Pleasant Manor Heritage Place

September 2023

Programs subject to change.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					9:30am Drum Fit!	9:30am Exercise
					11:00am Bible Study	11:00am Would you
					2:00pm Monthly Gazette	Rather? Labour
					Happy Birthday Yvonne!	Day Edition
						3:00pm One to One Visits
						Labour Day Weekend
3	4		5	6	7 8	9
9:30am Sunday Sing Along	9:30am Chair Yoga	9:30am Obie	9:30am Exercise	9:30am Heart Beats Club	9:30am Drum Fit!	9:30am Exercise
10:00am TV Church	11:00am Picture This!	11:00am Baking	11:00am Quiz Master	11:00am Virtual Chapel	11:00am Bible Study	11:00am Virtual Reality
2:30pm Sunday Stroll	2:15pm Church	2:00pm Bingo	2:00pm Pumphouse Art	2:00pm Music with	2:00pm The Price is Right!	3:00pm Travelogue: Milan!
Labour Day Weekend	Happy Birthday Deolinda!	6:15pm One to One	6:00pm Movie Night	Mendelt		
	Labour Day			6:15pm Night Time Walks	5	
10	11		12	13 1	4 15	16
9:30am German Church	9:30am Chair Yoga	9:30am Montessori	9:30am Exercise	9:30am Horse Races	9:30am Drum Fit!	9:30am Exercise
10:00am TV Church	10:00am Music Therapy	Morning	11:00am Craft Corner	11:00am Virtual Chapel	11:00am Bible Study	11:00am Obie
2:30pm Sunday Stroll	with Molly	11:00am Ring Toss	2:30pm Ready, Steady,	2:00pm Name That Tune	2:00pm Wheel of Fortune	3:00pm Shake Loose a
Happy Birthday Sheila!	11:00am One to One Visits	2:00pm Bingo	Roll!			Memory
Grandparents Day	2:15pm Church	6:15pm One to One	6:00pm Movie Night			
17	18	3	19	20 2	1 22	23
9:30am Sunday Sing Along	9:30am Chair Yoga	9:30am Obie	9:30am Exercise	9:30am Heart Beats Club	9:30am Drum Fit!	9:30am Exercise
10:00am TV Church	11:00am All About	11:00am German Pretze	el 11:00am German Baking	11:00am Virtual Chapel	11:00am Bible Study	11:00am Name 10:
2:30pm Sunday Stroll	Oktoberfest!	Crafts	2:00pm Oktoberfest Soc	cial 2:00pm Oktoberfest Bing	o 2:00pm German Jeopardy	Oktoberfest
Oktoberfest Celebration	2:15pm Church	2:00pm Bingo	& Sausuages	6:15pm Night Time Walks	Oktoberfest Celebration	Edition!
	Oktoberfest Celebration	6:15pm One to One	6:00pm Movie Night	Oktoberfest Celebration		2:30pm Alpine Hats Craft
		Oktoberfest Celebration	Oktoberfest Celebration			Oktoberfest Celebration
24	. 25		26	27 2	8 29	30
9:30am German Church	9:30am Chair Yoga	9:30am Montessori	9:30am Exercise	9:30am Horse Races	9:30am Drum Fit!	9:30am Exercise
10:00am TV Church	11:00am Name 10	Morning	11:00am Manicures	11:00am Virtual Chapel	11:00am Catholic Mass	11:00am Obie
2:30pm Sunday Stroll	2:15pm Church	11:00am Manicures	2:00pm Bingo	2:00pm Finish the Line	2:00pm Bible Study	3:00pm Reading Group
		2:30pm Birthday Party	!			
		6:15pm One to One				
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