

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2024

## FIRST FLOOR RECREATION

				<p>1 1:30 Monthly Gazette 2:30 The Price is Right</p> 	<p>2 9:45 BINGO 2:30 Friendly Visits</p> 	<p>3 9:30 Exercise 10:00 Olympics Ceremony and Trivia 3:00 Olympic Games: Golf</p> 
<p>4 9:00 Church Service on Television</p> 	<p>5 9:30 Exercise 10:00 What Am I? 11:00 Manicures 2:30 Checkers &amp; Chess</p> 	<p>6 9:15 Chapel Service with Don 10:00 Fit Minds 2:45 Olympic Games: Basketball</p> 	<p>7 9:30 Exercise 10:00 Outdoor Strolls 2:45 Olympic Games: Balloon Tennis</p> 	<p>8 9:30 Exercise 2:45 Olympic Games: Beach Volleyball</p> 	<p>9 10:00 Roman Catholic Mass 10:30 Name That Tune 2:45 BINGO</p> 	<p>10 9:30 Finish the Line 2:00 Friendly Visits</p> 
<p>11 HAPPY BIRTHDAY PETER. W! 9:00 Church Service on Television</p> 	<p>12 9:30 Exercise 10:00 Fit Minds 2:30 Painting Group</p> 	<p>13 10:00 Chapel Service Youth Choir Church at Niagara in the Great Room 2:00 Friendly Visits 3:00 Name 10</p> 	<p>14 9:00 Perishky Baking 2:45 Group Crossword</p> 	<p>15 9:30 Exercise 2:00 Peach Social &amp; Birthday Party with Stephen Performing</p> 	<p>16 9:45 BINGO 2:00 Afternoon Movie</p> 	<p>17 10:00 Flip It Card Game 2:00 Outdoor Strolls</p>
<p>18 9:00 Church Service on Television</p> 	<p>19 9:30 Hymn Sing with Stephen 2:45 Java Music Club</p> 	<p>20 9:00-12:00 Mobile Petting Zoo 9:15 Chapel Service with Don 2:45 Alphabet Game</p> 	<p>21 9:30 Exercise 10:00 Word Game 2:45 Chocolate Fondue Social</p> 	<p>22 HAPPY BIRTHDAY HILDA. G! 9:30 Exercise 10:00 Chess &amp; Checkers 1:30 Outdoor Strolls 2:30 Board Games</p> 	<p>23 9:45 BINGO 2:30 Friendly Visits</p> 	<p>24 9:15 Exercise 2:30 Lawn Darts</p> 
<p>25 9:00 Church Service on Television</p> 	<p>26 10:30 Book Club 2:30 Craft Corner</p> 	<p>27 9:15 Chapel Service with Don 10:00 Fit Minds 2:00 Resident's Council Meeting 5:30 Music with Ron</p> 	<p>28 9:00 Perishky Baking 2:30 Reading and Reminiscing</p> 	<p>29 9:15 Exercise 2:00 Friendly Visits 2:45 Wheel of Fortune</p> 	<p>30 9:45 BINGO 2:45 Ladder Ball</p> 	<p>31 9:30 Exercise 2:00 Afternoon Movie</p> 

ALL PROGRAMS ARE SUBJECT TO CHANGE

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Thursday

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Saturday

# August 2024

## Second Floor Recreation

<p><b>Happy Birthday Irene B!</b> 4 Church Service on the Television</p> 	<p><b>Morning:</b> 9:30 Exercise <b>10:00 Olympic Games: History &amp; Opening</b> <b>Afternoon:</b> 3:00 Hymn Worship with Stephen</p> 	<p><b>Morning:</b> 9:45 Chapel Service with Don 10:15 Fit Minds 11:00 Outdoor Visits</p>  <p><b>Afternoon:</b> 2:00 Olympic Games <b>OBIE Soccer</b> 5:30 Card Games</p>	<p><b>Morning:</b> 9:30 Exercise 10:00 Travel the World to PARIS!</p>  <p><b>Afternoon:</b> 3:00 Olympic Games <b>Beach Volleyball</b></p>	<p><b>Happy Birthday Shirley!</b> 8 <b>Morning:</b> 9:30 Lawn Darts 11:00 Scrabble <b>Afternoon:</b> 2:00 Ribbon Tamborine 3:00 Olympic Games <b>Balloon Tennis</b></p> 	<p><b>Morning:</b> 9:30 Exercise 10:00 Wheel of Fortune 10:00 Roman Catholic Mass <b>Afternoon:</b> 2:30 BINGO</p> 	<p><b>Morning:</b> 9:30 Golf 10:30 Outdoor Strolls <b>Afternoon:</b> 2:00 Card Games</p>
<p>11 Church Service on the Television</p> 	<p><b>Morning:</b> 9:30 Exercise 10:00 Name Ten <b>Afternoon:</b> 2:00 UNO 3:00 Name that Golden Oldie!</p>	<p>12 <b>Morning:</b> 10:00 Youth Choir – Church at Niagara- Morning of Music <b>Afternoon:</b> 2:00 Montessori Moments 3:00 Outdoor Strolls</p>	<p><b>Happy Birthday Eileen!</b> 14 <b>Morning:</b> 9:30 Making Perishky on First Floor <b>Afternoon:</b> 3:00 Reading Group</p> 	<p>15 <b>Morning:</b> 9:30 Friendly Visits <b>Afternoon:</b> 2:30 Peach Social in Great Room with Stephen</p> 	<p>16 <b>Morning:</b> 9:30 Morning Movie <b>Afternoon:</b> 2:30 BINGO</p> 	<p><b>Happy Birthday Red S!</b> 17 <b>Morning:</b> 9:30 Exercise 10:00 Who, What Am I? <b>Afternoon:</b> 2:00 Outdoor Strolls</p>
<p>18 Church Service on the Television</p> 	<p><b>Morning:</b> 9:30 Exercise 10:00 You Be The Judge <b>Afternoon:</b> 2:00 Music with Mendelt</p> 	<p>19 <b>Morning:</b> 9:00-12:00 Petting Zoo!</p>  <p>9:45 Chapel Service with Don <b>Afternoon:</b> 2:00 Short Stories &amp; Poems</p>	<p>20 <b>Morning:</b> 9:30 Exercise 10:00 Horse Races <b>Afternoon:</b> 1:30 Elfer Raus 3:00 Trivia Time</p> 	<p>21 <b>Morning:</b> 9:30 Exercise <b>Afternoon:</b> 2:30 Prayer Group 3:00 Montessori Moments</p>	<p>22 <b>Morning:</b> 9:30 Ladder Ball <b>Afternoon:</b> 2:30 BINGO</p> 	<p>23 <b>Morning:</b> 10:30 Bean Bag Toss <b>Afternoon:</b> 2:00 Friendly Visits</p> 
<p>25 Church Service on the Television</p> 	<p><b>Morning:</b> 9:30 Exercise 10:00 Wheel of Fortune <b>Afternoon:</b> 2:00 Yahtzee! 3:00 Montessori Moments</p> 	<p>26 <b>Morning:</b> 9:45 Chapel Service with Don 10:15 Fit Minds <b>Afternoon:</b> 2:00 Residents Council Meeting in the Great Room 3:00 Hymn Sing Along</p> 	<p>27 <b>Morning:</b> 9:30 Making Perishky on First Floor <b>Afternoon:</b> 2:30 Poems and Stories in the Courtyard</p> 	<p>28 <b>Morning:</b> 9:30 Exercise 10:00 Name Ten <b>Afternoon:</b> 2:00 Movie Matinee</p> 	<p>29 <b>Morning:</b> 9:30 Bocce Ball <b>Afternoon:</b> 2:30 BINGO</p> 	<p>30 <b>Morning:</b> 9:30 Exercise 10:00 Price is Right <b>Afternoon:</b> Sunshine Visits</p> 

Programs Subject to Change



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# August 2024

## Third Floor Recreation Calendar

<p><b>Happy Birthday Helen S!</b> 4</p> <p>Church Service on the Television</p> 	<p>5</p> <p><b>Morning:</b> 9:30 Hymns with Stephen 10:45 Olympic Games: Opening and Trivia</p> <p><b>Afternoon:</b> 2:30 Olympic Games: Basketball</p> 	<p>6</p> <p><b>Morning:</b> 9:30 Exercise 10:15 Fit Minds</p> <p><b>Afternoon:</b> 2:30 Olympic Games: Beach Volleyball</p> 	<p>7</p> <p><b>Morning:</b> 9:30 Morning Prayer Group 10:45 Manicures</p> <p><b>Afternoon:</b> 2:30 Olympic Games: Handball</p> 	<p>8</p> <p><b>Morning:</b> 9:15 Chapel Service 9:45 Card Games</p> <p><b>Afternoon:</b> 2:30 Olympic Games: Football (Soccer)</p>  	<p>9</p> <p><b>Morning:</b> 9:45 Bingo 10:00 Roman Catholic Mass</p> <p><b>BINGO!</b></p> <p><b>Afternoon:</b> 3:00 Name That Tune</p>	<p>10</p> <p><b>Afternoon:</b> 3:00 Balloon Tennis</p>  <p><b>Morning:</b> 9:30 Olympic Games: Golf 10:45 Olympic Games: Closing and Medals</p> 
<p>11</p> <p>Church Service on the Television</p> 	<p>12</p> <p><b>Morning:</b> 9:30 Price is Right 10:30 Sunshine Visits</p> <p><b>Afternoon:</b> 2:45 Finish the Line</p> 	<p>13</p> <p><b>Morning:</b> 10:00 Concert – Youth Choir by The Church of Niagara</p> <p><b>Afternoon:</b> 3:00 Friendly Visits</p> 	<p>14</p> <p><b>Morning:</b> 9:30 Perishky Baking</p> <p><b>Afternoon:</b> 2:00 Outdoor 1:1 Strolls 3:00 Hymn Singalong 5:30 Board Games</p> 	<p>15</p> <p><b>Morning:</b> 9:30 Friendly Visits</p> <p><b>Afternoon:</b> 2:30 Peach Social and Birthday Party with Stephen Performing</p> 	<p>16</p> <p><b>Morning:</b> 9:45 Bingo</p> <p><b>BINGO!</b></p> <p><b>Afternoon:</b> 3:00 Balloon Tennis</p>	<p>17</p> <p><b>Happy Birthday Mabel!</b></p> <p><b>Afternoon:</b> 2:00 Outdoor Strolls</p> 
<p>18</p> <p>Church Service on the Television</p> 	<p>19</p> <p><b>Morning:</b> 9:45 Painting</p> <p><b>Afternoon:</b> 3:00 Music With Mendelt</p>  	<p>20</p> <p><b>Morning:</b> 9:00 – 12:00 Mobile Petting Zoo in the Courtyard ALL are Welcome</p> <p><b>Afternoon:</b> 2:30 Travelogue</p> 	<p>21</p> <p><b>Morning:</b> 9:30 Jeopardy 11:00 One to one visits</p> <p><b>Afternoon:</b> 2:15 Reading Group 3:00 Balloon Tennis</p> 	<p>22</p> <p><b>Morning:</b> 9:15 Chapel Service 9:45 Exercise</p> <p><b>Afternoon:</b> 2:30 Horse Races</p> 	<p>23</p> <p><b>Morning:</b> 9:45 Bingo</p> <p><b>BINGO!</b></p> <p><b>Afternoon:</b> 3:00 Elfer Raus!</p>	<p>24</p> <p><b>Morning:</b> 11:00 Friendly Visits</p> <p><b>Afternoon:</b> 2:30 Ladder Ball</p>
<p>25</p> <p>Church Service on the Television</p> 	<p>26</p> <p><b>Morning:</b> 10:30 Card Games</p> <p><b>Afternoon:</b> 2:30 You Be The Judge</p> 	<p>27</p> <p><b>Happy Birthday Chris!</b></p> <p><b>Morning:</b> 9:30 Exercise 10:15 Fit Minds</p> <p><b>Afternoon:</b> 2:00 Resident Council Meeting 3:00 Friendly Visits</p> 	<p>28</p> <p><b>Morning:</b> 9:30 Perishky Baking</p> <p><b>Afternoon:</b> 2:30 Poems and Readings</p> 	<p>29</p> <p><b>Morning:</b> 9:15 Chapel Service 9:45 Exercise</p> <p><b>Afternoon:</b> 3:00 Daily Bread Group</p> 	<p>30</p> <p><b>Morning:</b> 9:45 Bingo</p> <p><b>BINGO!</b></p> <p><b>Afternoon:</b> 3:00 Trivia</p>	<p>31</p> <p><b>Afternoon:</b> 2:30 Reading Group 3:00 Ball Toss</p> 

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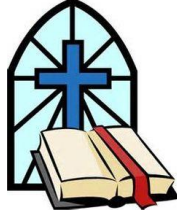






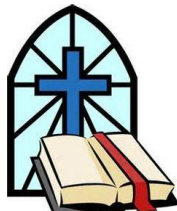














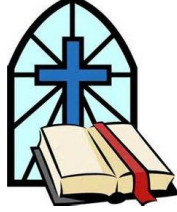






Friday

Saturday

# August 2024

Fourth Floor Recreation

“Summertime is always the best of what might be.” – Charles Bowden

<p>4</p>  <p>9:00 -11:30am Church Service on Television</p>	<p>5</p> <p>9:30 Exercise</p> <p>10:00 Creative Art</p> <p>2:00 Friendly Visits</p> <p>3:00 Olympics Games: Balloon Tennis</p> 	<p>6</p> <p>9:30 Exercise</p> <p>10:15 Trivia</p> <p>11:00 Bean Bag Baseball</p> <p>3:00 Fit Minds</p> <p>5:30 Name That Tune</p> 	<p>7</p> <p>10:00 Family Feud</p> <p>2:00 Olympic Games: Soccer on the OBIE</p> <p>3:00 Manicures</p> 	<p>8</p> <p>9:45 Chapel Service with Don</p> <p>10:30 The Alphabet Game</p> <p>3:00 Travelogue Trinidad and Tobago</p> 	<p>9</p> <p>2:30pm Bingo</p> 	<p>10</p> <p>9:30 Exercise</p> 
<p>11</p> <p>SUMMER OLYMPICS CLOSES</p>  <p>9:00 -11:30am Church Service on Television</p>	<p>12</p> <p>9:30 Bowling</p> <p>10:15 Word Games</p>  <p>3:00 Creative Art</p>	<p>13</p> <p>9:30 Exercise</p> <p>10:00 Concert Youth Choir in the Great Room</p> <p>3:00 Fit Minds</p> <p>5:30pm Ron Sings</p> 	<p>14</p> <p>9:30 Baking Perishky First Floor</p>  <p>2:30 Friendly Visits</p> <p>3:00 Ring Toss</p> 	<p>15</p> <p>9:30 Exercise</p> <p>10:00 Daily Bread Prayer Group</p> <p>2:30 Peach Social &amp; Birthday Party in the Great Room</p> 	<p>16</p> <p>2:30pm Bingo!</p> 	<p>17</p> <p>9:30 Exercise</p> <p>3:00 Movie Matinee</p> 
<p>18</p>  <p>9:00 -11:30am Church Service on Television</p>	<p>19</p> <p>WORLD PHOTO DAY!</p> <p>9:30 Exercise</p> <p>10:00 Sunshine Photo Booth</p> <p>3:00 Stephen Hymn Sing</p> 	<p>20</p> <p>9am – 12pm Petting Zoo in the Tenant’s Courtyard</p> <p>3:00 Fit Minds</p> 	<p>21</p> <p>9:30 Exercise</p> <p>10:00 Reading and Reminiscence</p>  <p>2:00 Sunshine Visits</p> <p>3:00 Manicures</p>	<p>22</p> <p>9:45 Chapel Service with Don</p> <p>10:15 Boardgames</p> <p>3:00 Card Game: Flip It</p> 	<p>23</p> <p>2:30pm Bingo!</p> 	<p>24</p> <p>9:30 Exercise</p> <p>10:00 Wheel of Fortune</p> 
<p>25</p>  <p>9:00 -11:30am Church Service on Television</p>	<p>26</p> <p>WOMEN’S EQUALITY DAY!</p> <p>9:30 Exercise</p> <p>10:30 Book Club Meeting First Floor</p> 	<p>27</p> <p>11:00 Bocce Ball</p> <p>2:00 Resident’s Council in the Great Room</p> <p>3:00 Fit Minds</p> 	<p>28</p> <p>9:30 Baking Perishky First Floor</p>  <p>2:00 Outdoor Strolls</p> <p>3:00 Jeopardy</p>	<p>29</p> <p>9:45 Chapel Service with Don</p> <p>10:30 Name 10!</p> <p>2:00 Art Pages</p> 	<p>30</p> <p>9:30 Exercise</p> <p>2:30pm Bingo!</p> 	<p>31</p> <p>3:00 Movie Matinee</p> 

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## Wellness

					1 11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in Atrium  <b>2:30 Coffee Hour in the Café</b> Be kind to your environment. Bring your own mug.	2 11:00 BINGO in the Olive Branch Café 	3 
4 9:30 Sunday Service in the Chapel 	5 11:00 Seated Exercise in the Chapel  <b>2:00 Hymn Sing with Stephen in the Chapel</b> 	6 <b>9:30 Walking Club</b> Meet in the Main Foyer 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Fit Minds in the Café	7 9:30 Skip-Bo in the Fireside Lounge 11:00 Seated Exercise in the Café <b>2:00 Avondale Dairy Bar Bus Outing</b> <a href="#">Sign-up Required</a>	8 11:00 Chapel Service in the Chapel 1:30 Fall Prevention Class in Atrium	9 11:00 BINGO in the Olive Branch Café 	10 <i>"For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life."</i>  <b>John 3:16</b>	
11 9:30 Sunday Service in the Chapel 	12 9:30 Finish the Line in the Fireside Lounge 11:00 Seated Exercise in the Chapel 2:30 Fit Minds in the Café	13 <u>No Walking Club</u> <b>10:00 Concert – Youth Choir, with The Church at Niagara in the Great Room</b> 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Elfer Raus in the Café	14 9:30 Perishky Baking At Long-Term Care <u>Sign up Required</u> 11:00 Seated Exercise in the Café 2:30 Bingo in the Café 	15 11:00 Chapel Service in the Chapel 1:30 Fall Prevention Class in Atrium <b>2:30 Coffee Hour in the Café</b> Be kind to your environment. Bring your own mug.  <b>6:00 Movie Night in the Chapel</b>	16 11:00 BINGO in the Olive Branch Café 	17 <b>Happy Birthday Flora!</b> 	
18 9:30 Sunday Service in the Chapel 	19 9:30 Craft Corner in the Fireside Lounge 11:00 Seated Exercise in the Chapel 2:30 Fit Minds in the Café	20 <b>9:00-12:00 Mobile Petting Zoo in the Mapleview / Evergreen Courtyard</b> Family and Friends invited! 1:30 Falls Prevention Class in the Atrium 2:30 Java Music in the Café	21 11:00 Seated Exercise in the Chapel 	22 11:00 Chapel Service in the Chapel 1:30 Fall Prevention Class in Atrium	23 11:00 BINGO in the Olive Branch Café 	24 <b>10:00 Stamp Collection Presentation on 4<sup>th</sup> floor, Long-term Care</b> 	
25 9:30 Sunday Service in the Chapel 	26 11:00 Seated Exercise in the Chapel 	27 <b>9:30 Walking Club</b> Meet in the Main Foyer 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium  <b>2:30 Fondue Social in the Fireside Lounge</b>	28 9:30 Perishky Baking At Long-Term Care <u>Sign up Required</u> 11:00 Seated Exercise in the Café 2:30 Bingo in the Café 	29 <b>Happy Birthday Mihaela!</b> 11:00 Chapel Service in the Chapel 1:30 Fall Prevention Class in Atrium	30 11:00 BINGO in the Olive Branch Café 	31 	

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# August 2024

## Evergreen and Mapleview Apartments

				<p>11:00 Chapel Service In the Chapel 1:30 Fall Prevention Class in Atrium</p> <p><b>2:30 Coffee Hour in the Café</b> Be kind to your environment. Bring your own mug.</p>	<p>11:00 BINGO in the Olive Branch Café</p> 	
<p>9:30 Sunday Service in the Chapel</p> 	<p>11:00 Seated Exercise in the Chapel</p> <p><b>2:00 Hymn Sing with Stephen in the Chapel</b></p> 	<p><b>9:30 Walking Club</b> Meet in the Main Foyer</p> <p>11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Fit Minds in the Café</p>	<p>9:30 Skip-Bo in the Fireside Lounge 11:00 Seated Exercise in the Café</p> <p><b>2:00 Avondale Dairy Bar Bus Outing</b> <a href="#">Sign-up Required</a></p>	<p>11:00 Chapel Service in the Chapel 1:30 Fall Prevention Class in Atrium</p>	<p>11:00 BINGO in the Olive Branch Café</p> 	<p><i>"For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life."</i></p> <p><b>John 3:16</b></p>
<p>9:30 Sunday Service in the Chapel</p> 	<p>9:30 Finish the Line in the Fireside Lounge 11:00 Seated Exercise in the Chapel 2:30 Fit Minds in the Café</p>	<p><u>No Walking Club</u></p> <p><b>10:00 Concert – Youth Choir, with The Church at Niagara in the Great Room</b></p> <p>11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Elfer Raus in the Café</p>	<p>9:30 Perishky Baking At Long-Term Care <u>Sign up Required</u></p> <p>11:00 Seated Exercise in the Café 2:30 Bingo in the Café</p> 	<p>11:00 Chapel Service in the Chapel 1:30 Fall Prevention Class in Atrium</p> <p><b>2:30 Coffee Hour in the Café</b> Be kind to your environment. Bring your own mug.</p> <p><b>6:00 Movie Night in the Chapel</b></p>	<p>11:00 BINGO in the Olive Branch Café</p> 	<p><b>Happy Birthday Flora!</b></p> 
<p>9:30 Sunday Service in the Chapel</p> 	<p>9:30 Craft Corner in the Fireside Lounge 11:00 Seated Exercise in the Chapel 2:30 Fit Minds in the Café</p>	<p><b>9:00-12:00 Mobile Petting Zoo in the Mapleview / Evergreen Courtyard</b> Family and Friends invited!</p> <p>1:30 Falls Prevention Class in the Atrium 2:30 Java Music in the Café</p>	<p>11:00 Seated Exercise in the Chapel</p> 	<p>11:00 Chapel Service in the Chapel 1:30 Fall Prevention Class in Atrium</p>	<p>11:00 BINGO in the Olive Branch Café</p> 	<p><b>10:00 Stamp Collection Presentation on 4<sup>th</sup> floor, Long-term Care</b></p> 
<p>9:30 Sunday Service in the Chapel</p> 	<p>11:00 Seated Exercise in the Chapel</p> 	<p><b>9:30 Walking Club</b> Meet in the Main Foyer</p> <p>11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium</p> <p><b>2:30 Fondue Social in the Fireside Lounge</b></p>	<p>9:30 Perishky Baking At Long-Term Care <u>Sign up Required</u></p> <p>11:00 Seated Exercise in the Café 2:30 Bingo in the Café</p> 	<p><b>Happy Birthday Mihaela!</b></p> <p>11:00 Chapel Service in the Chapel 1:30 Fall Prevention Class in Atrium</p>	<p>11:00 BINGO in the Olive Branch Café</p> 	

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