Pleasant Manor Post

Heritage Place Activity Newsletter

Celebrating September

Classical Music Month

Piano Month

Hispanic Heritage Month September 15 - October 15

World Letter Writing Day September 1

> Labor Day September 5

Grandparents' Day September 11

International Day of Democracy September 15

International Talk Like a Pirate Day September 19

World Alzheimer's Day September 21

Rosh Hashanah Begins September 25

Fall Foliage Week September 25–October 1

Ancestor Appreciation Day September 27

Happy September Birthday to...

Deolinda Pacheco- 4th

We Welcome...

- Nettie Theissen
 - Iris Daley

We Remember...

- Else Zimmermann
 - Henry Quiring
 - Neley Napper

Recreation Update

Here we are into September already! August started with a Covid Outbreak, but thankfully ended early in August. During the outbreak activities were all changed to focus on one-to-one engagement, and after the focus was geared towards group and outdoor activities! We were also thankful to have the music therapist, Laura come in for a visit.

Some residents were featured in the Lake Report last month with the art partnership we have with the Niagara Pumphouse.

We hope everyone enjoyed the marble slab ice cream and the watermelon and rollkuchen supper.

In September, activities will continue to be held outside for as long as we can. Oktoberfest will be celebrated with decorations, music, pretzels, cider and more. We will also feature a slideshow of pictures Ingrid Wiens took of her African Safari that she took part in a few years ago.

Preachers Ponderings

After a two-month break where schedules are relaxed and sleeping times extended, re-adjusting to old patterns is a challenge in my household. My kids who were used to staying up late and sleeping in now have to contend with an early bedtime and a much earlier morning. Not to mention a full day of schoolwork rather than lazing around the house playing video games. Homework, piano lessons, dance, and avmnastics... all have their own demands on us. Now, I suspect that for some of you, each change of season requires its own re-adjustment. And that may seem constant. What was nice and easy before is now a little bit harder leading to further difficulty, aloneness, boredom, regret, sadness etc.... But hope is found in an unchanging God; a God who walks with us through each season and change in life; a God who provides grace and a patience leading to peace. (Isaiah 40:28) May that hope find its way into each of our hearts as we move into this new month. - Michael Dyck, Chaplain

Meet Nettie Thiessen

<u>Born</u>: In Saskatchewan, Canada <u>Married</u>: To Walt since 1956 <u>Children</u>: 3 children, 7 grandchildren and 5 great grandchildren and 1 one the way in September! Occupation: Homemaker

Hobbies: listening to music, going out to dinner, baking cookies and cakes, gardening, reading.

<u>Awards</u>: Won an award for Sunday School Teaching.

Favorite Food: Chicken, Pasta and Fish



August Memories







Happy September Birthday to...

- Jim Griffiths- 6th
- Helen Andres- 7th
- Anne Peters- 8th
- Hugh Bertram- 9th
- Walter Klassen- 9th
- Nick Goertz- 10th
- Justina Klassen- 11th
- David Jeffries- 12th
- Marion Janzen- 13th
- Brigitte Ediger- 14th
- Doris Penner- 15th
- Sharron Upper- 15th
- Katharine Hildebrandt- 16th
 - Helen Kroh- 19th
 - Jacob Klassen- 19th
- Barbara Grimstead- 20th
- Ellen Lehmann- 23rd
- Nelly Rempel- 24th
- Janice Berg- 25th
- Larry Klassen- 26th
- Karen Hildebrandt- 26th



Preacher's Ponderings

After a two-month break where schedules are relaxed and sleeping times extended, re-adjusting to old patterns is a challenge in my household. My kids who were used to staying up late and sleeping in now have to contend with an early bedtime and a much earlier morning. Not to mention a full day of schoolwork rather than lazing around the house playing video games. Homework, piano lessons, dance, and gymnastics...all have their own demands on us. Now, I suspect that for some of you, each change of season requires its own re-adjustment. And that may seem constant. What was nice and easy before is now a little bit harder leading to further difficulty, aloneness, boredom, regret, sadness etc. But hope is found in an unchanging God; a God who walks with us through each season and change in life; a God who provides grace and a patience leading to peace. (Isaiah 40:28) May that hope find its way into each of our hearts as we move into this new month. -Michael Dyck, Chaplain

September 2022 🔌 Pleasant Manor Post

Activities

Thank you to everyone who came out in August to pick up some watermelon and rollkuchen! Over 120 premade take-out boxes were handed out. A big thank you to Anna Klassen and Maria Loewen who volunteered to help make the rollkuchen! A big thank you to the Therapeutic Recreation staff and Ginny in Dietary for also assisting in the rollkuchen making! Take a look at the September Calendar, all tenants are welcome to attend any programs offered on the calendar, as well as the 12 Physiotherapy exercise classes a week which are posted on each bulletin board.

Talented Tenant- Velma Friesen

Velma Friesen created her first painting when she was 12 years old, a picture of a beach which she still has a picture of. She didn't start painting again till the age of 22 when her husband was away for work as a pilot. She was taught by a lady who gave painting lessons at the complex she lived at. Over the years Velma had 2 art studios, one at their home in St. Catharines and one at their winter home in Florida. She says she enjoys painting things that are worth remembering. She states, "Your memories fade, but the paintings last a lifetime." She has painted hundreds of different types of paintings from sceneries of beaches to country roads, artistic backsplashes and portraits of people's houses. Now, at the age of 93 she enjoys making greeting cards- as well as playing the piano and memorizing poems!

