

Radiant Care Tabor Manor

Tabor Times

March 2024



WE REMEMBER...

Shirley McDonald
Wilhelma "Helma" Nickel

WE WELCOME...

Allan Rosa
Edward "Ted" Librock
Elisabeth Bergen

WE CELEBRATE

THE BIRTHDAYS OF...

Harry Fediuk
Rosie Brickell
William Burke
Ann Weisberg
Mary Frances DeRochie
Grazie "Grace" Meffe
Maria Pennacchio
Elma Dueck
Ruth Harder
Vicky Hildebrandt
Margaret Clephane
Wayne Wadden
Willy Kleiboer

Recreation Note...

Have you read a good book lately? Not sure what to read?

We have the St. Catharines Public Library coming in on Wednesday, March 20th at 10:00am. They will be providing us with an introductory overview of the services and programs that are available and how to access these services. They will provide us with a "book talk" on some different authors and book selections and the different forms of lending available to residents of St. Catharines. Our intended goal is to have a regular lending service setup for those who are interested.

Mental Benefits of Reading



Improved memory, cognition and attention span



Improved focus and decision-making ability



Reduction in stress



March Special Events

Collin's Café - Mar 1st on 1st floor at 2:45pm
RC Mass - Mar 8th at 10am in Great Room
Resident Council - Mar 12th at 2pm Great Room
Wear Green on St. Patrick's Day - Mar 17
Chapel Service - Mar 19th at 10am Great Room
Hands on Exotic Animals - Mar 20th 1pm-4pm
Collin's Café - Mar 22nd on 2nd floor at 2:45pm
Birthday Party - Mar 27th at 2pm Great Room -
entertainment with Mendelt



Reset your clocks on
March 9th before you
head to bed

Closet Clean-Out!

With Spring just around the corner, this is a good time to start thinking about exchanging your loved ones' heavy winter clothing for lighter, more comfortable seasonal clothes.

Clothing is laundered and returned to residents within 48 hours. We recommend you only keep seasonal clothes on hand as our closet space is limited.



Wednesday March 20th

1pm Fourth Floor
2pm Third Floor
3pm Second Floor
4pm First floor

Family Support Group

Next meeting will be
Wednesday, March 6th
at **2-3pm** in the
Family Dining Room
led by Chaplain Jim Evans.



Here's to an Easter
spent remembering
what the holiday is
really about - peace,
forgiveness, and the
gift of Jesus.

Happy Easter

The Perfect Leader!

Throughout the world, there are crises, conflicts, upheavals, tensions, and turmoil. Nations are at war with each other or threatening to do so. With problems like these, what are people all over the world looking for? The answer...Strong Leadership!

The World's pattern for strong leadership often consists of someone who is outspoken, headstrong, fearless, thick skinned, aggressive, self-confident, determined and persuasive. Too often, these characteristics devolve into someone who is self-centered and selfish, heartless, compassionless, belligerent, stubborn, arrogant, manipulative, threatening, and greedy for power. And it is the lust for power which is really at the core of so much of today's world leadership!

The Bible tells us that Jesus Christ is the only 'Perfect Leader' there is! He perfectly modeled true leadership throughout His life and ministry. Here are key characteristics that show His perfect example while here on earth...

He had Perfect Character!

The world focuses on skills, capabilities, and public presentation. The Bible focuses foremost on character...what a person is...something the world often overlooks. Jesus was humble, selfless, truthful, spiritually pure, and godly in every way. He was kind-hearted, compassionate, and loving. We are told that Jesus was 'full of grace and truth' (John 1:14). We certainly need leaders like that today!

He had Perfect Motivation!

Jesus' primary motivation and focus was not on Himself, but for others, like you and me! The Bible says; 'Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus.' (Phil. 2:3-5) Can you imagine the difference a world leader like this could make?!

He demonstrated Perfect Service!

Jesus said, 'I came not to be served, but to serve, and to give My life as a ransom for many!' (Matt. 20:28) He didn't cling to His privileges and rights. He took on the 'form of a servant' so that He could willingly sacrifice Himself for the servants' (you and me) greatest need, salvation from our sin! (Phil. 2:6-8)

Leaders Like Jesus Today!

We need Christlike leaders today...those who are given over to The Lordship and example of Jesus Christ, in every sphere of life! Jesus said, 'The greatest among you shall be your servant.' (Matthew 23:11) He taught that, true real leadership, comes from a willingness to sacrifice oneself, our wants, and desires, for the sake of others and their good, just like Him!

Jesus taught and modelled the greatest example of true leadership there is...it is...

SERVANT LEADERSHIP!

We need Servant Leaders today, who, like Christ, are willing to give of themselves for the sake of others! Lord, send us Servant Leaders like you, In Your Name, Amen!

Pastor Jim

Spruce Lane Monthly Star

Radiant Care Tabor Manor | 1 Tabor Dr., St. Catharines | 905-934-2548



Birthdays

Grace Wichert – March 8th

Susan Friesen – March 22nd

Edgar Toews – March 22nd

Special Days

Daylight Saving Time...March 10th

Saint Patrick's Day.....March 17th

First Day of Spring.....March 19th

Palm Sunday.....March 24th

Easter Sunday.....March 31st

Upcoming Events

March 12th Plant a Flower Day activity at 2:30pm

March 13th Hymn Sing with Stephen in the Chapel at 2:30pm

March 19th Chapel Service in the Great Room at 10:00am

Zechariah 10:1

Ask the Lord for rain in the springtime; it is the Lord who sends the thunderstorms. He gives showers of rain to all people, and plants of the field to everyone.

Spring into March!

As we move into March, we say farewell to winter, and hello to spring showers that will bring May flowers. Even though we are still accompanied by the cold weather, we hope you all are able to enjoy the newfound sunshine!

“In Like a Lion, Out Like a Lamb”

Do you believe in the old proverb, “in like a lion, out like a lamb?” It means that if the weather is particularly bad at the start of the month, it should be good at the end. But the opposite can also be true! So, I often find myself hoping for a great big storm to come through in the first days of March – hoping it will guarantee that spring weather is soon to show up! This March is such a promising month with the first days of spring and the hope given to us through the miracle of Easter. No matter the weather, we will be blessed in many ways.

- Megan Challice,
Supportive Housing Manager

Limited Time

Jesus answered... *“We must work the works of Him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world”* (John 9:4-5).

Jesus did not say, “I must work the works.” He said, “We must work the works.” The word ‘we’ refers to Jesus, his disciples and all of us together. We have an allotted span of life, a limited period of time, in which to do God’s works. We display God’s works by following the example Jesus set for us. Christ is the light through which our own lives become significant, and Jesus said we shouldn’t delay. We shouldn’t start “someday” when it’s more convenient. Today, right now, we have the opportunity to make our lives more expansive and to utilize the brief period that we have remaining on earth to do God’s work.

- Stephen Mason
Volunteer Coordinator

The Time has Come!

On March 10, people will turn their clocks one hour forward for the start of daylight-saving time (DST). In 1784, Ben Franklin published an essay suggesting that clocks move forward an hour in spring and fall back again in the fall, but the notion was not taken seriously in America until World War I when the first clock adjustment was made to conserve energy.



Fun Fact! Hawaii and Arizona do not practice daylight saving time, they are on permanent standard time.

Plant a Flower Day!

On March 12th, it is Plant a Flower Day. Join us for some gardening in the Fireside Lounge, where we will be planting the new seeds of the year to see them grow as we move through spring towards summer!

February Recap!

Throughout the month of February, we celebrate many different days including Valentines Day and Family Day! February was a month to remember those we love, and to encourage us to show appreciation to the people we surround ourselves with.

We had the pleasure of attending two musical concerts including our bus trip to Laura Secord Secondary School for the production of "9 to 5", the Musical. We also had the Niagara Gallery Players come to play here at Tabor Manor.

As we move away from February, the month of love, we now have the pleasure of transitioning into March, the month of renewal. Let's pray together as we move toward the season of spring.

Deuteronomy 32:2

Let my teaching fall like rain and my words descend like dew, like showers on new grass, like abundant rain on tender plants.

Monthly Puzzle: Rhymes with Spring!

Use the clues below to form words that rhyme with SPRING.

1. Make beautiful sounds with your voice
2. Royal in charge
3. Where you keep your keys
4. Park fixture that moves back and forth
5. Another word for children
6. A bird's feathered limb, used for flying
7. Wound from an insect that makes honey
8. Swim underwater to see fish
9. An over-the-shoulder support for a broken arm
10. Grip tightly
