

Sunday

Monday

Tuesday

Wednesday





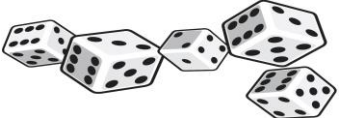



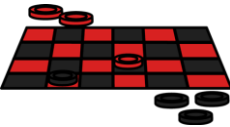


























Thursday

Friday

Saturday

March 2024

FIRST FLOOR RECREATION CALENDAR

9:00 Church Service on Television 	Happy Birthday, Billy! 9:30 – Exercise 10:00 – You Be the Judge 2:45 – Word Games 	9:15 – Chapel Service with Don 10:00 – Fit Minds 2:45 – Price is Right  	9:30 – Exercise 10:00 – Finish the Line 2:45 – Board Games 	9:45 – Bingo 2:30 – Fit Minds 3:15 – Balloon Tennis 5:30 – Name that Tune  	9:45 – Bingo 2:45 – Colin's Café 3:00 – One to One Visits 	9:00 Exercise 10:00 Obie Games 2:30 Checkers 
Happy Birthday, Grace! 9:00 Church Service on Television  <p>Ramadan Begins Daylight Saving Time Begins</p>	9:30 – Hymn Worship with Stephen 3:00 Uno 	9:15 – Chapel Service with Don 10:00 Fit Minds 2:00 – Resident Council Metting 5:45 – Music with Ron 	9:30 – Exercise 10:00 – Java Music Club 2:45 – St. Patrick's Day Craft  	9:30 – Exercise 10:00 – Fit Minds 2:45 – Card Games  	9:45 – Bingo 2:30 – St Patrick's Day Movie Matinee with Leprechaun Lemonade 5:30 – Card Games 	
9:00 Church Service on Television  <p>St. Patrick's Day</p>	9:30 – Exercise 10:00 – Finish the Line 2:45 – What/Who am I 	9:00 – Finish the Line 10:00 Chapel Service in the Great Room with Youth Choir 2:30 – Fit Minds  <p>Spring Begins</p>	9:00 – One to One Visits 10:00 – St. Catharine's Library Book Talk 2:30 – Ring Toss 4:00 – Hands On Exotic Animal Exhibit 	9:30 – Exercise 10:00 – Fit Minds 3:15 – One to One Visits  	9:45 – Bingo 11:00 – One to One Visits 2:30 – Bowling 	9:00 Exercise 9:30 Trivia 2:00 Games Afternoon  <p>Purim Begins</p>
9:00 Church Service on Television  <p>Palm Sunday</p>	9:30 – Hymn Worship with Stephen 10:15 – Easter Painting 2:00 – Book Club 3:00 – Easter Egg Hunt 	9:15 – Chapel Service with Don 10:00 – Fit Minds 2:30 – Baking: Making Easter Dirt Cups 	Happy Birthday, Wayne W! 9:30 – Exercise 10:30 – Fit Minds 2:30 – Birthday Party with Mendelt  	1:00 – Manicures 1:15 – Poems and Readings 2:30 – Easter Social 	Good Friday Morning: Good Friday Chapel Service 	 9:30 – Bingo 10:00 – Easter Craft 2:30 – Easter Trivia
9:00 Church Service on Television  <p>Easter Sunday</p>	<p>“For God so loved the world, that he gave his only Son, that whosoever believes in him should not perish, but have eternal life.” John 3:16</p>					

ALL PROGRAMS ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <h1>March 2024</h1> <h2>Second Floor Recreation Calendar</h2> </div>						<div> <div> Morning: 9:30 – Exercise 10:00 – Monthly Gazette Afternoon: 2:30 BINGO </div> <div>Bingo</div> <div> 1 Morning: Is March Coming in Like a Lamb or Lion?  Afternoon: 3:00 Monthly Gazette </div> </div>
<div> Church Service on the Television  </div>	<div> 3 Morning: 11:00 Trivia Afternoon: 2:00 Board Games 3:00 Hymn Worship with Stephen 5:30 Flip It Card Game </div>	<div> 4 Morning: 9:45 Chapel Service with Don 10:15 Fit Minds Afternoon: 2:00 Montessori Moments 3:00 Finish the Line </div>	<div> 5 Morning: 9:30 Exercise 10:00 JAVA Music  Afternoon: 2:00 Yahtzee 3:00 How Many Words? </div>	<div> 6 Morning: 9:30 Ladder Ball 9:45 Manicures 10:30 Fit Minds Afternoon: 2:00 Scabble 3:00 Friendly Visits </div>	<div> 7 Morning: 10:30 Roman Catholic Mass in Great Room Afternoon: 2:30 <div>Bingo</div> </div>	<div> 8 Morning: 9:30 – Exercise 10:00 – Word Games Afternoon: 2:30 – Giant Connect 4 </div>
<div> Church Service on the Television  Ramadan Begins Daylight Saving Time Begins </div>	<div> 10 Morning: 9:30 Exercise 10:00 Wheel of Fortune Afternoon: 2:00 Elfer Raus </div>	<div> 11 Morning: 9:45 Chapel Service with Don 10:15 Fit Minds Afternoon: 2:00 Resident Council in Great Room 3:00 Coffee Social </div>	<div> 12 Morning: 9:30 Triva Time 10:00 Bowling  Afternoon: 2:30 Friendly Visits 5:30 Card Games </div>	<div> 13 Happy Birthday Maria! Morning: 9:30 Fun with Obie! 10:30 Friendly Visits Afternoon: 2:00 Fit Minds 3:00 Name Ten </div>	<div> 14 Morning: 9:30 Exercise 10:00 Truth or Blarney Trivia Afternoon: 2:30 BINGO <div>Bingo</div> </div>	<div> 15 Happy Birthday Elma!  </div>
<div> Church Service on the Television  St. Patrick's Day </div>	<div> 17 Morning: 9:30 Exercise 10:00 Jeopardy Afternoon: 2:00 Card Games 3:00 Hymn Worship with Stephen 5:30 Friendly Visits </div>	<div> 18 Happy Birthday Ruth! First Day of Spring! 10:00 Chapel Service in the Great Room with Niagara Youth Choir Afternoon: 2:00 Montessori Moments 2:30 Spring Bingo!  </div>	<div> 19 Morning: 9:30 Daily Bread Group 10:00 – St. Catharine's Library Book Talk 10:30 Board Games Afternoon: 3:00 Hands on Exotic Animals </div>	<div> 20 Morning: 9:30 Lawn Darts 10:00 Fit Minds Afternoon: 2:30 <div>Bingo</div> </div>	<div> 21 Morning: 9:30 – Exercise 10:00 – Chinese Checkers Afternoon: 2:45 Colin's Café in the lounge </div>	<div> 22 Morning: 10:00 Easter Crafts  Afternoon: 3:00 Name That Tune Purim Begins </div>
<div> Church Service on the Television  Palm Sunday </div>	<div> 24 Morning: 9:30 – Ring Toss 10:00 – Word Games Afternoon: 2:00 – Book Club 3:00 – Bocce Ball </div>	<div> 25 Morning: 9:45 Exercise 10:15 Fit Minds 11:00 Manicures Afternoon: 2:00 Movie Matinee  5:30 Music with Ron </div>	<div> 26 Morning: 9:30 Exercise 10:00 Easter Around the World Afternoon: 1:45 Birthday Party Celebration in Great Room </div>	<div> 27 Morning: 9:30 Exercise 10:00 Easter Egg Hunt! Afternoon: 2:30 Easter Social 5:30 Game Night!  </div>	<div> 28 Morning: 9:30 Good Friday Service with Don 10:00 Hymn Sing Along Afternoon: 2:30 <div>Bingo</div> </div>	<div> 29 Morning: 9:30 – Easter Poems and Readings Afternoon: 2:30 - Easter Painting  </div>
<div> Church Service on the Television  Easter Sunday </div>	<div> <p>“For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.”</p> <p>John 3:16</p> </div>					

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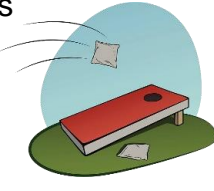




Thursday

Friday

Saturday

March 2024

Third Floor Recreation Calendar

<h1>March 2024</h1> <h2>Third Floor Recreation Calendar</h2>										
								Happy Birthday Rosie! Morning: 9:45 Bingo 11:00 One to one visits  Afternoon: 3:00 Ladder Ball	1 Morning: 9:30 Colouring Pages 10:30 Card Games Afternoon: 3:00 Friendly Visits	2
Church Service on the Television 	3 Morning: 9:30 Hymns with Stephen 10:00 Exercise 10:30 Yahtzee Afternoon: 3:00 Montessori Activities 	4 Morning: 9:45 Fit Minds 10:45 Hymn Singalong Afternoon: 3:00 Elfer Raus 	5 Happy Birthday Ann! Morning: 9:45 Name that Place 10:45 One to one visits Afternoon: 3:00 Arts & Crafts 	6 Morning: 9:15 Chapel Service 9:45 Exercise 10:45 How Many Words? Afternoon: 2:45 Fit Minds 5:30 Game Night! 	7 Morning: 9:45 Bingo 10:00 Roman Catholic Mass  Afternoon: 3:00 Trivia	8 Morning: 9:30 Exercise 10:00 Name 10! Afternoon: 2:30 Manicures 3:00 Afternoon Movie 	9			
Daylight Saving Time Spring Forward 1 Hour Church Service on the Television  <small>Daylight Saving Time Begins</small>	10 Morning: 9:30 Exercise 10:00 Wheel of Fortune Afternoon: 2:30 Balloon Tennis 	11 Morning: 9:45 Fit Minds 10:45 Reading Circle  Afternoon: 2:00 Resident's Council Meeting in the Great Room	12 Morning: 9:45 Activities with Leora 10:45 You be the Judge Afternoon: 2:30 Colouring Group 	13 Morning: 9:15 Chapel Service 9:45 Friendly Visits Afternoon: 2:45 Fit Minds 5:30 Game Night! 	14 Morning: 9:45 Bingo  Afternoon: 3:00 Bocce Ball	15 	16			
St. Patrick's Day Church Service on the Television  <small>St. Patrick's Day</small>	17 Morning: 9:30 Hymns with Stephen 10:00 Exercise Afternoon: 3:00 Price is Right 	18 First Day of Spring Morning: 10:00 Chapel Service in the Great Room Afternoon: 2:45 Fit Minds <small>Spring Begins</small>	19 Morning: 10:00 St. Catharine's Library Book Talk 10:15 Games with Leora Afternoon: 2:00 Hands on Exotic Animals 	20 Morning: 9:45 Fit Minds Afternoon: 2:30 Name 10 3:00 Hymn Singalong 5:30 Game Night! 	21 Morning: 9:45 Bingo 11:00 One to one visits  Afternoon: 3:00 Name that Tune	22 Morning: 9:30 Exercise 10:00 Card Games Afternoon: 2:45 Games Afternoon <small>Purim Begins</small>	23			
Church Service on the Television  <small>Palm Sunday</small>	24 Morning: 9:30 Exercise 10:00 Morning Prayer Group Afternoon: 3:00 Poems & Readings 	25 Morning: 9:45 Fit Minds 10:45 Bean Bag Toss  Afternoon: 3:00 Reading Circle	26 Morning: 9:45 Travel the World Video 10:00 Manicures Afternoon: 2:00 Birthday Party in the Great Room 5:30 Bowling 	27 Morning: 9:45 Bingo  Afternoon: 2:30 Easter Social	28 Good Friday Happy Birthday Willy! Morning: 10:00 Good Friday Service Afternoon: 3:00 Hymn Singalong	29 Morning: 9:30 Exercise 10:00 Colouring Pages Afternoon: 2:30 Card and Board Games 	30			
Easter Sunday Church Service on the Television 	31	<p>“For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.”</p> <p>John 3:16</p>								

All programs are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <h1>March 2024</h1> <h2>Fourth Floor Recreation</h2> </div>						<div> Happy Birthday Harry! 1 <div> Morning: 11:00 – Exercise Afternoon: 2:30 – BINGO 5:30 – Name That Tune </div> </div>
<div> Church Service on 3 Television  </div>	<div> Morning: 9:30 – Exercise 10:00 – Monthly Gazette & Trivia Afternoon: 2:30 – Creative Arts 4 </div>	<div> Morning: 9:30 – Exercise 10:00 – Gardening: Sowing Vegetables & Flowers Afternoon: 2:30 – Fit Minds 5 </div>	<div> Morning: 9:30 – Exercise 10:00 – Group Crossword Afternoon: 2:30 – Java Music Club 6 </div>	<div> Morning 9:30 – Exercise 9:45 – Chapel Service with Don Afternoon: 3:00 – Fit Minds 7 </div>	<div> Morning: 9:30 – Exercise 10:00 – Catholic Service Afternoon: 2:30 – BINGO 8 </div>	<div> Happy Birthday Mary Frances! 9 <div> 9:30 – Exercise 10:00 – Word Games 2:30 – Balloon Tennis  </div> </div>
<div> Church Service on 10 Television  <div>Daylight Saving Time Begins</div> </div>	<div> Morning: 11:15 – Manicures Afternoon: 3:00 – Singing with Stephen Mason 5:30 – Board Game Evening 11 </div>	<div> Morning: 11:15 – Exercise Afternoon: 2:00 – Resident's Council Meeting 3:00 – Friendly Visits 12 </div>	<div> Morning: 9:30 – Exercise 10:00 – Poems and Readings Afternoon: 2:30 – You Be The Judge 13 </div>	<div> Morning 9:30 – Exercise 9:45 – Chapel Service with Don Afternoon: 3:00 – Fit Minds 14 </div>	<div> Morning: 9:30 – Exercise 10:00 – Armchair Travel: Ireland 10:30 – Leprechaun Hunt Afternoon: 2:30 – BINGO 15 </div>	<div> Independent Leisure Activities Available 16  </div>
<div> Church Service on 17 Television  <div> March Madness Basketball St. Patrick's Day </div> </div>	<div> Morning: 9:30 – Exercise 10:00 – Group Crossword Afternoon: 2:30 – Creative Arts 18 </div>	<div> First Day of Spring 19 <div> Morning: 10:00 – Chapel Service with Chorus Niagara Children's Choir Afternoon: 3:00 – Fit Minds </div> <div>Spring Begins</div> </div>	<div> Happy Birthday Vicky! 20 <div> Morning: 9:30 – Exercise 10:00 – Book Talk with the St. Catharines Public Library Afternoon: 1:00 – “Hands On Exotics” Animals Visits </div> </div>	<div> Morning 9:30 – Exercise 9:45 – Word Games Afternoon: 3:00 – Fit Minds 21 </div>	<div> Morning: 11:00 – Friendly Visits Afternoon: 2:45 – Bingo 22 </div>	<div> Morning: 9:30 – Exercise 10:00 – Word Game Afternoon: 2:30 – Easter Movie Matinee 23 <div>Purim Begins</div> </div>
<div> Happy Birthday Margaret! 24 <div> Palm Sunday Church Service on Television <div>Palm Sunday</div> </div> </div>	<div> Morning: 11:00 – Manicures Afternoon: 2:00 - Book Club 3:00 – Singing with Stephen Mason 5:30 – UNO Card Game 25 </div>	<div> Morning: 9:30 – Exercise 10:00 – Decorating Easter Eggs Afternoon: 3:00 – Fit Minds 26 </div>	<div> Morning: 9:30 – Exercise 10:00 – Easter Egg Scavenger Hunt Afternoon: 1:30 – Celebrating March Birthdays with Mendelt 27 </div>	<div> Baseball Opening Day 28 <div> 9:30 – Exercise 9:45 – Morning BINGO 2:30 – Fit Minds & Hot Cross Bun Social 4:30 – Jays vs. TB Rays </div>  </div>	<div> Good Friday 29 <div> Morning: 9:30 – Exercise 10:30 – Good Friday Chapel with Don Afternoon: 3:00 – Easter Hymn Sing </div>  </div>	<div> Morning: 9:30 – Exercise 10:00 – Word Game Afternoon: 2:30 – Board Games 30 </div>
<div> Easter Sunday 31 Church Service on Television  </div>	<div> <p>“For God so loved the world, that he gave his only Son, that whosoever believes in him should not perish, but have eternal life.”</p> <p>John 3:16</p> </div>					

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Saturday

March 2024

Wellness Suites

March 2024						11:00 BINGO in the Olive Branch Café		
9:30 Church service in the Chapel		9:30 Monthly Gazette	9:30 Elfer Raus in the Fireside Lounge	11:00 Seated Exercise in the Café	11:00 Chapel Service In the Café	Happy Birthday Grace W!	11:00 BINGO in the Olive Branch Café	Zechariah 10:1
		11:00 Seated Exercise in the Chapel	11:00 Seated Exercise in the Chapel	2:00 Bingo in the Café	1:30 Fall Prevention Class in Atrium			Ask the Lord for rain in the springtime; it is the Lord who sends the thunderstorms. He gives showers of rain to all people, and plants of the field to everyone.
Daylight Saving Time Spring Forward 1 Hour		2:30 Fit Minds in the Café	1:30 Falls Prevention Class in the Atrium		2:30 Coffee Hour in the Café			
9:30 Church service in the Chapel		11:00 Seated Exercise in the Chapel	2:30 Java Music Club in the Café.		Be kind to your environment. Bring your own mug			
			11:00 Seated Exercise in the Chapel	9:30 Yahtzee in the Fireside Lounge	11:00 Chapel Service in the Café			
Daylight Saving Time Begins			1:30 Falls Prevention Class in the Atrium	11:00 Seated Exercise in the Café	1:30 Fall Prevention Class in Atrium			
St. Patrick's Day		11:00 Seated Exercise in the Chapel	2:30 Gardening in the Café	2:30 Hymn sing with Stephen in the Chapel				
9:30 Church service in the Chapel		9:30 Craft Corner in the Fireside Lounge	10:00 Chapel Service In the Great Room	9:30 Trivia in the Café	11:00 Chapel Service In the Café	Happy Birthday Susie! Happy Birthday Edgar!	11:00 BINGO in the Olive Branch Café	
		11:00 Seated Exercise in the Chapel	11:00 Seated Exercise in the Chapel	11:00 Seated Exercise in the Café	1:30 Fall Prevention Class in Atrium			Purim Begins
St. Patrick's Day		2:30 Fit Minds in the Café	1:30 Falls Prevention Class in the Atrium	2:30 Bingo in the Café	2:30 Coffee Hour in the Café			
Palm Sunday			2:30 Java Music Club in the Café		Be kind to your environment. Bring your own mug			
9:30 Church service in the Chapel		9:30 Craft Corner in the Fireside Lounge	9:30 Uno in the Fireside Lounge	11:00 Seated Exercise in the Café	11:00 Chapel Service in the Café	No Programs		1 Corinthians 6:14
		11:00 Seated Exercise in the Chapel	11:00 Seated Exercise in the Chapel		1:30 Fall Prevention Class in Atrium			And God raised the Lord and will also raise us up by his power.
Palm Sunday		2:30 Fit Minds in the Café	1:30 Falls Prevention Class in the Atrium					
Easter Sunday			2:30 Bowling in the Chapel					
9:30 Church service in the Chapel			Daylight Saving Time. Don't forget to set all of your clocks one hour ahead when you go to sleep on Saturday March 9th		Let my teaching fall like rain and my words descend like dew, like showers on new grass, like abundant rain on tender plants.			Deuteronomy 32:2
								
Easter Sunday								

Programs are subject to change.

Sunday

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Thursday

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Saturday

March 2024

Evergreen and Mapleview Apartments

<div>3</div> <div>9:30 Church service in the Chapel</div> <div></div>	<div>4</div> <div>11:00 Seated exercise in the Chapel</div>	<div>5</div> <div>11:00 Seated Exercise in the Chapel</div> <div>1:30 Falls Prevention Class in the Atrium</div>	<div>6</div> <div>11:00 Seated exercises in the Café</div> <div>2:00 Bingo in the Café</div> <div></div>	<div>7</div> <div>11:00 Chapel Service In the Café</div> <div>1:30 Fall Prevention Class in Atrium</div> <div>2:30 Coffee Hour in the Café</div>	<div>8</div> <div>11:00 BINGO in the Olive Branch Café</div> <div></div>	<div>9</div> <div>Zechariah 10:1</div> <div>Ask the Lord for rain in the springtime; it is the Lord who sends the thunderstorms. He gives showers of rain to all people, and plants of the field to everyone.</div>
<div>10</div> <div>Daylight Saving Time Spring Forward 1 Hour</div> <div>9:30 Church service in the Chapel</div> <div></div> <div>Daylight Saving Time Begins</div>	<div>11</div> <div>11:00 Seated exercise in the Chapel</div>	<div>12</div> <div>11:00 Seated Exercise in the Chapel</div> <div>1:30 Falls Prevention Class in the Atrium</div>	<div>13</div> <div>11:00 Seated Exercise in the Café</div> <div>2:30 Hymn sing with Stephen in the Chapel</div>	<div>14</div> <div>11:00 Chapel Service in the Café</div> <div>1:30 Fall Prevention Class in Atrium</div>	<div>15</div> <div>11:00 BINGO in the Olive Branch Café</div> <div></div>	<div>16</div> <div></div>
<div>17</div> <div>St. Patrick's Day</div> <div>9:30 Church service in the Chapel</div> <div></div>	<div>18</div> <div>11:00 Seated exercise in the Chapel</div>	<div>19</div> <div>10:00 Chapel Service In the Great Room</div> <div>11:00 Seated Exercise in the Chapel</div> <div>1:30 Falls Prevention Class in the Atrium</div> <div>Spring Begins</div>	<div>20</div> <div>11:00 Seated exercises in the Café</div> <div>2:00 Bingo in the Café</div> <div></div>	<div>21</div> <div>11:00 Chapel Service In the Café</div> <div>1:30 Fall Prevention Class in Atrium</div> <div>2:30 Coffee Hour in the Café</div>	<div>22</div> <div>11:00 BINGO in the Olive Branch Café</div> <div></div>	<div>23</div> <div></div> <div>Purim Begins</div>
<div>24</div> <div>Palm Sunday</div> <div>9:30 Church service in the Chapel</div> <div></div>	<div>25</div> <div>11:00 Seated exercise in the Chapel</div>	<div>26</div> <div>11:00 Seated Exercise in the Chapel</div> <div>1:30 Falls Prevention Class in the Atrium</div>	<div>27</div> <div>11:00 Seated exercises in the Café</div>	<div>28</div> <div>11:00 Chapel Service in the Café</div> <div>1:30 Fall Prevention Class in Atrium</div>	<div>29</div> <div>No Programs</div> <div></div>	<div>30</div> <div>1 Corinthians 6:14</div> <div>And God raised the Lord and will also raise us up by his power.</div>
<div>31</div> <div>Easter Sunday</div> <div>9:30 Church service in the Chapel</div> <div></div>	<div>Deuteronomy 32:2</div> <div>Let my teaching fall like rain and my words descend like dew, like showers on new grass, like abundant rain on tender plants.</div>					

Programs are Subject to Change.