

Sunday

Monday

Tuesday

Wednesday




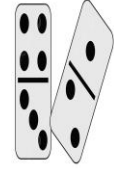























Thursday

Friday

Saturday

November 2023

FIRST FLOOR RECREATION CALENDAR

<p>9:00 – Church Service on Television</p> 	<p>5</p> <p>Morning: 9:30 – Hymn Worship with Stephen 10:00 – Scattagories Afternoon: 2:30 – Poppy Craft</p> 	<p>6</p> <p>Morning: 9:15 – Chapel Service with Don 10:00 – Fit Minds Afternoon: 2:30 – Women's Social</p> 	<p>7</p> <p>Morning: 9:30 – Exercise 10:00 – Dominoes Afternoon: 2:30 – Lawn Darts 5:30 – Name that Tune</p> 	<p>8</p> <p>Morning: 9:30 – Ring Toss 10:00 – Fit Minds Afternoon: 2:15 – One to One Visits 3:00 – Finish the Line</p> 	<p>9</p> <p>Morning: 9:45 – Bingo 10:30 – Roman Catholic Church in Great Room Afternoon: 2:15 – One to One Visits 3:00 – Reading Circle</p> 	<p>10</p> <p>Fall Back Turn Clocks Back One hour tonight</p> <p>Morning: 9:30 – Exercise 10:00 – Name 10 Afternoon: 2:30 – Board Games</p> 
<p>9:00 – Church Service on Television</p>  <p>Diwali (Hindi)</p>	<p>12</p> <p>Morning: 9:30 – Exercise 10:00 – Painting Afternoon: 2:15 – One to One Visits 3:00 – Elfer Raus</p> 	<p>13</p> <p>Morning: 9:15 – Chapel Service with Don 10:00 – Fit Minds Afternoon: 2:30 – Men's Social</p> 	<p>14</p> <p>Morning: 9:30 – Exercise 10:00 – Fit Minds Afternoon: 2:30 – Java Music Club</p> 	<p>15</p> <p>Christmas Tree Decorating</p> 	<p>16</p> <p>Morning: 9:45 – Bingo 11:00 – Sing-along Afternoon: Friendly Visits</p> 	<p>17</p> <p>Morning: 9:30 – Exercise 10:00 – Word Games Afternoon: 2:30 – Bowling</p> 
<p>9:00 – Church Service on Television</p> 	<p>19</p> <p>Morning: 9:30 – Hymn Worship with Stephen 10:00 – Family Feud Afternoon: 2:30 – Music Bingo</p> 	<p>20</p> <p>Morning: 9:15 – Chapel Service with Don 10:00 – Fit Minds Afternoon: 2:30 – Movie Matinee 5:45 – Music with Ron Beercroft</p> 	<p>21</p> <p>Morning: 9:30 – Exercise 10:00 – Crockpot Cooking Afternoon: 2:30 – Soup Social</p> 	<p>22</p> <p>Morning: 9:30 – Exercise 11:00 – Hymn Sing-along Afternoon: 1:30 – Manicures 2:30 – Fit Minds</p> 	<p>23</p> <p>Morning: 9:45 – Bingo Afternoon: Friendly Visits</p> 	<p>24</p> <p>Christmas Photos!</p> 
<p>Happy Birthday Howard</p> <p>9:00 – Church Service on Television</p> 	<p>26</p> <p>Morning: 9:30 – Exercise 10:00 – Name 10! Afternoon: 2:30 – Craft Corner</p> 	<p>27</p> <p>Morning: 9:15 – Chapel Service with Don 10:00 – Fit Minds Afternoon: 2:15 – Reminiscing 3:00 – Yahtzee</p> 	<p>28</p> <p>Morning: 9:30 – Exercise 10:00 – Giant Connect Four Afternoon: 2:30 – Birthday Party in The Great Room!</p> 	<p>29</p> <p>Morning: 9:30 – Ring Toss 10:00 – Fit Minds Afternoon: 2:30 – Holiday Window Painting</p> 	<p>30</p> 	

ALL PROGRAMS ARE SUBJECT TO CHANGE

Sunday

Monday

Tuesday

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Thursday

Friday

Saturday

November 2023

Second Floor Recreation Calendar

<h1>November 2023</h1> <h2>Second Floor Recreation Calendar</h2>			<p>Morning: Let's Cook!</p> <p>Let's get cooking</p> <p>Afternoon: Food Social</p>		<p>1 Morning: 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon: 2:00 Card Games 3:00 Finish the Line</p>		<p>2 Morning: 9:30 Exercise 10:00 Monthly Gazette</p> <p>BINGO</p> <p>Afternoon: 2:45 BINGO!</p>		<p>3 HAPPY BIRTHDAY ANNA! 4</p> <p>Morning: Alphabet Game</p> <p>Afternoon: Balloon Tennis</p> <p>Turn Clocks Back One hour tonight</p>				
<p>5</p> <p>9:00 Church Service on the Television</p> <p></p>		<p>Morning: 10:00 Craft Corner</p> <p>Afternoon: 2:00 Poems and Stories 3:00 Trivia Time 5:30 Name that Tune</p> <p></p>		<p>6 Morning: 9:45 Chapel Service with Don 10:15 Fit Minds</p> <p>Afternoon: 2:00 Card Games 2:30 Manicures 3:00 Jeopardy</p> <p></p>		<p>7 Morning: 9:30 Ladder Ball 10:00 Java Music</p> <p></p> <p>Afternoon: 3:00 What Am I?</p>		<p>8 Morning: 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon: 2:00 UNO</p> <p></p> <p>3:00 Hymn Sing Along</p>		<p>9 Morning: 9:30 Exercise 10:00 Name 10</p> <p>10:30 Roman Catholic Service in the Great Room</p> <p>Afternoon: 2:45 BINGO!</p> <p>BINGO</p>		<p>10 Remembrance Day 11</p> <p>10:00 Remembrance Day Service</p> <p></p> <p>Veterans Day Remembrance Day (Canada)</p>	
<p>12</p> <p>9:00 Church Service on the Television</p> <p></p> <p>Diwali (Hindi)</p>		<p>Morning: 9:30 Exercise 10:00 The Price is Right 11:00 Horse Races</p> <p>Afternoon: 2:00 Flip It Card Game 3:00 Hymn Worship with Stephen</p> <p></p>		<p>13 Morning: 9:45 Chapel Service with Don 10:15 Fit Minds</p> <p>Afternoon: 2:30 Craft Corner</p> <p></p>		<p>14 Morning: 9:30 Exercise</p> <p>10:00 Christmas Decorating</p> <p>Afternoon: 2:00 High Tea</p> <p></p>		<p>15 HAPPY BIRTHDAY JAKE! 16</p> <p>Christmas Decorating All Day</p> <p></p>		<p>17 Morning: 9:30 Bocce Ball</p> <p>BINGO</p> <p>Afternoon: 2:45 BINGO!</p>		<p>18 Morning: You be the Judge</p> <p></p> <p>Afternoon: Get the Gold</p>	
<p>19</p> <p>9:00 Church Service on the Television</p> <p></p>		<p>Morning: 9:30 Exercise 10:00 How Many Words?</p> <p>Afternoon: 2:00 Reading Circle 3:00 Lawn Darts</p> <p></p>		<p>20 Morning: 9:45 Chapel Service with Don 10:15 Christmas Card Photos</p> <p>Afternoon: 2:00 Movie Matinee</p> <p></p>		<p>21 Morning: 9:30 Balloon Tennis 9:45 Manicures 10:00 Java Music</p> <p></p> <p>Afternoon 2:30 Musical Bingo</p>		<p>22 Morning: 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon: 2:30 Craft Corner 5:30 Name that Tune</p> <p></p> <p>Thanksgiving Day (US)</p>		<p>23 Morning: 9:30 Wheel of Fortune</p> <p>BINGO</p> <p>Afternoon: 2:45 BINGO!</p>		<p>24 What kind of vest should you wear in the fall? Answer: A har-vest!</p> <p></p>	
<p>26</p> <p>9:00 Church Service on the Television</p> <p></p>		<p>Morning: 9:30 Exercise 10:00 NASCAR Racing</p> <p></p> <p>Afternoon: 2:00 Elfer Raus 3:00 Hymn Worship with Stephen</p>		<p>27 Morning: 9:45 Chapel Service with Don 10:15 Fit Minds 10:30 Finish the Lines</p> <p>Afternoon: Christmas Window Painting and Hot Chocolate</p> <p></p>		<p>28 Morning: 10:00 Travel the World 'Christmas in Different Countries'</p> <p>Afternoon: 1:30 Elfer Raus 3:00 Birthday Celebration!</p> <p></p>		<p>29 Morning: 9:30 Exercise 10:00 Fit Minds</p> <p>Afternoon: 1:30 Rock Around the Clock BINGO 3:00 Festive Name that Tune</p> <p></p>		<p>30</p> <p>"This is my commandment, that you love one another as I have loved you." – John 15:12</p> <p></p>			

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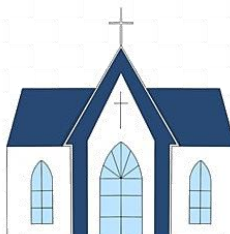




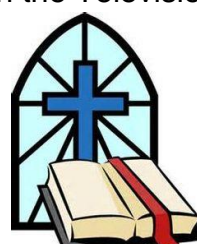














Thursday

Friday

Saturday

November 2023

Third Floor Recreation Calendar

<h1>November 2023</h1> <h2>Third Floor Recreation Calendar</h2>				<p>Morning: 10:00 Card Games 11:00 Hymn Singalong</p>  <p>Afternoon: 2:00 Montessori Activities 3:00 Ball Toss</p>	<p>1 Morning: 9:15 Chapel Service 9:45 Exercise 10:15 Finish the Line</p> <p>Afternoon: 2:45 Fit Minds 2:30 Yahtzee</p> 	<p>2 Morning: 9:45 Bingo 11:00 Friendly Visits</p>  <p>Afternoon: 3:00 Ladder Ball</p>	<p>3 Morning: 9:30 Trivia 10:00 Manicures</p> <p>Daylight Savings Time Ends 'Fall Back' Turn Clocks Back One hour tonight!</p>
<p>Church Service on the Television</p> 	<p>5 Morning: 9:30 Exercise 10:00 Wheel of Fortune</p> <p>Afternoon: 2:30 Arts & Crafts</p> 	<p>6 Morning: 9:30 Reading Group 10:00 Name that Tune</p> <p>Afternoon: 2:45 Fit Minds</p> 	<p>7 Morning: 10:00 Java Music Club</p>  <p>Afternoon: 2:00 Obie Games 3:00 Balloon Tennis</p>	<p>8 Morning: 9:15 Chapel Service 9:45 Exercise 10:00 One to One Visits 10:15 Price is Right</p> <p>Afternoon: 2:45 Fit Minds 2:30 Friendly Visits</p> 	<p>9 Morning: 9:45 Bingo 10:30 Roman Catholic Church Service in the Great Room</p> <p>Afternoon: 2:15 Montessori Activities 3:00 Bean Bag Toss</p>	<p>10 Remembrance Day</p> <p>Morning: 10:00 Remembrance Day Celebration</p> <p>Afternoon: 2:00 Whiteboard Games</p>  <p><small>Veterans Day Remembrance Day (Canada)</small></p>	
<p>Church Service on the Television</p> 	<p>12 Morning: 9:30 Hymns with Stephen 10:00 Exercise</p> <p>Afternoon: 2:00 Montessori Moments 3:00 Art Pages</p> 	<p>13 Morning: 9:30 Reading Group 10:00 One to one visits 11:00 Puzzle Group</p> <p>Afternoon: 2:30 Manicures 2:45 Fit Minds 5:30 Skip Bo</p> 	<p>14 Morning: 9:30 Exercise 10:00 Christmas Decorating</p> <p>Afternoon: 2:00 Montessori Activities 3:00 Ball Toss</p> 	<p>15 Morning: 9:15 Chapel Service</p> <p>Christmas Decorating All Day</p> 	<p>16 Morning: 9:45 Bingo 11:00 Friendly Visits</p>  <p>Afternoon: 3:00 Obie Games</p>	<p>17 Morning: 9:30 Exercise</p> 	
<p>Happy Birthday Fay! Church Service on the Television</p> 	<p>19 Morning: 9:30 Exercise 10:00 Jeopardy</p>  <p>Afternoon: 3:00 Card Games</p>	<p>20 Morning: 9:30 Reading Group 10:00 Fit Minds</p> <p>Afternoon: 2:30 Christmas Photos</p> 	<p>21 Morning: 10:00 Travelogue</p>  <p>Afternoon: 2:00 Montessori Activities 3:00 Balloon Tennis</p>	<p>22 Morning: 9:15 Chapel Service 9:45 Exercise 10:15 Fit Minds</p> <p>Afternoon: 2:30 Christmas Photos</p>  <p><small>Thanksgiving Day (US)</small></p>	<p>23 Morning: 9:45 Bingo 11:00 Friendly Visits</p>  <p>Afternoon: 3:00 Painting and Colouring Pages</p>	<p> Friendly Visits</p>	
<p>Church Service on the Television</p> 	<p>26 Morning: 9:30 Hymns with Stephen 11:15 Friendly Visits</p> <p>Afternoon: 2:30 Art Pages 5:30 Name that Tune</p> 	<p>27 Morning: 9:30 Reading Group 10:00 Horse Races</p>  <p>Afternoon: 2:45 Fit Minds</p>	<p>28 Morning: 10:00 Card Games 11:00 Hymn Singalong</p> <p>Afternoon: 2:30 Birthday Party in the Great Room!</p> 	<p>29 Morning: 9:15 Chapel Service 9:45 Exercise 10:15 Hot Chocolate Social</p> <p>Afternoon: 2:45 Fit Minds 2:30 Bean Bag Toss</p> 	<p> <i>"In Flanders fields the poppies blow Between the crosses, row on row, That mark our place; and in the sky The larks, still bravely singing, fly Scarce heard amid the guns below." —John McCrae</i> </p>		

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Saturday

November 2023

Tabor Manor Fourth Floor

Church Service
on the Television



5

Morning:
9:30 – Group Exercise
10:00 – Card Games
Afternoon:
3:00 – Hymn Worship
with Stephen

6

Morning:
9:30 – Group Exercise
10:00 – Remembrance
Day Activity
Afternoon:
2:30 – Fit Minds
3:00 – Creative Arts
5:30 – Music with Ron

7

**Happy Birthday
Margaret S.!**

Morning:
9:30 – Group Exercise
10:00 – Remembrance
Day Activity
Afternoon:

8

Morning:
9:30 – Group Exercise
9:45 – Chapel with Don
Afternoon:
2:30 – Fit Minds

9

Morning:
9:30 – Group Exercise
10:00 – Roman Catholic
Church in Great Room
Afternoon:
2:45 – BINGO!

10

**Happy Birthday Maria 11
and Jacob!**

Morning:
11:00 Remembrance Day
Afternoon:
3:00 Creative Arts



Church Service
on the Television



12

Morning:
9:30 – Group Exercise
10:00 – Crockpot
Creations
Afternoon:
2:30 – Dominos

13

Morning:
9:30 – Group Exercise
10:00 – Bocce Ball
Afternoon:
2:30 – Fit Minds
3:00 – Creative Arts

14

Morning:
9:30 – Group Exercise
9:45 – Chapel with Don
Afternoon:
2:30 – Fit Minds

15

**Christmas Tree
Decorating**



16

Morning:
9:30 – Group Exercise
10:00 – Jeopardy
Afternoon:
2:45 – BINGO!

17

Morning:
Friendly Visits
Afternoon:
3:00 – Word Games

18

Church Service
on the Television



19

Morning:
9:30 – Group Exercise
10:00 – Wheel of
Fortune
Afternoon:
3:00 – Hymn Worship
with Stephen

20

Morning:
9:30 – Group Exercise
10:00 – Corn Hole
Afternoon:
2:30 – Fit Minds
3:00 – Creative Arts

21

Morning:
9:30 – Group Exercise
10:00 – Name That
Tune
Afternoon:
2:30 – Fit Minds

22

Morning:
9:30 – Group Exercise
9:45 – Chapel with Don
Afternoon:
2:30 – Fit Minds

23

Morning:
9:30 – Group Exercise
10:00 – Twenty
Questions
Afternoon:
2:45 – BINGO!

24

Morning:
Friendly Visits
Afternoon:
3:00 – Word Games

25

Church Service
on the Television



26

Morning:
9:30 – Group Exercise
10:00 – The Price is
Right
Afternoon:
2:30 – Crockpot
Creations

27

Morning:
9:30 – Group Exercise
10:00 – Balloon Tennis
Afternoon:
2:30 – Fit Minds
5:30 – DROM

28

Morning:
9:30 – Group Exercise
10:00 – Arm Chair
Travel
Afternoon:
**Birthday Celebration
in Great Room!**

29

Morning:
9:30 – Group Exercise
9:45 – Chapel with Don
Afternoon:
2:30 – Fit Minds

30

Morning:
9:30 – Group Exercise
9:45 – Chapel with Don
Afternoon:
2:30 – Fit Minds

31



Sunday

Monday

Tuesday

Wednesday
















Thursday

Friday

Saturday

November 2023

Wellness Suites

<h1>November 2023</h1> <h2>Wellness Suites</h2>			<div>1</div> <div>11:00 Exercise in Café</div> <div>2:00 Bingo in Café</div> <div></div>	<div>2</div> <div>11:00 Chapel Service in Café</div> <div>1:30 Fall Prevention Class in Café</div> <div>2:30 Coffee Hour in Olive Branch Café</div> <div>Be kind to your environment bring your own mug.</div>	<div>3</div> <div>11:00 BINGO in the Olive Branch Café</div> <div></div>	<div>4</div> <div>Fall Back Turn Clocks Back One hour tonight</div> <div></div>
<div>5</div> <div>9:30 Church Service in the Chapel</div> <div></div>	<div>6</div> <div>11:00 Exercise in Chapel</div> <div>2:30pm Fit Minds in the Olive branch Café</div>	<div>7</div> <div>Flu Clinic in Café 9am-3pm</div> <div>9:45 Reading Club in the Chapel</div> <div>11:00 Exercise in the Chapel</div> <div>1:30 Fall prevention class in Chapel</div> <div>2:30 Hymn Sing in the Chapel</div>	<div>8</div> <div>9:45 Making Remembrance Day Cards in Café</div> <div>11:00 Exercise in Café</div> <div>2:00 Bingo in Café</div> <div></div>	<div>9</div> <div>11:00 Chapel Service in Café</div> <div>1:30 Fall Prevention Class in Café</div>	<div>10</div> <div>11:00 BINGO in the Olive Branch Café</div> <div></div>	<div>11</div> <div>Remembrance Day</div> <div></div> <div>Veterans Day Remembrance Day (Canada)</div>
<div>12</div> <div>9:30 Church Service in the Chapel</div> <div></div> <div>Diwali (Hindi)</div>	<div>13</div> <div>9:45 Bowling in the Chapel</div> <div>11:00 Drum Fit in the Chapel</div> <div>2:30 Fit Minds in the Olive Branch Café</div>	<div>14</div> <div>9:45 Flip it Card Game in the Café</div> <div>11:00 Exercise in the Chapel</div> <div>1:30 Fall prevention class in Chapel</div> <div>2:30 Lawn Darts in The Olive Branch Café</div>	<div>15</div> <div>9:30 Christmas Decorating</div> <div>11:00 Exercise in Café</div> <div>2:00 Bingo Café</div> <div></div>	<div>16</div> <div>11:00 Chapel Service in Café</div> <div>1:30 Fall Prevention Class in Café</div> <div>2:30 Coffee Hour in Olive Branch Café</div> <div>Be kind to your environment bring your own mug.</div>	<div>17</div> <div>11:00 BINGO in the Olive Branch Café</div> <div></div>	<div>18</div> <div>"This is the day that the Lord has made; let us rejoice and be glad in it." ~ Psalm 118:24</div>
<div>19</div> <div>9:30 Church Service in the Chapel</div> <div></div>	<div>20</div> <div>9:45 Hymn Sing in Chapel</div> <div>11:00 Drum Fit in Chapel</div> <div>2:30 Fit Minds in the Olive branch Café</div>	<div>21</div> <div>9:45 Java music club</div> <div>11:00 Exercise in Chapel</div> <div>1:30 Fall prevention class in Chapel</div> <div>2:30 Painting</div>	<div>22</div> <div>11:00 Exercise in Café</div> <div>2:00 Bingo in Café</div> <div></div>	<div>23</div> <div>11:00 Chapel Service in Café</div> <div>1:30 Fall Prevention Class in Café</div> <div>Thanksgiving Day (US)</div>	<div>24</div> <div>11:00 BINGO in the Olive Branch Café</div> <div></div>	<div>25</div> <div>"Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change." ~ James 1:17</div>
<div>26</div> <div>9:30 Church Service in the Chapel</div> <div></div>	<div>27</div> <div>11:00 Exercise in Chapel</div> <div>2:30 Fit Minds in the Olive branch Café</div>	<div>28</div> <div>9:45 Java music club</div> <div>11:00 Exercise in Chapel</div> <div>1:30 Fall prevention class in Chapel</div> <div>2:30 Bocce Ball in Chapel</div>	<div>29</div> <div>9:45 Trivia in Café</div> <div>11:00 Exercise in Café</div> <div>2:00 Bingo in Café</div> <div></div>	<div>30</div> <div>11:00 Chapel Service in Café</div> <div>1:30 Fall Prevention Class in Café</div> <div>2:30 Coffee Hour in Olive Branch Café</div> <div>Be kind to your environment bring your own mug.</div>		

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