BINGO! <b>Afternoon:</b> 2:00 Friendly Visits 	<b>Morning:</b> 10:30 Exercise 11:00 Reading and Reminiscing <b>Afternoon:</b> 2:15 Movie Matinee 
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9:00 Church Service on Television 	<b>Morning:</b> 9:30 Hymn Sing with Stephen 10:15 Exercise <b>10:30 Resident's Council</b> <b>Afternoon:</b> 3:00 Ladder Ball 	<b>HAPPY 100TH BIRTHDAY VICKY!</b> <b>Morning:</b> 9:15 Chapel Service with Don 10:00 Fit Minds <b>Afternoon:</b> 2:45 Musical Baseball! 	<b>Morning:</b> 9:30 Exercise 10:00 Reading & Reminiscing <b>Afternoon:</b> 2:45 Java Music Club 	<b>Morning:</b> Games with Sophie! <b>Afternoon:</b> 2:45 Perfect 10 Game 4:30 Pizza and a Movie *Sign up required 	<b>Morning:</b> 9:45 BINGO! <b>Afternoon:</b> 2:45 Colin's Café 	<b>Morning:</b> 10:30 Exercise <b>Afternoon:</b> 2:15 Wheel of Fortune 
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9:00 Church Service on Television 	<b>Morning:</b> 10:30 Book Club <b>Afternoon:</b> 2:30 Finish the Line 	<b>Morning:</b> 9:15 Chapel Service with Don 10:00 Fit Minds <b>Afternoon:</b> 2:45 10 Clue What is it? 5:30 Music with Ron 	<b>Morning:</b> 9:00 Perishky Baking <b>Afternoon:</b> 2:00 Great Pumpkin Contest! 	<b>HAPPY HALLOWEEN!</b> <b>Morning:</b> 9:30 Exercise 10:00 Halloween Craft <b>10:30 Pet Visits with Aussie</b> <b>Afternoon:</b> 2:00 Halloween Family Feud in the Great Room! 		
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\*ALL PROGRAMS ARE SUBJECT TO CHANGE

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# October 2024

	<p><b>Morning:</b> 9:45 Chapel Service with Don 10:15 Fit Minds</p> <p><b>Afternoon:</b> 2:00 UNO 3:00 Monthly Gazette</p> 	<p><b>Morning:</b> 9:30 Exercise 10:00 Wheel of Fortune <b>10:30 Pet Visits with Aussie</b></p> <p><b>Afternoon:</b> 2:00 Board Games 3:00 Montessori Moments</p>  <p>Rosh Hashanah Begins</p>	<p><b>Morning:</b> 9:30 Ladder Ball 10:30 Name Ten</p> <p><b>Afternoon:</b> 2:30 Craft Corner 5:30 Name That Tune in the Great Room</p>	<p><b>Morning:</b> 9:30 Exercise 10:00 Left Centre Right Game</p> <p><b>Afternoon:</b> <b>2:30 BINGO!</b></p> 	<p><b>Happy Birthday Aaron!</b></p> <p><b>Morning:</b> 9:30 Balloon Tennis</p> <p><b>Afternoon:</b> 2:00 Manicures 2:45 Wheel of Fortune</p> 	
<p>Church Service on the Television</p> 	<p><b>6 Morning:</b> 9:30 Exercise 10:00 Lawn Darts</p> <p><b>Afternoon:</b> 2:00 Flip It Card Game <b>3:00 Hymn Worship with Stephen</b></p>	<p><b>7 Morning:</b> <b>10:00 Jake Klassen and Choir – Morning of Music in Great Room</b></p> <p><b>Afternoon:</b> 2:30 Montessori Moments</p>	<p><b>8 Morning:</b> 9:30 Making Perishky on First Floor <b>10:30 Pet Visits with Aussie</b></p> <p><b>Afternoon:</b> <b>2:00 Thanksgiving Social &amp; Birthday Celebration with Mendel in Great Room</b></p> 	<p><b>9 Morning:</b> 9:30 Exercise 10:00 You Be the Judge</p> <p><b>Afternoon:</b> 2:30 Board Games</p> 	<p><b>10 Morning:</b> 9:30 Exercise 10:00 How Many Words? 10:00 Roman Catholic Mass</p> <p><b>Afternoon:</b> <b>2:30 BINGO!</b></p>  <p>Yom Kippur Begins</p>	<p><b>11 Morning:</b> 9:30 Exercise 10:30 Alphabet Game</p> <p><b>Afternoon:</b> 2:30 Thankful Tree Craft</p> 
<p>Church Service on the Television</p> 	<p><b>13 Morning:</b> 9:30 Exercise 10:00 Gobble Gobble Card Game</p> <p><b>Afternoon:</b> 2:30 Turkey Tail Bingo</p> <p>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p> 	<p><b>14 Morning:</b> 9:45 Chapel Service with Don 10:15 Fit Minds</p> <p><b>Afternoon:</b> 2:30 Travel the World</p>  	<p><b>15 Morning:</b> 9:30 Exercise 10:00 Horse Races 10:30 Library Book Talk</p> <p><b>Afternoon:</b> 2:30 Painting</p>  <p>Sukkot Begins</p>	<p><b>16 Morning:</b> 9:30 Bocce Ball <b>10:30 Pet Visits with Aussie</b></p> <p><b>Afternoon:</b> 2:00 Board Games 3:00 Name that Tune</p>  	<p><b>17 Morning:</b> Friendly Visits</p> <p><b>Afternoon:</b> <b>2:30 BINGO!</b></p> 	<p><b>18 Morning:</b> 9:30 Exercise 10:00 Trivia</p> <p><b>Afternoon:</b> Fall Movie Matinee</p> 
<p>Church Service on the Television</p> 	<p><b>20 Morning:</b> 9:30 Exercise 10:00 Trivia 10:45 Manicures 10:30 Resident Council in Great Room</p> <p><b>Afternoon:</b> 2:00 Friendly Visits 3:00 Elfer Raus</p>	<p><b>21 Morning:</b> 9:45 Chapel Service with Don 10:15 Fit Minds 11:00 Ball Toss</p> <p><b>Afternoon:</b> 12:30 Friendly Visits 2:30 Bean Bag Toss 5:30 UNO!</p> 	<p><b>22 Morning:</b> 9:30 Exercise 10:00 Elfer Raus <b>10:30 Pet Visits with Aussie</b></p> <p><b>Afternoon:</b> 2:00 Montessori Moments 3:00 Hymn Sing Along</p> 	<p><b>23 Morning:</b> 9:30 Exercise 10:00 Bocce Ball</p> <p><b>Afternoon:</b> 2:00 Montessori Moments 3:00 Rock Around the Clock 4:30 Pizza and a Movie <b>*Sign up required</b></p> <p>Simchat Torah Begins</p>	<p><b>24 Morning:</b> 9:30 Exercise 10:00 Group Crossword</p> <p><b>Afternoon:</b> <b>2:30 BINGO!</b></p> 	<p><b>25 Morning:</b> 9:30 Price is Right</p> <p><b>Afternoon:</b> 3:00 Word Game</p> 
<p>Church Service on the Television</p> 	<p><b>27 Morning:</b> 11:00 Ball Toss</p> <p><b>Afternoon:</b> 2:00 Craft Corner <b>3:00 Hymn Worship with Stephen</b> 5:30 Crazy 8's Card Game</p>	<p><b>28 Morning:</b> 9:45 Chapel Service with Don 10:15 Fit Minds 11:00 Manicures</p> <p><b>Afternoon:</b> 2:30 Montessori Moments</p>  	<p><b>29 Morning:</b> 9:30 Making Perishky on First Floor</p> <p><b>Afternoon:</b> <b>2:00 Great Pumpkin Contest</b></p>  	<p><b>30 Morning:</b> 9:30 Left/Right Halloween Story Game <b>10:30 Pet Visits with Aussie</b></p> <p><b>Afternoon:</b> <b>2:00 Halloween Family Feud In Great Room</b></p>   <p>Halloween</p>	<p><b>Second Floor Recreation Calendar</b></p> 	

All programs are subject to change.

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# October 2024




Third Floor  
Recreation Calendar

<p><b>October 2024</b></p> <p>Third Floor Recreation Calendar</p>	<p><b>1</b></p> <p><b>Morning:</b> 9:30 Exercise 10:15 Fit Minds 11:00 Montessori Moments</p> <p><b>Afternoon/Evening:</b> 2:30 Monthly Gazette 3:00 Math Club <b>5:30 Music with Ron</b></p>	<p><b>2</b></p> <p><b>Morning:</b> 9:30 Flip It Card Game 10:30 Pet Visits with Aussie</p> <p><b>Afternoon:</b> 2:30 Hymn Sing Along 3:00 Ball Toss</p> <p><small>Rosh Hashanah Begins</small></p>	<p><b>3</b></p> <p><b>Morning:</b> <b>9:15 Chapel Service</b> 9:45 Exercise</p> <p><b>Afternoon:</b> 2:30 Montessori Activities 3:00 Price is Right 5:30 Name That Tune in the Great Room</p>	<p><b>4</b></p> <p><b>Morning:</b> 9:45 Bingo</p> <p><b>BINGO</b></p> <p><b>Afternoon:</b> 2:15 Manicures 3:00 Daily Bread Group</p>	<p><b>5</b></p> <p><b>Morning:</b> 9:30 Morning Movie 11:00 Sunshine Visits</p> <p><b>Afternoon:</b> 2:45 Board and Card Games</p>	
<p><b>6</b></p> <p>Church Service on the Television</p> 	<p><b>Morning:</b> 9:30 Hymns with Stephen</p> <p><b>Afternoon:</b> 2:00 One to one visits 3:00 Get the Gold</p> 	<p><b>7</b></p> <p><b>Morning:</b> <b>10:00 Morning of Music: Jake Klassen and Choir</b></p> <p><b>Afternoon:</b> 2:45 Arts &amp; Crafts 5:30 Name That Instrument</p> 	<p><b>8</b></p> <p><b>Morning:</b> 9:30 Making Perishky 10:30 Pet Visits with Aussie</p> <p><b>Afternoon:</b> <b>2:00 Thanksgiving Social &amp; Birthday Celebration with Mendel in Great Room</b></p>	<p><b>9</b></p> <p><b>Morning:</b> 9:30 Exercise 10:00 Poems &amp; Readings 10:30 Balloon Tennis</p> <p><b>Afternoon:</b> 2:30 Card Games 2:45 Manicures</p> 	<p><b>10</b></p> <p><b>Morning:</b> 9:45 Bingo</p> <p><b>10:00 Roman Catholic Mass</b></p> <p><b>BINGO</b></p> <p><b>Afternoon:</b> 2:45 Armchair Travel: BORNEO!</p> <p><small>Yom Kippur Begins</small></p>	<p><b>11</b></p> <p><b>Morning:</b> 9:30 Exercise 10:00 Board Games</p> <p><b>Afternoon:</b> 2:30 Name 10 3:00 Junk Drawer Detective</p> 
<p><b>13</b></p> <p>Church Service on the Television</p> 	<p><b>14</b></p> <p><b>Happy Thanksgiving</b></p> <p><b>Morning:</b> 11:00 One to one visits</p> <p><b>Afternoon:</b> 2:00 Thanksgiving History 3:00 Active Games</p> <p><small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small></p>	<p><b>15</b></p> <p><b>Happy 106<sup>th</sup> Birthday Peter!</b></p> <p><b>Morning:</b> 9:30 Exercise 10:15 Fit Minds</p> <p><b>Afternoon:</b> 3:00 Math Club</p> 	<p><b>16</b></p> <p><b>Happy Birthday Jean!</b></p> <p><b>Morning:</b> 9:30 Arts &amp; Craft: Eee-resist-able Web 10:30 St. Catharines Library Book Talk on 1<sup>st</sup> Floor</p> <p><b>Afternoon:</b> 3:00 Ladder Ball</p> <p><small>Sukkot Begins</small></p> 	<p><b>17</b></p> <p><b>Morning:</b> <b>9:15 Chapel Service</b> 9:45 Exercise 10:30 Pet Visits with Aussie</p> <p><b>Afternoon:</b> 3:00 Making Affirmation Cards</p> 	<p><b>18</b></p> <p><b>Morning:</b> 9:45 Bingo</p> <p><b>BINGO</b></p> <p><b>Afternoon:</b> 3:00 Name that Tune</p>	<p><b>19</b></p> <p><b>Afternoon:</b> 3:00 Word Games on the Whiteboard</p> 
<p><b>20</b></p> <p>Church Service on the Television</p> 	<p><b>21</b></p> <p><b>Morning:</b> 9:30 Morning Prayer Group <b>10:30 Residents Council in the Great Room</b></p> <p><b>Afternoon:</b> 3:00 Ball Toss</p> 	<p><b>22</b></p> <p><b>Morning:</b> 9:30 Exercise 10:15 Fit Minds</p> <p><b>Afternoon:</b> <b>2:30 Arts and Crafts: Ghoulish Tassels</b></p> 	<p><b>23</b></p> <p><b>Morning:</b> 9:30 One to one visits 10:00 Balloon Tennis 10:30 Pet Visits with Aussie</p> <p><b>Afternoon:</b> 2:00 Games 3:00 Curious Events</p> 	<p><b>24</b></p> <p><b>Morning:</b> <b>9:15 Chapel Service</b> 9:45 Exercise 10:15 How Many Words?</p> <p><b>Afternoon:</b> <b>2:30 Halloween Stories</b> <b>4:30 Pizza and a Movie</b> <b>*Sign up required</b></p> <p><small>Simchat Torah Begins</small></p>	<p><b>25</b></p> <p><b>Morning:</b> 9:45 Bingo</p> <p><b>BINGO</b></p> <p><b>Afternoon:</b> 2:30 Colouring Pages 3:00 Alphabet Game</p>	<p><b>26</b></p> <p><b>Morning:</b> 9:30 Exercise 10:00 Word Games on the Whiteboard</p> <p><b>Afternoon:</b> 2:30 Manicures 3:00 Afternoon Movie</p> 
<p><b>Happy Birthday Carmela!</b></p> <p><b>27</b></p> <p>Church Service on the Television</p> 	<p><b>Morning:</b> 9:30 Hymns with Stephen</p> <p><b>Afternoon:</b> 2:00 One to one visits <b>3:00 Halloween Wheel of Fortune</b></p> 	<p><b>28</b></p> <p><b>Morning:</b> 9:30 Exercise 10:15 Fit Minds</p> <p><b>Afternoon:</b> 3:00 Tabletop Horse Races</p> 	<p><b>29</b></p> <p><b>Morning:</b> 9:30 Making Perishky</p> <p><b>Afternoon:</b> <b>3:00 The Greatest Pumpkin Competition</b></p> 	<p><b>30</b></p> <p><b>Morning:</b> 9:30 Making Perishky</p> <p><b>Afternoon:</b> 3:00 The Greatest Pumpkin Competition</p> <p><b>31</b></p> <p><b>Halloween</b></p> <p><b>Morning:</b> <b>9:15 Online Chapel Service</b> 9:45 Exercise 10:30 Pet Visits with Aussie</p> <p><b>Afternoon:</b> <b>2:00 Halloween Family Feud</b></p> <p><small>Halloween</small></p>	<p>"And now we thank you, our God, and praise your glorious name." 1 Chronicles 29:13</p>	

All programs are subject to change.



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday





# October 2024



<p><b>Church Service on Television</b></p> 	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Whiteboard Games 10:30 – Outdoor Strolls (weather permitting) <b>Afternoon:</b> 2:30 – Java Music Club</p>	<p><b>Morning:</b> 9:30 – Exercise 10:00 – <b>Jake &amp; Marg Janzen in Great Room</b> <b>Afternoon:</b> 2:30 – Fit Minds <b>Evening:</b> 5:30 – Name That Tune</p> 	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Whiteboard Games 10:30 – Pet Therapy Visits <b>Afternoon:</b> 2:00 – Food Committee Meeting: New Menu 2:30 – Creative Arts</p> <p><small>Rosh Hashanah Begins</small></p>	<p><b>Morning:</b> 9:30 – Exercise 9:45 – Chapel with Don 10:30 – Outdoor Strolls (weather permitting) <b>Afternoon:</b> 2:30 – Fit Minds 5:30 -- Name That Tune in the Great Room</p>	<p><b>Morning:</b> 9:30 – <b>MORNING BINGO!</b> <b>Afternoon:</b> 2:30 – <b>Colin's Café</b></p> 	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Creative Arts with Kira <b>Afternoon:</b> 2:30 – Friendly Visits</p>
<p><b>Church Service on Television</b></p> 	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Whiteboard Games 10:30 – Outdoor Strolls (weather permitting) <b>Afternoon:</b> 2:30 – Java Music Club</p>	<p><b>Morning:</b> 10:00 – <b>Jake &amp; Marg Janzen in Great Room</b> <b>Afternoon:</b> 2:30 – Fit Minds <b>Evening:</b> 5:30 – Name That Tune</p>	<p><b>Happy Birthday Wally!</b></p> <p><b>Morning:</b> 9:30 – <b>Perishky Baking on First Floor</b> 10:30 – Pet Therapy Visits <b>Afternoon:</b> 2:00 – <b>Harvest Social &amp; Birthday Celebration with Mendelt in Great Room</b></p>	<p><b>Morning:</b> 9:30 – Exercise 10:30 – Outdoor Strolls (weather permitting) <b>Afternoon:</b> 2:30 – Fit Minds</p> 	<p><b>Morning:</b> 9:30 – Exercise 10:00 – <b>Roman Catholic Communion in Great Room</b> <b>Afternoon:</b> 2:30 – <b>BINGO!</b></p> <p><small>Yom Kippur Begins</small></p>	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Trivia with Sophie <b>Afternoon:</b> 2:30 – Friendly Visits</p> 
<p><b>Church Service on Television</b></p> 	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Crockpot Cooking 10:30 – Outdoor Strolls (weather permitting) <b>Afternoon:</b> 2:30 – <b>Thanksgiving Day Coffee Social</b></p> <p><small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small></p>	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Finish the Line 10:30 – You Be The Judge <b>Afternoon:</b> 2:30 – Fit Minds 3:30 – Friendly Visits <b>Evening:</b> 5:30 – <b>Music with Ron</b></p>	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Book Talk with the St. Catharines Public Library 10:30 – Outdoor Strolls (weather permitting) <b>Afternoon:</b> 2:30 – Creative Arts</p> <p><small>Sukkot Begins</small></p>	<p><b>Morning:</b> 9:30 – Exercise 9:45 – Chapel with Don 10:30 – Pet Therapy Visits <b>Afternoon:</b> 2:30 – Fit Minds</p> 	<p><b>Happy Birthday Wally!</b></p> <p><b>Morning:</b> 9:30 – Exercise 10:00 – Poems &amp; Readings <b>Afternoon:</b> 2:30 – <b>BINGO!</b> <b>Evening:</b> 5:30 – Programs with Bryden</p>	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Active Games <b>Afternoon:</b> 2:30 – Friendly Visits</p> 
<p><b>Church Service on Television</b></p> 	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Whiteboard Games 10:30 – <b>Resident's Council</b> <b>Afternoon:</b> 2:30 – <b>Hymn Sing with Stephen Mason</b> <b>Evening:</b> 5:30 – Programs with Bryden</p>	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Easy Trivia <b>Afternoon:</b> 2:30 – Fit Minds</p> 	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Creative Arts 10:30 – Pet Therapy Visits <b>Afternoon:</b> 2:30 – Creative Arts</p>	<p><b>Morning:</b> 9:30 – Exercise 9:45 – Chapel with Don <b>Afternoon:</b> 2:30 – Fit Minds 4:30 <b>Pizza and a Movie</b> <b>*Sign up required*</b></p> <p><small>Simchat Torah Begins</small></p>	<p><b>Morning:</b> 9:30 – Exercise 10:00 – National Pumpkin Day Activity <b>Afternoon:</b> 2:30 – <b>BINGO!</b> <b>The World Series Begins</b></p> 	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Easy Trivia with Bryden <b>Afternoon:</b> 2:30 – Friendly Visits</p>
<p><b>Church Service on Television</b></p> 	<p><b>Morning:</b> 9:30 – Exercise 10:00 – Whiteboard Games <b>Afternoon:</b> 2:30 – Friendly Visits</p> 	<p><b>Morning:</b> Independent Leisure Activities in Activity Room <b>Afternoon:</b> 2:30 – Fit Minds <b>Evening:</b> 5:30 – Name That Tune</p>	<p><b>Morning:</b> 9:30 – <b>Perishky Baking on First Floor</b> <b>Afternoon:</b> 2:00 – The Great Pumpkin Competition</p> 	<p><b>Morning:</b> 9:30 – Exercise 9:45 – Online Chapel Service 10:30 – Pet Therapy Visits 10:30 – National Jack-O-Lantern Day Activity <b>Afternoon:</b> 2:00 Halloween Family Feud</p> <p><b>HAPPY HALLOWEEN</b></p>	<p><b>Fourth Floor Recreation</b></p> <p><b>"I'm so glad I live in a world where there are Octobers." – L.M. Montgomery, <i>Anne of Green Gables.</i></b></p>	





Fourth Floor – Tabor Manor, St. Catharines. All Programs are subject to change without notice.




Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<h1>October 2024</h1> <p>Wellness Suites</p>	<p>9:30 Monthly Gazette in the Café <b>1</b></p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Java Music in the Café</p>	<p><b>2</b></p> <p>11:00 Seated Exercise in the Café</p>  <p>Rosh Hashanah Begins</p>	<p><b>3</b></p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p><b>2:30 Coffee Hour in the Café</b> Be kind to your environment. Bring your own mug.</p>	<p><b>4</b></p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p><b>5</b></p> <p><i>May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.</i></p> <p><b>Romans 15:13</b></p>
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<p><b>6</b></p> <p>9:30 Sunday Service in the Chapel</p> 	<p><b>7</b></p> <p>11:00 Seated Exercise in the Chapel</p> 	<p><b>8</b></p> <p><b>Happy Birthday John!</b></p> <p><b>10:00 Jake Klassen and Choir in the Great Room</b></p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Fit Minds in the Café</p>	<p><b>9</b></p> <p>9:30 Perishky Baking at Long-Term Care</p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p>	<p><b>10</b></p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p>	<p><b>11</b></p> <p>11:00 BINGO in the Olive Branch Café</p>  <p>Yom Kippur Begins</p>	<p><b>12</b></p> 
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<p><b>13</b></p> <p>9:30 Sunday Service in the Chapel</p> 	<p><b>14</b></p> <p><b>9:30 Thanksgiving Craft In the Fireside Lounge</b></p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p> <p>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p>	<p><b>15</b></p> <p><b>Happy Birthday Lottie!</b></p> <p><b>9:30 Gratitude Tree in the Café</b></p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p><b>2:00 Celebrate Lottie's Birthday in the Café</b></p> <p>Sukkot Begins</p>	<p><b>16</b></p> <p>9:30 Skip-Bo in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p>	<p><b>17</b></p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p><b>2:30 Coffee Hour in the Café</b> Be kind to your environment. Bring your own mug.</p>	<p><b>18</b></p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p><b>19</b></p> <p><i>The Lord is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him.</i></p> <p><b>Psalm 28:7</b></p>
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<p><b>20</b></p> <p>9:30 Sunday Service in the Chapel</p> 	<p><b>21</b></p> <p>9:30 Name that Tune in the Fireside Café</p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p>	<p><b>22</b></p> <p><b>10:30 Music with the Heritage Christian School in the Chapel</b></p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Bowling in the Chapel</p> 	<p><b>23</b></p> <p>9:30 Perishky Baking at Long-Term Care</p> <p>11:00 Seated Exercise in the Café</p>	<p><b>24</b></p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>Simchat Torah Begins</p>	<p><b>25</b></p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p><b>26</b></p> 
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<p><b>27</b></p> <p>9:30 Sunday Service in the Chapel</p> 	<p><b>28</b></p> <p>11:00 Seated Exercise in the Chapel</p> <p><b>2:00pm Hymn Sing with Stephen in the Chapel</b></p> 	<p><b>29</b></p> <p>9:30 Scrabble in the Café</p> <p>11:00 Seated Exercise in the Café</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p><b>2:30 Pumpkin Carving in the Café</b></p>	<p><b>30</b></p> <p>9:30 Finish the Line in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p>	<p><b>31</b></p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>2:30 Elfer Raus in the Café</p> <p><b>6:00 Halloween Movie in the Café</b></p> <p>Halloween</p>	
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ALL PROGRAMS ARE SUBJECT TO CHANGE.




Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<h1>October 2024</h1> <p>Mapleview and Evergreen Apartments</p>	<p>9:30 Monthly Gazette in the Café <b>1</b></p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Java Music in the Café</p>	<p><b>2</b></p> <p>11:00 Seated Exercise in the Café</p>  <p>Rosh Hashanah Begins</p>	<p><b>3</b></p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p><b>2:30 Coffee Hour in the Café</b> Be kind to your environment. Bring your own mug.</p>	<p><b>4</b></p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p><b>5</b></p> <p><i>May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.</i></p> <p><b>Romans 15:13</b></p>
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<p><b>6</b></p> <p>9:30 Sunday Service in the Chapel</p> 	<p><b>7</b></p> <p>11:00 Seated Exercise in the Chapel</p> 	<p><b>8</b></p> <p><b>Happy Birthday John!</b></p> <p><b>10:00 Jake Klassen and Choir in the Great Room</b></p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Fit Minds in the Café</p>	<p><b>9</b></p> <p>9:30 Perishky Baking at Long-Term Care</p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p>	<p><b>10</b></p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p>	<p><b>11</b></p> <p>11:00 BINGO in the Olive Branch Café</p>  <p>Yom Kippur Begins</p>	<p><b>12</b></p> 
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<p><b>13</b></p> <p>9:30 Sunday Service in the Chapel</p> 	<p><b>14</b></p> <p><b>9:30 Thanksgiving Craft In the Fireside Lounge</b></p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p> <p>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p>	<p><b>15</b></p> <p><b>Happy Birthday Lottie!</b></p> <p><b>9:30 Gratitude Tree in the Café</b></p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p><b>2:00 Celebrate Lottie's Birthday in the Café</b></p> <p>Sukkot Begins</p>	<p><b>16</b></p> <p>9:30 Skip-Bo in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p>	<p><b>17</b></p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p><b>2:30 Coffee Hour in the Café</b> Be kind to your environment. Bring your own mug.</p>	<p><b>18</b></p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p><b>19</b></p> <p><i>The Lord is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him.</i></p> <p><b>Psalm 28:7</b></p>
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