

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

9:00 Church Service
on the Television



10:00 Balloon Tennis
11:00 Name 10
2:00 Obie Games
2:00 Montessori Activities
**3:00 Music with
Stephen!**

May Day



9:30 Chapel Service
10:00 Exercise
10:30 How Many Words?
11:00 Ladder Ball
2:00 Poems & Readings
3:00 Fit Minds



10:00 Arts and Crafts
11:00 Wheel of Fortune
2:00 What Am I?
3:00 Price is Right
6:00 Family Feud



10:00 Morning Prayer
Group
11:00 Bocce Ball
2:00 Flip It Card Game
3:00 Fit Minds



Happy Birthday Ted!
10:00 Exercise & Trivia
10:45 One to One Visits
2:45 Bingo



Cinco de Mayo

2:00 Ball Toss
3:00 Jeopardy



9:00 Church Service
on the Television



10:00 Exercise
10:30 You be the Judge
2:00 Obie Games
3:00 Montessori Activities



9:30 Chapel Service
10:00 Courtyard Cleanup
3:00 Fit Minds



10:00 Arts and Crafts
11:00 Balloon Tennis
2:00 Manicures
3:00 Horse Races
6:00 Name that Tune



10:00 Mother's Day
Social
2:00 One to One Visits
2:30 Ball Toss
3:00 Fit Minds



10:00 Exercise
10:30 Painting Pages
2:45 Bingo



1:30 Friendly Visits
2:45 Alphabet Game



Happy Mother's Day!
9:00 Church Service
on the Television



Mother's Day
National Skilled Nursing Week

10:00 Bocce Ball
2:00 Obie Games
**3:00 Music with
Stephen!**



Happy Birthday Irene M!
9:30 Chapel Service
10:00 Courtyard Cleanup
3:00 Fit Minds



10:00 Courtyard Cleanup
2:00 Flip It Card Game
3:00 Dear Abby
6:00 Montessori Activities



10:00 Hymn Singalong
10:00 One to One Visits
11:00 Wheel of Fortune
2:30 Ball Toss
3:00 Fit Minds



10:00 Yahtzee
2:45 Bingo



10:00 Whiteboard Games
2:00 Movie Matinee

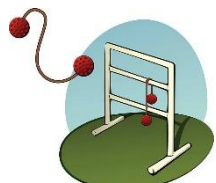


Armed Forces Day

9:00 Church Service
on the Television



Happy Birthday Bob!
10:00 Ladder Ball
2:00 Outdoor Games



Victoria Day (Canada)

9:30 Chapel Service
10:00 Exercise
10:30 How Many Words?
11:00 Montessori
Activities
2:00 Outside Visits
3:00 Fit Minds
6:00 Game Night



10:00 Arts and Crafts
11:15 Balloon Tennis
3:00 Birthday Party
6:00 Name That Tune



10:00 Java Music Club
2:00 Ball Toss
3:00 Fit Minds



Shavuot Begins



10:00 Exercise
10:30 You be the Judge
2:45 Bingo



10:00 Exercise
10:30 What's in the Bag?



9:00 Church Service
on the Television



Happy Birthday Ian!
10:00 Exercise
10:30 Family Feud
2:00 Courtyard Visits
**3:00 Music with
Stephen!**

Memorial Day



9:30 Chapel Service
10:00 Exercise
10:30 Trivia
2:00 Flip It Card Game
3:00 Fit Minds



**Gardening in the
Courtyard**



















6:00 Elfer
Raus

May 2023

Second Floor Recreation Calendar

All programs are subject to change.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning: 9:00 – Morning Exercises 9:30 – Singing with Stephen Mason Afternoon: Outdoor Strolls <small>May Day</small>	Morning: 9:00 – Whiteboard Games 9:30 – Reading & Reminiscing Afternoon: 2:00 – Fit Minds 2:30 – Cards & Games Evening: 5:30 – Evening Exercise	Morning: 9:15 – Morning Stretches 9:30 – Sing-along Afternoon: Afternoon Art 	Morning: 9:15 – Devotions with Don 9:30 – Reading Group 9:30 – Word Puzzles Afternoon: 2:00 – Fit Minds 2:30 – Flower Arranging	Morning: 9:30 – BINGO! Afternoon: 2:00 Cinco de Mayo Arm Chair Travel  <small>Cinco de Mayo</small>	 Morning: King Charles Coronation Tea on TV Afternoon: 2:00 - Horse Racing Game
Church Service on Television  Happy Nursing Week	Morning: 9:00 – Morning Exercise 9:30 – Jeopardy! Afternoon: Outdoor Strolls	Morning: 9:00 – Whiteboard Games 9:30 – Courtyard Clean Up Afternoon: 2:00 – Fit Minds 2:30 – Cards & Games Evening: 5:30 – Evening Exercise	Morning: 9:15 – Morning Stretches 9:30 – Sing-along Afternoon: Afternoon Art 	Morning: 9:15 – Devotions with Don 9:30 – Reading Group Afternoon: 2:00– Fit Minds 2:30 – Mother's Day Social 	Morning: 9:30 – BINGO! Afternoon: Healthy Hands & Montessori Activities 	Morning: 9:00 – Exercise 9:20 – Whiteboard Games Afternoon Patio Chats & Friendly Visits
Church Service on Television  Happy Mother's Day	Morning: 9:15 – Morning Exercises 9:30 – Singing with Stephen Mason Afternoon: Outdoor Strolls	Happy Birthday Dianne Morning: 9:30 – Courtyard Clean Up Afternoon: 2:00 – Fit Minds 2:30 – Cards & Games Evening: 5:30 – Evening Exercise	Morning: 9:30 – Courtyard Clean Up Afternoon: Afternoon Art 	Morning: 9:15 – Devotions with Don 9:30 – Reading Group Afternoon: 2:00– Fit Minds 2:30 – Afternoon Movie Matinee & Friendly Visits	Morning: 9:30 – BINGO! Afternoon: Healthy Hands & Montessori Activities 	Morning: 9:00 – Exercise 9:20 – Whiteboard Games Afternoon Patio Chats & Friendly Visits <small>Armed Forces Day</small>
Church Service on Television 	Morning: 9:15 – Morning Exercises Afternoon: Victoria Day Trivia  <small>Victoria Day (Canada)</small>	Morning: 9:15 – Whiteboard Games 9:30 – Reading & Reminiscing Afternoon: 2:15 – Fit Minds 2:30 – Cards & Games Evening: 5:30 – Evening Exercise	Morning: 9:15 – Morning Stretches 9:30 – Sing-along Afternoon: Birthday Party!  <small>Shavuot Begins</small>	Morning: 9:15 – Devotions with Don 10:00 Art Show Afternoon: 2:00 – Fit Minds 2:30 – Afternoon Art	Morning: 9:30 – BINGO! Afternoon: Healthy Hands & Montessori Activities 	Morning: 9:00 – Exercise 9:20 – Whiteboard Games Afternoon Patio Chats & Friendly Visits
Church Service on Television 	Morning: 9:15 – Morning Exercises 9:30 – Singing with Stephen Mason Afternoon: Outdoor Strolls <small>Memorial Day</small>	Morning: 9:15 – Whiteboard Games 9:30 – Reading & Reminiscing Afternoon: 2:00 – Fit Minds 2:30 – Cards & Games Evening: 5:30 – Evening Exercise	Gardening Day 	<h1>May 2023</h1> <h2>Third Floor Tabor Manor</h2>		

Sunday

Monday











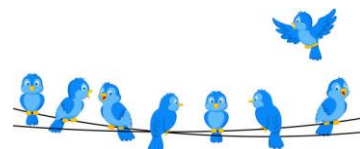


Tuesday

Wednesday

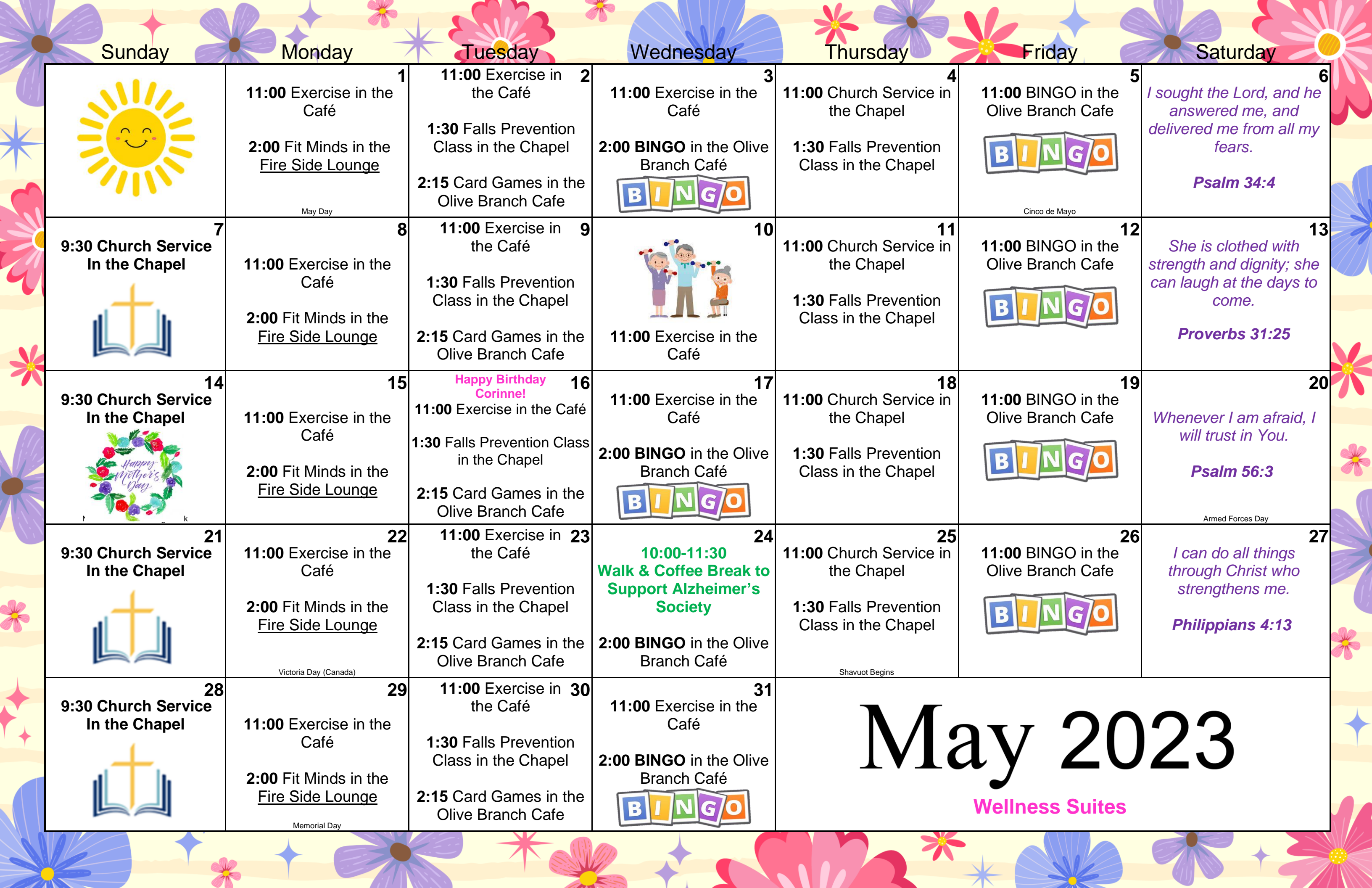
Thursday














Friday

Saturday

<p>10:30 Church Service on Television</p> 	<p>May Day! 1</p> <p>9:30 Group Exercise 10:30 Monthly Gazette 3:00 Java Music Club 6:00 Card Games</p>  <p>May Day</p>	<p>2</p> <p>9:30 Group Exercise 10:30 Mini Putt 2:30 Fit Minds 5:30 Name that Tune</p> 	<p>3</p> <p>9:30 Mother's Day Photos 2:00 OBIE 3:00 Ball Toss</p> 	<p>4</p> <p>9:45 Chapel Service with Don 10:15 Balloon Tennis 2:00 Montessori Moments 2:30 Fit Minds</p> 	<p>5</p> <p>9:30 Pass the Sombrero 10:00 Cinco de Mayo Fiesta! 2:45 BINGO</p> 	<p>Charles III Coronation 6</p>  <p>2:30 Afternoon Painting</p>
<p>Happy Nurses Week! 7</p> <p>10:30 Church Service on Television</p> 	<p>8</p> <p>9:30 Group Exercise 10:00 Elfer Raus 2:00 OBIE 3:00 Music with Stephen</p> 	<p>9</p> <p>9:30 Group Exercise 10:30 Garden Clean Up 2:00 One to One Visits 2:30 Fit Minds</p> 	<p>Happy Birthday Elinor! 10</p> <p>9:30 Group Exercise 10:00 Craft Corner 2:30 Fit Minds</p> 	<p>9:45 Chapel Service with Don 11</p> <p>10:15 Reading Circle 2:00 Montessori Moments 2:30 Mother's Day Tea Party</p> 	<p>12</p> <p>9:30 Group Exercise 10:00 Manicures 2:45 BINGO</p> 	<p>13</p> <p>10:00 Group Exercise 10:30 Finish the Line</p> 
<p>Happy Mother's Day! 14</p> <p>10:30 Church Service on Television</p>  <p>National Skilled Nursing Week</p>	<p>15</p> <p>9:30 Group Exercise 10:00 Alphabet Game 2:00 Montessori Moments 3:00 Java Music Club</p> 	<p>16</p> <p>9:30 Group Exercise 10:00 Garden Clean Up 2:00 One to One Visits 2:30 Fit Minds</p> 	<p>17</p> <p>9:30 Group Exercise 10:00 Garden Clean Up 3:00 Bowling</p> 	<p>18</p> <p>9:45 Chapel Service with Don 10:15 Balloon Tennis 2:00 OBIE 2:30 Fit Minds 6:00 Name that Tune</p> 	<p>19</p> <p>9:30 Group Exercise 10:00 Painting 2:45 BINGO</p> 	<p>20</p> <p>9:30 Group Exercise 10:00 Name 10 2:30 Outdoor Games</p>  <p>Armed Forces Day</p>
<p>21</p> <p>10:30 Church Service on Television 2:30 Movie Matinee</p> 	<p>Victoria Day! 22</p> <p>9:30 Group Exercise 10:00 Manicures 2:00 OBIE 3:00 Music with Stephen 6:00 Card Games</p>  <p>Victoria Day (Canada)</p>	<p>23</p> <p>9:30 Group Exercise 10:00 Bocce Ball 2:00 Poems and Readings 2:30 Fit Minds</p> 	<p>24</p> <p>9:30 Group Exercise 10:00 Wheel of Fortune 3:00 Birthday Party</p> 	<p>25</p> <p>9:45 Chapel Service with Don 10:15 Hymn Sing-along 2:00 Montessori Moments 2:30 Fit Minds</p>  <p>Shavuot Begins</p>	<p>26</p> <p>9:30 Group Exercise 10:00 Family Feud 2:45 BINGO</p> 	<p>27</p> <p>2:30 May Craft</p> 
<p>28</p> <p>10:30 Church Service on Television</p> 	<p>29</p> <p>9:30 Group Exercise 10:00 Java Music Club 2:00 One to One Visits 3:00 Men's Social</p>  <p>Memorial Day</p>	<p>30</p> <p>9:30 Group Exercise 10:00 Jeopardy 2:00 Montessori Moments 2:30 Fit Minds</p> 	<p>31</p> <p>10:00 Gardening Day 2:30 Outdoor Social</p> 	<p>May 2023</p> <p>FOURTH FLOOR RECREATION CALENDAR</p>		

ALL PROGRAMS ARE SUBJECT TO CHANGE



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div></div>	<div>2</div> <div>11:00 Exercise in the Café</div> <div>2:00 Fit Minds in the <u>Fire Side Lounge</u></div> <div>May Day</div>	<div>3</div> <div>11:00 Exercise in the Café</div> <div>1:30 Falls Prevention Class in the Chapel</div> <div>2:15 Card Games in the Olive Branch Café</div>	<div>4</div> <div>11:00 Exercise in the Café</div> <div>2:00 BINGO in the Olive Branch Café</div> <div></div>	<div>5</div> <div>11:00 Church Service in the Chapel</div> <div>1:30 Falls Prevention Class in the Chapel</div>	<div>6</div> <div>11:00 BINGO in the Olive Branch Café</div> <div></div> <div>Cinco de Mayo</div>	<div>7</div> <div><i>I sought the Lord, and he answered me, and delivered me from all my fears.</i></div> <div><i>Psalm 34:4</i></div>
<div>8</div> <div>9:30 Church Service In the Chapel</div> <div></div>	<div>9</div> <div>11:00 Exercise in the Café</div> <div>2:00 Fit Minds in the <u>Fire Side Lounge</u></div>	<div>10</div> <div>11:00 Exercise in the Café</div> <div>1:30 Falls Prevention Class in the Chapel</div> <div>2:15 Card Games in the Olive Branch Café</div>	<div>11</div> <div></div> <div>11:00 Exercise in the Café</div>	<div>12</div> <div>11:00 Church Service in the Chapel</div> <div>1:30 Falls Prevention Class in the Chapel</div>	<div>13</div> <div>11:00 BINGO in the Olive Branch Café</div> <div></div>	<div>14</div> <div><i>She is clothed with strength and dignity; she can laugh at the days to come.</i></div> <div><i>Proverbs 31:25</i></div>
<div>15</div> <div>9:30 Church Service In the Chapel</div> <div></div>	<div>16</div> <div>11:00 Exercise in the Café</div> <div>2:00 Fit Minds in the <u>Fire Side Lounge</u></div>	<div>17</div> <div>Happy Birthday Corinne!</div> <div>11:00 Exercise in the Café</div> <div>1:30 Falls Prevention Class in the Chapel</div> <div>2:15 Card Games in the Olive Branch Café</div>	<div>18</div> <div>11:00 Exercise in the Café</div> <div>2:00 BINGO in the Olive Branch Café</div> <div></div>	<div>19</div> <div>11:00 Church Service in the Chapel</div> <div>1:30 Falls Prevention Class in the Chapel</div>	<div>20</div> <div>11:00 BINGO in the Olive Branch Café</div> <div></div>	<div>21</div> <div><i>Whenever I am afraid, I will trust in You.</i></div> <div><i>Psalm 56:3</i></div> <div>Armed Forces Day</div>
<div>22</div> <div>9:30 Church Service In the Chapel</div> <div></div>	<div>23</div> <div>11:00 Exercise in the Café</div> <div>2:00 Fit Minds in the <u>Fire Side Lounge</u></div> <div>Victoria Day (Canada)</div>	<div>24</div> <div>11:00 Exercise in the Café</div> <div>1:30 Falls Prevention Class in the Chapel</div> <div>2:15 Card Games in the Olive Branch Café</div>	<div>25</div> <div>10:00-11:30 Walk & Coffee Break to Support Alzheimer's Society</div> <div>2:00 BINGO in the Olive Branch Café</div>	<div>26</div> <div>11:00 Church Service in the Chapel</div> <div>1:30 Falls Prevention Class in the Chapel</div> <div>Shavuot Begins</div>	<div>27</div> <div>11:00 BINGO in the Olive Branch Café</div> <div></div>	<div>28</div> <div><i>I can do all things through Christ who strengthens me.</i></div> <div><i>Philippians 4:13</i></div>
<div>29</div> <div>9:30 Church Service In the Chapel</div> <div></div>	<div>30</div> <div>11:00 Exercise in the Café</div> <div>2:00 Fit Minds in the <u>Fire Side Lounge</u></div> <div>Memorial Day</div>	<div>31</div> <div>11:00 Exercise in the Café</div> <div>1:30 Falls Prevention Class in the Chapel</div> <div>2:15 Card Games in the Olive Branch Café</div>	<div>32</div> <div>11:00 Exercise in the Café</div> <div>2:00 BINGO in the Olive Branch Café</div> <div></div>			

May 2023

Wellness Suites