

Sunday Monday Tuesday Wednesday Thursday Friday Saturday





















<p>1 9:00 Church Service on Television </p>	<p>2 HAPPY LABOR DAY! Morning: 9:30 Exercise 10:00 Monthly Gazette and September Trivia Afternoon: 2:45 Big Connect 4 <small>Labor Day</small> </p>	<p>3 Morning: 9:15 Chapel Service with Don 10:00 Fit Minds Afternoon: 2:30 Men's Social </p>	<p>4 Morning: 9:30 Exercise 10:00 Outdoor Strolls Afternoon: 2:00 Friendly Visits 3:00 Word Game </p>	<p>5 HAPPY BIRTHDAY NORMA! Morning: 9:30 Exercise 10:00 Manicures Afternoon: 2:30 Woman's Social </p>	<p>6 Morning: 9:45 BINGO! Afternoon: 2:45 Horse Races! BINGO </p>	<p>7 Morning: 9:30 Name 10 10:00 Travelogue: Mexico City! Afternoon: 2:45 Creative Art Scrapbooking </p>
<p>8 9:00 Church Service on Television  <small>Grandparents Day</small></p>	<p>9 Morning: 9:30 Exercise 10:00 Craft Corner Afternoon: 2:00 Music with Mendelt </p>	<p>10 Morning: 9:15 Chapel Service with Don 10:00 Fit Minds Afternoon: 2:30 Sunshine Singers in the Great Room </p>	<p>11 Morning: 9:00 Perishky Baking Afternoon: 2:45 Group Crossword </p>	<p>12 Morning: 11:15 Exercise Afternoon: 2:00 Card Games 3:00 Board Games 4:30 Dinner and a Movie *Sign Up Required </p>	<p>13 Morning: 10:00 Roman Catholic Mass Afternoon: 2:45 BINGO! BINGO </p>	<p>14 Morning: 10:30 Exercise Afternoon: 3:00 What/Who Am I? </p>
<p>15 9:00 Church Service on Television </p>	<p>16 Morning: 9:30 Hymn Sing with Stephen 10:15 Jeopardy 11:00 Outdoor Strolls Afternoon: 2:30 Chess & Checkers JEOPARDY!</p>	<p>17 Morning: 9:15 Chapel Service with Don 10:00 Fit Minds Afternoon: 2:45 Balloon Tennis </p>	<p>18 Morning: 9:30 Exercise 10:30 St. Catharines Library Book Talk on 4th Floor Afternoon: 2:45 Java Music Club </p>	<p>19 Morning: 9:30 Exercise Afternoon: 2:45 Painting Group </p>	<p>20 Morning: 9:45 BINGO! Afternoon: 2:45 Collin's Café BINGO  <small>Oktoberfest Begins</small></p>	<p>21 Afternoon: 2:15 Ball Toss </p>
<p>22 9:00 Church Service on Television  <small>Autumn Begins</small></p>	<p>23 Morning: 9:30 Exercise 10:00 Spelling Bee Afternoon: 2:45 Bocce Ball </p>	<p>24 Morning: 10:00 Morning of Music with Jake and Marg Janzen in the Great Room Afternoon: 2:00 Resident's Council Meeting 3:00 Word Game </p>	<p>25 Morning: 9:00 Perishky Baking Afternoon: 2:00 Manicures 3:00 Ladder Ball </p>	<p>26 Morning: 9:30 Exercise 10:00 Name That Tune Afternoon: 2:30 Birthday Party HAPPY BIRTHDAY</p>	<p>27 Morning: 9:00 Morning Movie Afternoon: 2:45 BINGO! BINGO </p>	<p>28 Morning: 10:00 Board Games Afternoon: 2:00 Sunshine Visits </p>


September 2024

FIRST FLOOR RECREATION

*ALL PROGRAMS ARE SUBJECT TO CHANGE

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

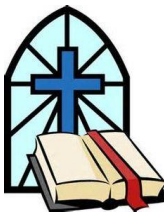

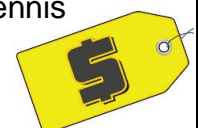
























<p>9:00 Church Service on the Television</p> 	<p>1 Morning: 9:30 Exercise 10:00 Monthly Gazette</p> <p>Afternoon: 2:00 Outdoor Strolls 3:00 Hymn Sing Along</p> <p>Labor Day</p>	<p>2 Morning: 9:45 Chapel Service with Don 10:15 Fit Minds</p>  <p>Afternoon: 2:00 Montessori Moments 3:00 Finish the Line</p>	<p>3 Morning: 9:30 Exercise 10:00 Where in the World?</p> <p>Afternoon: 2:00 Flip It Card Game 3:00 Friendly Visits</p>	<p>4 Morning: 9:30 Bocce Ball 10:30 Alphabet Game</p> <p>Afternoon: 2:00 Elfer Raus 3:00 Jeopardy</p> 	<p>5 Morning: Friendly Visits</p> <p>Afternoon: 2:30 BINGO!</p> 	<p>6 Morning: 9:30 Exercise</p> <p>Afternoon: 2:00 Movie Matinee</p> 
<p>9:00 Church Service on the Television</p>  <p>Grandparents Day</p>	<p>8 Morning: 9:30 Exercise 10:00 Chinese Checkers</p> <p>Afternoon: 2:00 Outdoor Visits 3:00 Hymn Worship with Stephen</p>	<p>9 Morning: 9:45 Chapel Service with Don 10:15 Fit Minds</p>  <p>Afternoon: 2:30 Sunshine Singers in the Great Room 5:30 Music with Ron</p>	<p>10 Morning: 9:30 Making Perishky on First Floor</p>  <p>Afternoon: 3:00 Ladder Ball</p>	<p>11 Morning: 9:30 Exercise 10:00 Friendly Visits</p> <p>Afternoon: 2:30 Arts and Crafts 4:30 Dinner and a Movie *Sign up Required</p>	<p>12 Morning: 9:30 Exercise 10:00 Name Ten 10:00 Roman Catholic Mass</p> <p>Afternoon: 2:30 BINGO!</p> 	<p>13 Morning: 9:30 Balloon Tennis</p> <p>Afternoon: 2:00 Outdoor Strolls</p> 
<p>9:00 Church Service on the Television</p> 	<p>15 Morning: 9:30 Exercise 10:00 Alphabet Game</p> <p>Afternoon: 2:00 Outdoor Strolls 3:00 Poems & Stories</p>	<p>16 Morning: 9:45 Chapel Service with Don 10:15 Fit Minds</p>  <p>Afternoon: 2:00 UNO 3:00 Name that Golden Oldie</p>	<p>17 Morning: 9:30 Exercise 10:00 Card Games 10:30 St. Catharines Library Book Talk on 4th Floor</p> <p>Afternoon: 2:00 Board Games 3:00 Folk Music or Rock and Roll?</p>	<p>18 Morning: 9:30 Exercise 10:00 Donut Bingo</p>  <p>Afternoon: 2:00 Montessori 3:00 Coffee Social</p>	<p>19 Morning: 9:30 Horseshoes 10:30 Name Ten</p> <p>Afternoon: 2:30 BINGO!</p> 	<p>20 Morning: 9:30 Yahtzee</p>  <p>Uktoberfest Begins</p>
<p>9:00 Church Service on the Television</p>  <p>Autumn Begins</p>	<p>22 Morning: 9:30 Exercise 10:00 How Many Words? 11:00 Outdoor Strolls</p> <p>Afternoon: 2:30 Montessori Moments 3:00 Hymn Worship with Stephen</p>	<p>23 Morning: 10:00 Morning of Music with Jake and Marg Janzen in the Great Room</p> <p>Afternoon: 2:00 Resident Council in the Great Room 3:00 Friendly Visits</p>	<p>24 Happy Birthday Greg!</p> <p>Morning: 9:30 Making Perishky on First Floor</p>  <p>Afternoon: 3:00 Lawn Darts</p>	<p>25 Morning: 9:30 Exercise 10:00 Prayer Group</p> <p>Afternoon: 3:00 Birthday Celebration</p> 	<p>26 Morning: 9:45 BINGO!</p>  <p>Afternoon: 2:45 Collin's Café</p>	<p>27 Morning: 9:30 Exercise</p> <p>Afternoon: Sunshine Visits</p> 

<p>9:00 Church Service on the Television</p> 	<p>29 Morning: 9:30 Exercise</p> <p>Afternoon: 2:00 Scrabble 3:00 Friendly Visits</p>	<p>30</p>
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September 2024

Second Floor Recreation Calendar

All programs are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Church Service on the Television</p> 	<p>Labour Day</p> <p>Morning: 9:30 Exercise 10:00 Monthly Gazette</p> <p>Afternoon: 2:00 Outdoor Strolls 3:00 Poems & Readings</p> <p><small>Labor Day</small></p>	<p>Morning: 9:30 Exercise 10:15 Fit Minds</p> <p>Afternoon: 2:30 Painting</p> 	<p>Morning: 9:30 Hymn Singalong 10:15 Balloon Tennis</p> <p>Afternoon: 3:00 Price is Right: Back to School Edition</p> 	<p>Morning: 9:15 Chapel Service 9:45 Exercise 10:15 Back to School Trivia 10:30 Wheel of Fortune 11:00 One to one visits</p> <p>Afternoon: 2:30 Coffee Social</p> 	<p>Morning: 9:45 Bingo</p> 	<p>Afternoon: 3:00 You Be The Judge</p> 
<p>Happy Grandparents Day!</p> <p>Church Service on the Television</p>  <p><small>Grandparents Day</small></p>	<p>Morning: 9:30 Hymns with Stephen 10:30 Reading Group</p> 	<p>Morning: 9:30 Exercise 10:15 Fit Minds</p> <p>Afternoon: 2:30 Sunshine Singers</p> 	<p>Morning: 9:30 Making Perishky</p> <p>Afternoon: 2:15 Manicures 3:00 Finish the Line</p> 	<p>Morning: 9:15 Chapel Service 9:45 Exercise 10:15 Travelogue</p> <p>Afternoon: 2:30 Horse Races 4:30 Dinner and a movie</p> 	<p>Morning: 9:45 Bingo 10:00 Roman Catholic Mass</p>  <p>Afternoon: 2:30 Food for Thought: Chocolate</p>	<p>Happy Birthday Justina!</p> <p>Morning: 9:30 Exercise 10:15 Name 10!</p> <p>Afternoon: Friendly Visits</p> 
<p>Church Service on the Television</p> 	<p>Morning: 9:30 Reading Group 10:00 Card Games</p> <p>Afternoon: 3:00 Ball Toss</p> 	<p>Morning: 9:30 Exercise 10:15 Fit Minds</p> <p>Afternoon: 3:00 Poems & Readings</p> 	<p>Happy Birthday Mardy!</p> <p>Morning: 9:30 Arts & Crafts: Preparing Our Gratitude Tree 10:30 St. Catharines Library Book Talk on 4th Floor</p> <p>Afternoon: 3:00 Whiteboard Games</p>	<p>Morning: 9:15 Chapel Service 9:45 Exercise 10:15 Gratitude Tree 11:00 One to one visits</p> <p>Afternoon: 2:30 High Tea</p> 	<p>Morning: 9:45 Bingo</p>  <p>Afternoon: 3:00 Active Games</p>	<p>Happy Birthday Anne D!</p>  <p>Afternoon: 3:00 Name That Tune</p> <p><small>Oktoberfest Begins</small></p>
<p>First Day of Fall</p> <p>Church Service on the Television</p>  <p><small>Autumn Begins</small></p>	<p>Morning: 9:30 Hymns with Stephen 10:30 Spelling Bee!</p> <p>Afternoon: 2:30 Bean Bag Baseball</p> 	<p>Morning: 10:00 Morning of Music: Jake and Marg Janzen – Concert in the Great Room</p> <p>Afternoon: 2:00 Resident Council 3:00 Fit Minds 5:30 Music with Ron</p> 	<p>Morning: 9:30 Making Perishky</p> <p>Afternoon: 2:30 Finish the Line 3:00 Board Games</p> 	<p>Morning: 9:30 Exercise 10:00 Trivia 10:45 Montessori Activities</p> <p>Afternoon: 2:30 Birthday Party</p> 	<p>Morning: 9:45 Bingo</p> 	<p>Happy Birthday Rose!</p> <p>Morning: 10:00 Feature Film: The Blind Side</p> <p>Afternoon: 2:30 Scrapbooking</p> 
<p>Church Service on the Television</p> 	<p>National Day for Truth and Reconciliation</p> <p>Morning: 9:30 Ladder Ball 10:30 Daily Bread Group 10:30 Book Club on first floor</p>	<h1>September 2024</h1> <h2>Third Floor Recreation Calendar</h2>				

All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Church Service in the Lounge</p>  <p>1</p>	<p>9:30 – Group Exercise 10:00 – September Gazette 2:30 – Java Music Club</p>  <p>2</p>	<p>9:30 – Group Exercise 10:00 – Name 10 3:00 – Fit Minds</p> <p>3</p>	<p>St. Catharines Public Library Book Exchange</p> <p>9:30 – Group Exercise 10:00 – Poems and Reading 3:00 – Group Crossword</p> <p>4</p>	<p>9:30 – Group Exercise 9:45 – Chapel with Don 10:30 – Hymn Sing 3:00 – Fit Minds</p> <p>5</p>	<p>9:30 – Group Exercise 10:00 – Math Club 2:30 – BINGO!</p>  <p>6</p>	<p>Pet Therapy</p> <p>9:30 – Group Exercise 10:00 - Triva 3:00 - Movie Matinee: "THE BLIND SIDE"</p>  <p>7</p>
<p>Church Service in the Lounge</p>  <p>8</p>	<p>9:30 – Group Exercise 3:00 – Grandparents Day Social With Mendelt</p>  <p>9</p>	<p>9:30 – Group Exercise 10:00 – Fit Minds 2:30 - Sunshine Singers in the Great Room</p>  <p>10</p>	<p>9:30 – Baking Perishky on 1st Floor</p> <p>3:00 – Creative Art</p>  <p>11</p>	<p>HAPPY BIRTHDAY JOYCE!</p> <p>9:30 – Group Exercise 9:45 – Chapel with Don 10:30 – Hymn Sing 3:00 – Fit Minds 4:30 – Dinner & Movie Driving Miss Daisy in GR</p> <p>12</p>	<p>9:45 – BINGO on 3rd 10:00 – Roman Catholic Mass in the Chapel 3:00 – Colin's Café</p>  <p>13</p>	<p>Morning: Friendly Visits 2:30 Board Games!</p> <p>14</p>
<p>Church Service in the Lounge</p>  <p>915</p>	<p>9:30 – Group Exercise 10:15 – Horse Races 3:00 – Hymn Sing with Stephen Mason</p>  <p>16</p>	<p>11:15 – Group Exercise 3:00 – Fit Minds 5:30 – Card Games</p>  <p>17</p>	<p>HAPPY BIRTHDAY LUCY, VIOLA & BILL!</p> <p>9:30 – Group Exercise 10:00 – Group Crossword 10:30 St. Catharines Library Book Talk on 4th Floor 3:00 – Name That Tune</p> <p>18</p>	<p>9:30 – Group Exercise 9:45 – Chapel with Don 10:30 – Growing Gratitude 3:00 – Fit Minds</p> <p>19</p>	<p>9:30 – Group Exercise 10:00 – Math Club 2:30 – BINGO!</p>  <p>20</p>	 <p>World Gratitude Day</p> <p>2:30 – Friendly Visits</p> <p>Oktoberfest Begins</p> <p>21</p>
<p>Church Service in the Lounge</p>  <p>22</p>	<p>9:30 – Group Exercise 10:00 – Name 10! 2:30 – First Day of Autumn Coffee Social – Java Music Club</p>  <p>23</p>	<p>10:00 – Music with Jake & Marg Janzen</p> <p>2:00 – Resident Council Meeting (GR) 3:00 – Fit Minds</p>  <p>24</p>	<p>9:30 – Baking Perishky on 1st Floor</p> <p>3:00 – Creative Art</p>  <p>25</p>	<p>9:30 – Group Exercise 9:45 – Chapel Service with Don 2:30 – Celebrating September Birthdays!</p>  <p>26</p>	<p>9:30 – Group Exercise 10:00 – Math Club 2:30 – BINGO!</p>  <p>27</p>	<p>10:00 – Armchair Travel to Munich Germany 2:30 – Friendly Visits</p>  <p>28</p>


FOURTH FLOOR RECREATION CALENDAR

September 2024

"Happily, we bask in this warm September sun, which illuminates all creatures." – H.D.T.

All Programs Are Subject To Change

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>1</p> <p>9:30 Sunday Service in the Chapel</p> 	<p>2</p> <p>9:30 Labour Day Activities in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p> 	<p>3</p> <p>9:30 Finish the Line in the Café</p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Java Music in the Café</p>	<p>4</p> <p>9:30 Craft Corner in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p> 	<p>5</p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug.</p>	<p>6</p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p>7</p> 
<p>8</p> <p>9:30 Sunday Service in the Chapel</p>  <p><i>Grandparents Day</i></p>	<p>9</p> <p>9:30 Scrabble in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p>	<p>10</p> <p>9:30 Trivia in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Sunshine Singers in the Great Room</p>	<p>11</p> <p>9:30 Perishky Baking At Long-Term Care <u>Sign up Required</u></p> <p>11:00 Seated Exercise in the Café</p> 	<p>12</p> <p>Happy Birthday Alvine!</p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p>	<p>13</p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p>14</p> <p><i>The Lord is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him.</i></p> <p>Psalm 28:7</p>
<p>15</p> <p>9:30 Sunday Service in the Chapel</p> 	<p>16</p> <p>RSV Vaccination Clinic in Olive Branch Café <u>Sign Up Required</u></p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:00 Hymn Sing with Stephen in the Chapel</p>	<p>17</p> <p>9:30 Skip-Bo in the Café</p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Fit Minds in the Café</p>	<p>18</p> <p>9:30 St. Catharines Library Book Talk in the Café</p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p> 	<p>19</p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug.</p>	<p>20</p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p>21</p> <p>Oktoberfest</p> 
<p>22</p> <p>Autumn Begins!</p> <p>9:30 Sunday Service in the Chapel</p>  <p>Autumn Begins</p>	<p>23</p> <p>11:00 Seated Exercise in the Chapel</p> 	<p>24</p> <p>10:00 Concert - Jake and Marg Janzen in the Great Room</p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Fit Minds in the Café</p>	<p>25</p> <p>Happy Birthday Betty E!</p> <p>9:30 Perishky Baking At Long-Term Care <u>Sign up Required</u></p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p>	<p>26</p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>2:30 Elfer Raus in the Café</p> <p>5:00 Dinner and Movie in the Café <u>Sign Up Required</u></p>	<p>27</p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p>28</p> <p><i>But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.</i></p> <p>Isaiah 40:31</p>
<p>29</p> <p>9:30 Sunday Service in the Chapel</p> 	<p>30</p> <p>9:30 Yahtzee in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p>	<h1>September 2024</h1> <p>Wellness Suites</p>				

ALL PROGRAMS ARE SUBJECT TO CHANGE.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Sunday Service in the Chapel</p> 	<p>2</p> <p>9:30 Labour Day Activities in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p> 	<p>3</p> <p>9:30 Finish the Line in the Café</p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Java Music in the Café</p>	<p>4</p> <p>9:30 Craft Corner in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p> 	<p>5</p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug.</p>	<p>6</p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p>7</p> 
<p>8</p> <p>9:30 Sunday Service in the Chapel</p>  <p>Grandparents Day</p>	<p>9</p> <p>9:30 Scrabble in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p>	<p>10</p> <p>9:30 Trivia in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Sunshine Singers in the Great Room</p>	<p>11</p> <p>9:30 Perishky Baking At Long-Term Care <u>Sign up Required</u></p> <p>11:00 Seated Exercise in the Café</p> 	<p>12</p> <p>Happy Birthday Alvine!</p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p>	<p>13</p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p>14</p> <p><i>The Lord is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him.</i></p> <p>Psalm 28:7</p>
<p>15</p> <p>9:30 Sunday Service in the Chapel</p> 	<p>16</p> <p>RSV Vaccination Clinic in Olive Branch Café <u>Sign Up Required</u></p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:00 Hymn Sing with Stephen in the Chapel</p>	<p>17</p> <p>9:30 Skip-Bo in the Café</p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Fit Minds in the Café</p>	<p>18</p> <p>9:30 St. Catharines Library Book Talk in the Café</p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p> 	<p>19</p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug.</p>	<p>20</p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p>21</p> <p>Oktoberfest</p> 
<p>22</p> <p>Autumn Begins!</p> <p>9:30 Sunday Service in the Chapel</p>  <p>Autumn Begins</p>	<p>23</p> <p>11:00 Seated Exercise in the Chapel</p> 	<p>24</p> <p>10:00 Concert - Jake and Marg Janzen in the Great Room</p> <p>11:00 Seated Exercise in the Chapel</p> <p>1:30 Falls Prevention Class in the Atrium</p> <p>2:30 Fit Minds in the Café</p>	<p>25</p> <p>Happy Birthday Betty E!</p> <p>9:30 Perishky Baking At Long-Term Care <u>Sign up Required</u></p> <p>11:00 Seated Exercise in the Café</p> <p>2:30 Bingo in the Café</p>	<p>26</p> <p>11:00 Chapel Service in the Chapel</p> <p>1:30 Fall Prevention Class in Atrium</p> <p>2:30 Elfer Raus in the Café</p> <p>5:00 Dinner and Movie in the Café <u>Sign Up Required</u></p>	<p>27</p> <p>11:00 BINGO in the Olive Branch Café</p> 	<p>28</p> <p><i>But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.</i></p> <p>Isaiah 40:31</p>
<p>29</p> <p>9:30 Sunday Service in the Chapel</p> 	<p>30</p> <p>9:30 Yahtzee in the Fireside Lounge</p> <p>11:00 Seated Exercise in the Chapel</p> <p>2:30 Fit Minds in the Café</p>	<h1>September 2024</h1> <p>Mapleview and Evergreen Apartments</p>				

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