

Preacher's Ponderings

As we start this new year, it's with these words from Isaiah 60:1, "Arise, shine, for your light has come and the glory of the Lord has risen upon you." Often, we look at the year ahead with some apprehension, even fear, asking ourselves what will this year be like? We are in the dark when it comes to the details. But those who trust in God know this, his light leads us through the darkness, like a torch revealing our path. Isaiah calls us to action (arise! Move! Go Forth!). But it is God who acts first - his light has risen on us! His word strengthens us in our apprehension giving us peace. So let us encourage each other this year, to know this: Jesus is the light to the world.
~ Michael Dyck, Spiritual Life Lead



Activities

Thank you to everyone who contributed to the Food Bank! The donations were overflowing and will be very helpful to assist local families in need!

The month of January has many activities and events as we start off the new Year.

There will be a special lunch on New Years Day including chicken Kiev and baked salmon with a trifle for dessert.

Molly will be providing some music therapy on the 8th as well as Jake and Keith playing the accordion and the piano during the birthday party.

There will be a winter wonderland week to celebrate the winter season.

Celebrating January

**New Year's
Day**
January 1

**Music with
Molly**
January 8

Tea Tasting
January 10

**Winter
Wonderland
Week**
January 14 - 20

**Travelogue to
Newfoundland
and Labrador**
January 29

**Catholic
Service**
January 26

Birthday Party
January 31



Pleasant Manor Post

January 2024

Hello everyone and welcome to 2024! We hope you all had a great Christmas and an end to 2023. Going forward in 2024 may all the blessings of the Lord be yours in Abundance in the New Year - Isaiah 43:19

Happy January Birthday To...

- Laura Gossen - 9th
- Frieda Neufeld - 12th
 - Bill Dick - 21st

We Welcome...

- Margaret Goerz

We Remember...

- Henry Andres

Thank you to the following organizations who donated poinsettias and gifts to the residents in Heritage Place during the month of December:

- Sunshine Express Garden Centre
- Niagara on the Lake Horticultural Society
- Community Group - NOLT 4 U



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Activities

Thank you to everyone who contributed to the Food Bank!

The donations were overflowing and will be very helpful to assist local families in need!

Tristan Alexander will be performing gospel songs in the chapel on January 31 at 3:00pm.

The New Year is always a great time to start some new routines. Just a reminder that there are 12 exercise classes run by the physio assistant. See the bulletin board for times and locations.

Computer Questions is in the Link every Saturday at 1:30pm. TR staff will assist you with any questions or troubleshooting with your computers and cell phones.

Celebrating January



New Years Day
January 1

Knitting Club
Every Wednesday
1pm - 2pm
CV Link

Hymn Sing Along
with Stephen -
January 10
& *January 31*

Trivia Before Lunch
January 9
& *January 23*

Catholic Service
January 26

Inspire Your Heart
with Art Day
January 31

Gospel Concert with
Tristan Alexander
January 31



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Happy January Birthday to...

- Sid Sallafranque - 2nd
- Daniel MacRae - 2nd
- Maria Wiens - 7th
- Donald Hendry - 14th
- Margaret Pritula - 20th
- Daniel Regehr - 22nd
- Linda Fast - 23rd
- Lena Neufeld - 23rd
- Lorraine Rancourt - 24th
- Alice Morrison - 27th
- Margarete Pauls - 28th
- Gloria Unruh - 28th
- Daryl Ann Cowan - 29th
- John Fast - 30th
- Mary Berg - 31st
- Evelyn Hildebrand - 31st

Thank you to the following organizations who donated poinsettias and flowers in December to add to the festive decorations at Pleasant Manor:

- Sunshine Express Garden Centre
- Niagara on the Lake Horticultural Society

And thank you to everyone who helped decorate and run activities!