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	11:15 Manicures 2:45 – Chess & Checkers 5:30 – Name that Tune  <small>All Fools' Day</small>	9:15 – Chapel Service with Don 10:00 – Fit Minds 2:45 – Hot Chocolate Social 	9:30 – Exercise 10:00 – Planting Seeds 2:45 – The Price is Right 	9:30 – Exercise 10:00 – Fit Minds 10:30 DROM 2:45 – Wheel of Fortune 5:30 – Game Night! 	9:45 – Bingo 2:00 – One to One Visits 3:00 – Hymn sing 	3:00 Elfer Raus 
9:00 – Church Service on Television 	7 Total Solar Eclipse! 9:30 – Hymn Worship with Stephen 10:15 – Nickles to Nickles 2:00 – Eclipse Party 	8 9:15 – Chapel Service with Don 10:00 – Fit Minds 2:45 – Jeopardy 5:30 – Music with Ron 	9:30 – Perishky Baking 2:00 – One to One Visits 2:45 – Mini Putt 	10 9:45 – Bingo 2:30 – Fit Minds 2:45 – Ball Toss 5:30 – Game Night! 	11 10:00 – Roman Catholic Church 10:30 – Exercise 2:45 – Board Games 	12 3:00 – Chess with Irene 
9:00 – Church Service on Television 	14 9:30 – Exercise 10:00 - Fit Minds 10:15 – Name That Tune 2:45 – Painting for World Art Day 	15 10:00 – Chapel Service With St. Catharines United Mennonite Church 2:00 – Resident Council Meeting 3:00 – Balloon Tennis 	16 Happy Birthday Brigitte! 10:00 - St. Catharine's Library Book Talk 2:00 – Manicures 2:45 – Giant Crossword 	17 9:30 Exercise 10:00 Obie Games 10:30 Checkers & Chess 1:30 – Poems and Readings 2:30 – Fit Minds 4:30 – Dinner and a Movie *Sign up required* 	18 Happy Birthday Evelyn! 9:45 – Bingo Afternoon: Friendly Visits 	19 2:00 - Minute to Win It Games! 
9:00 – Church Service on Television 	21 Happy Birthday Nettie! 1:30 - Chess 2:45 – Trivia & Finish the Lines 5:30 – Card Games 	22 9:15 – Chapel Service with Don 10:00 – Fit Minds 2:45 – Bocce Ball 6:15 – Community Christian Brass Band 	23 9:30 – Exercise 10:00 – Alphabet Game 2:30 – DROM  <small>Administrative Professionals Day</small>	24 9:30 – Exercise 10:00 – Fit Minds 2:30 – Birthday Party 	25 9:45 – Bingo 2:00 – One to One Visits 2:45 – Collin's Café 	26 9:30 Ladder Ball 
9:00 – Church Service on Television 	28 9:30 – Hymn Worship with Stephen 10:30 – Book Club 2:45 – Balloon Tennis 	29 9:15 – Chapel Service with Don 10:00 – Fit Minds 2:45 – Day Spa (Manicures and Progressive Muscle Relaxation) 	<div> <div>April 2024</div> <div>FIRST FLOOR RECREATION CALENDAR</div> </div>			

ALL PROGRAMS ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Exercise and the Monthly Gazette 10:00 Easter Tea  Afternoon: 3:00 Hymn Worship with Stephen <small>All Fools' Day</small>	1 Morning: 9:45 Chapel Service with Don 10:15 Fit Minds  Afternoon: 2:30 Craft Corner 	Happy Birthday Jim! 3 Morning: 9:30 Exercise 10:00 The Price is Right  Afternoon: 3:00 Name that Tune 5:30 Flip It Card Game	4 Morning: 9:30 Exercise 10:00 Alphabet Game 10:30 DROM Afternoon: 2:30 Yahtzee 	5 Morning: 9:30 Lawn Darts 10:00 Name Ten Afternoon: 2:30 BINGO 	6 Morning: 9:30 Jeopardy 
7 Church Service on the Television 	8 Total Solar Eclipse Morning: 9:30 Exercise 10:00 How Many Words? 11:00 Manicures Afternoon: 1:00 Eclipse Live Streaming 3:00 Montessori Moments	9 Morning: 9:45 Chapel Service with Don 10:15 Fit Minds  Afternoon: 2:00 All About Me 3:00 Friendly Visits	10 Morning: 10:00 Making Perishky on First Floor Afternoon: 3:00 Perishky and Coffee Social 5:30 Uno	11 Morning: 9:30 Exercise 10:00 Jeopardy  11:00 Montessori Moments Afternoon: 2:30 Pop It Board Game 3:30 Hymn Sing Along	12 Morning: 10:00 Roman Catholic Mass 11:00 Exercise Afternoon: 2:30 BINGO  5:30 Dice Game	13 Morning: 9:30 JAVA Music  Afternoon: 2:00 Movie Matinee 
14 Church Service on the Television 	15 Morning: 11:00 Exercise Afternoon: 2:30 Painting Hour 5:30 Game of Choice	16 Morning: 10:00 Music in the Great Room - St. Catharines United Mennonite Church 10:30 Montessori Moments Afternoon: 2:00 Resident's Council Meeting in the Great Room 3:00 Balloon Tennis	17 Morning: 9:30 Bean Bag Toss 10:00 St. Catharine's Library Book Talk Afternoon: 2:00 Ladies Social 	18 Morning: 9:30 Exercise 10:00 Men's Socia! Afternoon: 2:30 Scrabble  4:30 Dinner and a Movie! *Sign up required*	19 Morning: 9:30 Exercise 10:00 Large Crossword 11:00 Manicures Afternoon: 2:30 BINGO 	20 Afternoon 2:00 - Minute to Win It Games! 
21 Church Service on the Television 	22 Morning: 9:30 Exercise 10:00 Earth Day Project  Afternoon: 2:30 Montessori Moments 3:00 Hymn Worship with Stephen <small>Passover Begins Earth Day</small>	23 Happy Birthday Josie! Morning: 9:45 Chapel Service with Don 10:15 Fit Minds  Afternoon: 2:30 Uno 3:30 Ring Toss 6:15 Community Christian Brass Band	24 Morning: 9:30 Bocce Ball 10:00 Travel the World  11:00 Friendly Visits Afternoon: 2:30 DROM <small>Administrative Professionals Day</small>	25 Morning: 9:30 Exercise 10:00 Who/What Am I? Afternoon: 3:00 Birthday Party 	26 Happy Birthday Doug! Morning: 9:30 Exercise 10:00 Finish the Line Afternoon: 2:30 BINGO  <small>Arbor Day</small>	27 Afternoon 3:00 Ball Toss 
28 Church Service on the Television 	Morning: 9:30 Exercise 10:00 Wheel of Fortune  10:30 – Book Club Afternoon: 3:00 Horse Races 5:30 Music Circle 	29 Morning: 9:45 Chapel Service with Don 10:15 Fit Minds  Afternoon: 2:30 Board Games 3:30 Sing Along 	<div> <div>April 2024</div> <div>Second Floor Recreation Calendar</div> </div>			

All programs are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning: 9:30 Hymns with Stephen 10:00 Exercise 10:30 Monthly Gazette 11:00 Fact or Foolery Afternoon: 3:00 Easter Jeopardy  <small>All Fools' Day</small>	Happy Birthday Helen D! Morning: 9:45 Fit Minds 11:00 Manicures  Afternoon/Evening: 2:30 High Tea Social 5:30 Card Games	Morning: 9:30 Exercise 10:00 Planting Seeds  Afternoon: 2:30 Arts & Crafts	Morning: 9:15 Chapel Service 10:30 DROM Afternoon: 2:45 Fit Minds 	Morning: 9:45 Bingo  Afternoon: 2:45 Colin's Cafe	Morning: 10:30 Bocce Ball 
Church Service on the Television 	7 Total Solar Eclipse Morning: 11:00 Exercise  Afternoon/Evening: 1:00 Eclipse Live Streaming 3:00 Celestial Theme Trivia 5:30 Ping Pong Ball Toss	8 Happy Birthday Mollie! Morning: 9:45 Fit Minds 11:00 One to one visits Afternoon/Evening: 3:00 Friendly Visits 5:45 Music with Ron Beecroft 	9 Morning: 10:00 Making Perishky on first floor Afternoon/Evening: 2:30 Spin to Win Baseball 5:30 Uno 	10 Morning: 9:15 Chapel Service 9:45 Exercise 10:15 Fit Minds  Afternoon: 3:00 Price is Right	11 Morning: 9:45 Bingo 10:00 Roman Catholic Mass  Afternoon: 2:30 Reading Group 3:15 Balloon Tennis	12 Morning: 10:30 Wheel of Fortune Afternoon: 2:45 Card Games 
Church Service on the Television 	14 Morning: 9:30 Exercise 10:00 Friendship Books  Afternoon: 3:00 Trivia	15 Morning: 10:00 Chapel Service in the Great Room: Morning of Music  Afternoon: 2:00 Resident's Council Meeting in the Great Room 2:45 Fit Minds	16 Morning: 9:30 Yahtzee 10:00 St. Catharine's Library Book Talk Afternoon: 3:00 Horse Races 	17 Morning: 9:30 Exercise 10:00 Poems & Readings Afternoon: 2:45 Fit Minds 	18 Morning: 9:45 Bingo  Afternoon: 3:00 Ball Toss	19 Happy Birthday Adinal! Morning: 9:30 Minute to Win it! 
Church Service on the Television 	21 Earth Day Morning: 9:30 Hymns with Stephen 10:00 Exercise Afternoon: 2:30 Arts & Crafts  <small>Passover Begins Earth Day</small>	22 Morning: 9:45 Travelogue  Afternoon/Evening: 2:45 Fit Minds 6:15 Community Christian Brass Band in the Great Room	23 Morning: 10:00 Morning Prayer Group  Afternoon/Evening: 2:30 DROM 5:30 Game of Choice <small>Administrative Professionals Day</small>	24 Morning: 9:15 Chapel Service 9:45 Fit Minds 11:00 Reading Group Afternoon: 2:30 Birthday Party 	25 Morning: 9:45 Bingo  Afternoon: 2:30 Reading Group 3:00 Balloon Tennis <small>Arbor Day</small>	26  Afternoon: 2:00 Card Games
Church Service on the Television 	28 Morning: 9:30 Exercise 10:00 What Am I? 10:30 Book Club Afternoon: 2:30 Card Games 	29 Morning: 9:45 Fit Minds 11:00 One to one visits Afternoon: 3:00 Scrapbooking 	<div> <div>April 2024</div> <div>Third Floor Recreation Calendar</div> </div>			

All programs are subject to change.




















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning: 9:30 – Exercise 10:00 – Monthly Gazette & Trivia Afternoon: 2:30 – April Fool’s Day! <small>All Fools’ Day</small>	Happy Birthday Ray! Morning 9:30 – Exercise 10:00 – PB & J Day & Bread Making Afternoon: 3:00 – Fit Minds	Morning 9:30 – Exercise 10:00 – Poems in Readings Afternoon: 3:00 – Java Music Club	Morning 9:30 – Exercise 9:45 – Chapel Service with Don 10:30 – DROM in Great Room Afternoon: 3:00 – Fit Minds	Morning: 9:30 – Exercise 10:00 – Checkers Afternoon: 2:30 – BINGO! 5:30 – Bean Bag Toss	Afternoon: 2:00 – Arts & Crafts 
Church Service on Television 	7 Morning: 9:30 – Exercise 10:00 – Spring Painting 11:00 – Checkers Total Solar Eclipse Begins at 2:04 p.m. & Ends at 4:31 p.m. 	8 Morning 9:30 – Exercise 10:00 – Math Group Afternoon: 3:00 – Fit Minds	9 Happy Birthday Cornelius! Morning 9:30 – Perishky Making Afternoon: 3:00 – Java Music Club	10 Morning 9:30 – Exercise 9:45 – Chapel Service with Don 10:30 – Parachute Afternoon: 3:00 – Fit Minds <small>Masters Golf Tournament Starts On TV</small>	11 Morning: 9:30 – Exercise 10:00 – Catholic Service Afternoon: 2:30 – BINGO!	12 Morning: 9:30 – Exercise 10:00 – Word Game Afternoon: 2:30 – Friendly Visits
Happy Birthday Nelly! Church Service on Television 	14 Happy Birthday Alice! Morning: 9:30 – Exercise 10:00 – Group Crossword Afternoon: 2:30 – Creative Arts	15 Morning 10:00 – Chapel Service in the Great Room: Morning of Music Afternoon: 2:00 – Resident’s Council in the Great Room	16 Morning 9:30 – Exercise 10:00 – St. Catharines Public Library Talk Afternoon: 3:00 – Fit Minds 5:30 – Card Games	17 Morning 9:30 – Exercise 9:45 – Math Group Afternoon: 3:00 – Fit Minds 4:30 – Dinner & A Movie *Sign up required*	18 Morning: 9:30 – Exercise 10:00 – Armchair Travel Afternoon: 2:30 – BINGO!	19 Morning: 9:30 – Minute to Win It! In the Great Room Afternoon: 2:30 – Friendly Visits 
Church Service on Television 	21 Morning: 9:30 – Exercise 10:00 – Earth Day Activities Afternoon: 3:00 – Singing with Stephen Mason <small>Prayer & Songs Earth Day</small>	22 Morning 11:30 - Exercise Afternoon: 3:00 – Fit Minds 6:15 – Community Christian Brass Band in the Great Room	23 Morning 9:30 – Exercise 10:00 – Group Crossword Afternoon: 2:30 – DROM in Great Room <small>Administrative Professionals Day</small>	24 Morning 9:30 – Exercise 9:45 – Chapel Service with Don Afternoon: 3:00 – Birthday Party & Fit Minds	25 Morning: 9:30 – Exercise 10:00 – Poems & Readings Afternoon: 2:30 – BINGO! 5:30 – Mini Golf <small>Arbor Day</small>	26 Morning: 10:30 Wheel of Fortune Afternoon: 2:30 – Friendly Visits
Church Service on Television 	28 Morning: 9:30 – Exercise 10:00 – Word Games 10:30 – Book Club Afternoon: 2:30 – Creative Arts	29 Morning 9:30 – Exercise 10:00 – Trivia Time Afternoon: 3:00 – Fit Minds	30	<h1>April 2024</h1> <p>Fourth Floor Recreation</p>		

Tabor Manor, All programs are subject to change without notice.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Easter Monday April Fool's Day 1 11:00 Seated Exercise in the Chapel  <small>All Fools' Day</small>	9:30 Walking Club 2 <small>Meet in the Main Foyer</small> 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Java Music Club in the Café	9:30 Planting Seeds in the Fireside Lounge 3 11:00 Seated Exercise in the Café 2:30 Bingo in the Café 	11:00 Chapel Service In the Café 1:30 Fall Prevention Class in Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug	11:00 BINGO in the Olive Branch Café 	John 8:12 6 <i>When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."</i>
9:30 Church service in the Chapel 	Solar Eclipse 8 9:30 Craft Corner in the Fireside Lounge 11:00 Seated Exercise in the Chapel 2:30 Solar Eclipse Viewing <small>Meet in the Main Foyer</small>	9:30 Walking Club 9 <small>Meet in the Main Foyer</small> 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Fit Minds in the Café	9:30 Perishky Baking at Long-term Care 10 11:00 Seated Exercise in the Café 2:30 Bingo in the Café 	11:00 Chapel Service in the Café 1:30 Fall Prevention Class in Atrium	11:00 BINGO in the Olive Branch Café 	
9:30 Church service in the Chapel 	9:30 Skip-Bo in the Fireside Lounge 11:00 Seated Exercise in the Chapel 2:30 Fit Minds in the Café	<small>No Walking Club</small> 16 10:00 Chapel Service in the Great Room 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Elfer Raus in the Fireside Lounge	11:00 Seated Exercise in the Café 2:30 Hymn Sing in the Chapel with Stephen 	11:00 Chapel Service In the Café 1:30 Fall Prevention Class in Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug	11:00 BINGO in the Olive Branch Café 	
9:30 Church service in the Chapel 	Earth Day 22 11:00 Seated Exercise in the Chapel  <small>Passover Begins Earth Day</small>	<small>No Walking Club</small> 23 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Fit Minds in the Café 6:15 Community Christian Brass Band in the Great Room	9:30 Yahtzee in the Fireside Lounge 11:00 Seated Exercise in the Café 2:30 Bingo in the Café  <small>Administrative Professionals Day</small>	11:00 Chapel Service in the Café 1:30 Fall Prevention Class in Atrium 2:30 Uno in the Fireside Lounge 5:30 Movie Night in the Chapel! Be kind to your environment. Bring your own cup	Arbor Day 26 11:00 BINGO in the Olive Branch Café  <small>Arbor Day</small>	Isaiah 40:6 27 <i>All people are like grass, and all their faithfulness is like the flowers of the field.</i>
9:30 Church service in the Chapel 	9:30 Craft Corner in the Fireside Lounge 11:00 Seated Exercise in the Chapel 2:30 Fit Minds in the Café	9:30 Walking Club 30 <small>Meet in the Main Foyer</small> 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Java Music Club in the Café	<div> <div>April 2024</div> <div>Wellness Suites</div> </div>			

Type the name, address, and other information about your community/company here.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Easter Monday April Fool's Day 1 11:00 Seated Exercise in the Chapel  <small>All Fools' Day</small>	9:30 Walking Club 2 <small>Meet in the Main Foyer</small> 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Java Music Club in the Café	9:30 Planting Seeds in the Fireside Lounge 3 11:00 Seated Exercise in the Café 2:30 Bingo in the Café 	11:00 Chapel Service In the Café 1:30 Fall Prevention Class in Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug	11:00 BINGO in the Olive Branch Café 	John 8:12 <i>When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."</i>
9:30 Church service in the Chapel 7 	Solar Eclipse 8 9:30 Craft Corner in the Fireside Lounge 11:00 Seated Exercise in the Chapel 2:30 Solar Eclipse Viewing <small>Meet in the Main Foyer</small>	9:30 Walking Club 9 <small>Meet in the Main Foyer</small> 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Fit Minds in the Café	9:30 Perishky Baking at Long-term Care 10 11:00 Seated Exercise in the Café 2:30 Bingo in the Café 	11:00 Chapel Service in the Café 11 1:30 Fall Prevention Class in Atrium	11:00 BINGO in the Olive Branch Café 	
9:30 Church service in the Chapel 14 	9:30 Skip-Bo in the Fireside Lounge 15 11:00 Seated Exercise in the Chapel 2:30 Fit Minds in the Café	<u>No Walking Club</u> 16 10:00 Chapel Service in the Great Room 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Elfer Raus in the Fireside Lounge	11:00 Seated Exercise in the Café 17 2:30 Hymn Sing in the Chapel with Stephen 	11:00 Chapel Service In the Café 18 1:30 Fall Prevention Class in Atrium 2:30 Coffee Hour in the Café Be kind to your environment. Bring your own mug	11:00 BINGO in the Olive Branch Café 19 	
9:30 Church service in the Chapel 21 	Earth Day 22 11:00 Seated Exercise in the Chapel  <small>Passover Begins Earth Day</small>	<u>No Walking Club</u> 23 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Fit Minds in the Café 6:15 Community Christian Brass Band in the Great Room	9:30 Yahtzee in the Fireside Lounge 24 11:00 Seated Exercise in the Café 2:30 Bingo in the Café  <small>Administrative Professionals Day</small>	11:00 Chapel Service in the Café 25 1:30 Fall Prevention Class in Atrium 2:30 Uno in the Fireside Lounge 5:30 Movie Night in the Chapel! Be kind to your environment. Bring your own cup	Arbor Day 26 11:00 BINGO in the Olive Branch Café  <small>Arbor Day</small>	Isaiah 40:6 <i>All people are like grass, and all their faithfulness is like the flowers of the field.</i>
9:30 Church service in the Chapel 28 	9:30 Craft Corner in the Fireside Lounge 29 11:00 Seated Exercise in the Chapel 2:30 Fit Minds in the Café	9:30 Walking Club 30 <small>Meet in the Main Foyer</small> 11:00 Seated Exercise in the Chapel 1:30 Falls Prevention Class in the Atrium 2:30 Java Music Club in the Café	<h1>April 2024</h1> <p>Evergreen and Mapleview Apartments</p>			

Type the name, address, and other information about your community/company here.