


January 2023

Programs subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Sunday Sing Along 10:45 TV Church 3:00 Monthly Gazette	2 9:30 Heart Beats Club 11:00 Chapel 3:00 A year in Review	3 9:30 Chair Yoga 2:00 Bingo	4 9:30 Exercise 2:00 Alphabet Game 6:00 Movie Night	5 9:30 Walks and Talks 11:00 Virtual Chapel 2:15 Bible Study 6:15 Fun With Olivia	6 9:30 Heart Beats Club 11:00 Montessori 2:00 Do You Hear What I Hear?	7 9:30 Exercise 11:00 Name 10 3:00 Travel to: Winnipeg, Manitoba
8 9:45 German Church 10:45 TV Church 3:00 Java Music Club	9 9:30 Heart Beats Club 11:00 Chapel 3:00 Crazy Quilt Happy Birthday Laura	10 9:30 Balloon Ball 10:45 Baking: Donuts 2:00 Bingo 6:15 Reading Group	11 9:30 Exercise 11:00 High Tea 2:00 Winter Painting 6:00 Movie Night	12 9:30 Walks and Talks 11:00 Virtual Chapel 2:15 Bible Study 6:15 Fun With Olivia Happy Birthday Frieda	13 9:30 Heart Beats Club 11:00 Montessori 3:00 Friday Fit: Zumba	14 9:30 Exercise 11:00 Balloon Tennis 3:00 Name 10
15 9:00 Sunday Sing Along 10:45 TV Church 2:00 Virtual Reality	16 9:30 Heart Beats Club 11:00 Chapel 3:00 Winter Gloves Crafts	17 9:30 Montessori 2:00 Bingo 6:15 One to One	18 9:30 Exercise 11:15 Snowflake Craft 2:00 Scattergories 6:00 Movie Night	19 9:30 Walks and Talks 11:00 Virtual Chapel 2:15 Bible Study	20 9:30 Heart Beats Club 11:00 Jeopardy 2:00 Food for Thought	21 9:30 Exercise 11:00 Crazy Quilt 3:00 Men's Club Happy Birthday Bill
22 9:45 German Church 10:45 TV Church 3:00 Winter Science Experiment Winter Wonderland Week	23 9:30 Heart Beats Club 11:00 Chapel 3:00 Winter Craft Winter Wonderland Week	24 9:30 Hockey Ball 2:00 Winter Bingo 6:15 Reading Group Winter Wonderland Week	25 9:30 Exercise 3:00 Birthday Party 6:00 Movie Night Winter Wonderland Week	26 9:30 Winter Walks 11:00 Virtual Chapel 2:15 Bible Study 6:15 Fun With Olivia Winter Wonderland Week	27 9:30 Heart Beats Club 11:00 Catholic Mass 3:00 Bean Bag Curling Winter Wonderland Week	28 9:30 Exercise 10:45 Winter Reminicing 3:00 Winter Word Games Winter Wonderland Week
29 9:00 Sunday Sing Along 10:45 TV Church 2:00 Virtual Reality	30 9:30 Heart Beats Club 11:00 Chapel	31 9:30 Sing and Stretch 2:00 Bingo 6:15 One to One				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00 Monday Movie (AV Lounge)	2	3 1:00-2:00 Knitting Club (CV Link)	4 11:00 Chapel (OV Chapel)	5	6
8	11:00 Monday Movie (AV Lounge) 2:00 Bingo (OV Chapel)	9 2:00 Bible Study (OV Chapel)	10 1:00-2:00 Knitting Club (CV Link) 11:00 Gospel Concert with Tristan Alexander (OV Chapel) 2:00 Jeopardy 6:15 One to Ones	11 11:00 Chapel (OV Chapel) 2:00 Armchair Yoga (OV Chapel)	12	13 1:30 Computer Questions (CV Link)
15	11:00 Monday Movie (AV Lounge) 2:00 Bingo (OV Chapel) <small>Martin Luther King Jr. Day</small>	16 2:00 Bible Study (OV Chapel)	17 1:00-2:00 Knitting Club (CV Link) 2:00 Price Was Right: 1960's Edition (OV Chapel) 6:15 Word Games (OV Chapel)	18 11:00 Chapel (OV Chapel) 2:00 Armchair Yoga (OV Chapel)	19	20 1:30 Computer Questions (CV Link)
22 <small>Chinese New Year (Year of the Rabbit)</small>	11:00 Monday Movie (AV Lounge) 2:00 Bingo (OV Chapel) <small>Activity Professionals Week</small>	23 2:00 Bible Study (OV Chapel)	24 1:00-2:00 Knitting Club (CV Link) 2:00 Alphabet Game (OV Chapel) 6:15 Scattergories (OV Chapel)	25 11:00 Chapel (OV Chapel) 2:00 Armchair Yoga (OV Chapel) <small>Australia Day (observed)</small>	26	27 1:30 Computer Questions (CV Link)
29	11:00 Monday Movie (AV Lounge) 2:00 Bingo (OV Chapel)	30 2:00 Bible Study (OV Chapel)	31	<div>January 2023</div> <div>Radiant Care Pleasant Manor</div>		