

March 2023

Pleasant Manor Post

Heritage Place Activity Newsletter



March Highlights

Travel to Ireland

March 5

Music Therapy with Molly

March 6

Trivia Quiz Master

March 8

Mint Chocolate Chip Cookies

March 15

St. Patrick's Day with a special lunch and social

March 17

High Tea

March 22

March Birthday Party

March 29

Music with Mendel

March 30

Catholic Mass

March 31

Crossword Puzzles Week

March 31–April 2

Happy March Birthday To...

- Wilhelmina Kannegieter- 28th
 - Rita N- 29th
 - Janet Brown- 31st
 - Lucia Mazza- 31st

We Welcome...

- Shelia "Debbie" Frisby
- Constance "Connie" Rudzitis

We Remember...

- Shirley Hopper

Therapeutic Recreation Update

In the month of March, we will be celebrating St. Patrick's Day with a special lunch from the dietary department, as well as a social in the afternoon with green drinks, music and more. With all the snow and ice, we have been getting, we will be looking forward to Spring, with a weeklong spring themed week. This week will be full of activities that are spring themed from planting, painting colorful bird feeders, trivia, and reminiscing. We are also looking forward to having Mendel come in to play the piano for us at the end of the month!

Preacher's Ponderings

I find it interesting that Lent in the month of March, is bookended by two verses from the Psalms. It opens with Psalm 121:1 – “I lift up my eyes to the hills, where does my help come from?” It is a verse from a joyful song of promise; words that pilgrims would sing on their way to worship in Jerusalem. March ends though with Psalm 130. It begins, “Out of the depths I cry to you, O Lord.” From joyful travelling to a pit of despair, the feeling is less one of joyful anticipation but of desperation. In like a lamb, out like a lion. The young (those lambs!) walk through life often like those pilgrims with heads filled with confidence and fearlessness. The aged, like the author of Psalm 130, are not so naïve. Those old lions understand that life is not always easy. Decisions are made that cannot be changed and some losses can never be found. Yet, it is the wise who know that both the young lamb and the old lion are right—but only the old know why. Sometimes desperation can come from a place of recognition that our only hope is found in God—a hard learned truth. As the psalmist continues, “My soul waits for the Lord more than those who watch for the morning.” As we journey through this season of Lent, through this month of March, may we do so with a desperate joy. One that knows and hopes in the LORD.

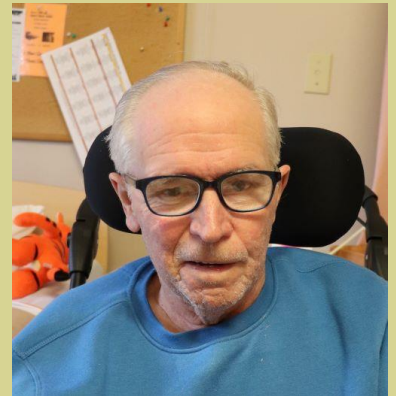
Meet Ben Buholtz

Born: In Hastings, Michigan, moved to Miami and lived all over the states. Moved to Canada when he married his wife.

Married: To Jodey

Occupation: Computer Engineer in Nano Technology

Fun Facts: Likes to watch football and basketball, used to enjoy travelling, his favorite location was Spain. Went to Virginia Commonwealth University, has a degree in Chemistry and computer science.



February Photos...



Radiant Care Pleasant Manor



A Special Thank You Note... My husband and I would like to extend our Appreciation to two ladies namely Helen Epp and Doreen Kroeker. Helen has become a most welcome friend, overwhelming us with so many great food items from her kitchen, it is truly appreciated. Not only do we enjoy the food, but her daily check ins to make sure we are all right, which is very valued. We want to thank Doreen who has kindly left the globe and mail newspaper outside our door rising early to retrieve it from outside.

And lastly, we would like to extend a big thank you to all the staff members at Pleasant Manor of whom we depend on and who help us in daily life. The staff are always arriving with a big smile! Thank you to everyone! ~Gordon and Tove Scott



Reminder to move your clocks forward 1 hour on March 12th!

March Birthdays

- Mildred Vaughn- 1st
- Doreen Kroeker- 7th
- Adeline Goertz- 11th
- Jake Enns- 12th
- Alex Neufeld- 12th
- Irene Wall- 13th
- Victor Neufeld- 13th
- Harold Reimer- 13th
- Irene Andres- 18th
- Maria Enns- 19th
- John Hannah 19th
- Tove Scott- 20th
- John Froese- 30th
- Henry Pritula- 31st



Therapeutic Recreation Activities

This month we have Tristan Alexander coming back to sing on the 22nd. He will be singing mostly gospel songs, with a mix of some well know classics. Recreation is trialing programs run in the chapel on Tuesday mornings at 11 instead of in the afternoons. Anyone is welcome to attend programs, please make sure to wear a mask when attending programs and walking in the hallways.

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~ Michael Dyck

Valentines Photos

Some tenants enjoyed a Valentines Lunch and Cards made by the NOTL Youth Collective!

