

# Happy Birthday!

Eva Persia - October 1st  
Ernie Friesen - October 9th

# We Welcome

Erika Siemens - Convalescent Care

# Dog Therapy Visits



**Thanksgiving Prayer**  
by Ralph Waldo Emerson

For each new morning with its light,  
For rest and shelter of the night,  
For health and food,  
For love and friends,  
For everything Thy goodness sends.

For flowers that bloom about our feet;  
For tender grass, so fresh, so sweet;  
For song of bird, and hum of bee;  
For all things fair we hear or see,  
Father in heaven, we thank Thee!



# What Are You Thankful For?

**Connie**  
What are you thankful for?  
*My family and for all the wonderful staff that are in Heritage Place!*  
Favourite Thanksgiving food?  
*Stuffing*

**Carmen**  
What are you thankful for?  
*I am very thankful for the wonderful parents I had, also for my children and to live in Canada.*  
Favourite Thanksgiving food?  
*Turkey*

**Wilhelmina**  
What are you thankful for?  
*I am thankful to be at Pleasant Manor and to live in a safe place! Very thankful for my family!*  
Favourite Thanksgiving food?  
*Nasi Goreng*

**Renata**  
What are you thankful for?  
*To have good food on the table! My family, friends and my faith in God.*  
Favourite Thanksgiving dessert?  
*Lemon Pie*

# Pleasant Manor Post

October 2023

## Preacher's Ponderings

In Paul's letter to the Philippian church, he writes about all that he has achieved and all that he has lost. In fact, Paul says that everything he has gained is now considered lost (worthless) compared to knowing Christ. I am amazed at this. I've been told that aging well is about learning how to cope with loss of many things - possessions, strength, relationships, etc. I wonder how losing those things yet still retaining Christ helps us? What do you think? If all things are found in Christ, the One who holds all things together, may we then find comfort in trusting that we will never lose Him or His love.

~ Michael Dyck, Spiritual Life Lead

## Celebrating October

**Quiz Master**  
October 4th

**Thanksgiving Lunch**  
October 6th

**Thanksgiving Day**  
October 9th

**Hymn Sing with Stephen**  
October 11th

**Music Therapy with Molly**  
October 16th

**Music with Mendel**  
October 24th

**Catholic Mass**  
October 27th

**Halloween**  
October 31st

## Recreation Update

This month is a time to remember what we are all thankful for. Not only does it help us to reflect; it also provides positive emotions, relishes good experiences and improves health! For activities this month we are celebrating Thanksgiving with a lunch, trivia, reminiscing and a travelogue. There will be fun sampling events such as trying iced coffee and different varieties of pumpkin pie. Halloween will also be celebrated with some special events like pumpkin painting, baking, art, as well as some dress up options on the day.

## Dietary Update

The Thanksgiving lunch banquet for residents will be held on Friday, October 6th. There will also be a special themed Halloween lunch on the Tuesday, October 31st.

The new fall/winter menu will start on Monday, October 2nd.



# Happy Birthday!

- Betty Isaac - 3rd
- Hertha Janzen - 4th
- Steve Nesbitt - 4th
- Norma Bissell - 5th
- Audrey Danychuk - 5th
- Gerhard Klassen - 11th
- Maria Neufeld - 12th
- Wilhelmina Vandermeer - 13th
- Wilba Schankula - 14th
- Debbie Robson - 14th
- Illy Koop - 15th
- Anne Bergen - 17th
- Maria Lowen - 19th
- Lin Epp - 20th
- Ma Klassen - 25th
- Tha Loewen - 27th
- Beth Fast - 29th
- Ma Andres - 30th
- Beth Johnston - 31st

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~ Michael Dyck, Spiritual Life Lead



## Celebrating Thanksgiving

### Betty Radunsky

I am thankful for my life and having God in my life. Thankful for my children and my family and friends. Also thankful for good food :)

### Kurt Wiens

I am thankful for everything I have. I am first thankful for my family and everyone in my life. I am very thankful for my church and my

### Ethel Moody

I am thankful that I have lived to see my great grandchildren. Thankful that I get to wake up each morning. And thankful for my daughter.

### Pearl Francavilla

I am thankful for my daughter and my health. I am thankful for getting to wake up each morning. I am also very thankful for the staff who work here at Pleasant Manor.

### Nelly Rempel

I am thankful for living in Canada, it is the best country to be in. My family, who is always there for me. For the adventures I was able to go on throughout my life and getting to travel the world.

# Pleasant Manor Post

October 2023

## Celebrating October

**Special Music with Brad Boland**  
October 3rd

**Hymns Sing with Jake and Mike**  
October 5th

**Thanksgiving Meal Delivery**  
October 6th

**Thanksgiving Day**  
October 10th

**Hymn Sing with Stephen**  
October 17th & October 31st

**Music with Tristan Alexander**  
October 18th

**Halloween**  
October 31st

October is a time to reflect on what we are all thankful for. Stopping in the halls to talk with some tenants, most were thankful for their health, their families and to live in Canada! **What are you thankful for?**

**Thanksgiving Lunch** - All tenants will receive a Thanksgiving lunch delivered right to your door or dining room on October 6<sup>th</sup>.

**Bus Trip** - A free bus trip to The Bird Kingdom is taking place on October 6th. Bus leaves at 1:30pm from the main office. Thank you to the Radiant Care Foundation for sponsoring this event.

**Special Music** - There will be special music with Brad Boland on October 3rd in the Creekview Meeting room; he will be singing a mixture of hymns and classic favourites. Tristan Alexander will be here on the October 18th in the OV chapel. Tristan sings classic songs from Frank Sinatra, Dean Martin to Broadway.

**Next Month** - For Ernie Dyck's birthday, his family has booked Walter Ostanek to perform here next month on November 18th and all are invited. **The Auxiliary Christmas Bazaar** is back and will be held on Saturday, November 25th!

Do you want to get rid of your old flowers and pots?

Buddy Andres will be picking up used flowerpots and soil on Friday, October 20th at the Creekview Link Patio. Please bring your pots to that location on that day.