

Sunday

Monday

Tuesday

Wednesday





Thursday

Friday

Saturday

# March 2023

## First Floor Recreation Calendar

<h1>March 2023</h1> <h2>First Floor Recreation Calendar</h2>		<p>Is March Coming in Like a Lamb or Lion?</p> <p>Morning: 9:00 Exercise 9:30 Monthly Gazette Afternoon: 1:30 Java Music Club 3:00 Jeopardy</p> 	<p>Morning: 9:00 Exercise 9:30 Fit Minds</p> <p>Afternoon: 1:30 Friendly Visits 2:30 Art Show 5:30 Reading Circle with Falycia</p>	<p>Morning: Bingo in the Dining Room</p> <p><b>Bingo</b></p> <p>Afternoon: 3:00 Alphabet Game</p>	<p>Happy Birthday Billie!</p> <p>Morning: 10:00 Painting in the Activity Room Afternoon: Montessori Visits 3:00 Finish the Line Activities with Jillian</p>	
<p>9:00 Church Service on the Television</p> 	<p>Morning: 9:00 Exercise 9:30 Craft Corner</p> <p>Afternoon: 1:30 Yahtzee! 3:00 Finish the Line</p>  <p>Purim Begins</p>	<p>Morning: 9:00 Devotions with Don 9:30 Fit Minds</p> <p>Afternoon: 1:30 Elfer Raus 3:00 All About Cheese 5:30 Uno Card Games</p> 	<p>International Women's Day</p> <p>Morning: 9:30 High Tea Afternoon: 1:30 Java Music Club Montessori Visits 3:00 St. Patrick's Day Rhyme Time with Jillian</p> 	<p>Morning: 9:00 Gardening Activity</p>  <p>Afternoon: 3:00 Name Ten</p>	<p>Morning: Bingo in the Dining Room</p> <p><b>Bingo</b></p> <p>Afternoon: 3:00 Last Letter Game Activities with Jillian</p>	<p>Morning: Painting Group</p>  <p>Afternoon: Board Games</p>
<p>9:00 Church Service on the Television</p>  <p>Afternoon: Hymn Sing Along</p> <p>Daylight Saving Time Begins</p>	<p>Morning: 9:00 Exercise 9:30 Craft Corner</p> <p>Afternoon: 1:30 Board Games 3:00 Bocce Ball</p>	<p>Morning: 9:00 Devotions with Don 9:30 Fit Minds Afternoon: 1:30 Montessori Moments 3:00 Wheel of Fortune</p> 	<p>Morning: 9:00 Ring Toss 9:30 History of the Mustang</p>  <p>Afternoon: 1:30 Java Music Club 3:00 How Many Words?</p> 	<p>Morning: 9:00 Exercise 9:30 Fit Minds</p> <p>Afternoon: 1:30 Friendly Visits 3:00 Shamrock Shake Social 5:30 Alphabet Game</p> 	<p>Morning: Bingo in the Dining Room</p> <p><b>Bingo</b></p> <p>Afternoon: Truth or Blarney Trivia</p>  <p>St. Patrick's Day</p>	<p>10:00 What Am I with Falycia</p> 
<p>9:00 Church Service on the Television</p>  <p>3:00 Painting</p>	<p>Morning: 9:00 Exercise 9:30 Craft Corner Afternoon: 1:30 Spring Poems and Puzzles 3:00 Trivia Time 5:30 Elfer Raus in the Activity Room with Jillian</p> <p>Spring Begins</p>	<p>Morning: 9:00 Devotions with Don 9:30 Fit Minds</p> <p>Afternoon: 2:00 Movie Matinee</p> 	<p>Morning: 9:30 All About Humphrey Bogart Afternoon: 3:00 Entertainment with Dave Burton – Mr. Jindles</p>  <p>Rosh Hashanah Begins</p>	<p>Morning: 9:00 Exercise 9:30 Fit Minds</p> <p>Afternoon: 1:30 Yahtzee 3:00 Spelling Bee</p> 	<p>Morning: Bingo in the Dining Room</p> <p><b>Bingo</b></p> <p>Afternoon: Montessori Moments</p>	<p>Friendly Visits</p> 
<p>9:00 Church Service on the Television</p> 	<p>Morning: 9:30 Stretch and Sing</p> <p>Afternoon: 1:30 Montessori Moments 3:00 Alphabet Game</p>	<p>Morning: 9:00 Devotions with Don 9:30 Fit Minds</p> <p>Afternoon: 1:30 Craft Corner 3:00 Name that Tune</p> 	<p>Morning: 9:30 Travel the World: To Ireland Afternoon: 3:00 Birthday Celebration</p> 	<p>Opening Day of Baseball</p> <p>Morning: 9:00 Exercise 9:30 Fit Minds Afternoon: 1:30 Manicures with Jillian 3:00 SPIN TO WIN Baseball in the Lounge 3:00 Sing along with Cassi</p>	<p>Morning: Bingo in the Dining Room</p> <p><b>Bingo</b></p> <p>Afternoon: Finish the Line</p>	

All Programs Subject To Change



Sunday

Monday

Tuesday

Wednesday


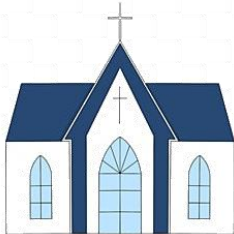









Thursday

Friday

Saturday

# March 2023

## Second Floor Recreation Calendar

<h1>March 2023</h1> <h2>Second Floor Recreation Calendar</h2>			<div><div>Morning:</div><div>9:30 Monthly Gazette 10:00 Arts and Crafts</div><div>Afternoon:</div><div>2:00 One to one visits 3:00 Rummikub</div></div>	<div>1<div><div>Morning:</div><div>9:30 Exercise 10:00 Yahtzee</div><div>Afternoon:</div><div>2:00 Obie 3:00 Fit Minds</div></div><div></div></div>	<div>2<div><div>Morning:</div><div>10:00 Manicures</div><div>Afternoon:</div><div>2:45 BINGO</div></div><div>Bingo</div></div>	<div>4<div></div></div>
<div>9:00 Church Service on the Television</div> <div></div>	<div>5<div><div>Morning:</div><div>9:30 Exercise with Trivia 10:00 The Price is Right</div><div>Afternoon:</div><div>3:00 Jeopardy</div></div><div>JEOPARDY!</div><div>Purim Begins</div></div>	<div>6<div><div>Morning:</div><div>9:30 Chapel Service 10:00 Music Sing-along</div><div>Afternoon:</div><div>2:00 Colouring Pages 3:00 Fit Minds</div></div><div></div></div>	<div>7<div><div>International Women's Day</div><div>Afternoon:</div><div>1:30 Word Games 2:00 High Tea</div><div>Evening:</div><div>5:30 Scrabble</div></div><div></div></div>	<div>8<div><div>Morning:</div><div>9:30 Exercise 10:00 Indoor Gardening</div><div>Afternoon:</div><div>2:00 Spin to Win Baseball 3:00 Fit Minds</div></div><div></div></div>	<div>9<div><div>Morning:</div><div>9:30 One to one visits 10:00 Ladder Ball</div><div>Afternoon:</div><div>2:45 BINGO</div></div><div>Bingo</div></div>	<div>11<div><div>Morning:</div><div>10:00 Painting</div><div>Afternoon:</div><div>2:00 Montessori Moments 3:00 Finish the Line</div></div><div></div></div>
<div>9:00 Church Service on the Television</div> <div></div> <div>Daylight Saving Time Begins</div>	<div>12<div><div>Morning:</div><div>9:30 Ball Toss 10:30 How Many Words?</div><div>Afternoon:</div><div>2:00 One to one visits 3:00 Balloon Tennis</div></div><div></div></div>	<div>13<div><div>Happy Birthday Maria!</div><div>Morning:</div><div>9:30 Chapel Service 10:00 Exercise 10:30 Java Music Cluk</div><div>Afternoon:</div><div>3:00 Fit Minds</div><div>Evening:</div><div>5:30 Montessori Moments</div></div><div></div></div>	<div>14<div><div>Morning:</div><div>10:00 Arts and Crafts</div><div>Afternoon:</div><div>2:00 Flip it Card Game 3:00 Dear Abbey</div></div><div></div></div>	<div>15<div><div>Happy Birthday Elma!</div><div>Morning:</div><div>9:30 Exercise 10:00 Hymn Sing-along</div><div>Afternoon:</div><div>3:00 Shamrock Shakes</div></div><div></div></div>	<div>16<div><div>St. Patrick's Day</div><div>Morning:</div><div>9:30 Truth or Blarney 10:00 Tales of the Irish</div><div>Afternoon:</div><div>2:45 BINGO</div></div><div>Bingo</div><div>St. Patrick's Day</div></div>	<div>18<div></div><div>Afternoon:</div><div>2:30 Name 10</div></div>
<div>Happy Birthday Ruth!</div> <div>9:00 Church Service on the Television</div> <div></div>	<div>19<div><div>First Day of Spring</div><div>Morning:</div><div>9:30 One to one visits 10:00 Balloon Tennis</div><div>Afternoon:</div><div>2:00 Trivia 3:00 Lawn Darts</div></div><div></div><div>Spring Begins</div></div>	<div>21<div><div>Morning:</div><div>9:30 Chapel Service 10:00 Exercise 10:30 What Am I?</div><div>Afternoon:</div><div>2:00 Painting 3:00 Fit Minds</div></div><div></div></div>	<div>22<div><div>Afternoon:</div><div>1:00 Manicures 2:00 Music with Dave Burton</div><div>Evening:</div><div>5:30 Montessori Moments</div></div><div></div><div>Ramadan Begins</div></div>	<div>23<div><div>Morning:</div><div>10:00 Morning Prayer Time</div><div>Afternoon:</div><div>2:00 Obie 3:00 Fit Mind</div></div><div></div><div></div></div>	<div>24<div><div>Morning:</div><div>9:30 Exercise 10:00 Wheel of Fortune</div><div>Afternoon:</div><div>2:45 BINGO</div></div><div>Bingo</div></div>	<div>25<div><div>Happy Birthday Sarah!</div><div></div></div></div>
<div>9:00 Church Service on the Television</div> <div></div>	<div>26<div><div>Morning:</div><div>9:45 Would You Rather?</div><div>Afternoon:</div><div>2:00 Montessori Moments 3:00 Last Letter Game</div></div><div></div></div>	<div>27<div><div>Morning:</div><div>9:30 Chapel Service 10:00 Exercise 10:30 Fit Minds</div><div>Afternoon:</div><div>3:00 Java Music Club</div><div>Evening:</div><div>5:30 Scrabble</div></div><div></div></div>	<div>28<div><div>Morning:</div><div>10:00 Arts and Crafts</div><div>Afternoon:</div><div>3:00 Birthday Party</div></div><div></div></div>	<div>29<div><div>Morning:</div><div>9:30 Exercise 10:00 Jeopardy</div><div>Afternoon:</div><div>2:00 Obie 3:00 Fit Minds</div></div><div>Obie</div><div></div></div>	<div>30<div><div>Morning:</div><div>9:30 Brain Yoga 10:00 Arts and Crafts</div><div>Afternoon:</div><div>2:45 BINGO</div></div><div>Bingo</div></div>	<div>31<div></div></div>

All programs are subject to change.



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Saturday

# March 2023

## Third Floor Recreation Calendar

<h1>March 2023</h1> <h2>Third Floor Recreation Calendar</h2>			<b>Happy Birthday Rosie!</b> <b>Morning:</b> 8:45 – Morning Stretches 9:00 – Sing-along  <b>Afternoon:</b> 2:00 – Monthly Gazette 2:30 – March Trivia 5:30 – Montessori Activities	<b>1</b> <b>Morning:</b> 9:00 – Devotions with Don 9:30 – Reading Group  <b>Afternoon:</b> 1:30 – Fit Minds 2:30 – Friendly Visits 2:30 – Name 10 with Jillian	<b>2</b> <b>Morning:</b> 9:30 – BINGO!  <b>Afternoon:</b> Manicures & Montessori Activities 	<b>3</b> <b>Morning:</b> 9:45 – Exercise 10:15 – Fun with Obie  <b>Afternoon:</b> 2:30 – Friendly Visits	<b>4</b>
<b>Church Service on the Television</b> 	<b>5</b> <b>Happy Birthday Anne W!</b> <b>Morning:</b> 9:15 – Exercise 9:30 – Crafts  <b>Afternoon:</b> 1:30 – Friendly Visits 2:30 – Gardening Club  <small>Purim Begins</small>	<b>6</b> <b>Morning:</b> 9:30 White Board Games  <b>Afternoon:</b> 1:30 – Fit Minds 2:00 – Friendly Visits 5:30 – Manicures & Montessori Activities	<b>7</b> <b>International Women’s Day</b> <b>Morning:</b> 8:45 – Morning Stretches 9:00 – Sing-along  <b>Afternoon:</b> 2:30 – Woman’s Day Themed Tea Social	<b>8</b> <b>Morning:</b> 9:00 – Devotions with Don 9:30 – Reading Group  <b>Afternoon:</b> 1:30 – Fit Minds 2:30 – You Be The Judge	<b>9</b> <b>Morning:</b> 9:30 – BINGO!  <b>Afternoon:</b> Manicures & Montessori Activities 	<b>10</b> <b>Morning:</b> 9:45 – Exercise 10:15 – Fun with Obie  <b>Afternoon:</b> Talent Show Practice 	<b>11</b>
	<b>Church Service on the Television</b>  <small>Daylight Saving Time Begins</small>	<b>12</b> <b>Morning:</b> 9:45 Exercise 10:15 Word Games  <b>Afternoon:</b> 2:30 – Crafts	<b>13</b> <b>Morning:</b> 9:30 – White Board Games  <b>Afternoon:</b> 1:30 Fit Minds 2:00 Friendly Visits  <small>Activities with Jillian</small>	<b>14</b> <b>Afternoon</b> 1:30 Boardgames 3:00 Art Pages 5:30 Montessori Activities	<b>15</b> <b>Green Days</b> <b>Morning:</b> 9:00 – Devotions with Don 9:30 – Reading Group  <b>Afternoon:</b> 1:30 – Fit Minds 2:30 – Shamrock Shakes <small>Activities with Jillian</small>	<b>16</b> <b>Green Days</b> <b>Morning:</b> 9:45 BINGO ! <b>Afternoon:</b> Manicures <small>Activities with Jillian</small>  <small>St. Patrick's Day</small>	<b>17</b> <b>Morning:</b> 9:45 Exercise 10:15 Fun with OBIE  <b>Afternoon:</b> 2:30 – Friendly Visits
<b>Church Service on the Television</b> 	<b>19</b> <b>Morning:</b> 9:15 – Exercise 9:30 – First Day of Spring Craft  <b>Afternoon:</b> 1:30 – Fit Minds 2:30 – Gardening Club  <small>Spring Begins</small>	<b>20</b> <b>International Day of Forests</b> <b>Afternoon:</b> 1:30 – Fit Minds 2:30 – Armchair Travel – Amazon Rain Forrest 5:30 – Manicures & Montessori Activities  	<b>21</b> <b>World Water Day</b> <b>Morning:</b> 8:45 – Morning Stretches 9:00 – Sing-along  <b>Afternoon:</b> 2:30 – World Water Day Activities & Crafts  <small>Ramadan Begins</small>	<b>22</b> <b>Morning:</b> 9:00 – Devotions with Don 9:30 – Reading Group  <b>Afternoon:</b> 1:30 – Fit Minds 2:30 – You Be The Judge	<b>23</b> <b>Morning:</b> 9:30 – BINGO!  <b>Afternoon:</b> Manicures & Montessori Activities 	<b>24</b> <b>Morning:</b> 9:45 – Exercise 10:15 – Fun with Obie  <b>Afternoon:</b> 2:30 – Friendly Visits	<b>25</b>
	<b>Church Service on the Television</b> 	<b>26</b> <b>Morning:</b> 9:15 – Exercise 9:30 – Finish the Line  <b>Afternoon:</b> Talent Show Practice 	<b>27</b> <b>Morning:</b> 9:30 – White Board Games  <b>Afternoon:</b> 1:30 – Fit Minds 2:00 – Friendly Visits	<b>28</b> <b>Happy Birthday Willy!</b> <b>Morning:</b> 8:45 – Morning Stretches 9:00 – Sing-along  <b>Afternoon:</b> 2:30 – Celebrating March Birthdays Social! 5:30 – Montessori Activities	<b>29</b> <b>Morning:</b> 9:00 – Devotions with Don 9:30 – Reading Group  <b>Afternoon:</b> 1:30 – Fit Minds 2:30 – You Be The Judge	<b>30</b> <b>Morning:</b> 9:30 – BINGO!  <b>Afternoon:</b> Manicures & Montessori Activities 	<b>31</b> <b>Morning:</b> 9:45 – Exercise 10:15 – Fun with Obie  <b>Afternoon:</b> 2:30 – Friendly Visits

Third Floor Tabor Manor, St. Catharines, - ALL PROGRAMS ARE SUBJECT TO CHANGE



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# March 2023

## Fourth Floor Recreation Calendar

			<b>Happy Birthday Harry F!</b> 9:30 Group Exercise 10:00 Monthly Gazette 2:00 Montessori Moments 3:00 Java Music Club	<b>9:30 Chapel Service with Don</b> 10:00 Balloon Tennis 2:00 One to One Visits 3:00 Fit Minds	<b>Happy Birthday John E!</b> 9:30 Group Exercise 10:00 Scattagories 2:45 BINGO! 	
9:00 Church Service on the Television 	9:45 Group Exercise 10:15 Art Pages 2:00 Friendly Visits 3:00 Manicures <b>Activities with Sophie</b> <small>Purim Begins</small>	9:30 Group Exercise 10:00 Board Games 1:30 One to One Visits 3:00 Fit Minds	9:30 Group Exercise <b>10:00 International Woman's Day Who Am I?</b> 2:30 High Tea	<b>9:30 Chapel Service with Don</b> <b>10:00 Indoor Gardening</b> 2:00 OBIE 3:00 Fit Minds 5:30 Paint Night	9:30 Group Exercise 10:00 Reading Circle 2:45 BINGO! 	
9:00 Church Service on the Television  <small>Daylight Saving Time Begins</small>	9:30 Group Exercise 10:00 Wheel of Fortune 2:00 One to One Visits 3:00 Java Music Club	9:30 Group Exercise 10:00 Mobility Device Craft 2:00 Montessori Moments 3:00 Fit Minds	9:30 Group Exercise 10:00 Air Hockey 2:00 OBIE 3:00 Fit Minds	<b>9:30 Chapel Service with Don</b> <b>2:30 Shamrock Shakes</b> 5:30 Card Games	<b>ST. PATRICK'S DAY!</b> 9:30 Group Exercise <b>10:00 St. Patrick's Day Trivia</b> 2:45 BINGO! 	9:30 Group Exercise 10:00 Alphabet Game 3:00 Giant Connect Four 
<b>Happy Birthday Harry P!</b> 9:00 Church Service on the Television 2:30 Movie Matinee 	<b>Happy Birthday Vicky!</b> 9:30 Group Exercise 10:00 One to One Visits 3:00 Spring Name 10 <b>FIRST DAY OF SPRING!</b> <small>Spring Begins</small>	9:30 Group Exercise 10:00 Music Bingo Afternoon Montessori Moments 3:00 Fit Minds	9:30 Group Exercise 10:00 Baby Board 2:00 OBIE 3:00 Men's Social <small>Ramadan Begins</small>	<b>9:30 Chapel Service with Don</b> 10:00 Balloon Tennis 3:00 Fit Minds 5:30 Name that Tune	<b>Happy Birthday Margaret C!</b> 9:30 Group Exercise 10:00 Painting 2:45 BINGO! 	
9:00 Church Service on the Television 	9:30 Group Exercise 10:00 Bocce Ball 2:00 OBIE 3:00 Java Music Club	9:30 Group Exercise 10:00 Sing-a-long 2:00 Manicures 3:00 Fit Minds	9:30 Group Exercise 10:00 Finish the Line 2:00 One to One Visits <b>3:00 Birthday Party</b>	<b>National Doctor's Day!</b> <b>9:30 Chapel Service with Don</b> 10:00 Spin to Win Baseball Opening Day 3:00 Fit Minds 5:30 Board Games	9:30 Group Exercise 10:00 Reading Circle 2:45 BINGO! 	

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Thursday

Friday

Saturday

# March 2023

## Wellness Suites

<div>5</div> <div>9:30 Church Service in Chapel</div> <div></div>	<div>Morning:</div> <div>9:30 Friendly Visits</div> <div>11:00 Exercise – Café</div> <div>Afternoon:</div> <div>2:00 Fit Minds/ Did you know facts?</div> <div>Purim Begins</div>	<div>6</div> <div>Morning:</div> <div>11:00-Exercise – Café</div> <div>Afternoon:</div> <div>1:30-Falls Prevention Class-Chapel</div> <div>2:15 Social Circle- Cafe</div>	<div>7</div> <div>Happy Birthday Grace!</div> <div>Morning:</div> <div>11:00-Exercise – Café</div> <div>Afternoon:</div> <div>2:00-Bingo</div> <div></div>	<div>8</div> <div>Morning:</div> <div>11:00 Chapel Service- Chapel</div> <div>Afternoon:</div> <div>1:30 Falls Prevention Class-Chapel</div>	<div>9</div> <div>Morning:</div> <div>11:00 BINGO- Olive Branch Café</div> <div></div>	<div>10</div> <div></div>
<div>12</div> <div>9:30 Church Service in Chapel</div> <div></div> <div>Daylight Saving Time Begins</div>	<div>13</div> <div>Morning:</div> <div>9:30 Friendly Visits</div> <div>11:00 Exercise – Café</div> <div>Afternoon:</div> <div>2:00 Fit Minds/Name 10</div>	<div>14</div> <div>Morning:</div> <div>11:00-Exercise – Café</div> <div>Afternoon:</div> <div>1:30-Falls Prevention Class-Chapel</div> <div>2:15 Social Circle</div>	<div>15</div> <div>Morning:</div> <div>11:00-Exercise – Café</div> <div></div>	<div>16</div> <div>Morning:</div> <div>11:00 Chapel Service- Chapel</div> <div>Afternoon:</div> <div>1:30 Falls Prevention Class-Chapel</div>	<div>17</div> <div>Morning:</div> <div>11:00 BINGO- Olive Branch Café</div> <div></div> <div>St. Patrick's Day</div>	<div>18</div> <div></div>
<div>19</div> <div>9:30 Church Service in Chapel</div> <div></div>	<div>Happy Birthday Cornelius!</div> <div>Morning:</div> <div>11:00 Exercise – Café</div> <div></div> <div>Spring Begins</div>	<div>21</div> <div>Morning:</div> <div>11:00-Exercise – Café</div> <div>Afternoon:</div> <div>1:30-Falls Prevention Class-Chapel</div> <div>2:00 Indoor Gardening</div>	<div>Happy Birthday Susan!</div> <div>Morning:</div> <div>11:00-Exercise – Café</div> <div>Afternoon:</div> <div>2:00-Bingo</div> <div></div> <div>Ramadan Begins</div>	<div>23</div> <div>Morning:</div> <div>11:00 Chapel Service- Chapel</div> <div>Afternoon:</div> <div>1:30 Falls Prevention Class-Chapel</div>	<div>24</div> <div>Morning:</div> <div>11:00 BINGO- Olive Branch Café</div> <div></div>	<div>25</div> <div></div>
<div>26</div> <div>9:30 Church Service in Chapel</div> <div></div>	<div>Morning:</div> <div>9:30 Friendly Visits</div> <div>11:00 Exercise – Café</div> <div>Afternoon:</div> <div>2:00 Fit Minds/ Name 10</div>	<div>28</div> <div>Morning:</div> <div>11:00-Exercise – Café</div> <div>Afternoon:</div> <div>1:30-Falls Prevention Class-Chapel</div> <div>2:15 Social Circle- Cafe</div>	<div>29</div> <div>Morning:</div> <div>11:00-Exercise – Café</div> <div>Afternoon:</div> <div>2:00-Bingo</div> <div></div>	<div>30</div> <div>Morning:</div> <div>11:00 Chapel Service- Chapel</div> <div>Afternoon:</div> <div>1:30 Falls Prevention Class-Chapel</div>	<div>31</div> <div>Morning:</div> <div>11:00 BINGO- Olive Branch Café</div> <div></div>	<div></div> <div>©DESIGNALIKE</div>