

Radiant Care Tabor Manor

Tabor Times

May 2024

WE REMEMBER...

Nelly Schwarz
Sophie Vitez
Muriel Hewines

WE WELCOME...

Ruth Troughton
Elizabeth Anderson
Frieda Methot
Joan Donawa
Lenora Sherk
Neil Voth

WE CELEBRATE THE BIRTHDAYS OF...

Ted Bemke
Shirley Frausel
Irene MacGregor
Gerhard Oehlke
Dianne Young
Lenora Sherk
Robert "Bob" Schellenberg



Alzheimer's Walk-in-a-Box Event

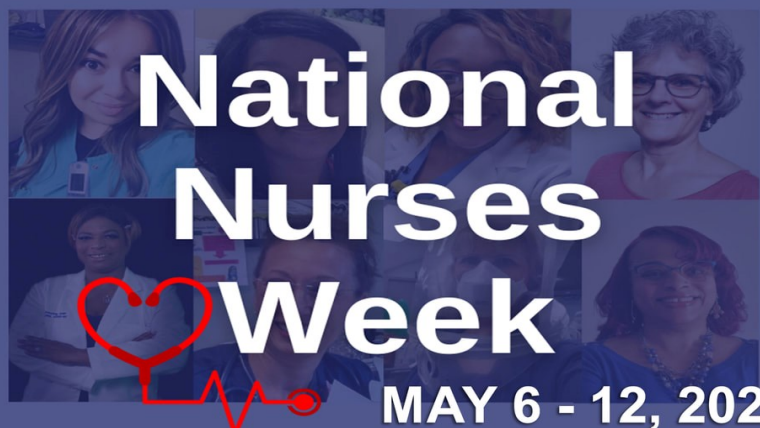
Please join us for a morning walk in support of the Alzheimer Society on Thursday, May 23rd from 10:00am-11:30am in LTC Café. We will enjoy a walk outdoors, and then be treated to a cup of coffee, tea and sweets with any size donation in the café area.

All monies raised will be given directly to the Alzheimer's Society to support their program and services in our community to improve the quality of life of people living with dementia.

If you are not able to attend, donations will be accepted at the Tuck shop or at 1 Tabor main office all month. Thank you for your generosity.



Alzheimer Society



Dietary's Dish - Karina Heizenreder

After reviewing with resident council and the food committee, gathering their input and approval, preparations are underway to switch to the new Spring/Summer menu cycle. The dietary department will launch the menus the beginning of May.

Please join me in welcoming Vashnavi Bhanot to the Nutrition team! Vashnavi has accepted the position as the Assistant Nutrition Manager. She is on site every Monday, Wednesday and Friday.

Andrea Toole, our Dietician is on site every Tuesday and Thursday. Vashnavi and Andrea both can be reached at extension 1076.

St. Catharines Public Library - Visiting Library

If you are interested in renting books, magazines, audio books or DVDs from the library, please contact Therapeutic Recreation Staff for more information!

Perishky is being made every other Wednesday. Orders can be placed at the Welcome Desk.

Baking dates for May are on the 8th & 22nd.

Recreation Notes - Norma Restivo

Spring has Sprung at Tabor Manor! Residents have been working hard planting seeds and taking care of seedlings to transplant outside later this month. We have tomatoes, onions, herbs, sugar peas, flowers and more to enjoy in our communal garden. Please join us for planting our garden on Tuesday, May 21st at 10:00am.



Wishing all the lovely mothers, and grandmothers a wonderful Mother's Day on May 12th.



The secure courtyard and terrace doors are now open from 7:00 am until 9:00 pm as per our outdoor policy. These doors will be unlocked for the warmer weather from April 15 until November 15. Please enjoy the courtyard.

We Need God's Wisdom!

In the 17th century people began calling the third molars "the teeth of wisdom." Later, this was shortened to "wisdom teeth." The name has some basis in fact, since these teeth tend to appear during the transition into adulthood and by the time a person's brain reaches its full development, which is generally around 25 years of age.

King Solomon started out his kingship with the right attitude. He knew he needed discernment in order to be a good king, and he knew only God could provide it. Bowing before the Lord, he humbly prayed for wisdom, referring to himself as "a little child." (1 Kings 3:5-15). In the same sense, we are all little children. We desperately need wisdom and guidance from our heavenly Father for all aspects of our lives. And God is glad to give it to us.

Paul prayed that the early Christian believers would receive "the spirit of wisdom and revelation in the knowledge of Him [Jesus]" (Ephesians 1:17). And we know that "the fear of the Lord is the beginning of wisdom" (Proverbs 9:10). Knowing and honoring Christ is where wisdom begins. Let's make sure we know Jesus Christ personally, and seek His loving wisdom every day!

Here are some Scriptural promises if we do...

God Gives His Wisdom to those who ask!

[Psalm 51:6](#)

Behold, you delight in truth in the inward being, and you teach me **wisdom** in the secret heart.

[James 1:5](#)

If any of you lacks **wisdom**, let him ask God, who gives generously to all without reproach, and it will be given him.

Jesus Christ is The Source of Wisdom for those Who Trust in Him!

[1 Corinthians 1:24](#)

but to those who are called, both Jews and Greeks, Christ the power of God and the **wisdom** of God.

[1 Corinthians 1:30](#)

And because of him you are in Christ Jesus, who became to us **wisdom** from God, righteousness and sanctification and redemption,

[Ephesians 1:17](#)

that the God of our Lord Jesus Christ, the Father of glory, may give you the Spirit of **wisdom** and of revelation in the knowledge of Christ,

[Colossians 2:2-3](#)

Christ...in whom are hidden all the treasures of **wisdom** and knowledge.

Let's Ask The Lord For His Wisdom Today...and Every Day!

HE WILL GIVE IT!

April at a Glance



Spruce Lane Monthly Star

Radiant Care Tabor Manor | 1 Tabor Dr., St. Catharines | 905-934-2548



Birthdays!

Corinne Blackwell – May 15th

Special Days

May Day.....May 1st

Nursing Week.....May 6th

Mother's Day.....May 12th

Victoria Day.....May 20th

Upcoming Events

May 14th – Dinner and Movie:

Join us in the Chapel at 5:00pm for our takeout dinner and a movie!

May 15th – Hymn Sing with Stephen:

Join us in the Chapel at 2:30pm to sing along to our favourite hymns!

May 16th – The Vicounts Performance:

Join us in the Chapel at 6:00pm to listen to an amazing group of musicians!

May 23rd – Alzheimer's Walk-in-a-Box Event:

Join us for a walk in support of the Alzheimer Society from 10:00am-11:30am in the Atrium!

May 28th – Chapel Service:

Join us in the Great Room at 10:00am for a morning of music!

May Delight

Spring is my favourite season. I might say that about the Summer and the Fall, but I really mean it about Spring! The fresh air and sunshine, the gardens and trees waking up, and everyone seems to be in a more joyful mood.

Have you ever seen Spring in another country? Was it extra beautiful? I think there are songs about Paris being beautiful in the spring...I would love to see the cherry blossoms in Japan, or the fields of tulips in Holland. I will be lucky enough to visit Portugal this May, and I promise to report back on the beauty of spring there!

- Megan Challice
Supportive Housing Manager

Important Words

Six important words: "I admit I made a mistake."

Five important words: "You did a good job."

Four important words: "What is your opinion?"

Three important words: "If you please."

Two important words: "Thank you."

One important word: "We"

Psalm 19:14

*May the words of my mouth,
and the meditation of my heart
be acceptable to You,
Lord, my rock and my Redeemer.*

- Stephen Mason
Volunteer Coordinator

The Vicounts' Performance

Join us on May 16th for The Vicounts' performance in the Chapel, with uplifting songs that have heartfelt impact. The Vicounts are a well-respected and honoured vocal harmony group that offer a unique blend of contemporary southern gospel to encourage their audience to have a closer relationship with God.



Alzheimer's Walk-In-A Box Event

Please join us for a morning walk in support of the Alzheimer's Society on Thursday, May 23rd from 10:00am-11:30am in the Atrium. We will enjoy a walk outdoors, and then be treated to a cup of coffee, tea and sweets with any size donation in the Atrium area.

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Alzheimer Society

April Recap!

There were many special events throughout the month of April! We had the pleasure of celebrating Easter Monday and Earth Day, as well as experiencing a total solar eclipse! April was a month of rebirth, placing confidence and trust in the Lord. When we place our confidence in God, we can transcend to the future.

As we move away from April, we can now move into May, the month of growth. honey-sweet May, when the birds come back, and the flowers come out, and the air is full of the sunrise scents and songs of the dawning year. We hope this month will allow you to dawn a fresh and positive perspective as we pray for all of those around us.

A-Mazing May!

