

# Radiant Care Tabor Manor



## Tabor Times

### October 2023

#### WE REMEMBER...

Elinor Lord  
Violet Moore  
Arthur Plug



#### WE WELCOME...

Alice Bilkszto  
Elizabeth Peters  
Muriel Hewines

#### CELEBRATING THE BIRTHDAYS OF...

Eleonore Funk  
Rosaria Tullio  
Gerald Misener  
Walter Boldt  
Waltraud Huber  
Kathleen Flynn



#### Giving Thanks...

The national holiday of Thanksgiving is celebrated on various dates across the world but is always celebrated on the second Monday of October in Canada. It began as a day of giving thanks for the blessings of the harvest and continues to be a day that is set aside to give extra thanks and blessings in our lives. We have much to be thankful for and Thanksgiving family gatherings provide a way for us to express our gratitude around the table. We all have our own little traditions, regardless of how we celebrate, Robert Holden sums it best in one simple sentence "The real gift of gratitude is that the more grateful you are, the more present you become". On behalf of all of us here at Tabor Manor, we wish you a wonderful Thanksgiving filled with love and happiness.

#### Fun Facts About Canadian Thanksgiving...

Here are some fun and interesting pieces of information about Canadian Thanksgiving for you to read and share.

- ◆ Celebrated every year since 1987, with the second Monday in October becoming the observed day officially in 1957.
- ◆ There is no set way to celebrate, but it normally involves a big meal with family and friends at some point over the long weekend.
- ◆ Canadians consumed 133.3 million kg of turkey in 2021, with 2.7 million whole turkeys purchased last year for Thanksgiving. This was about 45 percent of all whole turkeys sold during the year according to the Turkey Farmers of Canada.
- ◆ Along with Canadian Thanksgiving comes another big celebration: Oktoberfest! There are Oktoberfest celebrations across Canada, but the one held in Kitchener-Waterloo is by far the most famous. It's actually the second-largest Oktoberfest celebration in the world (second only to Germany)!
- ◆ The number of calories consumed in an average Thanksgiving meal can exceed 2,700 calories depending on the side dishes and yummy deserts.

## Volunteer Opportunities at Radiant Care

Volunteers play an important role in assisting our home and play a vital part in enriching the residents and tenants emotional and social wellbeing. Some opportunities that you may be interested in: friendly visiting, gardening, entertainment, tuck shop, recreation programs or administrative work. If you are interested in volunteering, please connect with our Volunteer Coordinator Stephen Mason through email at [stephenm@radiantcare.net](mailto:stephenm@radiantcare.net) or by phone at 905-934-3414, ext. 1009.



## Recreation Note

In celebration of Grandparent's Day, the residents gathered outside for an afternoon of social interaction. They had the pleasure of a musical presentation by Stephen, accompanied by a special guest appearance from our very own Neil Voth. He is a seasoned harmonica player with over seven decades of experience and amazing talent. When we learned of his special talent, our Chaplin Don and Stephen eagerly invited Neil to accompany them in playing when offering music programs. Everyone is so happy to have Neil join in and share his beautiful music for all to appreciate.



Upcoming council meeting has been scheduled. Please check calendars for date and time of meeting for each home area.



## Lord of The Leftovers!

One of the great joys of Thanksgiving is leftovers. For some reason, turkey and dressing taste just as good reheated as they do fresh out of the oven, maybe even better. A website added up the calories from a turkey dinner and the exercise necessary to burn it off. How much walking would you need to do for a turkey dinner with some stuffing, some mashed potatoes, cranberry sauce and a piece of apple pie with ice cream? Over 13 miles! Add some gravy, and it's 15 miles! I don't know about you, but I don't have the energy to walk 15 miles after a Thanksgiving dinner! I'd rather sit back on a cozy chair and watch the football games!

Thanksgiving is not just a seasonal holiday or a good turkey dinner! Biblically, Thanksgiving is also the position of the heart and mind. It is a 'gratitude attitude' for all of life. It shows that we understand and appreciate who the Lord is to us and what He's doing in our lives!

**Psalm 107:1-2** says; 'Oh give thanks to the Lord, for He is good, for His steadfast love endures forever! Let the redeemed of the Lord say so, whom He has redeemed from trouble!

**Psalm 103:1-2** declares; 'Bless the Lord, O my soul, and all that is within me, bless His holy name! Bless the Lord, O my soul, and forget not all His benefits...'

When we remember and give thanks to the Lord for the big picture in our lives, we rise above just thanking Him for good things, or periodical answers to prayer. We too often just thank Him for the pleasurable things because our view of His goodness is our comfort, rather than becoming like Jesus.

When we remember and give thanks to the Lord for the big picture in our lives, we rise above just thanking Him for good things, or periodical answers to prayer. We too often just thank Him for the pleasurable things because our view of His goodness is our comfort, rather than becoming like Jesus.

A truly thankful heart and mind is consistently thanking God, in the good and the bad, believing that all things will work out for good to those who love Him (**Romans 8:28**). I admit I have a long way to go on this one. How about you? We often complain about life, instead of saying, "You're in control and I thank You, even though I don't understand it."

Corrie Ten Boom was sent to a prison camp for hiding Jews from the Nazis. There, her sister said they should thank God for everything in their barracks. Corrie refused to give thanks for the fleas that infested their bedding, but later she found out that those fleas kept the guards from entering the barracks and causing them more harm! It also enabling them to have daily prayer meetings. So, she said, "Thank you, Lord, for the fleas!"

So while you're praying to The Lord, remember that He's in control and He knows best. Let's bless the Lord in *a//* things, because God is good *a//* the time!

**God is 'Lord of The Leftovers' Too!**

Happy Thanksgiving!

*Pastor Jim*