




# November 2022

Programs subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:30 - Balloon Tennis 10:45 - Manicures 2:00 - Bingo	<b>2</b> 9:30 - Exercise 11:15 - Monthly Gazette 3:00 - Alphabet Game 6:00 - Movie Night	<b>3</b> 9:30 - Chair Zumba 11:00 - Virtual Chapel 2:15 - Bible Study 6:15 - Fun with Oliva	<b>4</b> 9:30 - Heart Beats Club 11:00 - Planting Tulip Bulbs 3:00 - Name That Tune	<b>5</b> 9:30 - Exercise 11:00 - Virtual Reality 3:00 - Picture Bingo
<b>6</b> 9:00 - Sunday Sing Along 10:45 - TV Church 2:00 - Wheel of Fortune	<b>7</b> 9:30 - Heart Beats Club 10:00 - Music Therapy with Molly 11:00 - Chapel 3:00 - Jeopardy	<b>8</b> 9:30 - Balloon Ball 11:15 - High Tea 2:00 - Bingo 6:15 - Reading Group	<b>9</b> 9:30 - Exercise 11:15 - Balloon Tennis 2:00 - Remembrance Day Craft 6:00 - Movie Night	<b>10</b> 9:30 - Chair Yoga 11:00 - Virtual Chapel 2:15 - Bible Study	<b>11</b> 9:30 - Heart Beats Club 11:00 - Remembrance Day Slideshow 2:00 - Remembrance Word Scramble Lest we Forget	<b>12</b> 9:30 - Exercise 10:45 - Arm Chair Travel: Alaska 3:00 - Colour Me Happy Happy Birthday Peter
<b>13</b> 9:45 - German Church 10:45 - TV Church 3:00 - Crazy Quilt	<b>14</b> 9:30 - Heart Beats Club 11:00 - Chapel 3:00 - Fun with the Obie	<b>15</b> 9:30 - Montessori Morning 11:15 - Hear What I Hear? 2:00 - Bingo 6:15 - One to One Happy Birthday Luise	<b>16</b> 9:30 - Exercise 11:00 - Sing Along with Jake Klassen 2:00 - Food for Thought 6:00 - Movie Night	<b>17</b> 9:30 - Sing and Stretch 11:00 - Virtual Chapel 2:15 - Bible Study 6:15 - Fun with Oliva	<b>18</b> 9:30 - Heart Beats Club 11:00 - UNO 3:00 - Men's Club	<b>19</b> 9:30 - Exercise 11:00 - Where In The World 3:00 - Virtual Reality
<b>20</b> 9:00 - Sunday Sing Along 10:45 - TV Church 2:00 - Name 10	<b>21</b> 9:30 - Heart Beats Club 11:00 - Chapel 3:00 - Walks and Talks Happy Birthday Helen	<b>22</b> 9:30 - Noodle Ball 11:15 - Balloon Tennis 2:00 - Bingo 6:15 - Reading Group	<b>23</b> 9:30 - Exercise 11:15 - Fun with the Obie 2:00 - November Craft 6:00 - Movie Night	<b>24</b> 9:30 - Pump House Art 11:00 - Virtual Chapel 2:00 - Music with Mendelt 2:15 - Bible Study	<b>25</b> 9:30 - Heart Beats Club 11:00 - Catholic Mass 2:00 - Crazy Quilt Happy Birthday Rita	<b>26</b> 9:30 - Exercise 11:00 - Puzzles and Ponderings 3:00 - Bocce Ball
<b>27</b> 9:45 - German Church 10:45 - TV Church 3:00 - Balloon Ball	<b>28</b> 9:30 - Heart Beats Club 11:00 - Chapel 3:00 - Wheel of Fortune	<b>29</b> 9:30 - Exercise Decorating for Christmas	<b>30</b> 9:30 - Exercise 6:00 - Movie Night Decorating for Christmas Happy Birthday Fay			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"This month shall be the beginning of months for you..."</p> <p>- Exodus 12:2</p> 		<p><b>2:00</b> Bible Study (OV Chapel)</p>	<p><b>1:00</b> Knitting Club (CV Link)</p> <p><b>2:00</b> Stop and Smell the Roses (OV Chapel)</p> <p><b>6:15</b> Word Games</p>	<p><b>10:30</b> Remembrance Day Ceremony by the NOTL Legion</p> <p><b>11:00</b> Chapel (OV Chapel)</p> <p><b>2:00</b> Coffee Break (OV Chapel)</p>		<p><b>1:30</b> Computer Questions (CV Link)</p>
<p>Daylight Saving Time Ends</p>	<p><b>6:00</b> Bingo (OV Chapel)</p>	<p><b>7:00</b> Bible Study (OV Chapel)</p>	<p><b>8:00</b> Knitting Club (CV Link)</p> <p><b>2:00</b> Remembrance Day: <i>Paper Poppies</i> (OV Chapel)</p> <p><b>6:15</b> Fit Minds</p>	<p><b>9:00</b> Chapel (OV Chapel)</p> <p><b>2:00</b> Remembrance Day Word Games (OV Chapel)</p>	<p> LEST WE FORGET</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p><b>11:30</b> Computer Questions (CV Link)</p>
	<p><b>13:00</b> Bingo (OV Chapel)</p>	<p><b>14:00</b> Bible Study (OV Chapel)</p>	<p><b>15:00</b> Knitting Club (CV Link)</p> <p><b>2:00</b> Armchair Yoga (OV Chapel)</p> <p><b>6:15</b> Evening Games</p>	<p><b>16:00</b> Chapel (OV Chapel)</p> <p><b>2:00</b> Coffee Break (OV Chapel)</p>		<p><b>18:00</b> Computer Questions (CV Link)</p>
	<p><b>20:00</b> Bingo (OV Chapel)</p>	<p><b>21:00</b> Bible Study (OV Chapel)</p>	<p><b>22:00</b> Knitting Club (CV Link)</p> <p><b>2:00</b> Craft: Christmas Wreaths (OV Chapel)</p> <p><b>6:15</b> Fit Minds</p>	<p><b>23:00</b> Chapel (OV Chapel)</p> <p><b>1:00</b> Music with Mendelt (OV Chapel)</p> <p><b>2:00</b> Geography Trivia (OV Chapel)</p> <p>Thanksgiving Day (US)</p>		<p><b>25:00</b> Computer Questions (CV Link)</p>
	<p><b>27:00</b> Bingo (OV Chapel)</p>	<p><b>28:00</b> Bible Study (OV Chapel)</p> <p><b>Christmas Decorating</b></p>	<p><b>29:00</b> Knitting Club (CV Link)</p> <p><b>Christmas Decorating</b></p>	 <p><b>November 2022</b> Radiant Care Pleasant Manor</p>		