# Radiant Care Tabor Manor

# WE REMEMBER ....

Beverley Riva Elizabeth Alek Patricia Roach Anne Braun Hans "John" Eckert

*WE WELCOME...* Jakob Boldt Isabel McQuillin Anna Quiquero

WE CELEBRATE THE BIRTHDAYS OF...

Harry Fediuk Rosie Brickell William Burke Edith 'Ann' Weisberg Elma Dueck Maria Pennacchio Ruth Harder Harry Penner Vicky Hildebrandt Margaret Clephane Sarah Durksen Wilhelmina 'Willy' Kleiboer

# Tabor Times March 2023

# **Recreation Note**

It can be hard to get our men to participate in activities, or to open up and engage. Research indicates that when older adults participate on a daily or weekly basis in social activity there is a significant improvement in their well-being. (Isaac et al., 2009) Activities contribute to their emotional well-being and helps reduce isolation and loneliness. Recreation staff have been adding specific male planned activities to meet their common interests to support and promote male-to-male social engagement. So nice to see a good turn out, with good feedback. We are looking forward to having more "male" activities on our calendars.







# **Closet Clean-Out!**

With Spring just around the corner, this is a good time to start thinking about exchanging your loved ones' heavy winter clothing for lighter, more comfortable seasonal clothes.

Clothing is laundered and returned to residents within 48-hours, we recommend you only keep seasonal clothes on hand, as our closet

space is limited.





Reminder to families to check your loved ones' room for mail. Recreation staff deliver mail to residents on a daily basis. "Special mail", which usually is referring to government issued items are often kept at the nursing station for safe keeping for most residents. Please check-in with nursing when you visit to see if there is any mail that you may need to pickup.



before you





Our baking programs created empire cookies for everyone to enjoy on Valentine's Day.



## God Knows!

"We live by faith, not by sight." -2 Corinthians 5:7

I read some crazy questions in a magazine the other day: "Why are there flotation devices under airplane seats instead of parachutes? Why do we drive on parkways and park on driveways? Why, when you transport something by car, is it called a shipment, but when you transport something by ship, it's called cargo? Why do they have interstate highways in Hawaii?

These examples underscore that a lot of questions aren't worth asking. After all, they don't have straight answers. But some questions *are* worth asking. Questions about hardship, suffering and loss. Yet even these important questions don't have straight answers.

When my father died when I was 9yrs. old, the "why" question was the first thing that popped in my head every morning. Looking back, I'm not sure I would have understood, let alone been satisfied, had God given me the answers then. It would have been like pouring million-gallon-sized truths into my one-ounce brain. Scripture says...

#### Romans 11:32

Oh, the depth of the riches and wisdom and knowledge of God! How unsearchable are his judgments and how inscrutable his ways!

#### Psalm 139:17

How precious to me are your thoughts, O God! How vast is the sum of them!

### Deuteronomy 29:29

The secret things belong to the LORD our God, but the things that are revealed belong to us and to our children forever, that we may do all the words of this law.

These verses remind us that God is the only one who knows all the answers...and we can/could never comprehend them all...after all...He is God, not us!

Straight answers to larger-than-life questions don't increase faith. The only way to increase faith, according to Romans 10:17, is through hearing and believing the Word of God. In essence, Scripture tells us to 'walk by faith and not by sight' (2 Cor. 5:7).

Having faith in God is where we find peace and rest; we don't find it in having all the answers we probably couldn't even bear to hear, even if they were given to us.

Ultimately, we find our peace and rest in 'The Prince of Peace' Himself, who gives us His peace, freely and fully! (John 14:27) And faith in Him assures us that Jesus is the only one who holds all the answers. Someday He will pour out those million-gallon-sized truths for us. Then, we'll have all the straight answers we need forever!

Let's not worry about what we don't know now... God knows, and we can trust Him with the answers! In the meantime, let's live by faith, not by sight!

**Pastor Jim**