Radiant Care Tabor Manor

WE REMEMBER

Marylyn Carthew Eddy Jiskoot Dawna Rorison Willy Kleiboer Peter Buckmaster Elizabeth Vandenbogerd Mary Frances DeRochie

WE WELCOME ...

Allan Holyoak Ann Remnant Vincenza "Gina" Luciani Nelly Schwarz Evelyn "Jane" Burke

WE CELEBRATE THE BIRTHDAYS OF...

Raymond Wood Helen Dubiel James "Jim" Burtt Mollie Morris Cornelis Van DerMaas Alice Bilkszto Nelly Schwarz Brigitte Chiasson Doug Erickson Evelyn Street Adina Braul Nettie Vanleeuwen Giuseppina 'Josie' Cecchetti

Tabor Times

April 2024

Perishky, Perishky We All Want Perishky...

We are happy to announce that we are bringing back one of our favourite programs. Residents will be making and selling Perishky. These traditional Mennonite "little fruit pies" are so good, if you haven't tried one you need to.

We plan to sell the Perishky twice a month on Wednesdays. April 10th will be our first time since the pandemic put a halt to our successful baking program. If you would like to order a dozen or even a half dozen you can place your orders in advance at the Welcome Desk. We will also sell individual servings at the Tuck Shop on our baking days. Flyers will be posted to keep everyone informed of our baking dates.

100% of proceeds goes directly back to supporting the Recreation Department for resident based programs.



The Dance of the Earth, Sun & Moon!

On April 8th, a total solar eclipse will happen, this is the result of the Moon passing between the Sun and the Earth, completely blocking the face of the Sun.

The sky will darken. You may even see the stars! The event will last almost four minutes.



Safety is the number one priority when viewing the eclipse and special glasses must be worn to prevent damaging your eyes. To help maintain this safety recreation staff will be assisting residents who wish to take part in the special event. We will also have a televised viewing on all the home areas.

Solar Eclipse Time: 2:00pm-4:30pm

Eclipse Totality: 3:19pm

Wanted Items...

Are you Spring Cleaning? We are always accepting donations of material and yarn for our crafts and



Montessori kits. We are also looking for baby clothing items for residents to sort and fold.

As well, we are looking for new or gently used items such as jewelry, scarves, small home décor, sun hats, individually wrapped snacks, socks, and personal care items. We are planning on having a live auction for the residents to take part in.

Feel free to drop off any of these items you no longer use to any recreation staff member. If you have questions please contact Norma Restivo, Therapeutic Recreation Supervisor, normar@radiantcare.net, or by phone at 905 934-3414 ext. 1063.

Lost And Found Cart

We often receive questions about how to locate misplaced or lost personal clothing items. To help address this issue laundry services will place a cart in the Great Room every Friday after 3:00pm for the weekend. Families are encouraged to look for items that belong to their loved ones and use the bags and tag provided to have the clothing properly labelled.



Join us Tuesday April 23rd @ 6:15pm in the Great Room to enjoy an evening performance by Community Christian Brass Band.



Niagara Vision Optometry Clinic will be on Site

April 29th & 30th



Next meeting Tuesday, April 9th at 2:00pm in Great Room. All Residents are welcome and encouraged to attend.

Trusting God Every Day!

During a recent conversation about life's challenges, someone said, 'well, we have to take it one day at a time!' That's so true isn't it! And it's true of our spiritual lives as well! Yes, it's hard not to get anxious when we look back at the many challenges we've all faced, at what we've had to deal with, and of how much more we have yet to endure.

But we need to focus ourselves on today as it comes and learn to trust God for what we need as each day unfolds. Jesus taught His disciples (and us today) to pray to God, "give us this day our daily bread" (Luke 11:3). The 'daily bread' represents our most essential needs in life and asking God to daily supply them.

Have you ever wondered why we need to pray that way? Why should we have to ask? God knows what we need. Jesus said, 'your Father knows what you need before you ask him!' (Matthew 6:8) Why then doesn't He just supply it? And why ask every day? Why not ask for a whole week or month or year?

The answer is, God knows us better than we know ourselves. He has determined we should feel and recognize our daily—even hourly—dependence on Him. That way, we will have to go often to His throne for help.

We will be daily reminded of His love. We will be daily reminded that we are needy and that He provides. That we are weak, and He is strong. That we are nothing without Him and have everything through Him.

Jesus said, 'for apart from me you can do nothing!' (John 15:5) And yet, 'God will supply every need of yours according to his riches in glory in Christ Jesus' (Phil. 4:19)

We often used to sing a wonderful hymn that reminded us of just how much and how often we need The Lord's constant care and provision in our lives. That hymn said;

I NEED THEE EVERY HOUR!

In other words, we can and should trust God to meet our every need, every day, and every hour! Do we? Ask the Lord, today, gladly, and gratefully, to provide for your 'daily bread', and trust Him with joy that He will!

Pastor Jim

April 2024

Spruce Lane Monthly Star

Radiant Care Tabor Manor | 1 Tabor Dr., St. Catharines | 905-934-2548

Birthdays!

No birthdays this month

Special Days

Easter Monday.....April 1st April Fool's Day.....April 1st Earth Day.....April 22nd

Upcoming Events

April 3rd – Planting Seeds: Help us grow our garden at 9:30am in the Fireside Lounge!

April 10th – Perishky Baking: Help us cook Perishky at 9:30am over in Long-term Care!

April 16th – Chapel Service: Join us in the Great Room at 10:00am for a morning of music!

April 17th – Hymn Sing with Stephen:

Join us in the Chapel at 2:30pm to sing along to our favourite hymns!

April 23rd – Community Christian Brass Band:

Join us in the Great Room at 6:15pm to listen to an amazing group of musicians!

April 25th – Movie Night: Join us in the Chapel at 5:30pm for our new monthly movie night!

Hello April!

A good day isn't always

Perfect. It challenges you to

Release your potential and

Inspires you to appreciate the

Little, amazing things in life.

- Megan Challice, Supportive Housing Manager



Confidence in God

Blessed are those who trust in the Lord, whose trust is the Lord. They shall be like a tree planted by water, sending out its roots by the stream. It shall not fear when heat comes, and its leaves shall stay green; in the year of drought it is not anxious, and it does not cease to bear fruit. (Jer. 17:7,8)

We all face daily challenges and problems. Sometimes they pray on our minds and dominate our thoughts, but we have an accessible, gift from God that can heal our wounds, answer our questions, and alleviate our concerns. By placing our confidence in God, we can transcend the future. As we put our trust in God, we can release our worries, troubles, or the tragedies we face, such as sickness or the loss of loved ones. In the New Testament, Peter says, "Cast all your anxiety on him, because he cares for you" (1 Pt. 5:7). When we put our confidence in God, we need not worry about the present or the future.

> - Stephen Mason Volunteer Coordinator

The Lunar Eclipse!

On April 8th, it will be the moon's moment in the Sun! The Moon's shadow path will cross North America, passing over Mexico, the United States, and Canada. A total solar eclipse happens when the Moon passes between the Sun and Earth, completely blocking the face of the Sun. The sky

will darken as if it were dawn or dusk. Safety is the number one priority when viewing a total solar eclipse.



Eclipse glasses are a necessity if you want to watch the solar eclipse! These glasses contain solar filters that block out most of the suns intense visible light, as well as harmful ultraviolet (UV) and infrared (IR) radiation. This filtering is essential for preventing damage to your eyes! It is only okay to remove your glasses when the moon completely covers the sun's bright face, and it suddenly gets quite dark. Though, as soon as the bright sun begins to reappear, make sure to put those glasses back on!

<u>Solar Eclipse Time</u>: 2:00pm – 4:30pm <u>Eclipse Totality:</u> 3:19pm

March Recap!

Throughout the month of March, we celebrated many events including Saint Patrick's Day and Easter Sunday! March was a month of new growth, where winter is pulling back, and spring is pulling forward.

As we move away from March, we can now move into April, the month of rebirth, when spring has officially sprung. We hope that your sky is bright and clear, and your grass is growing green. Let's pray for each other as we move towards new beginnings.

Walking Club!

Join us every Tuesday at 9:30am in the front foyer for our annual walking program! Enjoy exercise in the morning sun with the company of our fellow residents (if the weather permits). All are invited!

Note: If there is a week where we are unable to meet, it will be posted on our monthly calendar as well as located on the daily activity posting by the front office.

GNIRPSDVTSXIQPA

Searching for April!

Try to find the hidden words below:

		I	Q	A	Z	Y	N	W	M	A	J	E	Q	K	Ρ	Y
APRIL FOOL'S DAY	ARBOR DAY	Y	A	D	R	0	В	R	A	U	Z	K	I	R	S	S
ARIES	BUTTERFLIES	H	M	Ρ	M	Z	Т	G	A	R	Ρ	D	I	R	Y	I
DAISY	DIAMOND	F	S	A	A	A	Y	E	K	U	A	L	Ρ	Y	A	A
	_	Х	I	Ρ	X	S	Ρ	N	D	S	F	D	Ρ	D	U	D
DUCKLINGS	EARTH DAY	D	U	E	0	Т	S	D	Т	0	Т	U	Ι	N	I	F
PASSOVER	PINK MOON	W	S	Ρ	Е	R	L	0	0	Y	N	С	N	I	Х	Q
PUDDLES	RAINDROPS	D	A	E	S	Е	D	L	V	R	X	K	K	W	A	A
SPRING	SWEET PEA	C	W	U	S	A	S	N	K	E	D	L	M	W	0	C
	-	S	J	Η	Z	D	С	U	I	A	R	I	0	Х	Е	F
TAURUS	TAXES	М	W	Е	A	R	т	H	D	A	Y	N	0	W	A	Ρ
UMBRELLA	WINDY	Ρ	J	Y	Е	С	N	C	0	S	R	G	N	\mathbf{Z}	М	Ρ
		N	D	A	L	L	E	R	В	М	U	S	R	D	Y	т
		R	N	т	Z	В	U	Т	Т	E	R	F	L	Ι	E	S