Sunday Monday Tuesday Wednesday Friday Saturday Thursday **1** 9:30 – Exercise 9:30 – Exercise 9:45 – Bingo 10:00 - Monthly Gazette 10:00 Chess & Checkers 10:00 – Fit Minds May 2024 2:45 - Reminiscing: 2:45 - Spring Craft 2:00 – Afternoon Movie 2:45 Sunshine Visits Coffee and Chat 5:30 – Game Night FIRST FLOOR RECREATION CALENDAR 5 Happy Nurses Week! 6 9:15 - Chapel Service 7 **9** 10:00 – Roman 11 9:00 - Church Service on 9:00 - Perishky Baking with Don 10:00 – Garden Clean Up Catholic Church 9:30 – Exercise 10:00 - Garden Clean Up 2:30 - Fit Minds the Television 9:30 – Exercise 1:30 – One to One Visits | 2:00 – Poems and 10:00 – Stick Man 2:30 - Bingo 10:00 - Painting Readings 2:30 – Fit Minds 5:45 - Name that Tune in 2:45 - Collin's Café 2:45 – Music Bingo 5:45 – Music with Ron 5:30 - Card Games the Great Room Happy Mother's Day! 12 9:30 - Hymn Happy Birthday, 14 9:30 – Exercise Happy Birthday, 16 **17** Morning Movie 15 18 9:00 – Church Service on Worship with Stephen 10:00 - Group Crossword 9:45 - Bingo Shirley! Gerhard! the Television 10:00 - Word Games 9:15 - Chapel Service 9:30 – Exercise 2:30 – DROM 2:00 – Manicures 2:00 – Creative Arts 10:00 - Garden Clean Up 3:00 - Balloon Tennis 2:45 – Mother's Day with Don 3:00 – Finish the Line 10:00 - Fit 2:45 – Fit Minds Social Minds Hymn Sing 2:45 – Wheel of Fortune FIT MINDS 23 9:45 - Bingo **24** 9:30 Exercise **22** 9:00 – Exercise Happy Birthday, 20 9:15 - Chapel 9:00 - Church Service on 2:00 – One to One Visits 10:00 Chess & Checkers Lenora! Service with Don 9:00 - Perishky Baking 10:00 – Alzheimer's 10:00 - St. Catharines 10:30 Kerplunk the Television 10:00 - Garden Plating Walk In a Box Event 3:00 - Bocce Ball Library Book Talk 2:30 - Fit Minds 2:30 – Fit Minds 9:30 – Exercise 5:30 - Name that Tune 2:45 Sunshine Visits 10:00 - High Tea Party 3:00 – The **G** WEALTH MANAGEMENT 2:30 - Victoria Day Social Price is Right WALK FOR ALZHEIMER'S **Happy Victoria Day!** Alzheimer Society **26** 9:30 – Exercise **27** 10:00 – Chapel **28** 9:30 – Exercise **29** 1:30 – One to One 30 31 9:45 – Bingo Service in the Great Room 9:00 - Church Service on 10:30 - Book Club 10:00 – DROM Visits with Scott Street M.B. 2:00 - Music with the Television 10:15 – Fit Minds 2:30 – Fit Minds Church 4:30 - Dinner and a Afternoon: Friendly Visits Mendelt 2:30 – Birthday Party 2:00 -3:00 -Movie \*sign up required\* Resident Alphabet Council Game Meeting 3:00 - Balloon Tennis ALL PROGRAMS ARE SUBJECT TO CHANGE

Sunday Monday Tuesday Wednesday Thursday Friday Saturday Morning: 1 Morning: **9** Morning: 3 Morning: 9:30 Exercise 9:30 Exercise and Monthly 11:00 Friendly Visits 10:00 Ladder Ball May 2024 10:00 Wheel of Fortune Gazette 10:00 Grow Your Grass Afternoon: Afternoon: Contest! 2:30 **Bingo** Afternoon: 2:00 Friendly Visits Afternoon: 2:30 Craft 2:30 May Day Coffee Social 2:00 Flip It Card Game Corner 3:00 Hymn Sing Along **SECOND FLOOR RECREATION Church Service** 10 Afternoon: 5 Morning: 6 Morning: **7** Morning: **8** Morning: 9 Morning: 11 9:30 Exercise on the Television 9:30 Exercise 9:45 Chapel Service with Don Making 9:30 Ladder Ball 2:30 Ball Game 10:00 You be the Judge Garden Clean **Perishky** 10:00 Roman Catholic Mass **Garden Clean** 11:00 One to One Visits UP! UP! on the In Great Room First Floor Afternoon: Afternoon: Afternoon: 2:00 Yahtzee 2:30 Bingo 3:00 Hymn Worship with Afternoon: 3:00 Short Stories Afternoon: Stephen 2:15 Manicures 5:45 Name that Tune in the Friendly Visits 5:30 Card Games 2:30 Card Games **Great Room** 16 Morning: 17 Morning: 13 Morning: **14** Morning: 15 Morning: **Happy Mother's Day! 12 Morning:** 18 9:45 Chapel Service with Don 9:30 Exercise 9:30 Exercise 11:00 Friendly Visits with 9:30 Horse Races **Church Service** 9:30 Exercise 10:15 Fit Minds 10:00 Travel the World on the Television 10:00 Finish the Line **Garden Clean** Trivia UP! Afternoon: Afternoon: 2:30 Mother's Day Tea 2:30 **Bingo** Afternoon: 2:30 Craft Corner Afternoon: 2:30 **DROM** in Great Room Afternoon: Afternoon: 3:00 Finish the Lines & Trivia 2:00 Ball Toss 3:00 Friendly Visits 23 Morning: 21 Morning: 24 Morning: **Church Service Victoria Day!** 22 Morning: 20 Morning: 19 25 10:00 Alzheimer's Walk |9:30 Balloon Tennis on the Television 9:45 Chapel with Don 10:00 Lawn Darts Making Morning: Garden Perishky 10:00 Card Games Afternoon: 9:30 Exercise **Planting** Afternoon: 2:00 Sunshine Visits on the 9:45 Manicures Afternoon First Floor 2:30 **Bingo** 10:00 Jeopardy 2:30Scrabble Afternoon: 10:00 Library Book Talk 3:30 Friendly 2:00 Montessori Afternoon: Visits Afternoon: 2:00 Poems and Readings in 5:30 Music with Ron 2:30 Victoria Dav Social the Courtyard Victoria Day (Canada) 30 Morning: **Church Service** 29 Morning: 28 Morning 26 Morning: 27 Morning: 31 on the Television **11:00** Exercise 10:00 A "Morning Of Music" 9:30 Scrabble 9:30 Exercise 11:00 Name 10 Afternoon: with Scott Street M.B. 10:00 Alphabet Game 3:00 Hymn Worship with Church in the Great Room Afternoon: Afternoon: Afternoon: Stephen 10:30 Montessori Moments **Birthday Party Celebration** 2:30 BINGO 2:45 Collins Afternoon: Café 2:00 Resident Council Meeting in Great Room 5:30 Card Games 3:00 Hymn Sing Along All Programs Subject To Change.

Sunday Monday Wednesday Tuesday Friday Saturday Thursday **2** Morning: 3 Morning: Morning: 1 Morning: 9:30 Painting Group 9:30 Hymn singalong 9:15 Chapel Service 9:45 Bingo May 2024 10:00 Balloon Tennis 9:45 Exercise 11:00 One to one visits 11:00 Manicures 10:15 Card Games Afternoon/Evening: Afternoon: 2:30 Coffee Social Afternoon: 3:00 Sunshine 5:30 Friendly Visits 2:15 Monthly Visits Gazette Afternoon: Third Floor Recreation Calendar 3:00 Fit Minds 3:00 Ladder Ball 10 Morning: 6 Morning: 5 Morning: 7 Morning: **8** Morning: **Q** Morning: 11 10:00 Courtyard Church Service 9:30 Hymns with Stephen 9:30 Making Perishky 9:15 Chapel Service 9:45 Bingo 9:15 Morning Movie 10:00 Exercise 10:00 Courtyard Cleanup 10:00 Roman Catholic Mass on the Television Cleanup on first floor 10:30 Reading Group 11:00 One to one visits Afternoon/Evening: Afternoon: Afternoon: Afternoon: 2:30 Arts & Crafts 2:30 Mother's Day High Tea 5:45 Name that Tune in the 3:00 Fit Minds 3:00 Friendly 5:30 SkipBo **Visits Great Room** Afternoon: Afternoon: 2:15 Price is Right 3:00 Daily Bread Group Happy Mother's Day 12 15 Happy Birthday Dianne! 16 Morning: 17 Morning: **Eve Clinic** 13 Morning: 18 14 Morning: 10:00 Morning Prayer Group Mornina: 10:45 Travelogue **Church Service** Morning: 9:45 Fit Minds 9:45 Bingo 9:15 Chapel Service on the Television 9:30 Exercise 10:45 You Be The Judge 10:00 Trivia Afternoon/Evening: 10:00 Courtyard Cleanup 2:30 DROM Afternoon: 5:30 Stick Man 3:00 Card Afternoon: Afternoon: 3:00 Sunshine 3:00 Bocce Ball Afternoon: Games **Singers** 3:00 Fit Minds 23 Morning: 24 Morning: **Victoria Day** 20 Morning: 25 19 **21** Morning: **22** Morning: **Church Service** 9:45 Gardening in 9:30 Making Perishky 9:15 Chapel Service 9:45 Bingo 11:00 Friendly Visits Morning: on the Television 11:00 Exercise the Courtyard on first floor 10:00 Alzheimer's 11:00 One to one visits 10:00 St. Catharine's Walk-in A Box Event Afternoon: 3:00 Games Afternoon/Evening: Library Book Talk 2:30 Victoria Day Afternoon: Afternoon: 2:00 Friendly Visits Social 3:00 Friendly Afternoon: 5:30 Card Games 3:00 Poems & 3:00 Fit Minds **Visits** Afternoon: Readings 3:00 Daily Bread Group Victoria Day (Canada) 30 Morning: 27 Morning: 28 Morning: **29** Morning: 31 26 Morning: **Church Service** 9:30 Hymns with Stephen 9:45 Fit Minds 9:15 Hymn singalong 9:30 Exercise 9:45 Bingo 10:00 DROM on the Television 10:00 Exercise 10:00 Morning of Music 10:00 Outdoor Strolls 11:00 One to one visits 10:30 Reading Group in the Great Room 11:00 Montessori Activities Afternoon/Evening: 3:00 Fit Minds Afternoon: Afternoon: Afternoon/Evening: 2:30 Sentimental 2:30 Birthday Party 4:30 - Dinner and a Movie 2:00 Resident Council Journey Board \*sign up required\* Afternoon: Meeting in the Great Room Game 3:00 Ball Toss 5:30 Games Night All programs are subject to change.

| 000 | Sunday  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday   |
|-----|---|---|--|---|---|--|--|
|     |   | ay 20   |  | Morning 1<br>9:30 – Exercise<br>10:00 – Name that Tune<br>Afternoon:<br>3:00 – Java Music Club  | Morning 2 9:30 – Exercise 9:45 – Chapel Service with Don  | Morning: 3 11:00 – Exercise Afternoon: 2:30 – BINGO 5:30 – Stick Man | Morning: 4 9:30 – Exercise 10:00 – Cinco de Mayo Armchair Travel Afternoon: 2:30 – Friendly Visits   |
| _   | Happy Birthday Ted!5 Church Service On Television     | 9:30 – Exercise<br>10:00 – Reading &<br>Reminiscing<br><b>Afternoon:</b>  | Morning 7 9:30 – Courtyard Spring Cleaning  Afternoon: 3:00 – Fit Minds  | 9:00 – Making Perishky  Afternoon: 2:30 – Outdoor Strolls   | 9:30 – Exercise<br>9:45 – Chapel Service<br>with Don  | 9:30 – Exercise<br>10:00 – Catholic Service<br><b>Afternoon:</b>     | Morning: 11 9:30 – Exercise 10:00 – Word Game Afternoon: 2:15 – Afternoon Movie  |
|     | Happy Mother's Day National Skilled Nursing Care Week | 9:30 – Exercise<br>10:00 – Mother's Day<br>ea<br><b>Afternoon:</b><br>3:00 – Hymn Sing with<br>Stephen Mason            | Afternoon:<br>3:00 – Fit Minds<br>5:30 Games Evening   | 9:30 – Exercise<br>10:00 – Java Music Club<br><b>Afternoon:</b><br>2:30 – DROM<br>3:00 – Outdoor Strolls  | 9:30 – Courtyard Spring<br>Cleaning<br>9:45 – Chapel Service<br>with Don<br><b>Afternoon:</b><br>3:00 – Fit Minds | 2:30 <b>– BINGO</b><br>5:30 <b>–</b> Karaoke Night                   | Morning: 9:30 – Exercise 10:00 – Word Games  Afternoon: Afternoon Movie Matinee  |
|     | 7   | 9:30 – Exercise 10:00 – Reading & Reminiscing Afternoon: 2:30 – Creative Arts Happy Victoria Day  Victoria Day (Canada) | 9:30 – Courtyard Planting<br>Day<br><b>Afternoon:</b><br>3:00 – Fit Minds  | Happy Birthday Bob! 22 Morning 9:00 – Making Perishky 10:00 – St. Catharines Public Library Book Talk Afternoon: 2:30 – Outdoor Strolls 5:30 Name That Tune | 9:30 – Exercise<br>9:45 – Chapel Service  | Afternoon:<br>2:30 – BINGO   | Morning: 9:30 – Exercise 10:00 – Word Game Afternoon: 2:30 – Friendly Visits   |
| 000 | TOTAL   | 9:30 – Exercise   | 10:00 – Chapel Service in<br>the Great room<br><b>Afternoon:</b><br>2:00 - Resident's Council<br>Meeting<br>3:00 – Fit Minds | 9:30 – Exercise<br>10:00 - DROM<br>10:15 – Group Crossword  | 9:30 – Exercise<br>10:00 – Crafter's Corner   | Morning: 31<br>9:00 – Exercise<br>Afternoon:<br>2:30 – BINGO         | STATE OF THE PARTY |

Friday Sunday Monday Tuesday Wednesday Thursday Saturday May Day 11:00 Chapel Service **James 1:17** 9:30 Monthly Gazette in the May 2024 11:00 BINGO in the Olive In the Chapel Fireside Lounge "Every good thing given and 1:30 Fall Prevention Class in Branch Café 11:00 Seated Exercise in the every perfect gift is from Atrium Café above, coming down from the 2:30 Coffee Hour in the 2:30 Bingo in the Café Father of lights, with whom there is no variation or shifting Café Be kind to your environment. Bring shadow." Wellness Suites your own mug. 9:30 Walking Club 10 11 Meet in the Main Foyer 9:30 Yahtzee in the Fireside 9:30 Perishky Baking 9:30 Sunday Service in the 11:00 Chapel Service in the 11:00 BINGO in the Olive Lounge at Long-Term Care 11:00 Seated Exercise in the Sign up Required. Branch Café Chapel Chapel Chapel 11:00 Seated Exercise in the 1:30 Falls Prevention Class in 11:00 Seated Exercise in the Chapel 1:30 Fall Prevention Class in the Atrium Café Atrium 2:30 Bowling in the Chapel 2:30 Fit Minds in the Café 11:00 Chapel Service 16 **Mother's Day** No Walking Club 12 13 14 Happy Birthday Corinne! 15 18 17 In the Chapel 11:00 Seated Exercise in the 9:30 Skip-Bo in the Fireside 11:00 Seated Exercise in the 1:30 Fall Prevention Class in 11:00 BINGO in the Olive **Ephesians 4:2** 9:30 Sunday Service in the Chapel Lounge Chapel Atrium Branch Café Chapel 1:30 Falls Prevention Class in 11:00 Seated Exercise in the "Be completely humble and 2:30 Coffee Hour in the gentle; be patient, bearing the Atrium Café 2:00 Hymn Sing in the Café with one another in love." 2:30 Java Music in the Café 2:30 Bingo in the Café **Chapel with Stephen** Be kind to your environment, Bring 5:30 Dinner and a Movie in your own mug. the Chapel 6:00 The Vicounts Sign up Required for Dinner **Performance in the Chapel** Mother's Day 9:30 Walking Club 21 9:30 Perishky Baking 22 **Victoria Day** 25 19 20 23 24 Meet in the Main Fover At Long-Term Care 9:30 Craft Corner in the 10:00 Alzheimer's Walk-In-A 9:30 Sunday Service in the Sign up Required. 11:00 BINGO in the Olive 11:00 Seated Exercise in the **Box Event in the Atrium** fireside Lounge Chapel Branch Café Chapel 11:00 Seated Exercise in the 11:00 Chapel Service in the 1:30 Falls Prevention Class in 11:00 Seated Exercise in the Café Chapel the Atrium Chapel 2:30 Bingo in the Café 1:30 Fall Prevention Class in 2:30 Summer Planting in **Atrium** the Fireside 2:30 Fit Minds in the Café 2:30 Elfer Raus in the Café Lounge/Courtyard Victoria Day (Canada) 27 26 No Walking Club 28 29 30 31 Luke 11:33 9:30 Uno in the Fireside 10:00 Chapel Service in the 9:30 Sunday Service in the 11:00 Seated Exercise in the 11:00 Chapel Service in the 11:00 BINGO in the Olive "No one lights a lamp and Lounge **Great Room** Chapel Café Chapel Branch Café puts it in a place where it will 11:00 Seated Exercise in the 11:00 Seated Exercise in the be hidden, or under a bowl. Chapel 1:30 Fall Prevention Class in Chapel Instead he puts it on it stand, 1:30 Falls Prevention Class in Atrium so that those who come in the Atrium 2:30 Fit Minds in the Café may see the light." 2:30 Java Music in the Café All Programs Are Subject to Change

Friday Sunday Monday Tuesday Wednesday Thursday Saturday May Day 11:00 Chapel Service **James 1:17** 9:30 Monthly Gazette in the May 2024 11:00 BINGO in the Olive In the Chapel Fireside Lounge "Every good thing given and 1:30 Fall Prevention Class in Branch Café 11:00 Seated Exercise in the every perfect gift is from Atrium Café above, coming down from the 2:30 Bingo in the Café 2:30 Coffee Hour in the Father of lights, with whom there is no variation or shifting Café Be kind to your environment. Bring shadow." Mapleview and Evergreen Apartments your own mug. 11 10 9:30 Sunday Service in the 9:30 Walking Club 9:30 Perishky Baking 9:30 Yahtzee in the Fireside Meet in the Main Foyer 11:00 Chapel Service in the 11:00 BINGO in the Olive Chapel at Long-Term Care Lounge Sign up Required. Branch Café Chapel 11:00 Seated Exercise in the 11:00 Seated Exercise in the Chapel 11:00 Seated Exercise in the 1:30 Fall Prevention Class in 1:30 Falls Prevention Class in Chapel Café Atrium the Atrium 2:30 Bowling in the Chapel 2:30 Fit Minds in the Café 11:00 Chapel Service 16 **Mother's Day** 12 13 No Walking Club 14 18 9:30 Skip-Bo in the **15** 17 In the Chapel Fireside Lounge 11:00 Seated Exercise in the 9:30 Sunday Service in the 11:00 Seated Exercise in the 1:30 Fall Prevention Class in 11:00 BINGO in the Olive **Ephesians 4:2** Chapel Chapel Atrium Branch Café Chapel 11:00 Seated Exercise in the "Be completely humble and 1:30 Falls Prevention Class in 2:30 Coffee Hour in the Café gentle; be patient, bearing the Atrium 2:00 Hymn Sing in the Café with one another in love." 2:30 Java Music in the Café **Chapel with Stephen** 2:30 Bingo in the Café Be kind to your environment, Bring 5:30 Dinner and a Movie in your own mug. the Chapel 6:00 The Vicounts Sign up Required for Dinner Mother's Day **Performance in the Chapel** National Skilled Nursing Care Week 9:30 Perishky Baking 22 9:30 Walking Club 21 **Victoria Day** 25 19 20 23 24 9:30 Sunday Service in the Meet in the Main Fover At Long-Term Care 9:30 Craft Corner in the 10:00 Alzheimer's Walk-In-A 11:00 BINGO in the Olive Chapel Sign up Required. 11:00 Seated Exercise in the **Box Event in the Atrium** fireside Lounge Branch Café Chapel 11:00 Seated Exercise in the 11:00 Chapel Service in the 1:30 Falls Prevention Class in 11:00 Seated Exercise in the Café Chapel the Atrium Chapel 2:30 Bingo in the Café 1:30 Fall Prevention Class in 2:30 Summer Planting in **Atrium** the Fireside 2:30 Fit Minds in the Café 2:30 Elfer Raus in the Café Lounge/Courtyard Victoria Day (Canada) 27 No Walking Club 28 29 30 31 26 9:30 Sunday Service in the Luke 11:33 9:30 Uno in the Fireside 10:00 Chapel Service in the 11:00 Seated Exercise in the 11:00 Chapel Service in the 11:00 BINGO in the Olive Chapel Lounge "No one lights a lamp and **Great Room** Chapel Café Branch Café 11:00 Seated Exercise in the puts it in a place where it will 11:00 Seated Exercise in the be hidden, or under a bowl. Chapel 1:30 Fall Prevention Class in Chapel Instead he puts it on it stand, 1:30 Falls Prevention Class in Atrium so that those who come in the Atrium 2:30 Fit Minds in the Café may see the light." 2:30 Java Music in the Café All Programs Are Subject to Change