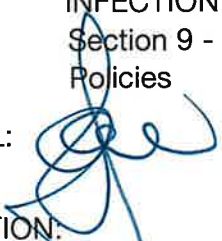


# Radiant Care

MANUAL: INFECTION CONTROL      SUBJECT: RESUMING VISITS DURING  
          Section 9 - Temporary      COVID-19  
          Policies

APPROVAL:       NUMBER:

DISTRIBUTION:      DATE: JUNE 2020

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## SCOPE

This policy applies to Long-Term Care homes and congregate living settings at Radiant Care.

## PURPOSE

To support Long-Term Care residents and congregate living tenants at Radiant Care, the homes will begin staged resumption of visits guided by the following principles, as per the Ministry of Health:

**Safety:** Visiting in the long-term care home and congregate living settings must meet the health and safety needs of residents/tenants, staff, and visitors, and ensure risks are mitigated.

**Emotional Well-being:** Allowing visitors is intended to support the emotional well-being of residents/tenants and their families/friends, through reducing any potential negative impacts related to social isolation.

**Equitable Access:** All individuals seeking to visit a resident/tenant will be given *equitable visitation access*, consistent with resident/tenant preference and within *reasonable restrictions* that safeguard residents/tenants.

**Flexibility:** The physical/infrastructure characteristics of the long-term care homes, its staffing availability, and the status of the home with respect to Personal Protective Equipment (PPE) levels for staff and residents/tenants.

## TEMPORARY POLICY – Current as of April 21, 2023

### POLICY

The visitation guidelines in all areas of the home are determined based on the directives and plans the Ontario government issues. Please refer to Procedure section for further details.

#### **Visits**

Visitors may visit residents/tenants at Radiant Care as per the guidelines outlined in the Procedure section.

Visitors may not come to the home if they are feeling unwell.

Failure to follow policy and protocols will result in discontinuation of visits.

#### **Absences**

Long-term care residents may leave the Long-Term Care Home property for absences, as per the guidelines outlined in the Procedure section.

All absences must be reviewed and approved on a case-by-case risk assessment considering, but not limited to, the home's ability to support self-isolation upon return (if necessary), local disease transmission and activity, and the residents' ability to comply with local and provincial policies.

### DEFINITIONS

**Essential Visitors:** A person performing essential support services (food delivery, health care services) or a person visiting a very ill or palliative resident. During an outbreak and/or a suspected or confirmed case of COVID-19, the local Public Health unit will provide direction on visitors to the home depending on the specific situation.

**Support Worker:** A person who visits a home to provide support to the critical operations of the home or to provide essential services to a resident. Essential services include, but are not limited to, services provided by regulated health professionals, emergency services, social work, moving services, legal services, post-mortem services, maintenance and repair services, food and nutrition services, water and drink delivery services, mail, delivery and courier services, assistive devices program vendors, and election / voting services.

**Caregiver:** A type of visitor who is visiting the home to provide direct care to meet the essential needs of a particular resident. Caregivers must be at least 18 years of age and must be designated by the resident or his/her substitute decisionmaker (if any). Direct care includes providing support or assistance to a resident that includes providing direct physical support (for example, eating, bathing and dressing) and/or providing social and emotional support.

**General Visitors:** A person who is not an essential visitor and is visiting the home to provide non-essential services related to either the operations of the home or a particular resident or group of residents. This excludes children under the age of one.

**All visitors** must complete the required education on Infection Prevention and Control (IPAC) and PPE from the resources provided by Public Health Ontario.

**Education Requirements for Visitors:** Prior to any visit in Long-Term Care, visitors must complete education that includes how to perform hand hygiene and put on and remove required PPE. All essential caregivers must re-complete this training and re-read Radiant Care's Resuming Visits During COVID-19 Policy on a monthly basis, and attest to doing so.

**Fully immunized (or Fully vaccinated):** A person is fully immunized against COVID-19 if they have received:

- The full series of a COVID-19 vaccine authorized by Health Canada, or any combination of such vaccines, or
- One or two doses of a COVID-19 vaccine not authorized by Health Canada, followed by one dose of a COVID-19 mRNA vaccine authorized by Health Canada, or
- Three doses of a COVID-19 vaccine not authorized by Health Canada; and They received their final dose of the COVID-19 vaccine at least 14 days ago.

**Education for All Visitors:**

- *Recommended Steps: Putting on Personal Protective Equipment (PPE)* – this infographic also outlines how to put on PPE  
<https://www.publichealthontario.ca/-/media/documents/ncov/ipac/ppe-recommended-steps.pdf?la=en>
- *Video: Putting on Full Personal Protective Equipment*  
<https://www.publichealthontario.ca/en/videos/ipac-fullppe-on>
- *Video: Taking off Full Personal Protective Equipment*  
<https://www.publichealthontario.ca/en/videos/ipac-fullppe-off> Infographic:
- *Video: How to Hand Wash*  
<https://www.publichealthontario.ca/en/videos/ipac-handwash>
- *Video: How to Hand Rub*  
<https://www.publichealthontario.ca/en/videos/ipac-handrub>

**Best Practices: Promoting awareness of the benefits of vaccination**

There continues to be a risk for severe outcomes because of COVID-19 in the elderly population due to age and underlying medical conditions, particularly in shared living spaces like long-term care homes. Vaccination remains the best defense against COVID-19. Vaccination has been shown to be very effective against severe illness and outcomes. Staying up to date with recommended doses restores protection that wanes over time. More specifically, booster doses help increase protection against

## TEMPORARY POLICY – Current as of April 21, 2023

symptomatic infection and severe outcomes, such as hospitalization and ICU admission.

All individuals entering Radiant Care homes, including residents, staff, caregivers, and visitors are strongly encouraged to get vaccinated and stay up to date with recommended doses as per the Ministry of Health's guidelines. For more information see:

[https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/vaccine/COVID-19\\_vaccine\\_administration.pdf](https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/vaccine/COVID-19_vaccine_administration.pdf)

### **PROCEDURE**

The tables below indicate the visitation and resident absence guidelines based on current Ontario government directives/plans and during outbreak in the home. (The guidelines for visiting during a suspected outbreak are the same as those for outbreak.) These guidelines may be updated at the discretion of Radiant Care and as directed by the Ontario government, Ministry of Long-Term Care, Ministry of Health, and Public Health as the pandemic situation evolves to keep all residents, tenants, staff, and visitors safe.

Visitation restrictions above and beyond those listed in the tables below may be made based on the physical characteristics of the home and the needs of ALL residents. The total number of visitors in the home will be closely monitored and restricted, as necessary. Space in the homes must be available for physical distancing when required. If the home is not able to supply surgical/medical masks, no visitors will be permitted inside the home. Outdoor visits may be cancelled due to extreme heat, other weather conditions, lack of available staff to support the visit, etc.

Most visits will not be supervised; successful visits in the homes are dependent on trust. The homes trust that visitors will comply with all rules. At times it may be necessary to supervise visits to support residents.

Asymptomatic Screen Testing: Families and visitors will no longer be required to complete Asymptomatic Screening, (Rapid Antigen Test) tests prior to visitation. They will still have to complete a self-assessment prior to visiting, to ensure the continued health and well-being of residents, families and staff.

Active Screening: A self-assessment kiosk will be installed in the near future at the entrance for visitors, for active screening purposes. Until the kiosk is installed and operational, visitors will still be required to go through the established screening process.

**Designating an Essential Caregiver**

- Each resident or substitute decision maker (SDM) may designate essential caregivers.
- Radiant Care will document the identified designated individual(s) in the resident's plan of care, along with the role they play in providing care.
- The resident or their SDM may change a designation based on resident care needs or the availability of the designated caregiver but must submit a change request in writing to the home.
- Changes to designated caregivers may be restricted during certain periods based on provincial and local conditions, and at the discretion of Radiant Care.

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**LONG-TERM CARE VISITS**

<b>REQUIREMENTS</b>		<b>OUTBREAK/ RESIDENT IN ISOLATION</b>
<p><b>VISITORS</b>  <i>Medical masks must be worn in indoor common areas. Masks may be removed while visiting one-on-one with a resident in a private visiting area</i></p> <p><i>Prior to each visit, self screening at the kiosk for symptoms and exposures to COVID-19 and will be not admitted if they do not pass screening</i></p> <p><i>Indoor visitors must participate in surveillance testing: Active Self Assessment Screening at the kiosk located at the entrance to the home.</i></p> <p><i>Must review IPAC information (Appendix A), complete required education (see page 3), and follow all IPAC measures (hand hygiene, masking, and distancing where indicated)</i></p>	<p><b>ESSENTIAL CAREGIVER (DESIGNATED)</b></p> <ul style="list-style-type: none"> <li>• Visits will not be scheduled or restricted in length or frequency</li> <li>• Close contact with resident allowed</li> <li>• May support in dining room, join in activities (space permitting)</li> </ul> <p><b>GENERAL VISITOR</b></p> <ul style="list-style-type: none"> <li>• Visitors under 14 must be accompanied by an adult</li> <li>• Visits will not be scheduled or restricted in length or frequency</li> <li>• Close contact with resident allowed</li> <li>• Must remain in designated visiting areas</li> <li>• Approved performers may remove their mask while providing live entertainment, if required to perform their talent (i.e. singing or playing a musical instrument), provided that the performer maintains a physical distance of at least two metres from spectators or is separated from spectators by plexiglass or an impermeable barrier.</li> <li>• When residents/tenants are visiting outdoors, visitors are not required to wear a mask</li> </ul>	<p>May support in resident's room/isolation room (number of visitors will be at the discretion of Public Health)</p> <p>If resident is unaffected by outbreak, may support outside of resident's room</p> <p>Must wear eye protection when providing direct care</p> <p>Not permitted unless resident is in area unaffected by outbreak</p>

\*\*Unless the visitor requires immediate access in an emergency or palliative situation.

**LONG-TERM CARE RESIDENT ABSENCES**

REQUIREMENTS		OUTBREAK/ RESIDENT IN ISOLATION
<b>ABSENCES</b> <i>*Medical mask required, follow IPAC,                      *Testing and isolation are required if residents are exhibiting symptoms or as directed by Public Health</i>	SOCIAL ABSENCE – DAY SOCIAL ABSENCE – OVERNIGHT	Residents who are in isolation on Additional Precautions may not participate in essential, social, or temporary absences. Homes should seek the advice of local public health unit if self-isolation must be broken for these reasons.  When a resident who is self-isolating on Additional Precautions is required to leave the home for a medical absence, homes should notify the health care facility so that care can be provided to the resident with the appropriate Additional Precautions in place.
	ESSENTIAL, MEDICAL, COMPASSIONATE, OR PALLIATIVE ABSENCE – DAY OR OVERNIGHT	Homes cannot restrict absences for medical, palliative or compassionate reasons at any time. This includes when a resident is in isolation or when a home is in outbreak.

Per section 6 of the [Minister's Directive](#), licensees are required to ensure that the resident absence requirements as set out in this guidance document are followed.

**Requirements**

All long-term care homes must establish and implement policies and procedures in respect of resident absences, which, at a minimum, set out the definitions and requirements and conditions described below.

For all absences, residents must be:

- provided with a medical mask when they are leaving the home
- provided a handout that reminds residents and families to practice public health measures such as masking and hand hygiene when outside of the home

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**LONG-TERM CARE RESIDENT ACTIVITIES**

<b>REQUIREMENTS</b>		<b>ALL RESIDENTS</b>	<b>OUTBREAK/ ISOLATION</b>
<b>SOCIAL GATHERINGS</b> <i>*Residents wear face coverings if tolerated, IPAC adherence, cleaning prior/after</i>	ORGANIZED EVENTS/ SOCIAL GATHERINGS	Activities/Social Distancing: Long Term Care homes can hold activities without adjusting to optimize for physical distancing. LTC homes, with guidance from Public Health Units, are best positioned to structure activities based on staff capacity and the individual LTC home and resident population. Enhanced precautions required	Individual/ door-to-door programming only for area(s) in outbreak and isolated residents (caregiver permitted)  Residents from different cohorts are not to be mixed
<b>DINING</b>	COMMUNAL DINING	When not eating or drinking, residents should wear a mask  Caregivers and other visitors may accompany residents for meals to assist them with eating, however, caregivers and other visitors must remain masked at all times and cannot join in the meal.	In-room dining



**CONGREGATE LIVING/HOUSING VISITS (APARTMENTS, WELLNESS SUITES, LIFE LEASE UNITS)**

<b>REQUIREMENTS</b>	
<b>INDOOR VISITS</b>	<ul style="list-style-type: none"><li>• Visits are permitted but strongly not recommended for tenants who are self-isolating</li><li>• Must review information package on Infection Prevention and Control (IPAC) (see Appendix A)</li><li>• It is required that visitors wear a face covering (provided by self) throughout the visit. We encourage visitors to follow all IPAC measures including hand hygiene</li><li>• Prior to each visit, must self-screen for symptoms and exposures for COVID-19, and not be admitted if they do not pass the screening.</li><li>• Visits will not be scheduled or restricted in length or frequency</li><li>• Tenants will schedule their own visitors and are responsible to ensure their visitors adhere to the guidelines in this policy</li></ul>

\*\*Unless the visitor requires immediate access in an emergency or palliative situation

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**TENANT ABSENCES**

Tenants are permitted to leave the home at any time and are not required to arrange their absences with staff; however, tenants who are away from the home on a temporary/overnight absence must follow the guidelines below upon return to the home. Tenants are responsible to arrange/complete their own testing and/or immunization; this is not the responsibility of Radiant Care. Tenants must provide proof of test results and immunization, where applicable, to the Supportive Housing Manager for verification.

REQUIREMENTS	IMMUNIZED WITH AT LEAST 3 DOSES	PARTIALLY IMMUNIZED/ UNIMMUNIZED
<p><b>ABSENCES</b> *Face covering required, follow IPAC</p>	<p>SHORT TERM – FOR ANY REASON</p> <ul style="list-style-type: none"> <li>• Being away from the home during the day</li> </ul> <p>TEMPORARY/OVERNIGHT</p> <ul style="list-style-type: none"> <li>• Being away from the home overnight (except for a single night in the emergency room)</li> <li>• Being discharged after two or more nights in the emergency room, or</li> <li>• Being admitted to the hospital at any point</li> </ul>	<p>No specific requirements</p> <p>FOR SUPPORTIVE HOUSING CLIENTS ONLY:</p> <p>May get a PCR test completed within 24 hours (1 day) prior to the time of return to the home (“re-admission”).</p> <ul style="list-style-type: none"> <li>• While the test result is <i>pending</i>, the individual must be placed in isolation on droplet and contact precautions.</li> <li>• If the test result is <i>negative</i>, the individual must remain in isolation on droplet and contact precautions for a minimum of 5 days.                             <ul style="list-style-type: none"> <li>○ In order for isolation to discontinue, the individual must complete another PCR test on day 5 and achieve a negative result.</li> <li>○ If the individual does not complete a PCR test on day 5, they must continue to isolate for 10 days from their initial test date.</li> </ul> </li> <li>• If the test result is <i>positive</i>, the individual must isolate as per directions from Public Health.</li> </ul> <p>If the individual chooses not to get a PCR test at the time of admission/re-admission, s/he must be placed in isolation on droplet and contact precautions for 10 days.</p> <p>If timely PCR results are unavailable, the individual may perform 2 rapid antigen tests (RATs) separated by 24 hours in place of each required PCR test.</p>

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TENANT ACTIVITIES

REQUIREMENTS		OUTBREAK/ ISOLATION
SOCIAL GATHERINGS (INDOOR COMMON AREAS)	<ul style="list-style-type: none"> <li>Masks may be removed while eating or drinking (must be seated at a table). Masks must be worn when not actively eating or drinking, and when moving around the room</li> </ul>	TBD
FITNESS & WELLNESS CENTRE (TABOR MANOR ONLY)	<ul style="list-style-type: none"> <li>Open to all Fitness &amp; Wellness Centre members</li> <li>Members must sign in and out with each use and answer screening questions on the sign in sheet (at wellness centre door)</li> <li>Masks may be removed while exercising, but must be worn while walking to and from the Fitness Centre</li> <li>Equipment must be sanitized by members after each use using the wipes provided</li> <li>We strongly recommend that you remain 2 metres away from other people</li> <li>Staff, volunteers, and affiliate members must meet the congregate living indoor visitor requirements outlined in this document (see page 9) and must screen in at the screening station upon entry to 1 Tabor Drive.</li> <li>Hours of use are:                             <ul style="list-style-type: none"> <li>Tenants, Staff, Volunteers: Anytime</li> <li>Affiliate Members: 8:00am – 5:00pm Monday to Friday (May be used outside of these times if accompanied by an internal member)</li> </ul> </li> </ul>	Closed

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**ROOM BOOKINGS**

Room bookings may be made through our Administration Office at each site.

<b>REQUIREMENTS</b>		<b>OUTBREAK/ ISOLATION</b>
<b>HOSPITALITY ROOMS (For overnight guests)</b>	<ul style="list-style-type: none"> <li>• Guests staying in our hospitality rooms must meet the congregate living indoor visitor requirements outlined in this document (see page 9)</li> <li>• Guests must screen in at the housing screening station</li> </ul>	TBD
<b>MEETING ROOM RENTALS (For group gatherings)</b>	<ul style="list-style-type: none"> <li>• Masks must be worn at all times except while eating or drinking</li> <li>• We strongly recommend that you remain 2 metres away from other people</li> <li>• <u>All</u> guests must meet the congregate living indoor visitor requirements outlined in this document (see page 9)                             <ul style="list-style-type: none"> <li>○ The person booking the room is responsible for keeping a record of all guests who attend, informing all guests of all requirements, and ensuring all requirements are met</li> </ul> </li> <li>• <u>All</u> guests must screen in at the housing screening station</li> </ul>	TBD

### **Failure to comply with IPAC or PPE protocols**

Radiant Care Long-Term Care homes are required to follow directives issued by the Chief Medical Officer of Health under the Health Protection and Promotion Act and requirements under the Long-Term Care Homes Act, 2007, and other applicable laws to ensure that the home is a safe and secure environment for its residents. As a result, Radiant Care will take steps to enforce the rules for visitors, including restricting access to the property as appropriate.

- Visitors who repeatedly do not comply with the visitor rules could have all visits discontinued. The process will be as follows:
  1. Verbal reminders
  2. Written reminder
  3. Suspension of visits until review of education and attestation to that effect has occurred

### **CROSS REFERENCE**

- Isolation Protocols for Admission and Re-Admission to Housing During Covid-19 Pandemic – Temporary Policy, located in Infection Control Manual

### **REFERENCE**

- COVID-19 Directive #3 for Long-Term Care Homes under the Long-Term Care Homes Act, 2007, Ministry of Long-Term Care (May 2022) [https://www.rhra.ca/wp-content/uploads/2022/05/LTCH\\_HPPA-1.pdf](https://www.rhra.ca/wp-content/uploads/2022/05/LTCH_HPPA-1.pdf)
- COVID-19 Guidance Document for Long-Term Care Homes in Ontario, Ministry of Long-Term Care (October 2022) <https://www.ontario.ca/page/covid-19-guidance-document-long-term-care-homes-ontario>
- COVID-19 Guidance: Long-Term Care Homes and Retirement Homes for Public Health Units, Ministry of Health (March 2023) [https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/LTCH\\_RH\\_guidance\\_PHU.pdf](https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/LTCH_RH_guidance_PHU.pdf)
- Reopening Ontario: Roadmap to Reopen, Government of Ontario (May 20, 2021) <https://www.ontario.ca/page/reopening-ontario>
- Face Covering By-Law, Niagara Region <https://niagararegion.ca/health/covid-19/mask-bylaw.aspx>

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Revised:

July 21, 2020  
August 12, 2020  
September 1, 2020  
September 8, 2020  
November 16, 2020  
November 26, 2020  
December 21, 2020  
February 9, 2021  
February 18, 2021  
March 1, 2021  
April 5, 2021  
April 13, 2021  
May 11, 2021  
May 25, 2021  
June 7, 2021  
June 30, 2021  
July 7, 2021  
July 16, 2021  
August 2, 2021  
September 1, 2021  
September 13, 2021

October 15, 2021  
December 17, 2021  
December 19, 2021  
December 21, 2021  
December 30, 2021  
January 6, 2022  
January 31, 2022  
February 7, 2022  
February 17, 2022  
February 21, 2022  
March 3, 2022  
March 14, 2022  
October 14, 2022  
November 28, 2022  
April 21, 2023

**Infection Prevention and Control (IPAC) Information Package**

**Immunization:**

- Essential caregivers (long-term care) must be vaccinated with a primary vaccine series and receive a booster dose within 30 days of becoming eligible.
- General visitors (long-term care) do not need to be vaccinated; however, unvaccinated general visitors will have stricter visitation guidelines and IPAC measures in place, when in outbreak.
- Congregate living visitors do not need to be vaccinated.

<b>Nonadherence policy</b>	<b>Indoor visitors must review the information in this package and agree to all measures contained herein. Failure to do so, or non-adherence to home policies and procedures, will result in discontinuation of visits, effective immediately.</b>
<b>Screening for COVID-19 Symptoms</b>	Before your visit you will be 'screened' using a questionnaire (outdoor tenant visitors excluded) **If you have any of the symptoms in the following list we ask that you do <b>NOT</b> come for your visit. If you do not pass the screening, you will not be permitted to visit at this time.
Common signs of infection include:	<ul style="list-style-type: none"> <li>• Fever and /or</li> <li>• New cough or a cough that is getting worse</li> <li>• Shortness of breath</li> <li>• Decrease or loss of taste or smell</li> <li>• Fatigue, lack of energy, muscle pain</li> </ul>
Other symptoms can include:	<ul style="list-style-type: none"> <li>• Difficulty breathing</li> <li>• Sore throat</li> <li>• A runny or congested nose (not allergies)</li> <li>• Chills</li> </ul>
Other non-specific symptoms are:	<ul style="list-style-type: none"> <li>• Muscle aches</li> <li>• Headache</li> <li>• Diarrhea</li> <li>• Conjunctivitis</li> <li>• Rash</li> <li>• Severe chest pain</li> <li>• Feeling confused</li> <li>• Lost consciousness</li> <li>• Nausea or vomiting</li> <li>• Unexplained abnormally rapid heart rate</li> <li>• Chronic conditions getting worse</li> <li>• Unusual fatigue or malaise</li> </ul>

Appendix A

<p><b>Education for Long-Term Care Visitors</b></p>	<p>Prior to any visit in Long-Term Care, visitors must complete education that includes how to perform hand hygiene and put on and remove required PPE. (See specific requirements below)</p> <p>Essential caregivers must re-complete the training and re-read Radiant Care’s Resuming Visits During COVID-19 Policy on a monthly basis, and attest to doing so.</p> <p><b>Education:</b></p> <ul style="list-style-type: none"> <li>• Infographic: <i>Recommended Steps: Taking Off Personal Protective Equipment (PPE)</i> – this infographic also outlines how to put on PPE <a href="https://www.publichealthontario.ca/-/media/documents/ncov/ipac/ppe/ppe-recommended-steps.pdf?la=en">https://www.publichealthontario.ca/-/media/documents/ncov/ipac/ppe/ppe-recommended-steps.pdf?la=en</a></li> <li>• Video: <i>Putting on Full Personal Protective Equipment</i> <a href="https://www.publichealthontario.ca/en/videos/ipac-fullppe-on">https://www.publichealthontario.ca/en/videos/ipac-fullppe-on</a></li> <li>• Video: <i>Taking off Full Personal Protective Equipment</i> <a href="https://www.publichealthontario.ca/en/videos/ipac-fullppe-off">https://www.publichealthontario.ca/en/videos/ipac-fullppe-off</a></li> <li>• Video: <i>How to Hand Wash</i> <a href="https://www.publichealthontario.ca/en/videos/ipac-handwash">https://www.publichealthontario.ca/en/videos/ipac-handwash</a></li> <li>• Video: <i>How to Hand Rub</i> <a href="https://www.publichealthontario.ca/en/videos/ipac-handrub">https://www.publichealthontario.ca/en/videos/ipac-handrub</a></li> </ul>
<p><b>Clean Your Hands:</b> Cleaning your hands is the most effective way to prevent the spread of germs. Regular hand cleaning with either soap and water or an <b>alcohol-based hand sanitizer</b> will reduce the risk of getting sick</p>	<p>You must clean your hands: You will be asked to sanitize your hands at the beginning of your visit, and again as you are leaving the visiting area.</p> <p>Hand Sanitizer will be available for you to use when you are screened prior to your visit:</p> <ul style="list-style-type: none"> <li>• Apply the sanitizer to the palm of your hand, rub the product over all surfaces of your hands (between your fingers, the base of your thumb, your wrists, under your fingernails) until your hands are dry. This should take 20 seconds</li> </ul> <p>Please view online video listed in <i>Education</i> section above.</p>



<p><b>Physical Distancing</b></p>	<p>Avoiding/minimizing close contact is a primary way to prevent the spread of COVID-19.</p> <p><b>Long-Term Care Visitors:</b> Physical touch (for example, holding hands) is allowed between caregivers or general visitors and the resident they are visiting, provided appropriate IPAC measures, like hand hygiene, are in place.</p> <p>All visitors must maintain a 2-metre distance from all other residents, caregivers, staff, and visitors during their visit.</p>
<p><b>Face Masks</b></p>	<p><b>**All visitors must wear their face mask/covering upon entry and while in common areas of the home. Vaccinated visitors may remove their masks while visiting one-on-one with a resident in a residence room.</b> Visitors must keep their face mask on at all times while in the common areas.</p> <p><b>How to safely wear a face covering: While you continue to stay two metres away from others"</b></p> <ol style="list-style-type: none"> <li>1. Clean your hands before putting it on and taking it off. Clean your hands with soap and water or alcohol-based hand sanitizer for at least 20 seconds.</li> <li>2. Make sure it fits. No gaps between the face covering and your face. It should cover your mouth and nose from below the eyes to around the chin.</li> <li>3. Secure it with ties or ear loops so that it is comfortable and does not hinder breathing and vision</li> <li>4. Keep your hands away from your face while wearing a face covering. If you do touch your face or mask, clean your hands immediately.</li> <li>5. Do not share your mask with others. Wear it as long as it is comfortable, and remove it when it becomes soiled, damp, damage or difficult to breathe through.</li> </ol> <p><b>How to remove and care for a face covering:</b></p> <ol style="list-style-type: none"> <li>1. Remove carefully by grasping the straps only and place directly in the laundry (or garbage if disposable)</li> <li>2. If you must use it again before washing, ensure that the front of the mask folds in on itself to avoid touching the front. Store it in its own bag or container. Discard the bag or clean and disinfect the container after use.</li> <li>3. Immediately clean your hands with soap and water for at least 20 seconds or use alcohol-based hand sanitizer</li> </ol>

Appendix A

	<p>4. Machine wash with hot water and regular detergent</p> <p><b>Type of Face Covering</b></p> <ul style="list-style-type: none"> <li>• Outdoor Long-Term Care general visitors and indoor tenant visitors are requested to bring their own face covering/mask</li> <li>• Indoor Long-Term Care general visitors and all essential caregivers must wear a medical mask provided by Radiant Care</li> </ul> <p>Please view online video listed in <i>Education</i> section above.</p>
<p><b>Eye Protection</b></p>	<p>Eye protection must be worn by essential caregivers who are providing care within 2 metres of a resident who is on Droplet/Contact Precautions and/or directly in an outbreak setting.</p> <p>Radiant Care will initially provide each essential caregiver with reusable eye protection, as needed. Caregivers must keep the eye protection, clean it after use, and bring it to each visit.</p> <p>General visitors must wear full PPE throughout the entire visit, when in outbreak. Full PPE will be provided by the home and includes a surgical mask, face shield, and gown. This PPE cannot be removed for any reason while in the home.</p>
<p><b>Limiting Movement:</b></p>	<p>Long-term care visitors must visit in designated visiting areas or in residence rooms only. Please proceed directly to your visit location and remain in place. Exceptions for <i>fully immunized</i> essential caregivers visiting <i>fully immunized</i> long-term care residents are noted in the table in the Resuming Visits During COVID-19 Policy.</p>