

Radiant Care Tabor Manor

Tabor Times

May 2023

Updates...

At the end of April, the home returned to single seating for meal times. The meal times are 8:30am for breakfast, 12:00pm for lunch, and 5:00pm for supper. The transition to these seating arrangements is being monitored by dietary and nursing to ensure best seating arrangements are in place for all residents. The seat selections are an important process - we consider preferences, spacing and level of needs before communicating these decisions with the residents. Over the next while there may need to be additional changes made, but these changes will be discussed with the residents.

The dining experience is part of our Quality Improvement Plan this year. We are working on creating a positive environment in addition to meeting nutritional needs. We want an environment that supports dignity, establishes a social atmosphere encouraging friendship, belonging and connection. All while providing quality food and service. Over the next several months, we will be working to support independence, mealtime routines, improve promptness, reviewing equipment, staff education all with the goal to increase resident satisfaction.

We will be holding our staff appreciation the week of May 8th. We truly do appreciate our staff each and every day, but as an organization we really enjoy this special week celebrating their dedication and hard work.

Replacement of flooring in tub and shower rooms on each home area is well underway after a slight delay in the timeline. Maintenance is working with the contractors to ensure minimal interruption. Staff and residents are looking forward to seeing the final project outcome.

WE REMEMBER...

Leonard Shalanko
Mario Vendittelli
Annie Page

WE WELCOME...

James Missen
Marilyn "Bunny" Thomson
Andreas "Andy" Roessner
George Tsemperis

WE CELEBRATE THE BIRTHDAYS OF...

Ted Bemke
Elinor Lord
Shirley Frausel
Irene MacGregor
Gerhard Oehlke
Dianne Young
Robert "Bob" Schellenberg
Ian Warnica



Dietary's Dish - Barbara Osborne

After many hours creating the three-week menu cycle, which is reviewed by Resident Council and Dietician Andrea Toole, our Spring and Summer menus have been approved. Resident's Council had the opportunity to provide their input to the menus and share their suggestions and ideas. The dietary department will launch the menus the beginning of May.

Please join me in welcoming Alexandra Cuyugan to the Nutrition team! Alexandra has accepted the position as the Assistant Nutrition Manager. She is on site every Monday, Wednesday and Friday. Alexandra comes to us with over 15 years of experience in food services, working within university residence dining and health care settings. She comes from a family of amazing cooks, and has a true passion for food. She loves to travel and learn about new cultures. She especially loves visiting museums and historical land-marks. When not at work, you can find Alexandra hiking and enjoying all that nature has to offer.

Andrea Toole, our Dietician, is on site every Tuesday and Thursday. Alexandra and Andrea both can be reached at extension 1076.

Recreation Notes - Norma Restivo

Fourth-floor residents held an afternoon baby shower for recreation staff Jillian and physio-assistant Ashley, who are both expecting in June. They played games, created a sheet of helpful tips, and shared personal stories for the "mom's to be". A wonderful afternoon for all who attended.



Wishing all the lovely mothers, and grand-mothers a wonderful Mother's Day on May 14th.



The secure courtyard and terrace doors are now open from 7:00 am until 9:00 pm as per our outdoor policy. These doors will be unlocked for the warmer weather from April 15 until November 15. Please enjoy the courtyard.

Biblically Based - Jim Evans

No Need To Hoard!

Ever seen the TV shows that feature those that hoard? It often involves those who can't let go of what they have gathered over the years. They may be motivated by past struggles or future fears of being left without what they need!

Are you a hoarder? Do you need to store up things to have confidence and security today, for tomorrow?

Christians need not 'hoard' out of fear of being left without what we need most!

When you pray the Lord's prayer, do you ever stumble over the words, "**give us this day our daily bread**"? (Luke 11:3). Why should we have to ask? God knows we need it. Why doesn't He just supply it? And why ask every day? Why not ask for a whole week or month or year?

The answer is, God knows us better than we know ourselves. He has determined we should feel and recognize our daily - even hourly - dependence on Him. That way, we will have to go often to His throne for help. We will be daily reminded of His love. We will be daily reminded that we are needy and that He provides. That we are weak, and He is strong. That we are nothing without Him and have everything through Him.

Trust And Obey!

The Children of Israel were instructed by God to only gather '**as much manna as they needed, and when the sun grew hot, (the surplus) melted away.**' (Exodus 16:21) Only a day's supply awaited them. But they had to get up in the morning and gather it in. And they were not to 'hoard' His supply each day out of the fear that He might not deliver tomorrow.

Why? The issue at stake was trusting and obeying the Lord completely for their daily needs, everyday! And He would always provide! This lesson is to be remembered by all of God's People for all time! We are never left on our own...God will take care of us!

The words of the old hymn are still true today...Trust and Obey for there's no other way to be happy (true joy & contentment) but to Trust and Obey!

No matter what our needs are we should always remember...

God knows what we have need of even before we ask! (Matthew 6)

My God shall supply all your needs according to His glorious riches in Christ Jesus!
(Phil. 4:19)

For the Lord God is a sun and shield; the Lord bestows favor and honor. No good thing does he withhold from those who walk uprightly. (Psalm 84:11)

Remember...

TRUST & OBEY EVERYDAY...THERE'S NO OTHER WAY!

Pastor Jim

April at a Glance

